

Tweetchat Transcript: The Core Of Choices @HelenAntholis

[@lollydaskal](#) Welcome LFW family. Happy to see each & everyone here tonight. [@helenantholis](#) is our amazing guest & Topic: Core of choice [#leadfromwithin](#) –

[@dapancost](#) [@John_Paul](#) Hey, John. How are you tonight? [#leadfromwithin](#) - 8:00 PM

[@john_paul](#) [@dapancost](#) doing well Dan - thank you and you? :) [#leadfromwithin](#) -8:00 PM

[@dapancost](#) [@TracyME](#) Hi, Tracy. Welcome and hello from the Pacific Northwest. [#leadfromwithin](#) -8:00 PM

[@scedmonds](#) Jump in the discussion, new friend! RT [@JFeskorn](#): Hello, friends...gonna try and absorb as much wisdom as you can put out!! [#leadfromwithin](#) -8:00 PM

[@helenantholis](#) I join Lolly in welcoming all this evening. Glad you are all here. [#leadfromwithin](#) -8:00 PM

[@Cybuhr](#) I'm going to miss the chat tonight, but look forward to reading the insights later. [#LeadFromWithin](#) -8:01 PM

[thehealthmaven](#) Hi Everyone! Lea hear and ready to engage with some really nice tweeps! [#leadfromwithin](#) -8:01 PM

[lollydaskal](#) Q1. At its core, define choice. [#leadfromwithin](#) -8:01 PM

[helenantholis](#) [@TracyME](#) Welcome Tracy. Maine is sooo beautiful. [#leadfromwithin](#) -8:01 PM

[@dapancost](#) [@John_Paul](#) Recovering from a cold, other than that, quite well, thank you. [#leadfromwithin](#) -8:01 PM

[@scedmonds](#) Delighted to be here, y'all! [#leadfromwithin](#)

[@der_tiefe_blick](#) RT [@lollydaskal](#): Welcome LFW family. Happy to see each & everyone here tonight. [@helenantholis](#) is our amazing guest & Topic: Core of choice [#leadfromwithin](#)

[@heart_path](#) Hello everyone! [#leadfromwithin](#) -8:01 PM

[@scedmonds](#) RT [@LollyDaskal](#) Q1. At its core, define choice [#leadfromwithin](#) - 8:01 PM

[@john_paul](#) Q1. At its core, define choice. [#leadfromwithin](#) -8:01 PM Apr 5th,

[@TracyME](#) [@dapancost](#) thanks. 1st timer here. Looking forward to it [#leadfromwithin](#) -8:01 PM

[@sumnermusolf](#) A1 - Choice is the ability to discern what is best, for whatever influences you select to prioritize. [#leadfromwithin](#) -8:02 PM

[dapancost](#) [@John Paul](#) That's OK. The twitter name can be misleading. :-)
[#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[@John_paul](#) A1: Choice at its most basic level is an act of free will.
[#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[helenantholis](#) A1. The strongest principal of growth lies in the human choice.
George Eliot [#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[lollydaskal](#) welcome [@TracyME](#) so glad you can join us. [#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[scedmonds](#) A1: Choice is the conscious (or unconscious) decision to go down one path instead of another . . . [#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[lollydaskal](#) RT [@helenantholis](#): A1. The strongest principal of growth lies in the human choice. George Eliot [#leadfromwithin](#) -8:02

[helenantholis](#) RT [@john_paul](#): Q1. At its core, define choice. [#leadfromwithin](#) - 8:02 PM Apr 5th, 2011

[StrategicMonk](#) RT [@sumnermusolf](#): A1 - Choice is the ability to discern what is best, for whatever influences you select to prioritize. [#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[waynemcevilly](#) I make the [#choice](#) to [#follow](#) [@TracyME](#) Bio Owner of PetiteCreative, mother to 3 children, 1 dog, 3 cats & chickens / [#leadfromwithin](#) - 8:02 PM Apr 5th, 2011

[lollydaskal](#) A1: Choice: an act or instance of choosing [#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[scedmonds](#) Good evening, Sharon! RT [@heart_path](#): Hello everyone!
[#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[Koomba303](#) A1 - The decision you make in the moment of truth. [#leadfromwithin](#)
-8:02 PM Apr 5th, 2011

[EdwardColozzi](#) Q1 Choices R decisions between 2 or more options that offer Value & challenge our ability to Focus & Act on a Best Choice [#leadfromwithin](#) -
8:02 PM Apr 5th, 2011

[TracyME](#) [@lollydaskal](#) thanks! [#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[john_paul](#) A1: Choice is who you are. [#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[stevelaswell](#) It can be the best part...the cream in whole milk. [#leadfromwithin](#) -
8:02 PM Apr 5th, 2011

[lollydaskal](#) A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) -8:02 PM Apr 5th, 2011

[worksmarta](#) RT [@helenantholis](#): A1. The strongest principal of growth lies in the human choice. George Eliot [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[womanonajourney](#) [@dapancost](#) Just try not to sneeze on us, ok? :-)
[#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[dapancost](#) A1: Choice is the process of deciding which of multiple options you will pursue. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[TracyME](#) [@StrategicMonk](#) [@sumnermusolf](#) agreed, but think that's also the hardest part. Knowing what's best [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[helenantholis](#) [@john_paul](#) Well put. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[9lives2](#) RT [@john_paul](#): A1: Choice is who you are. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) -8:03 PM Apr 5th,

[lollydaskal](#) RT [@dapancost](#): A1: Choice is the process of deciding which of multiple options you will pursue. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@LollyDaskal](#): Q1. At its core, define choice. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@scedmonds](#): Good evening, Sharon! RT [@heart_path](#): Hello everyone! [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[heart_path](#) A1. Choice is to exercise our options,; an act of free will (ditto [@Joahn Paul](#)); to make one decision over another. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[MelindaTodd](#) RT [@lollydaskal](#): RT [@dapancost](#): A1: Choice is the process of deciding which of multiple options you will pursue. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[helenantholis](#) As we reflect. RT [@lollydaskal](#): A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[growinggold](#) helloooo!! I'm traveling down the road getting home after a week away but had to stop so I could join [#leadfromwithin](#) chat! -8:03 PM Apr 5th, 2011

[john_paul](#) RT WOW!! [@lollydaskal](#) A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[NancyTWS](#) [#leadfromwithin](#) tweetchat getting underway 4 tweeps into [#leadership](#) [#leadchange](#) [@lollydaskal](#): Q1.At its core,define choice. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[scedmonds](#) A1: Choice is the presentation of differing options, and one's decision to do A or B. [#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[dapancost](#) [@womanonajourney](#) Promise. I'll work real hard to hold all sneezes ;-)
[#leadfromwithin](#) -8:03 PM Apr 5th, 2011

[worksmarta](#) And who you want to be. RT [@john_paul](#): A1: Choice is who you are. [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[TracyME](#) IMO indecision basically stems from insecurity, uncertainty of which is the best choice [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[beckyrbnsn](#) Can someone help me with the link [#leadfromwithin](#) -8:04 PM

[womanonajourney](#) Choice is defining what is important to you, defined by your priorities [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[helenantholis](#) RT [@heart_path](#): A1. Choice is to exercise our options, free will (ditto [@Joahn_Paul](#)); to make one decision over another. [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[stevelaswell](#) A1: Choice is care in making a selection [#leadfromwithin](#)

[lollydaskal](#) so great to see you here. [@growinggold](#) [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[heart_path](#) Ideally, choice should reflect one's inner values. [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[womanonajourney](#) True RT [@TracyME](#): IMO indecision basically stems from insecurity, uncertainty of which is the best choice [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[worksmarta](#) [@beckyrbsn](#) www.tweetchat.com [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[My_WebEvent](#) Good Evening! It's Steph with [@My_WebEvent](#)! Looking forward to learning on tonight's [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[thehealthmaven](#) A1 - volition for either A or B [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[waynemcevilly](#) A1 Choice is inherently empowering. It shows a declaration of intention. Choosing is more active than wanting or dreaming. [#leadfromwithin](#) - 8:04 PM Apr 5th, 2011

[dapancost](#) [@beckyrbsn](#) Which link, Becky? [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[StrategicMonk](#) I think choice is more about the process of choosing than about the decision; the choice that is made. [#leadfromwithin](#) -8:04 PM Apr 5th, 2011

[john_paul](#) [@growinggold](#) I'm traveling down the road getting home after a week away but had to stop so I could join < Great Choice! [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[sumnermusolf](#) +1 RT [@John_Paul](#): RT WOW!! [@lollydaskal](#) A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) - 8:05 PM Apr 5th, 2011

[heart_path](#) RT [@waynemceville](#): A1 Choice is inherently empowering. It shows a declaration of intention. Choosing is more active than wanting or dreaming. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[growinggold](#) Join us now! here's the first Question RT [@John_Paul](#) Q1. At its core, define choice. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[JFeskorn](#) A1: As a leader, choose wisely for others are acting on your choice [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[scedmonds](#) <http://tweetchat.com/room/leadfromwithin> RT [@beckyrbnsn](#): Can someone help me with the link [#leadfromwithin](#) -8:05

[helenantholis](#) With intention. RT [@scedmonds](#): A1: Choice is the presentation of differing options, and ones decision to do A or B. [#leadfromwithin](#) -8:05 PM Apr 5th,
[TimDannemiller](#) Choice is humanity at it's core [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[worksmarta](#) Or a C you didn't think about before :) RT [@thehealthmaven](#): A1 - volition for either A or B [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[lollydaskal](#) RT [@StrategicMonk](#): I think choice is more about the process of choosing than about the decision; the choice that is made. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[womanonajourney](#) <http://tweetchat.com> enter the leadwithin in the field at top RT [@beckyrbnsn](#): Can someone help me with the link [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[NancyTWS](#) RT [@heart_path](#): A1. Choice is to exercise our options, free will (ditto [@Joahn_Paul](#)); to make one decision over another. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[Viviborne](#) RT [@womanonajourney](#): True RT [@TracyME](#): IMO indecision basically stems from insecurity, uncertainty of which is the best choice [#leadfromwithin](#) - 8:05 PM Apr 5th, 2011

[heart_path](#) RT [@TimDannemiller](#): Choice is humanity at it's core [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[scedmonds](#) A1: Choice tells ourselves and others what we value at a moment in time. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[Viviborne](#) RT [@womanonajourney](#): Choice is defining what is important to you, defined by your priorities [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[MelindaTodd](#) Beautiful RT [@lollydaskal](#): A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[heart_path](#) So true! RT [@scedmonds](#): A1: Choice tells ourselves and others what we value at a moment in time. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[lollydaskal](#) 2. What types of choices do we face? [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[worksmarta](#) RT [@StrategicMonk](#): I think choice is more about the process of choosing than about the decision; the choice that is made. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[dapancost](#) [@StrategicMonk](#) I agree. Choice is definitely about the process of decision making. [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[scedmonds](#) SO TRUE! RT [@JFeskorn](#): A1: As a leader, choose wisely for others are acting on your choice [#leadfromwithin](#) -8:05 PM Apr 5th, 2011

[waynemcevilly](#) A1 Choice is the genesis of some very good positive emotions. It feels real good to say "I choose" - [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[helenantholis](#) RT [@StrategicMonk](#): I think choice is more about the process of choosing than about the decision; the choice that is made. [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[John_paul](#) RT [@StrategicMonk](#) choice is more about the process of choosing than about the decision; the choice that is made.< a process! [#leadfromwithin](#) - 8:06 PM Apr 5th, 2011

[My_WebEvent](#) A1: Understanding that when you decide to say YES to something you're saying NO to something. Then accepting consequences [#leadfromwithin](#) - 8:06 PM Apr 5th, 2011

[StrategicMonk](#) Choice is cumulative; a path more than an event. [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[helenantholis](#) RT [@lollydaskal](#): 2. What types of choices do we face? [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[MelindaTodd](#) A1: Choice is freedom and opportunity that should not be wasted. [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[john_paul @lollydaskal](#) Q2. What types of choices do we face? [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[scedmonds](#) RT [@lollydaskal](#) Q2: What types of choices do we face? [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): Q1. At its core, define choice. [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[lollydaskal](#) A2: We face choices all the time. choosing is a blissful state, not a painful one. [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[dapancost](#) RT [@scedmonds](#): SO TRUE! RT [@JFeskorn](#): A1: As a leader, choose wisely for others are acting on your choice [#leadfromwithin](#) (I agree) -8:06 PM Apr 5th, 2011

[TracyME @heart_path @waynemcevilly](#) agreed, you can want something, but it becomes real when desire = strong enough to entice action [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[heart_path](#) The most important choice we make is one that is in alignment with our authentic core. [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[womanonajourney](#) A2. We have many choices to make in our lives. Many times we are overwhelmed by them all. [#leadfromwithin](#) -8:06 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): A2: We face choices all the time. choosing is a blissful state, not a painful one. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[worksmarta](#) Q2: Our every thought is a choice. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[john_paul](#) A2: We always face the choice to be true to ourselves and what we are. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[waynemcevilly @beckyrbnsn](#) When you ask for help with the link? Do you mean the "conversation" now going on? Just click on [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[StrategicMonk](#) RT [@heart_path](#): The most important choice we make is one that is in alignment with our authentic core. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[scedmonds](#) A2: We face many choices daily. To exercise or not; to eat healthy or not; to accept others or not! [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[EdwardColozzi](#) RT Yes Greg! choice is more about process of choosing than the decision; the choice that is made. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[Simon_GB](#) A2:Unconscious choice may prove the greatest leverage if we can stay self-aware [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[helenantholis](#) RT [@JFeskorn](#): A1: As a leader, choose wisely for others are acting on your choice [#leadfromwithin](#) (I agree) [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[john_paul](#) RT [@heart_path](#) The most important choice we make is one that is in alignment with our authentic core. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011



[heart_path](#) RT [@john_paul](#): RT [@StrategicMonk](#) choice is more about the process of choosing than about the decision; the choice that is made.< a process! [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[womanonajourney](#) RT [@scedmonds](#): A2: We face many choices daily. To exercise or not; to eat healthy or not; to accept others or not! [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[My_WebEvent](#) YES!> RT [@heart_path](#): The most important choice we make is one that is in alignment with our authentic core. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[lollydaskal](#) A2: Choice are moments in time when choose for ourselves consciously or unconsciously. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[MelindaTodd](#) Those that can stir the soul, body, and mind. RT [@lollydaskal](#): 2. What types of choices do we face? [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[NancyTWS](#) A1: Choice for me is difficult. Limiting myself when there is so much need, how to best spend finite time. [#leadfromwithin](#) [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[dapancost](#) A2: At the very base, we have a choice to act or to become a victim. Passivity is a choice, though not a good one. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[giselle2323](#) A1. Choice is freedom. Choice is strength. [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[lollydaskal](#) RT [@Simon_GB](#): A2:Unconscious choice may prove the greatest leverage if we can stay self-aware [#leadfromwithin](#) -8:07 PM Apr 5th, 2011

[helenantholis](#) Welcome Sharon! [@growinggold](#) [@helenantholis](#) [@LollyDaskal](#) [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[stevelaswell](#) A2: Whether I will live by my values or not. [#leadfromwithin](#) -8:08 PM Apr 5th 2011

[scedmonds](#) Wayne, the tweetchat.com site makes following the threads easier! RT [@waynemcevilly](#): [@beckyrbsn](#) [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[rgbrody](#) RT [@lollydaskal](#): A2: Choice are moments in time when choose for ourselves consciously or unconsciously. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[lollydaskal](#) RT [@giselle2323](#): A1. Choice is freedom. Choice is strength. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[thehealthmaven](#) Many of our choices we take for granted, so should be thankful we have them to make :) [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[Simon_GB](#) RT [@helenantholis](#): RT [@JFeskorn](#): A1: As a leader, choose wisely for others are acting on your choice [#leadfromwithin](#) [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[heart_path](#) Agreed. RT [@dapancost](#): A2: At the very base, we have a choice to act or to become a victim. Passivity is also a choice. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[helenantholis](#) Profound comment. RT [@stevelaswell](#): A2: Whether I will live by my values or not. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[dapancost](#) RT [@thehealthmaven](#): Many of our choices we take for granted, so should be thankful we have them to make :) [#leadfromwithin](#) (Absolutely) -8:08 PM Apr 5th, 2011

[lollydaskal](#) RT [@thehealthmaven](#): Many of our choices we take for granted, so should be thankful we have them to make :) [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[JFeskorn](#) RT [@dapancost](#): RT [@thehealthmaven](#): Many of our choices we take for granted, so should be thankful we have them to make :) [#leadfromwithin](#) (Absolutely) -8:08 PM Apr 5th, 2011

[StrategicMonk](#) A2: We choose whether to be open or to be closed. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[giselle2323](#) RT [@Koomba303](#): A1 - The decision you make in the moment of truth. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[john_paul](#) RT [@Simon_GB](#) A2:Unconscious choice may prove the greatest leverage if we can stay self-aware < a willingness 2 listen [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[sumnermusolf](#) A2 - Every single thing you do is the result of one choice or another. That's why it's a CHOOSE-your-own-adventure. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[heart_path](#) RT [@StrategicMonk](#): A2: We choose whether to be open or to be closed. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[worksmarta](#) We all want choices, but having choices can be complex. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[9lives2](#) RT [@john_paul](#): A2: We always face the choice to be true to ourselves and what we are. [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[TracyME](#) Every moment of the day we are faced with choices, most are small but can add up to have lg consequences [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[womanonajourney](#) So true!RT [@thehealthmaven](#): Many of our choices we take for granted, so should be thankful we have them to make :) [#leadfromwithin](#) -8:08 PM Apr 5th, 2011

[AGoodIDo](#) [#leadfromwithin](#) we make choices from the moment we wake. Even in deciding not to choose is a choice -8:09 PM Apr 5th, 2011

[helenantholis](#) Agree! RT [@dapancost](#): A2: At the very base, we have a choice to act or to become a victim. Passivity is also a choice. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[TimDannemiller](#) RT [@thehealthmaven](#): Many of our choices we take for granted, so should be thankful we have them to make :) [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[Dapancost](#) RT [@StrategicMonk](#): A2: We choose whether to be open or to be closed. [#leadfromwithin](#) (Right on) -8:09 PM Apr 5th, 2011

[kathysaiful](#) A2: We face choices all the time. choosing is a blissful state, not a painful one. [#leadfromwithin](#) ~ RT [@LollyDaskal](#) -8:09 PM Apr 5th, 2011

[giselle2323](#) RT [@john_paul](#): RT WOW!! [@lollydaskal](#) A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[scedmonds](#) A2: We choose daily to be optimistic or pessimistic about what we face. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[beckyrbnsn](#) catching up... inspired. I choose to be here tonight. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[NancyTWS](#) RT [@heart_path](#) The most imp't choice we make is 1 in alignment w/our authentic core.<-Self-awareness is key. [#leadfromwithin](#) [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[helenantholis](#) So true. RT [@AGoodIDo](#): [#leadfromwithin](#) we make choices from the moment we wake. Even in deciding not to choose is a choice [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[scedmonds](#) NICE. RT [@AGoodIDo](#): [#leadfromwithin](#) we make choices from the moment we wake. Even in deciding not to choose is a choice [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[sharonpakir](#) RT [@waynemcevilly](#): A1 Choice is inherently empowering. It shows a declaration of intention. Choosing is more active than wanting or dreaming. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@scedmonds](#): A2: We choose daily to be optimistic or pessimistic about what we face. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[heart_path](#) Attitude is everything...RT [@scedmonds](#): A2: We choose daily to be optimistic or pessimistic about what we face. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[TNT1987TerryS](#) RT [@lollydaskal](#): Q1. At its core, define choice. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[womanonajourney](#) RT [@sumnermusolf](#): A2 - Every thing u do is the result of one choice or another. Thats why its a CHOOSE-your-own-adventure.
[#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[scedmonds](#) YES! RT [@beckyrbnsn](#): catching up... inspired. I choose to be here tonight. [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[TracyME](#) RT [@helenantholis](#): Agree! RT [@dapancost](#): A2 We have a choice to act or to become a victim. Passivity is also a choice. <true [#leadfromwithin](#) -8:09 PM Apr 5th, 2011

[MelindaTodd](#) Choice is the ability to choose for ourselves what is best for us.
[#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[beckyrbnsn](#) A2 We choose love. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[waynemcevilly](#) [@LollyDaskal](#) Our choices summed up over a lifetime define who we are - they constitute our biography. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[dapancost](#) [@beckyrbnsn](#) Cool. Welcome aboard, Becky. :-) [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[lollydaskal](#) WE LOVE YOUR CHOICE RT [@beckyrbnsn](#): catching up... inspired. I choose to be here tonight. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[YOUCANPREVAIL](#) RT [@beckyrbnsn](#): RT [@scedmonds](#): A2: We choose daily to be optimistic or pessimistic about what we face. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[womanonajourney](#) RT [@heart_path](#):Attitude is everything.RT [@scedmonds](#): A2: We choose daily to be optimistic or pessimistic about what we face.
[#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[heart_path](#) Choice is self-empowering. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[EdwardColozzi](#) A2 Choices involve Everything we encounter in life, people, situations, internal & external events [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[TNT1987TerryS](#) RT [@lollydaskal](#): A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[lollydaskal](#) RT [@MelindaTodd](#): Choice is the ability to choose for ourselves what is best for us. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[john_paul](#) RT [@heart_path](#) The most imp't choice we make is 1 in alignment w/our authentic core.<-Self-awareness is key. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[Koomba303](#) A2 - Great question. Made me think about the choice I made to accept myself for myself. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[helenantholis](#) Regardless of other influences. RT [@scedmonds](#): A2: We choose daily to be optimistic or pessimistic about what we face. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[happyhourmary](#) A2 Most small choices end up having large consequences [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[lollydaskal](#) RT [@heart_path](#): Choice is self-empowering. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[scedmonds](#) Love this! RT [@dapancost](#): A2: At the very base, we have a choice to act or to become a victim. Passivity is a choice. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[giselle2323](#) RT [@scedmonds](#): RT [@lollydaskal](#) Q2: What types of choices do we face? [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[worksmarta](#) We can make choices on who we want to become. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[dapancost](#) RT [@beckyrbnsn](#): A2 We choose love. [#leadfromwithin](#) (A Great and life affirming choice) -8:10 PM Apr 5th, 2011

[TracyME](#) RT [@waynemcevilly](#) [@LollyDaskal](#) Our choices summed up over a lifetime define who we are - they constitute our biography. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[MelindaTodd](#) Choice is knowing when to say yes and when to say no and mean it. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[JaqStone](#) RT [@john_paul](#): RT [@heart_path](#) The most imp't choice we make is 1 in alignment w/our authentic core.<-Self-awareness is key. [#leadfromwithin](#) -8:10 PM Apr 5th, 2011

[YOUCANPREVAIL](#) RT [@LollyDaskal](#): RT [@MelindaTodd](#): Choice is the ability to choose for ourselves what is best for us. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[JFeskorn](#) A2: Some choices are conscious but those instinctive inner choices we make define us [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[womanonajourney](#) We have to be bold enough to choose! RT [@MelindaTodd](#): Choice is the ability to choose for ourselves what is best for us. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[scedmonds](#) A2: Sometimes it is best for us to choose what is best for OTHERS over what is best for ourselves. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[helenantholis](#) We start with us. RT [@Koomba303](#): A2 - Great question. Made me think about the choice I made to accept myself for myself. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[BilbosAdventure](#) RT [@scedmonds](#): NICE. RT [@AGoodIDo](#): [#leadfromwithin](#) we make choices from the moment we wake. Even in deciding not to choose is a choice [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[lollydaskal](#) RT [@happyhourmary](#): A2 Most small choices end up having large consequences [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[heart_path](#) RT [@beckyrbsn](#): A2 We choose love. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[scedmonds](#) ABSOLUTELY! RT [@lollydaskal](#): RT [@heart_path](#): Choice is self-empowering. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[thehealthmaven](#) RT [@LollyDaskal](#): RT [@happyhourmary](#): well said! A2 Most small choices end up having large consequences [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[SuzieAlkhatib](#) RT [@beckyrbsn](#) catching up... inspired. I choose to be here tonight. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[dapancost](#) RT [@worksmarta](#): We can make choices on who we want to become. [#leadfromwithin](#) (A significant choice which many attempt to avoid) -8:11 PM Apr 5th, 2011

[StrategicMonk](#) RT [@heart_path](#): RT [@beckyrbsn](#): A2 We choose love. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[womanonajourney](#) Absolutely! Do not leave it to chance! RT [@worksmarta](#): We can make choices on who we want to become. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[lollydaskal](#) Q3: What do our choices say about us? [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@John_Paul](#): Q1. At its core, define choice. [#leadfromwithin](#) / The ability 2 make a commitment 2 a powerful decision & then live in2 it :) -8:11 PM Apr 5th, 2011

[beckyrbnsn](#) A2 I choose to forgive. I choose to believe the best about others. [#leadfromwithin](#) -8:11 PM Apr 5th, 2011

[Simon_GB](#) I chose to chat to everyone I met picking a video tonight and at the grocer,that choice was enlightening [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[heart_path](#) RT [@beckyrbnsn](#): A2 I choose to forgive. I choose to believe the best about others. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[womanonajourney](#) RT [@happyhourmary](#): well said! A2 Most small choices end up having large consequences [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[john_paul](#) RT AMEN!! [@heart_path](#) A2 We choose love. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[scedmonds](#) RT [@lollydaskal](#) Q3: What do our choices say about us? [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[lollydaskal](#) A3: our choosing says a lot about the chooser. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[growinggold](#) [@helenantholis](#) thank you! happy to be here again, even if stopped on the side of the road! looked forward to seeing u all! [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[worksmarta](#) [@dapancost](#) Ah so true. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[My_WebEvent](#) RT [@scedmonds](#):Love this! RT [@dapancost](#):At the very base, we have a choice to act or become a victim. Passivity is a choice. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): Q3: What do our choices say about us? [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[john_paul](#) RT [@lollydaskal](#) Q3: What do our choices say about us? [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[lollydaskal](#) RT [@heart_path](#): RT [@beckyrbnsn](#): A2 I choose to forgive. I choose to believe the best about others. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[giselle2323](#) A2 Every choice I make is a reflection of who I am both from an internal and external perspective. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[dapancost](#) A3: Our choices reveal our character. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[msjourney](#) RT [@lollydaskal](#): A3: our choosing says a lot about the chooser. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@scedmonds](#): RT [@lollydaskal](#) Q3: What do our choices say about us? [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[thehealthmaven](#) A3 We are the sum of our choices [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[dapancost](#) RT [@giselle2323](#): A2 Every choice I make is a reflection of who I am both from an internal and external perspective. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[scedmonds](#) A3: Our choices reflect our values! My decisions tell you more about those core principles than anything I say. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[sumnermusolf](#) A3 - that I will challenge myself through others, but not myself individually. I choose to involve anyone in my choices. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[waynemcevilly](#) Thank you! via [@scedmonds](#) the tweetchat.com site makes following the threads easier! RT [@waynemcevilly](#): [@beckyrbnsn](#) [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[worksmarta](#) A3: Our choices tell our character and what is important to us. [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[JFeskorn](#) A2: Our choices reveal our character [#leadfromwithin](#) -8:12 PM Apr 5th, 2011

[helenantholis](#) "Life is the sum of all your choices"- Albert Camus RT [@lollydaskal](#): Q3: What do our choices say about us? [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[AmieHoffFitness](#) Hi all. I choose to watch this chat as I listen on a work conference call. :-) [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[womanonajourney](#) A3 Our choices say a lot about us. What is important to us? How do we feel about ourselves? [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[Lollydaskal](#) A3: if we desire to know ourselves we must realize that we have choices to be ourselves at all times. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): A2: Choice are moments in time when choose for ourselves consciously or unconsciously. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[Simon_GB](#) A3: EVERYTHING [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[heart_path](#) Our choices reflect who and where we are in this moment of time....who and what we love and value. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[scedmonds](#) Indeed - sometimes revealing more than we know! RT [@dapancost](#): A3: Our choices reveal our character. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[Randy_Sugito](#) RT [@lollydaskal](#): RT [@heart_path](#): RT [@beckyrbnsn](#): A2 I choose to forgive. I choose to believe the best about others. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[rodrigojabur](#) © RT [@LollyDaskal](#): RT [@heart_path](#): RT [@beckyrbnsn](#): A2 I choose to forgive. I choose to believe the best about others. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[john_paul](#) [@dapancost](#) A3: Our choices reveal our character. < Ah ha! [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[MelindaTodd](#) Our choices tell others who we serve: money, God, kids, spouse, self. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[lollydaskal](#) RT [@scedmonds](#): A3: Our choices reflect our values! My decisions tell u more about those core principles than anything I say [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[dapancost](#) RT [@thehealthmaven](#): A3 We are the sum of our choices [#leadfromwithin](#) (Meaning we can change by making different choices) -8:13 PM Apr 5th, 2011

[StrategicMonk](#) A3: Our choices tell everyone what is important to us and what is not; what our values truly are. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[scedmonds](#) [@waynemcevilly](#) Happy to help! [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[heart_path](#) Yes! RT [@LollyDaskal](#): A3: if we desire to know ourselves we must realize that we have choices to be ourselves at all times. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[AGoodIDo](#) [#leadfromwithin](#) A2 Choice can reveal our integrity do we ex wrist integrity at the moment of choice -8:13 PM Apr 5th, 2011

[TracyME](#) Q3 our choices define us. They illustrate, much more accurately than our words, who we really are & what we believe in [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[AmyHesser](#) RT [@lollydaskal](#): RT [@scedmonds](#): A3: Our choices reflect our values! My decisions tell u more about those core principles than anything I say [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[helenantholis](#) In an nutshell! RT [@Simon_GB](#): A3: EVERYTHING [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[giselle2323](#) RT [@helenantholis](#): Profound comment. RT [@stevelaswell](#): A2: Whether I will live by my values or not. [#leadfromwithin](#) -8:13 PM Apr 5th,

[worksmarta](#) A3: Our choices show our true colors. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[Koomba303](#) A3 - Our choices show us which leaders we will be leading; who will continue to follow. [#leadfromwithin](#) -8:13 PM Apr 5th, 2011

[NancyTWS](#) A2: The choice of how we spend our time."Because how we spend our days,of course,is how we spend our lives." ADillard fave [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[lollydaskal](#) So glad you can make it even if its listen! [@AmieHoffFitness](#) [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[thehealthmaven](#) [@dapancost](#) glad to see that you are feeling better! [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[Simon_GB](#) RT [@StrategicMonk](#): A3: Our choices tell everyone what is important to us and what is not; what our values truly are. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[GoodEnergyCA](#) “[@LollyDaskal](#): RT [@thehealthmaven](#): Many of our choices we take for granted, so should be thankful we have them to make :) [#leadfromwithin](#)” -8:14 PM Apr 5th, 2011

[growinggold](#) RT [@LollyDaskal](#) Q3: What do our choices say about us? [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[worksmarta](#) RT [@Koomba303](#): A3 - Our choices show us which leaders we will be leading; who will continue to follow. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[womanonajourney](#) Very good! RT [@MelindaTodd](#): Our choices tell others who we serve: money, God, kids, spouse, self. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[john_paul](#) A3: Our choices say thing about us to others in ways we could never imagine. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[lollydaskal](#) A3: all our choices are lead from the heart. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[TracyNDalton](#) RT [@MelindaTodd](#): Choice is the ability to choose for ourselves what is best for us. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): Q3: What do our choices say about us? [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[dapancost](#) [@thehealthmaven](#) Thank you. And so far I haven't yet sneezed. ;-)
[#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[heart_path](#) Well said...RT [@LollyDaskal](#): A3: all our choices are lead from the heart. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[adip003](#) RT [@scedmonds](#): A2: Sometimes it is best for us to choose what is best for OTHERS over what is best for ourselves. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[helenantholis](#) RT [@NancyTWS](#): A2: "Because how we spend our days,of course,is how we spend our lives." ADillard fave [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[TracyME](#) So many people speak empty words that their choices/their actions don't live up to. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[waynemceville](#) [@helenantholis](#) in the dentist chair 4 hours today - My reward is I [#choose](#) ice-cream for dinner! // [#leadfromwithin](#) // the Power of [#Choice](#) -8:14 PM Apr 5th, 2011

[scedmonds](#) A3: Our choices tell others if we are accepting or judging, if we are open or closed, if we are selfless or selfish. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@lollydaskal](#): A1: Choice is the perception of wisdom and the ability to see the soul in action. [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[MelindaTodd](#) Our choices can often show where our fears lay. RT [@LollyDaskal](#) Q3: What do our choices say about us? [#leadfromwithin](#) -8:14 PM Apr 5th, 2011

[happyhourmary](#) [@LollyDaskal](#) our small daily choices add up to who we are. (only math I can do!) [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[worksmarta](#) A3: Our choices say what our words don't. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[scedmonds](#) YES! RT [@john_paul](#): A3: Our choices say thing about us to others in ways we could never imagine. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[TimDannemiller](#) RT [@scedmonds](#): A3: Our choices tell others if we are accepting or judging, if we are open or closed, if we are selfless or selfish. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[womanonajourney](#) Our choices show where we are headed in our lives. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[AGoodIDo](#) [#leadfromwithin](#) A3 sorry, do we exerceise integrity at the moment of choice -8:15 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@TracyME](#): Q3 our choices define us,illustrate, much more accurately than our words, who we really r & what we believe in [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[Koomba303](#) Dig it! RT [@StrategicMonk](#) A3: Our choices tell everyone what is important to us and what is not; what our values truly are. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[StrategicMonk](#) RT [@MelindaTodd](#): Our choices can often show where our fears lay. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[dapancost](#) RT [@worksmarta](#): A3: Our choices say what our words don't. [#leadfromwithin](#) (I like that) -8:15 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@lollydaskal](#): A3: all our choices are lead from the heart. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[heart_path](#) RT [@scedmonds](#): A3: Our choices tell others if we are accepting or judging, if we are open or closed, if we are selfless or selfish. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[lollydaskal](#) AMEN! RT [@worksmarta](#): A3: Our choices say what our words don't. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[EdwardColozzi](#) A3 Best choices advance what one Truly needs that does not negate from another & serves the Highest N Best 4 All [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[JFeskorn](#) Are they? In the cold world of business my heart has hardened RT [@LollyDaskal](#): A3: all our choices are lead from the heart. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[Simon_GB](#) How much does the choice of our picture tell others about us [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[heart_path](#) RT [@lollydaskal](#): AMEN! RT [@worksmarta](#): A3: Our choices say what our words don't. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[helenantholis](#) WOW... That so true RT [@worksmarta](#): A3: Our choices say what our words don't. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[FIAtested](#) RT [@lollydaskal](#): RT [@heart_path](#): RT [@beckyrbnsn](#): A2 I choose to forgive. I choose to believe the best about others. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[TracyME](#) If you truly want to know a person is, don't just listen to what they say, look at the choices they've made in their lives [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[womanonajourney](#) Very good! RT [@worksmarta](#): A3: Our choices say what our words dont. [#leadfromwithin](#) -8:15 PM Apr 5th, 2011

[isnworks](#) RT [@MelindaTodd](#): Choice is the ability to choose for ourselves what is best for us. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[sumnermusolf](#) You can within your choice, IMHO. RT [@AGoodIDo](#): [#leadfromwithin](#) A3 sorry, do we exerise integrity at the moment of choice -8:16 PM Apr 5th, 2011

[MelindaTodd](#) RT A3: Our choices tell others if we are accepting or judging, if we are open or closed, if we are selfless or selfish. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[giselle2323](#) A3. My choices allow me to grow and become the person I am meant to be. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[john_paul](#) A3: Like an artist who makes a choice to paint and express - that work that choice resonates with others beyond knowing. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[getsweetie](#) A3 Our choices define what we are willing to truly act on from our beliefs [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[thehealthmaven](#) RT [@helenantholis](#): Double wow :) WOW... That so true RT [@worksmarta](#): A3: Our choices say what our words don't. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[john_paul](#) RT [@worksmarta](#): A3: Our choices say what our words dont. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[lollydaskal](#) RT [@TracyME](#): If you truly want to know a person is, dont just listen to what they say, look at the choices theyve madE [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[scedmonds](#) The heart softens quickly with the choice to do so! RT [@JFeskorn](#): In the cold world of business my heart has hardened. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[lollydaskal](#) RT [@getsweetie](#): A3 Our choices define what we are willing to truly act on from our beliefs [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[heart_path](#) Our choices reflect the state of our inner lives...of our heart, for better or worse. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[TracyME](#) RT [@getsweetie](#): A3 Our choices define what we are willing to truly act on from our beliefs <yes [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[PatRobeck1ofHis](#) A3 What we really believe is shown by our choices, not our words. [#leadfromwithin](#) -8:16 PM Apr 5th, 2011

[happyhourmary](#) [@thehealthmaven](#) RT We are the sum of our choices [#leadfromwithin](#). <you said this better!!! -8:16 PM Apr 5th, 2011

[MelindaTodd](#) RT [@john_paul](#): RT [@worksmarta](#): A3: Our choices say what our words dont. [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[dapancost](#) RT [@GetSweetie](#): A3 Our choices define what we are willing to truly act on from our beliefs [#leadfromwithin](#) (Very True) -8:17 PM Apr 5th, 2011

[StrategicMonk](#) RT [@heart_path](#): Our choices reflect the state of our inner lives...of our heart, for better or worse. [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[TracyME](#) RT [@heart_path](#): Our choices reflect the state of our inner lives...of our heart, for better or worse. <very true [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[scedmonds](#) [@helenantholis](#) Ice cream for dinner?! Great choice after your "dental day"! [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[AmyHesser](#) RT [@lollydaskal](#): RT [@getsweetie](#): A3 Our choices define what we are willing to truly act on from our beliefs [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[NYsAngel](#) RT [@lollydaskal](#): RT [@TracyME](#): If you truly want to know a person is, dont just listen to what they say, look at the choices theyve made [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[NancyTWS](#) A3: Our choices reflect our values, just as our actions speak louder than words. [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[helenantholis](#) RT [@john_paul](#): A3: Like an artist who makes choice to paint, express - that work/choice resonates w/others beyond knowing. [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[heart_path](#) RT [@dapancost](#): RT [@GetSweetie](#): A3 Our choices define what we are willing to truly act on from our beliefs [#leadfromwithin](#) (Very True) -8:17 PM Apr 5th, 2011

[MagneticSilvia](#) Jumping in late. What's cooking? [#leadfromwithin](#) -8:17 PM

[EdwardColozzi](#) Real [#character](#) is about R individual choices 2 do good 2 love 2 B authentic [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[womanonajourney](#) Our future is determined by our choices [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[Koomba303](#) A3 - My choices effect someones day, someones dinner conversation. Sometimes I forget that. [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[john_paul](#) RT [@PatRobeck1ofHis](#) A3 What we really believe is shown by our choices, not our words. [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[worksmarta](#) RT [@dapancost](#): RT [@GetSweetie](#): A3 Our choices define what we are willing to truly act on from our beliefs [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[JFeskorn](#) So I choose!! ;)RT [@scedmonds](#): The heart softens quickly with the choice to do so! [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[giselle2323](#) [@growinggold](#) Glad you are here. But be careful. :-) [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[scedmonds](#) GREAT! RT [@getsweetie](#): A3 Our choices define what we are willing to truly act on from our beliefs [#leadfromwithin](#) -8:17 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@LollyDaskal](#): A3: our choosing says a lot about the chooser. [#leadfromwithin](#) It defines / describes the chooser -8:17 PM Apr 5th, 2011

[lollydaskal](#) Q4. Why do choices matter? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[My_WebEvent](#) RT [@john_paul](#): RT [@PatRobeck1ofHis](#) A3 What we really believe is shown by our choices, not our words. [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[MagneticSilvia](#) Very true! RT [@womanonajourney](#): Our future is determined by our choices [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[growinggold](#) RT [@LollyDaskal](#) Q2 What types of choices do we face? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[PatRobeck1ofHis](#) As soon as I was done typing my last tweet, I see 4 that say almost the same thing, great minds and all... [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[dapancost](#) RT [@womanonajourney](#): Our future is determined by our choices [#leadfromwithin](#) (Or by others if we fail to make them) -8:18 PM Apr 5th, 2011

[goddesspower](#) RT [@lollydaskal](#): Q3: What do our choices say about us? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[john_paul @MagneticSilvia](#) Jumping in late. What's cooking? < - your choice to jump in!! :) [#leadfromwithin](#) -8:18 PM Apr 5th, 2011 [ohn_paul @MagneticSilvia](#) Jumping in late. What's cooking? < - your choice to jump in!! :) [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[MelindaTodd](#) Our choices show that we are human and make mistakes. A3:What we really believe is shown by our choices, not our words. [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[scedmonds](#) RT [@lollydaskal](#) Q4. Why do choices matter? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): Q4. Why do choices matter? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[My_WebEvent](#) SO GOOD> RT [@john_paul](#): RT [@PatRobeck1ofHis](#) A3 What we really believe is shown by our choices, not our words. [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[TaraToygaroo](#) RT [@womanonajourney](#): Our choices show where we are headed in our lives. [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[lollydaskal](#) A4: each choice is motivated by an intention and intention is a cause that exists with an effect. [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[Simon_GB](#) The choices that can tell the most are the ones you can not see, they things you choose not to do [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[ChristyFlorio](#) RT [@lollydaskal](#): Q3: What do our choices say about us? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[AmieHoffFitness](#) Love it! RT [@womanonajourney](#): Our future is determined by our choices [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[getsweetie](#) Choices matter because they are expressions of the freedom we each have despite circumstances. [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[sumnermusolf](#) A4 - without choices, we march to the same drum. And brand becomes bland. [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[helenantholis](#) Choices have a profound influence on our lives and relationships. RT [@lollydaskal](#): Q4. Why do choices matter? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[MelindaTodd](#) Because we can't take back our poor decisions! RT [@lollydaskal](#): Q4. Why do choices matter? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[womanonajourney](#) A4. Our choices don't affect just ourselves. They affect others around us. [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[lollydaskal](#) A4: Choices matter because they say something about who and what we are [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[john_paul](#) RT [@lollydaskal](#) Q4. Why do choices matter? [#leadfromwithin](#) -8:18 PM Apr 5th, 2011

[KindredAdventur](#) So true! RT“[@womanonajourney](#): Sometimes, to keep from being overwhelmed, we have to choose which things we will not choose. [#leadfromwithin](#)” -8:19 PM Apr 5th, 2011

[scedmonds](#) A4: Choices matter because of their ability to reflect our values. If we observe & heed we can refine choices over time. [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[MagneticSilvia](#) Yes, I know I won't be sorry. RT [@John_Paul](#): [@MagneticSilvia](#) Jumping in late. What's cooking? < your choice to jump in!! :) [#leadfromwithin](#) - 8:19 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@lollydaskal](#): AMEN! RT [@worksmarta](#): A3: Our choices say what our words don't. [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[dapancost](#) A4: If we do not actively make choices, then we will be passively directed by the choices of others. [#leadfromwithin](#) -8:19 PM Apr 5th,

[JFeskorn](#) tweetchat.com, much better! Thank you [#leadfromwithin](#)
[#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[Its_Me_Ita](#) Choice is the ability to choose for ourselves what is best for us. RT
[@LollyDaskal](#) [@MelindaTodd](#) [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[PatRobeck1ofHis](#) RT [@scedmonds](#): RT [@lollydaskal](#) Q4. Why do choices
matter? [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[BBHGirl](#) RT [@TracyME](#): Q3 our choices define us. They illustrate, much more
accurately than our words, who we really are & what we believe in
[#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[MelindaTodd](#) Amen! RT [@Simon_GB](#): The choices that can tell the most are the
ones you can not see, they things you choose not to do [#leadfromwithin](#) -8:19
PM Apr 5th, 2011

[MagneticSilvia](#) RT [@LollyDaskal](#): Q4. Why do choices matter? [#leadfromwithin](#) -
8:19 PM Apr 5th, 2011

[john_paul](#) A4: Without choice no progress or experience is possible.
[#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[giselle2323](#) Sure do! RT [@MelindaTodd](#): RT [@john_paul](#): RT [@worksmarta](#): A3:
Our choices say what our words dont. [#leadfromwithin](#) -8:19 PM Apr 5th, 2011
[heart_path](#) Our choices create our our lives. They reflect our values and shape
our relationships. [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[lollydaskal](#) A4: choice matters because it's our purest internal guiding system.
[#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[helenantholis](#) RT [@lollydaskal](#): A4: each choice is motivated by an intention and
intention is a cause that exists with an effect. [#leadfromwithin](#) -8:19 PM Apr 5th,
2011

[PatRobeck1ofHis](#) To not choose, is to have chosen. [#leadfromwithin](#) -8:19 PM
Apr 5th, 2011

[scedmonds](#) A4: Choices matter because they enable us to live according to our
core principles. It is easy to see when we're off track - [#leadfromwithin](#) -8:19 PM
Apr 5th, 2011

[womanonajourney](#) Choices dictate our future. Are you making good ones?
[#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[worksmarta](#) RT [@john_paul](#): A4: Without choice no progress or experience is possible. [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[sweatymama](#) RT [@lollydaskal](#): A4: Choices matter because they say something about who and what we are [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[AmieHoffFitness](#) Choices matter b/c they define our actions [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[heart_path](#) RT [@John_Paul](#): A4: Without choice no progress or experience is possible. [#leadfromwithin](#) absolutely! -8:19 PM Apr 5th, 2011

[dapancost](#) RT [@LollyDaskal](#): A4: choice matters because it's our purest internal guiding system. [#leadfromwithin](#) -8:19 PM Apr 5th, 2011

[MelindaTodd](#) RT [@dapancost](#): A4: If we do not actively make choices, then we will be passively directed by the choices of others. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): Q4. Why do choices matter? [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[happyhourmary](#) A4 Every choice we make affects the people and the world around us! [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[Simon_GB](#) A4: Without choice there can be no change, without change, no progress [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[mylovely75me](#) RT [@lollydaskal](#): A4: Choices matter because they say something about who and what we are [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[scedmonds](#) ABSOLUTELY! RT [@heart_path](#): Our choices create our our lives. They reflect our values and shape our relationships. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[StrategicMonk](#) A4: My choices affect me; shape me, shape my path, shape my future choices, shape how I understand others. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[scedmonds](#) YES! RT [@AmieHoffFitness](#): Choices matter b/c they define our actions [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@getsweetie](#): Choices matter because they are expressions of the freedom we each have despite circumstances. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[helenantholis](#) RT [@lollydaskal](#): A4: choice matters because it's our purest internal guiding system. > It takes us to our best place [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[thehealthmaven](#) A4-Choices matter because we are all accountable beyond ourselves [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[lollydaskal](#) RT [@Simon_GB](#): A4: Without choice there can be no change, without change, no progress [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[AmieHoffFitness](#) RT [@giselle2323](#): RT [@lollydaskal](#): Q4. Why do choices matter? [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[heart_path](#) RT [@dapancost](#): A4: If we do not actively make choices, then we will be passively directed by the choices of others. [#leadfromwithin](#) Amen! -8:20 PM Apr 5th, 2011

[scedmonds](#) Fab! RT [@lollydaskal](#): A4: choice matters because it's our purest internal guiding system. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[MagneticSilvia](#) Yes! RT [@LollyDaskal](#): A4: Choices matter because they say something about who and what we are [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[TracyME](#) [@Simon_GB](#) I'd also say the key insight into character are the choices one makes when they think no one is watching [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[lollydaskal](#) RT [@scedmonds](#): YES! RT [@AmieHoffFitness](#): Choices matter b/c they define our actions [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[EdwardColozzi](#) A4 Maybe R Life Journey is about making Right Choices 2 evolve from individual [#character](#) 2 our Universal One = Same Spirit [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[NancyTWS](#) RT [@lollydaskal](#): Q4. Why do choices matter? [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[PatRobeck1ofHis](#) Every choice matters, because they determine the next set of opportunities. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[john_paul](#) A4: Our choices lead us to ourselves. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[growinggold](#) taking hold of our own "power of choice" is pivotal to "taking the lead" in our own lives, projects, work n more [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[scedmonds](#) YES! RT [@PatRobeck1ofHis](#): To not choose, is to have chosen. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[helenantholis](#) RT [@StrategicMonk](#): A4: My choices affect me;shape me,shape my path, shape my future choices, shape how I understand others. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[My_WebEvent](#) A4: Agree, not making a choice often leads to the choice being made for us. [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[sweatymama](#) RT [@lollydaskal](#): RT [@TracyME](#): If you truly want to know a person is, dont just listen to what they say, look at the choices theyve madE [#leadfromwithin](#) -8:20 PM Apr 5th, 2011

[StrategicMonk](#) RT [@heart_path](#): Our choices create our our lives. They reflect our values and shape our relationships. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[sweatymama](#) RT [@beckyrbnsn](#): RT [@TracyME](#): Q3 our choices define us,illustrate, much more accurately than our words, who we really r & what we believe in [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[waynemcevilly](#) It is good to awaken with a deep realization that I have within me the power to choose to be happy. [#Wayne2Wayne](#) [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@womanonajourney](#): A4. Our choices don't affect just ourselves. They affect others around us. [#leadfromwithin](#) -8:21 PM Apr 5th,

[hooliopage](#) RT [@giselle2323](#): A3. My choices allow me to grow and become the person I am meant to be. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[sumnermusolf](#) RT [@PatRobeck1ofHis](#): To not choose, is to have chosen. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[heart_path](#) Even 'bad' choices create opportunities for learning and growth.
[#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[lollydaska](#) A4: choices matter because it connects us to our inner beings, beliefs and behaviors. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[scedmonds](#) RIGHT ON! RT [@getsweetie](#): Choices matter because they are expressions of the freedom we each have despite circumstances.
[#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[TracyME](#) RT [@StrategicMonk](#): RT [@heart_path](#): Our choices create our our lives. They reflect our values and shape our relationships. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[worksmarta](#) RT [@MagneticSilvia](#): RT [@womanonajourney](#): A4. Our choices dont affect just ourselves. They affect others around us. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@dapancost](#): A4: If we do not actively make choices, then we will be passively directed by the choices of others. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[scedmonds](#) SO TRUE. RT [@MagneticSilvia](#): RT [@womanonajourney](#): A4. Our choices dont affect just ourselves. They affect others around us. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[Simon_GB](#) A4: Choices are the catalyst of progress [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[My_WebEvent](#) A4: Choice needs to lead to action or you're not really choosing...
[#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[womanonajourney](#) Choices matter becusee our life is made up of a series of them. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[dapancost](#) RT [@waynemcevilly](#): It is good to awaken with a deep realization that I have within me the power to choose to be happy. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[worksmarta](#) A4: Choices matter because they set our intentions. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[john_paul](#) A4: To be or not to be . . . that is the question and why choice matters. [#leadfromwithin](#) -8:21 PM Apr 5th, 2011

[heart_path](#) RT [@worksmarta](#): A4: Choices matter because they set our intentions. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[growinggold](#) now THAT is profound! soooo true! :) RT [@John_Paul](#) A4: Our choices lead us to ourselves. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[NancyTWS](#) RT [@growinggold](#): taking hold of our own "power of choice" is pivotal 2 "taking the lead" in our own lives, projects, more [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[StrategicMonk](#) RT [@worksmarta](#): A4: Choices matter because they set our intentions. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[helenantholis](#) And progress matters. RT [@Simon_GB](#): A4: Choices are the catalyst of progress [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[dapancost](#) RT [@John_Paul](#): A4: To be or not to be . . . that is the question and why choice matters. [#leadfromwithin](#) (Love this one!) -8:22 PM Apr 5th, 2011

[womanonajourney](#) better than passivity! RT [@heart_path](#): Even bad choices create opportunities for learning and growth. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[lollydaskal](#) RT [@womanonajourney](#): Choices matter becusee our life is made up of a series of them. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[TracyME](#) RT [@MagneticSilvia](#) RT [@womanonajourney](#) Our choices dont affect just us. They affect others around us<so imp to remember [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[john_paul](#) RT YUP! [@worksmarta](#) A4: Choices matter because they set our intentions. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[AmieHoffFitness](#) Not to chose is choosing not to participate in our own life. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[worksmarta](#) RT [@growinggold](#): now THAT is profound! soooo true! :) RT [@John_Paul](#) A4: Our choices lead us to ourselves. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[waynemcevilly](#) Choices always come with consequences-This fact invites contemplation-I choose to be contemplative-It is my choice, my life.
[#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[lollydaskal](#) RT [@heart_path](#): RT [@worksmarta](#): A4: Choices matter because they set our intentions. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[MagneticSilvia](#) Love it! RT [@PatRobeck1ofHis](#): Every choice matters, because they determine the next set of opportunities. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[thehealthmaven](#) [@heart_path](#) So True - important to not hang bad choices on the wall & frame them :) [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[helenantholis](#) And give us a plan. RT [@heart_path](#): RT [@worksmarta](#): A4: Choices matter because they set our intentions. [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[ENBd Davies](#) RT [@LollyDaskal](#): Q3: What do our choices say about us?
[#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[Steveriege](#) hey all, sorry im late [#leadfromwithin](#) -8:22 PM Apr 5th, 2011

[MelindaTodd](#) RT [@worksmarta](#): A4: Choices matter because they set our intentions. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[scedmonds](#) POWERFUL! RT [@waynemcevilly](#): A deep realization - I have within me the power to choose to be happy. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[lollydaskal](#) RT [@AmieHoffFitness](#): Not to chose is choosing not to participate in our own life. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[giselle2323](#) A4. Without choice we are not free. Choice opens up the world to us.
[#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[TracyME](#) RT [@MagneticSilvia](#) Love it! RT [@PatRobeck1ofHis](#) Every choice matters because they determine the next set of opportunities. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[MelindaTodd](#) RT [@thehealthmaven](#): [@heart_path](#) So True - important to not hang bad choices on the wall & frame them :) [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[EdwardColozzi](#) RT [@John_Paul](#): Without choice no progress or experience is possible. --> without choice there is VOID [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[heart_path](#) RT [@giselle2323](#): A4. Without choice we are not free. Choice opens up the world to us. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@Steveriege](#): hey all, sorry im late I Glad you are here! [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[dapancost](#) RT [@thehealthmaven](#): [@heart_path](#) So True - important to not hang bad choices on the wall & frame them :) [#leadfromwithin](#) (LOL. Right on) -8:23 PM Apr 5th, 2011

[StrategicMonk](#) A4: Our choices matter because we choose to make them matter. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[ENBdavies](#) RT [@LollyDaskal](#): A4: each choice is motivated by an intention and intention is a cause that exists with an effect. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[lollydaskal](#) [@Steveriege](#) We missed you. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[scedmonds](#) Fab! RT [@AmieHoffFitness](#): Not to chose is choosing not to participate in our own life. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[helenantholis](#) RT [@waynemcevilly](#): It is good to awaken with a deep realization that I have within me the power to choose to be happy. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[waynemcevilly](#) Yes. RT [@AmieHoffFitness](#) Not to chose is choosing not to participate in our own life. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[PatRobeck1ofHis](#) Our choices matter because they can have eternal consequences. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[john_paul](#) RT [@Simon_GB](#): A4: Choices are the catalyst of progress [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[scedmonds](#) Big Steve! RT [@Steveriege](#): hey all, sorry im late [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[JFeskorn](#) Choose with an open mind when others are following your choice
[#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[giselle2323](#) YES! RT [@heart_path](#): Even 'bad' choices create opportunities for learning and growth. [#leadfromwithin](#) -8:23 PM Apr 5th, 2011

[helenantholis](#) Welcome Steve! [@Steveriege](#) [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[worksmarta](#) [@Steveriege](#) No problem! Jump in! :) [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[lollydaskal](#) Q5. What drives our choices? [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[NancyTWS](#) A4: Choice matters because our choices have consequences, we do/don't impact others & self as a direct result of our choices [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[giselle2323](#) Love this! RT [@Simon_GB](#): A4: Choices are the catalyst of progress [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[AmieHoffFitness](#) Love it! RT [@PatRobeck1ofHis](#) Every choice matters because they determine the next set of opportunities. [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[growinggold](#) every choice we make guides, dictates, directs what follows! whether personal, business, or otherwise! [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[waynemcevilly](#) Indecision, the choice not to choose, also leads to consequences which we then must accept, just as if we had chosen them! [#leadfromwithin](#) -8:24 PM

[PatRobeck1ofHis](#) RT [@StrategicMonk](#): A4: Our choices matter because we choose to make them matter. [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@lollydaskal](#): RT [@AmieHoffFitness](#): Not to choose is choosing not to participate in our own life. [#leadfromwithin](#) Not to choose IS A CHOICE! -8:24 PM Apr 5th, 2011

[scedmonds](#) RT [@lollydaskal](#) Q5. What drives our choices? [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[divacafemoms](#) RT [@scedmonds](#): [@helenantholis](#) Ice cream for dinner?! Great choice after your "dental day"! [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[john_paul](#) RT [@lollydaskal](#) Q5. What drives our choices? [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): Q5. What drives our choices? [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[scedmonds](#) WOW. POWERFUL. RT [@PatRobeck1ofHis](#): Our choices matter because they can have eternal consequences. [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[Simon_GB](#) RT [@lollydaskal](#): RT [@AmieHoffFitness](#): Not to chose is choosing not to participate in our own life.but still a choice [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[DickiePhukzalot](#) [@SpeakerBoehner](#) You're like King Midas in reverse, everything I touch turns to shit... [#leadfromwithin](#) [@LollyDaskal](#) -8:24 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@LollyDaskal](#): Q5. What drives our choices? [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[worksmarta](#) A5: Goals drive our choices. [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[womanonajourney](#) RT [@AmieHoffFitness](#): Not to chose is choosing not to participate in our own life. [#leadfromwithin](#) -8:24 PM Apr 5th, 2011

[MagneticSilvia](#) lol RT [@PatRobeck1ofHis](#): RT [@StrategicMonk](#): A4: Our choices matter because we choose to make them matter. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[scedmonds](#) A5: Sometimes others' expectations drive our choices. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[beckyrbnsn](#) [@sweatymama](#) do you tweetchat? You would love [#leadfromwithin!](#) -8:25 PM Apr 5th, 2011

[TracyME](#) Q5 Quite often, I think the overriding factor most affecting choice is fear [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[MelindaTodd](#) Hopefully our internal beliefs, though sometimes it's our insecurities. RT [@lollydaskal](#): Q5. What drives our choices? [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[lollydaskal](#) A5: As human beings everything we choose is a compound upon all of our previous choices. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[MaskedMarketing](#) RT [@lollydaskal](#): A4: choice matters because it's our purest internal guiding system. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[helenantholis](#) Habits, family, values, morals, goals, health...everything that matters. RT [@lollydaskal](#): Q5. What drives our choices? [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[AmieHoffFitness](#) Like it! RT [@scedmonds](#): WOW. POWERFUL. RT [@PatRobeck1ofHis](#): Our choices matter because they can have eternal consequences. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[waynemcevilly](#) I can hear the [#twittervoice](#) of [@dave_carpenter](#) saying "Choose wisely!" This is a good daily reminder. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[scedmonds](#) A5: Sometimes what I think I "SHOULD DO" drives my choices. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[thehealthmaven](#) A5 our norms, standards, beliefs, our appetite for L-I-F-E [#leadfromwithin](#) -8:25 PM Apr 5th, 2011



[EdwardColozzi](#) A4 VALUES R Key Determinant and Core of ALL career-life choices [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[dapancost](#) RT [@TracyME](#): Q5 Quite often, I think the overriding factor most affecting choice is fear [#leadfromwithin](#) (Yes. Fear is the ugly monster) -8:25 PM Apr 5th, 2011

[john_paul](#) A5: Our soul/heart drives our choice - we only need to listen. It knows how to unfold. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[ohn_paul](#) A5: Our soul/heart drives our choice - we only need to listen. It knows how to unfold. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@scedmonds](#): A5: Sometimes others expectations drive our choices. I Often! [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[sumnermusolf](#) A5: Look around you. Close your eyes & think of everything and everyone you've ever encountered (not just met). All drivers. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[Steveriege](#) hey Chris [@scedmonds](#) [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[henitaku](#) Choice is the ABILITY to choose for ourselves what is BEST for us. [#leadfromwithin](#) RT [@LollyDaskal](#) [@MelindaTodd](#) <choose the Best> -8:25 PM Apr 5th, 2011

[heart_path](#) What drives our choices? For many, fear. But also love, compassion and faith. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[PatRobeck1ofHis](#) If we allow others to choose for us, we give up the right to our own path. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[rgbrody](#) [@scedmonds](#): Fab! RT [@AmieHoffFitness](#): Not2choose is choosing not2participate in our own life. [#leadfromwithin](#) [#leadership](#) [#attitude](#) [#action](#) -8:25 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): Q5. What drives our choices? [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[Koomba303](#) A5 - The pursuit of value within ourselves and our teams. [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[growinggold](#) RT [@scedmonds](#) RT [@lollydaskal](#) Q5. What drives our choices? [#leadfromwithin](#) -8:25 PM Apr 5th, 2011

[heart_path](#) RT [@PatRobeck1ofHis](#): If we allow others to choose for us, we give up the right to our own path. [#leadfromwithin](#) Well said! -8:25 PM Apr 5th, 2011

[scedmonds](#) A5: Choices can drive further choices. I can decide to "break the pattern" to make BETTER choices. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[happyhourmary](#) A5- my belief system in what the world means drives my choices [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[helenantholis](#) Count me in! Black raspberry please! [@divacafemoms](#) [@scedmonds](#) [@helenantholis](#) [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[lollydaskal](#) A5: simple disciplines drive simple choices [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[AmieHoffFitness](#) So true! RT [@scedmonds](#): A5: Sometimes others expectations drive our choices. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[PatRobeck1ofHis](#) RT [@womanonajourney](#): RT [@lollydaskal](#): Q5. What drives our choices? [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[NancyTWS](#) RT [@lollydaskal](#): Q5. What drives our choices? A5. Our values, our faith in ourselves, our vision 4 the future... [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[waynemcevilly](#) RT [@scedmonds](#) A5: Sometimes others' expectations drive our choices. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[create2day](#) [@LollyDaskal](#) recognizing when you have choice and making the correct change is essential [#leadfromwithin](#) -8:26 PM Apr 5th,

[StrategicMonk](#) A5: Our true values, principles, and vision of the world drive our choices. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[scedmonds](#) MARVELOUS. RT [@heart_path](#): What drives our choices? For many, fear. But also love, compassion and faith. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[heart_path](#) RT [@scedmonds](#): MARVELOUS. RT [@heart_path](#): What drives our choices? For many, fear. But also love, compassion and faith. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[getsweetie](#) a5 My choices are driven by my best attempt at finding solutions to the issues being faced. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[AmieHoffFitness](#) Choice influences life and life influences choice [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[scedmonds](#) GREAT! RT [@lollydaskal](#): A5: simple disciplines drive simple choices [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[My_WebEvent](#) YES! So True!> RT [@waynemcevilly](#): RT [@scedmonds](#) A5: Sometimes others' expectations drive our choices. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[dapancost](#) A5: What we truly think is most important is what drives our choices. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[lollydaskal](#) RT [@waynemcevilly](#): RT [@scedmonds](#) A5: Sometimes others' expectations drive our choices. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[helenantholis](#) How wise. RT [@waynemcevilly](#): RT [@scedmonds](#) A5: Sometimes others expectations drive our choices. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[womanonajourney](#) our priorities, our values, but also our fears... [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@lollydaskal](#): A4: choices matter because it connects us to our inner beings, beliefs and behaviors. [#leadfromwithin](#) -8:26 PM Apr 5th, 2011

[rgbrody](#) [@scedmonds](#): POWERFUL! RT [@waynemcevilly](#): A deep realization - I have within me the power2choose2be happy. [#leadfromwithin](#) [#attitude](#) [#action](#) - 8:27 PM Apr 5th, 2011

[TracyME](#) Q5 desire for better situation for ourselves or our loved ones [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[scedmonds](#) [@getsweetie](#) SO GLAD to see you here tonight! [#leadfromwithin](#) - 8:27 PM Apr 5th, 2011

[Simon_GB](#) A5:if we leadfromwithin that is what drives our choice, otherwise it is pure emotion that takes the wheel [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[womanonajourney](#) RT [@AmieHoffFitness](#): Choice influences life and life influences choice [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[giselle2323](#) RT [@PatRobeck1ofHis](#): RT [@StrategicMonk](#): A4: Our choices matter because we choose to make them matter. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[PatRobeck1ofHis](#) RT [@Koomba303](#): A5 - The pursuit of value within ourselves and our teams. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[AmieHoffFitness](#) Nice! RT [@getsweetie](#): a5 My choices are driven by my best attempt at finding solutions to the issues being faced. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[MagneticSilvia](#) A5: Beliefs, values, principles shape us, but it's our free will that helps us actually choose. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[worksmarta](#) YES RT [@helenantholis](#): How wise. RT [@waynemcevilly](#): RT [@scedmonds](#) A5: Sometimes others expectations drive our choices. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[TimDannemiller](#) RT [@TracyME](#): Q5 desire for better situation for ourselves or our loved ones [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[waynemcevilly](#) When there is conflict between others' expectations & our core values, we must choose to be true to ourselves. [#Wayne2Wayne](#) [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[My_WebEvent](#) [@scedmonds](#) But when someones' expectations are driving your choice are you allowing others to choose for you? [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[lollydaskal](#) RT [@Simon_GB](#): A5:if we leadfromwithin that is what drives our choice, otherwise it is pure emotion that takes the wheel [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[worksmarta](#) A5: Society can drive our choices, good and bad. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[helenantholis](#) RT [@Simon_GB](#): A5:if we leadfromwithin that is what drives our choice, otherwise it is pure emotion that takes the wheel [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[scedmonds](#) YES! (sometimes even bad choices) RT [@dapancost](#): A5: What we truly think is most important is what drives our choices. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[StrategicMonk](#) There is a difference between "driving" our choices and "shaping" or "limiting" our choices. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@womanonajourney](#): RT [@AmieHoffFitness](#): Choice influences life and life influences choice [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[john_paul](#) RT [@AmieHoffFitness](#): Choice influences life and life influences choice. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[sumnermusolf](#) A5 - the answer to that question is another question: what DOESN'T drive our choices? [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[PatRobeck1ofHis](#) A5 Our true heart drives our choices. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): A5: As human beings everything we choose is a compound upon all of our previous choices. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[dapancost](#) A5: Fear drives our choices when we think safety and security is more important than the risk/reward involved. [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[growinggold](#) fear, joy, desire, wanting, anxiety - anticipation whether of something good OR bad <-- all these & more drive our choices [#leadfromwithin](#) -8:27 PM Apr 5th, 2011

[heart_path](#) RT [@dapancost](#): A5: Fear drives our choices when we think safety and security is more important than the risk/reward involved. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[EdwardColozzi](#) RT A5: Yes [@StrategicMonk](#) Our true values, principles, and vision of the world drive our choices.--> we must discover these [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[AGoodIDo](#) [@AmieHoffFitness](#) Interesting "eternal consequences" that causes me to pause.[#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[henitaku](#) Choice is the ABILITY to choose for ourselves what is BEST for us. [#leadfromwithin](#) RT [@LollyDaskal](#) [@MelindaTodd](#) ... <http://tmi.me/8vODn> -8:28 PM Apr 5th, 2011

[lollydaskal](#) RT [@dapancost](#): A5: Fear drives our choices when we think safety and security is more important than the risk/reward involved [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[helenantholis](#) RT [@waynemcevilly](#): When there is conflict between others expectations & core values, we must choose to be true to ourselves [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[scedmonds](#) A5: My choices would be better for all if I stopped and listened to my HEART and not my logical BRAIN. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[Koomba303](#) A5 - Strategy, Planning and Goal Setting. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[worksmarta](#) Yup RT [@sumnermusolf](#): A5 - the answer to that question is another question: what DOESNT drive our choices? [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[worksmarta](#) Yup RT [@sumnermusolf](#): A5 - the answer to that question is another question: what DOESNT drive our choices? [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[womanonajourney](#) Our dreams and passion can also influence our choices. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[getsweetie](#) [@scedmonds](#) thank you Chris, it is good to be with everyone tonight! [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[Yuli_Yozhi](#) RT [@MagneticSilvia](#): Very true! RT [@womanonajourney](#): Our future is determined by our choices [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[waynemcevilly](#) Yes! RT [@giselle2323](#) RT [@PatRobeck1ofHis](#): RT [@StrategicMonk](#): A4: Our choices matter because we choose to make them matter. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[CoachKate](#) just stubled upon this and am joining in for a bit :-)
[#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[helenantholis](#) [@dapancost](#): A5: Fear drives our choices when we think safety and security is more important than the risk/reward involved. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[rgbrody](#) [@MagneticSilvia](#): Love it!RT [@PatRobeck1ofHis](#):Every choice matters,because they determine the next set of opportunities.[#leadfromwithin](#)
[#lead](#) -8:28 PM Apr 5th, 2011

[StrategicMonk](#) RT [@scedmonds](#): A5: My choices would be better for all if I stopped and listed to my HEART and not my logical BRAIN. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[lollydaskal](#) RT [@MagneticSilvia](#): A5: Beliefs, values, principles shape us, but its our free will that helps us actually choose. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[heart_path](#) RT [@AmieHoffFitness](#): Choice influences life and life influences choice [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[NotSoSuperwoman](#) Hard choiceRT [@womanonajourney](#) Sometimes, to keep from being overwhelmed, we have to choose which things we will not choose. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[john_paul](#) RT Yes - it will insist on it! :) [@PatRobeck1ofHis](#) A5 Our true heart drives our choices. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[MelindaTodd](#) A5: Our pasts and traumas can drive our choices too. Not always good, not always bad. [#leadfromwithin](#) -8:28 PM Apr 5th, 2011

[My_WebEvent](#) RT [@heart_path](#): RT [@dapancost](#): A5: Fear drives our choices when safety/security is more important than the risk/reward [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[Steveriege](#) yes Chris [@scedmonds](#): A5: My choices would be better for all if I stopped and listened to my HEART and not my logical BRAIN. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[giselle2323](#) Great! RT [@heart_path](#): What drives our choices? For many, fear. But also love, compassion and faith. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[My_WebEvent](#) A5: Opportunity drives our choices! [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[CoachKate](#) RT [@heart_path](#): RT [@AmieHoffFitness](#): Choice influences life and life influences choice [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[scedmonds](#) Welcome! RT [@CoachKate](#): just stumbled upon this and am joining in for a bit :-) [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[helenantholis](#) [@CoachKate](#) Welcome Coach Kate! We're up to Q5 What drives our choices? [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[JFeskorn](#) RT [@scedmonds](#): A5: My choices would be better for all if I stopped and listened to my HEART and not my logical BRAIN. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[lollydaskal](#) Welcome [@CoachKate](#) ! Stay awhile. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[scedmonds](#) INDEED. RT [@MelindaTodd](#): A5: Our pasts and traumas can drive our choices too. Not always good, not always bad. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[growinggold](#) RT [@LollyDaskal](#) Q4. Why do choices matter? [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[getsweetie](#) When our choices do not support our core values eventually the disease shows up in our lives or bodies [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

@John_Paul [@MagneticSilvia](#): A5: Beliefs, values, principles shape us, but it's our free will that helps us actually choose. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[helenantholis](#) RT [@giselle2323](#): Great! RT [@heart_path](#): What drives our choices? For many, fear. But also love, compassion and faith. YES [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[womanonajourney](#) RT [@scedmonds](#): A5: My choices would be better for all if I stopped and listened to my HEART and not my logical BRAIN. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[dapancost](#) [@worksmarta](#) What Doesn't drive our choices? Unfortunately, too often it's conscious intention. Too easy to live passively. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[happyhourmary](#) Even in things where I don't get to choose, I still have some choices, my attitude [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[worksmarta](#) RT [@My_WebEvent](#): A5: Opportunity drives our choices! [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[PatRobeck1ofHis](#) Blend more? RT [@scedmonds](#): A5: My choices would be better for all if I stopped & listened to my HEART & not my logical BRAIN. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[CoachKate](#) [@scedmonds](#) [@CoachKate](#) thanks for the welcome [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[Steveriege](#) especially faith [@giselle2323](#): [@heart_path](#): What drives our choices? For many, fear. But also love, compassion and faith. [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[Simon_GB](#) [@scedmonds](#) The hardship of a thinker, we have to learn to listen to our heart [#leadfromwithin](#) -8:29 PM Apr 5th, 2011

[scedmonds](#) [@CoachKate](#) - you didn't stumble - it was a CHOICE! [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[CoachKate](#) RT [@happyhourmary](#): Even in things where I dont get to choose, I still have some choices, my attitude very true [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[My_WebEvent](#) RT [@scedmonds](#): INDEED. RT [@MelindaTodd](#): A5: Our pasts & traumas can drive choices too. Not always good, not always bad. [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[lollydaskal](#) Q6. How do habits affect choices? [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[MagneticSilvia](#) lol, so true ;-) RT [@scedmonds](#): [@CoachKate](#) - you didn't stumble - it was a CHOICE! [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[NancyTWS](#) RT [@worksmarta](#): A5: Society can drive our choices, good & bad.<-- Too often bad choices 4 our youth.Y we must lead by example. [#leadfromwithin](#) - 8:30 PM Apr 5th, 2011

[john_paul](#) A5: In physics nothing is absolutely determined - until we look in. :) It's our choice. [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[womanonajourney](#) Other's expectations of us also drive our choices. [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@LollyDaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[TimDannemiller](#) RT [@scedmonds](#): [@CoachKate](#) - you didn't stumble - it was a CHOICE! [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[Koomba303](#) A5 - Also a lack of: Strategy, Planning and Goal Setting. [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[LorenaHeletea](#) A4 - Without choice there is no growth. Without choice we are today ALL THAT WE ARE GOING TO BE. Q4. Why do choices matter? [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[CoachKate](#) [@scedmonds](#) Yes and a good one :-) [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[scedmonds](#) RT [@lollydaskal](#) Q6. How do habits affect choices? [#leadfromwithin](#) - 8:30 PM Apr 5th, 2011

[worksmarta](#) RT [@lollydaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[Steveriege](#) dont you always have a choice? [@happyhourmary](#): Even in things where I dont get to choose, I still have some choices [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[TracyME](#) RT [@helenantholis](#) RT [@waynemcevilly](#) When there's conflict btwn others expectations & core values, must choose 2 b tru 2 self [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[PatRobeck1ofHis](#) [@CoachKate](#) Hi and welcome to our chat. [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[MikeNC55](#) RT [@lollydaskal](#): RT [@MagneticSilvia](#): A5: Beliefs, values, principles shape us, but its our free will that helps us actually choose. [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[AmieHoffFitness](#) What drives me can depend on my mood, emotional state, feelings [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[john_paul](#) RT HAhA! [@scedmonds](#) [@CoachKate](#) - you didn't stumble - it was a CHOICE! [#leadfromwithin](#) -8:30 PM Apr 5th, 2011

[waynemcevilly](#) [@CoachKate](#) Do stay-this is one of the most communicative twitterchats you could imagine. [#leadfromwithin](#) -8:30 PM

[Steveriege](#) a6 past behavior is the best predictor of future behavior [#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[giselle2323](#) RT [@heart_path](#): RT [@AmieHoffFitness](#): Choice influences life and life influences choice [#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[AmieHoffFitness](#) Ohhh good question RT [@lollydaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[john_paul](#) RT [@lollydaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[scedmonds](#) A6: Habits are amazingly strong - we may be unaware that habits restrict our choices. [#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[MagneticSilvia](#) A6: Habits get us into routines that can be hard to break.
[#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[worksmarta](#) Choose to choose? RT [@Steveriege](#): dont u always have a choice?
[@happyhourmary](#):where I dont get to choose, I have choices [#leadfromwithin](#) -
8:31 PM Apr 5th, 2011

[CoachKate](#) RT [@waynemcevilly](#): [@CoachKate](#) Do stay-this is one of the most
communicative twitterchats you could imagine. Thanks I will [#leadfromwithin](#) -
8:31 PM Apr 5th, 2011

[KateNasser](#) Joining late .. How do habits affect choices? They sometimes blind
the pers to new choices. [#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[NancyTWS](#) RT [@lollydaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#)
-8:31 PM Apr 5th, 2011

[womanonajourney](#) Good to have you! RT [@CoachKate](#): just stubled upon this
and am joining in for a bit :-)
[#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[helenantholis](#) A6. Habits affect our choices: they take us down the same path but
that path might not be a good one. [#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[AmieHoffFitness](#) Indeed! RT [@scedmonds](#): A6: Habits are amazingly strong - we
may be unaware that habits restrict our choices. [#leadfromwithin](#) -8:31 PM Apr
5th, 2011

[giselle2323](#) RT [@lollydaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#)
-8:31 PM Apr 5th, 2011

[PatRobeck1ofHis](#) A6 Habits are the common path we have worn in the yard of
our life, easy to follow old choices. [#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[YOUCANPREVAIL](#) RT [@MagneticSilvia](#): A5: Beliefs, values, principles shape us,
but it's our free will that helps us actually choose. [#leadfromwithin](#) -8:31 PM Apr
5th, 2011

[Steveriege](#) great questionRT [@lollydaskal](#): Q6. How do habits affect choices?
[#leadfromwithin](#) -8:31 PM Apr 5th, 2011

[scedmonds](#) Couldn't help myself. RT [@john_paul](#): RT HAhA! [@scedmonds](#)
[@CoachKate](#) - you didnt stumble - it was a CHOICE! [#leadfromwithin](#) -8:32 PM
Apr 5th, 2011

[MelindaTodd](#) RT [@helenantholis](#): A6. Habits affect our choices: they take us down the same path but that path might not be a good one. [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[My_WebEvent](#) A6: Habits cause me to choose to eat chocolate when I'm stressed!
LOL [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[sumnermusolf](#) A6 - it's all in the circumstances and the consequences. Habits and choices play "tag" with each other. [#leadfromwithin](#) -8:32 PM Apr

[Simon_GB](#) A6: Sometimes badly as habits are choice makers and can stifle innovation and learning [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[happyhourmary](#) A6 habits make it feel harder to choose, like I'm in a pattern that can't be broken. [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[womanonajourney](#) So very true Melinda! RT [@MelindaTodd](#): A5: Our pasts and traumas can drive our choices too. Not always good, not always bad.
[#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[StrategicMonk](#) A6: Listening, taking time to understand my values and principles, reflection, remembering help me make strong choices. [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[lollydaskal](#) A6: as our habits become patterns so does your ability to make responsible choices. [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[helenantholis](#) Unlike the stock market:-) RT [@Steveriege](#): a6 past behavior is the best predictor of future behavior [#leadfromwithin](#) -8:32 PM

[CoachKate](#) [@womanonajourney](#) thanks for the welcome [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@john_paul](#): RT [@MagneticSilvia](#): A5: Beliefs, values, principles shape us, but its our free will that helps us actually choose.
[#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[womanonajourney](#) RT [@giselle2323](#): Great! RT [@heart_path](#): What drives our choices? For many, fear. But also love, compassion and faith. [#leadfromwithin](#) -8:32

[worksmarta](#) Mmm chocolate RT [@My_WebEvent](#): A6: Habits cause me to choose to eat chocolate when I'm stressed! LOL [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[Steveriege](#) so true. that's where perception is important for our survival [@AmieHoffFitness](#) [@scedmonds](#) [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[dapancost](#) A6: Habits affect our choices when we act without thought or consideration. [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[Abeeliever](#) RT [@womanonajourney](#): Our dreams and passion can also influence our choices. [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[heart_path](#) RT [@dapancost](#): A6: Habits affect our choices when we act without thought or consideration. [#leadfromwithin](#) great! -8:32 PM Apr 5th, 2011

[john_paul](#) A6: Habits are unconscious decisions we made consciously a long time ago. They shape our reality in a repetitive way. [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[TracyME](#) Habits can be good and bad, the good ones help us reach our goals, the bad ones impede us [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[KateNasser](#) Habits deliver the power of comfort. Choice is change -- the challenge of discomfort. [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@Steveriege](#): a6 past behavior is the best predictor of future behavior [#leadfromwithin](#) -8:32 PM Apr 5th, 2011

[helenantholis](#) With intention. RT [@lollydaskal](#): A6: as our habits become patterns so does your ability to make responsible choices.

[heart_path](#) RT [@john_paul](#): A6: Habits are unconscious decisions we made consciously a long time ago. They shape our reality in a repetitive way. [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[Steveriege](#) yep, that would be fear and greed... [@helenantholis](#) [@Steveriege](#) [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): A6: as our habits become patterns so does your ability to make responsible choices. [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[PatRobeck1ofHis](#) drum rim shot! RT [@john_paul](#): RT HAHA! [@scedmonds](#) [@CoachKate](#) - you didnt stumble - it was a CHOICE! [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[MelindaTodd](#) A6: We choose without thinking, contemplating, pondering. Q6. How do habits affect choices? [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[EdwardColozzi](#) Habits R reflections of R choices N Can be positive or negative [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[worksmarta](#) RT [@helenantholis](#): Unlike the stock market:-) RT [@Steveriege](#): a6 past behavior is the best predictor of future behavior [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[womanonajourney](#) Ah, yes, but sometimes we must create our own opportunities! RT [@My_WebEvent](#): A5: Opportunity drives our choices! [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[scedmonds](#) A6: Habits can also keep us on track with appropriate choices. It's a discipline that can be nurtured! [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[scedmonds](#) GREAT! RT [@KateNasser](#): Habits deliver the power of comfort. Choice is change -- the challenge of discomfort. [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[Steveriege](#) like this one RT [@TracyME](#): Habits can be good and bad, the good ones help us reach our goals, the bad ones impede us [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[growinggold](#) amen to that! RT [@womanonajourney](#) RT [@AmieHoffFitness](#): Choice influences life and life influences choice [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[lollydaskal](#) RT [@KateNasser](#): Habits deliver the power of comfort. Choice is change -- the challenge of discomfort. [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[PatRobeck1ofHis](#) Dark? RT [@worksmarta](#): Mmm chocolate RT [@My_WebEvent](#): A6: Habits cause me to choose to eat chocolate when Im stressed! LOL [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[AmieHoffFitness](#) Luckily I have a habit of choosing healthy habits :-)
[#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[womanonajourney](#) RT [@getsweetie](#): When our choices do not support our core values eventually the dis ease shows up in our lives or bodies [#leadfromwithin](#) - 8:33 PM Apr 5th, 2011

[CoachKate](#) RT [@womanonajourney](#): Ah, yes, but sometimes we must create our own opportunities! Opportunity drives our choices! [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[heart_path](#) RT [@Steveriege](#): like this oneRT [@TracyME](#): Habits can be good and bad, the good ones help us reach our goals, the bad ones impede us [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[getsweetie](#) a6 Habits often provide a false sense of comfort when one is attempting change... [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[StrategicMonk](#) Helping others develop strong habits helps me make stronger choices. [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[My_WebEvent](#) YES! SO TRUE! >RT [@dapancost](#): A6: Habits affect our choices when we act without thought or consideration. [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[john_paul](#) RT [@worksmarta](#) Mmm chocolate RT [@My_WebEvent](#): A6: Habits cause me to choose to eat chocolate when Im stressed! LOL [#leadfromwithin](#) - 8:33 PM Apr 5th, 2011

[scedmonds](#) It's a safe choice! RT [@john_paul](#): A6: Habits are unconscious decision we made consciously a long time ago. [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[msjourney](#) RT [@Abeeliever](#): RT [@womanonajourney](#): Our dreams and passion can also influence our choices. [#leadfromwithin](#) -8:33 PM Apr 5th, 2011

[ollydaskal](#) So true! RT [@TracyME](#): Habits can be good and bad, the good ones help us reach our goals, the bad ones impede us [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[helenantholis](#) Do you floss? :-)RT [@scedmonds](#): A6: Habits can also keep us on track w/appropriate choices. Its a discipline to be nurtured! [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[ParijatDesh](#) RT [@Abeeliever](#): RT [@womanonajourney](#): Our dreams and passion can also influence our choices. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[ENBdavies](#) They are our default choice algorithms RT [@LollyDaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[waynemcevilly](#) A5 - my core values often dictate a choice which is less advantageous materially than the one I know I must make. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[MagneticSilvia](#) Wow, tonight's chat is sooo fast... [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[StrategicMonk](#) [@PatRobeck1ofHis](#) [@worksmarta](#) [@My_WebEvent](#) Of course, dark. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[CoachKate](#) RT [@lollydaskal](#): RT [@KateNasser](#): Habits deliver the power of comfort. Choice is change -- the challenge of discomfort. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[TracyME](#) [@PatRobeck1ofHis](#) [@worksmarta](#) [@My_WebEvent](#) yes dark chocolate = health food :) [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[RedWineWardorbe](#) RT [@MagneticSilvia](#): lol RT [@PatRobeck1ofHis](#): RT [@StrategicMonk](#): A4: Our choices matter because we choose to make them matter. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[scedmonds](#) Indeed you do - I can learn from you! RT [@AmieHoffFitness](#): Luckily I have a habit of choosing healthy habits :) [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[KayFSolomon](#) Thank God! RT [@scedmonds](#) Habits can also keep us on track with appropriate choices. It's a discipline that can be nurtured! [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[ohn_paul](#) RT [@KateNasser](#): Habits deliver the power of comfort. Choice is change -- the challenge of discomfort. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[My_WebEvent](#) [@womanonajourney](#) AGREE, sometimes we must CHOOSE to make our own opportunity! [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[NancyTWS](#) A6: Too often, folks r on autopilot. We must make a choice 2 live w/mindful awareness of the impact of our actions/choices. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[Steveriege](#) [@StrategicMonk](#) helping other is a great way of learning for ourselves. thanks for this [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[Koomba303](#) A6 - Habits affect our mindset when the choices are made. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[giselle2323](#) A6. If you inclined to be positive in mind and body your choices will follow the same path. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[helenantholis](#) [@MagneticSilvia](#) So exciting, though. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[womanonajourney](#) Having made choices based upon what others wanted, instead of what I wanted, I eventually burnt out! [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[G_DFWNutrition](#) RT [@lollydaskal](#): RT [@MagneticSilvia](#): A5: Beliefs, values, principles shape us, but its our free will that helps us actually choose. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[MelindaTodd](#) A6: Habits can be hard to break and can stand in the way of making good and new choices until we get angry and just do it! [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[worksmarta](#) With sea salt! RT [@PatRobeck1ofHis](#): Dark? RT [@worksmarta](#): Mmm RT [@My_WebEvent](#): Habits cause me to choose to eat chocolate [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@GetSweetie](#): a6 Habits often provide a false sense of comfort when one is attempting change... [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[growinggold](#) RT [@NancyTWS](#) RT [@lollydaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[scedmonds](#) NICE, Erich! RT [@ENBd Davies](#): They are our default choice algorithms RT [@LollyDaskal](#): Q6. How do habits affect choices? [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[AmieHoffFitness](#) RT [@CoachKate](#) RT [@KateNasser](#): Habits deliver the power of comfort. Choice is change -- the challenge of discomfort. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[waynemcevilly](#) We are spiritual beings in a material world. The greater our realization this is, the more baffling certain choices become. [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[My_WebEvent](#) [@PatRobeck1ofHis](#) Any chocolate works! Absolutely any! LOL [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[lollydaskal](#) Q7: How can leading from within guide our choices? [#leadfromwithin](#) -8:34 PM Apr 5th, 2011

[scedmonds](#) RT [@lollydaskal](#) Q7: How can leading from within guide our choices? [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[RedWineWardorbe](#) "[@MagneticSilvia](#): Every choice matters, because they determine the next set of opportunities. [#leadfromwithin](#)" -8:35 PM Apr 5th,

[giselle2323](#) RT [@msjourney](#): RT [@Abeeliever](#): RT [@womanonajourney](#): Our dreams and passion can also influence our choices. [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[womanonajourney](#) Good one! RT [@happyhourmary](#): Even in things where I don't get to choose, I still have some choices, my attitude [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[JFeskorn](#) Dark! RT [@My_WebEvent](#): [@PatRobeck1ofHis](#) Any chocolate works! Absolutely any! LOL [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@lollydaskal](#): So true! RT [@TracyME](#): Habits can be good and bad, the good ones help us reach our goals, the bad ones impede us [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[Steveriege](#) [@lollydaskal](#) Passion from our Core of who we are [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[CoachKate](#) RT [@waynemcevilly](#): We are spiritual beings in a material world. The greater our realization this is... YES very true [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[Steveriege](#) RT [@lollydaskal](#): Q7: How can leading from within guide our choices? [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[john_paul](#) RT [@lollydaskal](#) Q7: How can leading from within guide our choices? [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[heart_path](#) Leading from within will enable choices that reflect our inner values. [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[KateNasser](#) The positive of habit: perfecting a skill. The negative of habit: the trap of comfort. [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[My_WebEvent](#) [@worksmarta](#) Ohhh, sweet and salty! That would really be a great CHOICE! [#leadfromwithin](#) -8:35 PM Apr 5th, 2011

[Versalytics](#) [#leadfromwithin](#) Is this exclusive? Just stumbled on this and started following. -8:35 PM Apr 5th, 2011

[TracyME](#) [@MelindaTodd](#) yes but takes a while to break free of those bad habits and adopt new ones. Takes determination & persistence [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[IngridGeronimo](#) RT [@MagneticSilvia](#): Love it! RT [@PatRobeck1ofHis](#): Every choice matters, because they determine the next set of opportunities. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[Simon_GB](#) A7:It makes us think and question the choice as to how it will affect and effect others [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[getsweetie](#) A7 when one leads from within our choices become more easily narrowed [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[scedmonds](#) PATTERN EMMERGING. RT [@worksmarta](#): RT [@PatRobeck1ofHis](#): Dark? RT [@My_WebEvent](#): Habits cause me to choose to eat chocolate [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[helenantholis](#) When navigating life, core principles/values influence in profound ways. Q7: How can leadingfromwithin guide our choices? [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[lollydaskal](#) A7: when you choose to walk the path of leading from within You have chosen to satisfy the soul's hunger. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): Q7: How can leading from within guide our choices? [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[NancyTWS](#) RT [@waynemcevilly](#): A5my core values often dictate a choice less advantageous materially than the one I know I must make. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[StrategicMonk](#) RT [@heart_path](#): Leading from within will enable choices that reflect our inner values. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[scedmonds](#) Jump in - welcome! RT [@Versalytics](#): [#leadfromwithin](#) Is this exclusive? Just stumbled on this and started following. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[KateNasser](#) [@Versalytics](#) Hi ... my first time for this chat too. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[Steveriege](#) [@Versalytics](#) welcome [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[lollydaskal](#) A7: by leading from within you become a conscious choice maker [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[KayFSolomon](#) Q7: Inner awareness minimizes auto-pilot behaviors, resulting in better choices. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[arielguam](#) RT [@LollyDaskal](#): A7: when you choose to walk the path of leading from within You have chosen to satisfy the soul's hunger. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[womanonajourney](#) A6 If we have *lazier* habits, we may choose to not choose the best things for us. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[growinggold](#) A6 habits can cause us to make "auto-pilot" choices, unconsciously going against our best wishes because its habit [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[euriag](#) RT [@Abeeliever](#): RT [@womanonajourney](#): Our dreams and passion can also influence our choices. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[CoachKate](#) RT [@heart_path](#): Leading from within will enable choices that reflect our inner values. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[giselle2323](#) RT [@heart_path](#): Leading from within will enable choices that reflect our inner values. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[Steveriege](#) RT [@lollydaskal](#): A7: when you choose to walk the path of leading from within You have chosen to satisfy the soul's hunger. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[heart_path](#) RT [@LollyDaskal](#): A7: when you choose to walk the path of leading from within You have chosen 2 satisfy the soul's hunger. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[StrategicMonk](#) [@Versalytics](#) Not exclusive; you are welcome. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[CoachKate](#) RT [@lollydaskal](#): A7: by leading from within you become a conscious choice maker [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[abeliyke](#) RT [@KateNasser](#): The positive of habit: perfecting a skill. The negative of habit: the trap of comfort. [#leadfromwithin](#) -8:36 PM Apr 5th, 2011

[Steveriege](#) [@KateNasser](#) [@Versalytics](#) glad you are here [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@LollyDaskal](#): Q7: How can leading from within guide our choices? [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[Simon_GB](#) RT [@lollydaskal](#): A7: when you choose to walk the path of leading from within You have chosen to satisfy the soul's hunger. [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[worksmarta](#) A7: Leading from within helps us choose who we are. [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[lollydaskal](#) A7: by leading from your within your choices generate actions that are evolutionary and revolutionary to you. [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[heart_path](#) RT [@lollydaskal](#): A7: by leading from within you become a conscious choice maker [#leadfromwithin](#) we become intentional in our choices. -8:37 PM Apr 5th, 2011

[helenantholis](#) RT [@lollydaskal](#): A7: when you choose to walk the path of leading from within You have chosen to satisfy the soul's hunger. [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[womanonajourney](#) Living intentionally will help us to make good choices. [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[John_paul](#) RT [@waynemcevilly](#): We R spiritual beings in a material world. < the world is spiritual, heaven or hell on earth, our choice. [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[growinggold](#) well trained habits CAN also cause us to make pro-active choices that are good for us! [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[CoachKate](#) RT [@Steveriege](#): A7: when you choose to walk the path of leading from within You have chosen to satisfy the soul's hunger. [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[scedmonds](#) A7: Greg [@StrategicMonk](#) said it well - we must listen to our values & reflect to ensure that we [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[EdwardColozzi](#) A7 Encouraging 1 2 tellTheirStory & ShareExperiences willTrigger reflection; Reflection leads2 insight/clarity of heart&mind [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[My_WebEvent](#) A7: Yes, leading from within means listening to that quiet voice that says, "this way". You're centered... [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@GetSweetie](#): A7 when one leads from within our choices become more easily narrowed [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[womanonajourney](#) Many live on autopilot, and avoid choosing [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[Abeeliever](#) RT [@womanonajourney](#):RT [@happyhourmary](#): Even in things where I don't get to choose, I still have some choices, my attitude [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[TimDannemiller](#) There simply cant be anything in this world that doesnt promote the intention of choice to explore the mystery of its being [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[helenantholis](#) Precisely - well put. RT [@CoachKate](#): RT [@lollydaskal](#): A7: by leading from within you become a conscious choice maker [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[MagneticSilvia](#) Love it! RT [@Simon_GB](#): A7:It makes us think and question the choice as to how it will affect and effect others [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[StrategicMonk](#) RT [@worksmarta](#): A7: Leading from within helps us choose who we are. > and understand who we are. [#leadfromwithin](#) -8:37 PM Apr 5th, 2011

[KateNasser](#) RT [@lollydaskal](#): A7: by leading from your within your choices generate actions that are evolutionary and revolutionary 2 u. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[scedmonds](#) A7: Leading from within helps us be our authentic selves! No facades, no excuses. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[TheSabourinFam](#) RT [@womanonajourney](#): Living intentionally will help us to make good choices. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[lollydaskal](#) A7: by leading from within your choices are guides to have a deeper connection to self [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[AmieHoffFitness](#) RT [@abeliyke](#): RT [@KateNasser](#): The positive of habit: perfecting a skill. The negative of habit: the trap of comfort. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[womanonajourney](#) Mine is cookies RT [@My_WebEvent](#): A6: Habits cause me to choose to eat chocolate when I'm stressed! LOL [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[Koomba303](#) [@LollyDaskal](#) A7: by leading from your within your choices generate actions that are evolutionary and revolutionary to you. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[waynemcevilly](#) Yes! RT [@KateNasser](#) Habits deliver the power of comfort. Choice is change -- the challenge of discomfort. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[heart_path](#) RT [@lollydaskal](#): A7: by leading from within your choices are guides to have a deeper connection to self [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[scedmonds](#) SO TRUE. RT [@womanonajourney](#): Many live on autopilot, and avoid choosing [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[StrategicMonk](#) RT [@scedmonds](#): A7: Leading from within helps us be our authentic selves! No facades, no excuses. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[CoachKate](#) RT [@womanonajourney](#): Many live on autopilot, and avoid choosing...very true [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[Steveriege](#) a7: It reflects who we really are...tough to lie to ourself [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[dapancost](#) A7: You must first accept the responsibility to [#leadfromwithin](#) then choose consciously to make choices proactively. -8:38 PM Apr 5th, 2011

[thehealthmaven](#) A7 all choices some from within & it's your life mirror ~ you'll like what you see if you chat w/ [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@LollyDaskal](#): Q6. How do habits affect choices? Most of the time - Unconsciously :) [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): A7: by leading from within your choices are guides to have a deeper connection to self [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[Simon_GB](#) A7:Leading from within is a choice to conscious care about what you choose [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[giselle2323](#) Very true! RT [@womanonajourney](#): Many live on autopilot, and avoid choosing [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[growinggold](#) very true Ed! RT [@EdwardColozzi](#) Habits R reflections of R choices N Can be positive or negative [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[KateNasser](#) Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[TerriKlass](#) RT [@Simon_GB](#): A7:Leading from within is a choice to conscious care about what you choose [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[MagneticSilvia](#) Yes! RT [@worksmarta](#): A7: Leading from within helps us choose who we are. [#leadfromwithin](#) -8:38 PM Apr 5th, 2011

[heart_path](#) [@dapancost](#) David - you're on a roll tonight! Love it! :) [#leadfromwithin](#) -

[waynemcevilly](#) RT [@Steveriege](#): A7: when you choose to walk the path of leading from within You have chosen to satisfy the soul's hunger. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[womanonajourney](#) RT [@lollydaskal](#): A6: as our habits become patterns so does your ability to make responsible choices. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[Lollydaskal](#) A7: by leading from within your choices can strengthen your connections to your inner beliefs, values, passions [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[StrategicMonk](#) RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[john_paul](#) A7: Leadingfromwithin is letting your higher/truer self call the shots. It is always for your ultimate growth & happiness [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[heart_path](#) RT [@lollydaskal](#): A7: by leading from within your choices can strengthen your connections to your inner beliefs, values, passions [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[Steveriege](#) yes. accept first [@dapancost](#): A7: You must first accept the responsibility to [#leadfromwithin](#) t [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[worksmarta](#) [@PatRobeck1ofHis](#) [@scedmonds](#) [@worksmarta](#) [@My_WebEvent](#) - Oh yes, I've eaten that plenty! :) mmm bacon. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[helenantholis](#) A7. All choices affect others, directly or indirectly. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[lollydaskal](#) RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[TerriKlass](#) RT [@MagneticSilvia](#): Yes! RT [@worksmarta](#): A7: Leading from within helps us choose who we are. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[scedmonds](#) CALM under pressure! RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[AmieHoffFitness](#) I have to jump off, thanks for the great wisdom. See you next week! [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@womanonajourney](#): Many live on autopilot, and avoid choosing [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[EdwardColozzi](#) Maybe R Life Journey is about making Right Choices 2 evolve from individual [#character](#) 2 our Universal One= Same Spirit /God [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[worksmarta](#) RT [@helenantholis](#): A7. All choices affect others, directly or indirectly. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[thehealthmaven](#) RT [@LollyDaskal](#): RT [@KateNasser](#): Nice! Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[heart_path](#) Love it!RT [@dapancost](#): A7: You must first accept the responsibility to [#leadfromwithin](#) then choose consciously to make choices proactively. -8:39 PM Apr 5th, 2011

[elenantholis](#) We need to stop and listen. RT [@StrategicMonk](#): RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:39 PM Apr 5th, 2011

[dapancost](#) [@AmieHoffFitness](#) Bye, Amie. Have a great evening and a good rest of the week. :-) [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[Steveriege](#) delivers you from ambiguity [@StrategicMonk](#): RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[womanonajourney](#) Not as fast as the [#ubp11](#) last night! RT [@MagneticSilvia](#): Wow, tonight's chat is sooo fast... [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[scedmonds](#) YES! RT [@dapancost](#): A7: Accept the responsibility to [#leadfromwithin](#) then choose consciously to make choices proactively. [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[PatRobeck1ofHis](#) If you don't lead from within, you will not be happy with your decisions. [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[John_paul](#) A7: and for the happiness of others . . . we are all one soul, one heart. [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[danny2503](#) RT [@lollydaskal](#): A7: by leading from within your choices can strengthen your connections to your inner beliefs, values, passions
[#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[CASUDI](#) RT [@giselle2323](#): Very true! RT [@womanonajourney](#): Many live on autopilot, and avoid choosing [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[helenantholis](#) [@AmieHoffFitness](#) Bye. Thanks for stopping in [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[lukasMJ76](#) sometimes I lead old ladies into the street and then run away..[#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[TerriKlass](#) Leading from within empowers you to follow your vision.
[#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[MagneticSilvia](#) Powerful! RT [@TerriKlass](#): Leading from within empowers you to follow your vision. [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[womanonajourney](#) RT [@lollydaskal](#): Q7: How can leading from within guide our choices? [#leadfromwithin](#) -8:40 PM Apr 5th, 2011

[cedmonds](#) A7: I need to get out of my own habits & patterns to make heart-aligned choices. Ongoing discipline work . . . [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[lukasMJ76](#) I once lead a troupe of boy scouts and almost all of us made it home safely..[#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[giselle2323](#) RT [@CoachKate](#): RT [@PatRobeck1ofHis](#): If you dont lead from within, you will not be happy with your decisions. [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[sumnermusolf](#) A7 - Leading from within allows ourselves to navigate our choices with nobility, respect, and humility. (If we so choose.) [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[My_WebEvent](#) [@PatRobeck1ofHis](#) Oh, WOW! No we're getting a little crazy, chocolate and bacon...LOL [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[koomba303](#) Great! RT [@TerriKlass](#) Leading from within empowers you to follow your vision. [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[TracyNDalton](#) RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[john_paul](#) RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[MonogramGifts](#) So true via [@womanonajourney](#):[@lollydaskal](#) as our habits become patterns so does your ability to make responsible choices. [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[Steveriege](#) a7: sometimes i need to get out of my own way [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[patriciaDeWit](#) Even in th lack of choices,[#leadfromwithin](#) is st anyone can do ,any life situation,refugee,prisoner,disabled.Having a choice is a luxury. -8:41 PM Apr 5th, 2011

[TracyNDalton](#) RT [@KateNasser](#): The positive of habit: perfecting a skill. The negative of habit: the trap of comfort. [#leadfromwithin](#) -8:41 pm

[OlliesLounge](#) RT [@TerriKlass](#) Leading from within empowers you to follow your vision. [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[atriciaDeWit](#) RT [@StrategicMonk](#): RT [@scedmonds](#): A7: Leading from within helps us be our authentic selves! No facades, no excuses. [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[helenantholis](#) [@My_WebEvent](#) [@PatRobeck1ofHis](#) What, no ice cream? [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[dapancost](#) [@heart_path](#) Thanks. I have a thing for making conscious choices. Made too many of the other kind. ;-) [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[scedmonds](#) RT [@LollyDaskal](#) Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[lukasMJ76](#) sometimes when i sing the leads for our band i just make up the words as i go..[#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@LollyDaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:41 PM Apr 5th, 2011

[womanonajourney](#) Once we begin to listen to our hearts, we make choices that can make us fulfilled & help those we are leading. [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[angelwings1723](#) RT [@CoachKate](#): RT [@PatRobeck1ofHis](#): If you dont lead from within, you will not be happy with your decisions. [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[worksmarta](#) RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[PatRobeck1ofHis](#) Amen to that! RT [@Steveriege](#): a7: sometimes i need to get out of my own way [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[Siyangco](#) RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[growinggold](#) RT [@LollyDaskal](#) Q7: How can leading from within guide our choices? [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[My_WebEvent](#) I LOVE THIS> RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[OlliesLounge](#) Checking in on both [#leadershipchat](#) and [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[Giselle2323](#) RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[getsweetie](#) Each new choice made in the face of adversity supporting core values empowers additional choices to be made. [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[Steveriege](#) a7: it helps to follow the golden Rule when [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[john_paul](#) RT [@Steveriege](#) a7: sometimes i need to get out of my own way < funny how that happens, isn't it? [#leadfromwithin](#) -8:42 PM Apr 5th,

[PatriciaDeWit](#) RT [@womanonajourney](#): Not as fast as the [#ubp11](#) last night! RT [@MagneticSilvia](#): Wow, tonight's chat is sooo fast... [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[helenantholis](#) By modeling, reflecting, and sharing our thought process. RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[womanonajourney](#) RT [@StrategicMonk](#): RT [@heart_path](#): Leading from within will enable choices that reflect our inner values. [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[MagneticSilvia](#) A8: My favorites: inspiration, empowerment and leading by example. [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[TracyME](#) leading from w/in is the innate action of leading thru your actions and is driven by your core values [#leadfromwithin](#) -8:42 PM Apr 5th,

[john_paul](#) RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[john_paul](#) RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[sumnermusolf](#) A8 - we influence them with direction, advice, guidance. In the end: we stand by / behind their choice. [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[heart_path](#) A: We help others make conscious choices by encouraging them to reflect on their values. To act instead of react. [#leadfromwithin](#) -8:42 PM Apr 5th, 2011

[KayFSolomon](#) Ongoing! RT [@scedmonds](#) I need 2 get out of my own habits & patterns 2 make heart-aligned choices. Ongoing discipline work [#leadfromwithin](#) - 8:42 PM Apr 5th, 2011

[GailZahtz @OlliesLounge](#) Is [#leadfromwithin](#) going on at the SAME time as [#leadershipchat](#) ? Seems oddly timed. -8:43 PM Apr 5th, 2011

[Versalytics](#) A7: leading from within is from the heart and soul NOT logic. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[womanonajourney](#) S o true! RT [@KayFSolomon](#): Q7: Inner awareness minimizes auto-pilot behaviors, resulting in better choices. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[KateNasser](#) A8: [#1](#)- Ask them what they care about; [#2](#) Listen [#3](#) Ask gr8 questions 2 help them discover within. [#leadfromwithin](#) -8:43 PM Apr 5th,

[NancyTWS](#) A7: [#leadfromwithin](#) always benefits from moral compass, intention to do good. Gut check, look yourself in the mirror, sleep soundly... -8:43 PM Apr 5th, 2011

[Steveriege @john_paul](#) yeah, and tough to do [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[Simon_GB](#) A8: Carefully, gracefully, empathically [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[Koomba303](#) A8 - Listen and encourage. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[waynemcevilly](#) [#leadfromwithin](#) RT [@KnowledgeBishop](#) The best leaders refuse to let the history of their enterprise determine its destiny. - [@malfletcher](#) -8:43 PM Apr 5th, 2011

[Lollydaskal](#) A8: if you want to make conscious choices you must first recognize you have conscious choices. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[scedmonds](#) YES! RT [@sumnermusolf](#): A8 - we influence them with direction, advice, guidance. In the end: we stand by their choice. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[helenantholis](#) RT [@sumnermusolf](#): A8 - we influence them with direction, advice, guidance. In the end: we stand by / behind their choice. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[PatRobeck1ofHis](#) Working on a standup routine? LoL RT [@lukasMJ76](#): sometimes when i sing the leads for a band i just make up the words as i go [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[worksmarta](#) A8: We guide them, not tell. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[womanonajourney](#) RT [@growinggold](#): well trained habits CAN also cause us to make pro-active choices that are good for us! [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[Steveriege](#) [@Versalytics](#) so true. great insight [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[dapancost](#) A8: Before we can help others make conscious choices, we must start with compassion towards those who don't [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[PatriciaDeWit](#) RT [@TracyME](#): leading from w/in is the innate action of leading thru your actions and is driven by your core values [#leadfromwithin](#) //true -8:43 PM Apr 5th, 2011

[StrategicMonk](#) A8: Shared values & principles, shared skills, and getting out of their way as well as our own. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[CoachKate](#) RT [@heart_path](#): We help others make conscious choices by encouraging them to reflect on their values To act instead of react. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[pamelamaeross](#) True... can't follow both!!! [@OlliesLounge](#) Is [#leadfromwithin](#) going on at the SAME time as [#leadershipchat](#) ? Seems oddly timed. -8:43 PM Apr 5th, 2011

[helenantholis](#) RT [@lollydaskal](#): A8: if you want to make conscious choices you must first recognize you have conscious choices. [#leadfromwithin](#) -8:43 PM Apr 5th, 2011

[lollydaskal](#) RT [@dapancost](#): A8: Before we can help others make conscious choices, we must start with compassion towards those who dont [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[Feskorn](#) Daughter needs me...Thank you! I look forward to the transcript [@lollydaskal](#) [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[Koomba303](#) A8 - Show support. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[ShelleyWebbRN](#) RT [@MagneticSilvia](#): A6: Habits get us into routines that can be hard to break. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[dapancost](#) A8: Including ourselves [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[scedmonds](#) A8: to help others make conscious choices, we can educate about possible outcomes of choices. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[womanonajourney](#) Part of leading from within is teaching those we lead to choose from the heart as well! [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[EdwardColozzi](#) A7 when we [#leadfromwithin](#) we are NOT driven & R better able 2 make choices that serve the Highest N Best 4 All -8:44 PM Apr 5th, 2011

[KateNasser](#) [@lollydaskal](#) You might like the [#BeTheOne](#) chat -- first Saturday each month - similar topic as tonight. [@pdncoach](#) [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[helenantholis](#) RT [@dapancost](#): A8: Before we can help others make conscious choices, we must start with compassion towards those who dont [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[create2day](#) to set aside their expectation opens the door to freedom“[@womanonajourney](#): Other's expectations of us also drive our choices [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[TerriKlass](#) Yes!RT [@LollyDaskal](#): A8: if you want to make conscious choices you must first recognize you have conscious choices. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[MonogramGifts](#) If your looking to [#leadfromwithin](#) you should check out [@terricle](#) and her latest tuneup <http://bit.ly/guGrq3> -8:44 PM Apr 5th, 2011

[ikeesugalips](#) RT [@lollydaskal](#): A7: by leading from within your choices are guides to have a deeper connection to self [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[lukasMJ76](#) you can lead a horse to water but you can only make it drink starving it for several days prior...[#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[giselle2323](#) RT [@heart_path](#): A: We help others make conscious choices by encouraging them 2reflect on their values.2 act instead of react [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[MaryEllenGrom](#) A8. Lead by example. Walk the talk. Know your stuff. Celebrate others. Learn by mistakes. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[DebraBamidele](#) RT [@lollydaskal](#): A8: if you want to make conscious choices you must first recognize you have conscious choices. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[DebraBamidele](#) RT [@lollydaskal](#): A8: if you want to make conscious choices you must first recognize you have conscious choices. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[PatRobeck1ofHis](#) A8 if we are asked for help in a choice, lead them with questions that bring them to their heart. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[helenantholis](#) [@JFeskorn](#) [@lollydaskal](#) Good choice. Family first. [#leadfromwithin](#) -8:44 PM Apr 5th, 2011

[thehealthmaven](#) RT [@john_paul](#): A8: We encourage them, cherish and nourish them, showing them how to lead from within. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[YOUCANPREVAIL](#) RT [@John_Paul](#): RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[TracyME](#) RT [@MaryEllenGrom](#): A8. Lead by example. Walk the talk. Know your stuff. Celebrate others. Learn by mistakes. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[scedmonds](#) It's a choice . . . RT [@OlliesLounge](#): [@GailZahtz](#) Is [#leadfromwithin](#) on at the SAME time as [#leadershipchat](#) ? Not ideal! [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[getsweetie](#) Helping others see courageous choices means empowering them when past choices and outcomes haunt their present choice [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[CoachKate](#) RT [@thehealthmaven](#): RT [@john_paul](#): A8: We encourage them, cherish and nourish them, showing them how to lead from within. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[Steveriege](#) good!RT [@MaryEllenGrom](#): A8. Lead by example. Walk the talk. Know your stuff. Celebrate others. Learn by mistakes. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[TimDannemiller](#) A8: with honest dialogue, and support we empower others to see THEIR vision [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[CoachKate](#) RT [@TracyME](#): RT [@MaryEllenGrom](#): A8. Lead by example. Walk the talk. Know your stuff. Celebrate others. Learn by mistakes. [#leadfromwithin](#) - 8:45 PM Apr 5th, 2011

[helenantholis](#) RT [@TracyME](#): RT [@MaryEllenGrom](#): A8. Lead by example. Walk the talk. Know your stuff. Celebrate others. Learn by mistakes. [#leadfromwithin](#) - 8:45 PM Apr 5th, 2011

[rgbrody](#) RT [@scedmonds](#): A8: Helping others make more conscious choices requires a coaching mindset . . . and a receiver who can hear your coaching. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[womanonajourney](#) I love balance! RT [@StrategicMonk](#): RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[OlliesLounge](#) A8: Be an example to others. Walk the talk. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[simon_GB](#) RT [@Koomba303](#): A8 - Listen and encourage. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[growinggold](#) when I am leading from within, my choices are far more grounded. I am centered, unwaivering in the face of adversity [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[scedmonds](#) A8: We can help others make more conscious choices by being open to understanding their thought processes. [#leadfromwithin](#) -8:45 PM Apr 5th, 2011

[StrategicMonk](#) RT [@heart_path](#): A: We help others make conscious choices by encouraging them 2reflect on their values.2 act instead of react [#leadfromwithin](#) - 8:45 PM Apr 5th, 2011

[sumnermusolf](#) Bonus points for you. RT [@scedmonds](#): It's a choice... RT [@GailZahtz](#) Is [#leadfromwithin](#) on at the SAME time as [#leadershipchat](#) ? Not ideal! -8:46 PM Apr 5th, 2011

[TracyME](#) [@MaryEllenGrom](#) yes learning from mistakes is key. Everyone makes them, think of mistakes as opportunities to grow [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[worksmarta](#) RT [@OlliesLounge](#): A8: Be an example to others. Walk the talk. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[Steveriege](#) Yes! Empower them. Thanks Tim RT [@TimDannemiller](#): A8: with honest dialogue, and support we empower others to see THEIR vision [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[KateNasser](#) RT [@scedmonds](#): A8: We can help others make more conscious choices by being open to understanding their thought processes. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@scedmonds](#): A8: We can help others make more conscious choices by being open to understanding their thought processes. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[helenantholis](#) A8 We help other make core choices by learning how to do it ourselves first. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[heart_path](#) Yes! RT [@growinggold](#): when I am leading from within, my choices r more grounded. I am centered in the face of adversity [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@StrategicMonk](#): RT [@heart_path](#): A: We help others make conscious choices by encouraging them 2reflect on their values.2 act instead of react [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[Simon_GB](#) RT [@scedmonds](#): A8: We can help others make more conscious choices by being open to understanding their thought processes. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[Steveriege](#) a8: listen, then listen more, then listen again [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[TerriKlass](#) A8. Active listening and asking wonderful and supportive questions can be helpful. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[john_paul](#) RT [@scedmonds](#) A8: We can help others make more conscious choices by being open to understanding their thought processes. [#leadfromwithin](#) -8:46 PM A

[giselle2323](#) RT [@MaryEllenGrom](#): A8. Lead by example. Walk the talk. Know your stuff. Celebrate others. Learn by mistakes. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[womanonajourney](#) I know that for a fact! RT [@PatRobeck1ofHis](#): If you don't lead from within, you will not be happy with your decisions. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[dapancost](#) RT [@helenantholis](#): A8 We help other make core choices by learning how to do it ourselves first. [#leadfromwithin](#) (I like this) -8:46 PM Apr 5th, 2011

[CoachKate](#) RT [@growinggold](#) when I lead from within my choices are far more grounded I am centered unwaivering in the face of adversity [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[StrategicMonk](#) RT [@Steveriege](#): a8: listen, then listen more, then listen again [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[KateNasser](#) A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[Steveriege](#) agree! RT [@TerriKlass](#): A8. Active listening and asking wonderful and supportive questions can be helpful. [#leadfromwithin](#) -8:46 PM Apr 5th, 2011

[richardsheehan](#) RT [@StrategicMonk](#): RT [@heart_path](#): A: We help others make conscious choices by encouraging them 2reflect on their values.2 act instead of react [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[MagneticSilvia](#) Oh yes! RT [@helenantholis](#): A8 We help other make core choices by learning how to do it ourselves first. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[dapancost](#) RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice.

[john_paul](#) RT [@Steveriege](#): a8: listen, then listen more, then listen again. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[Simon_GB](#) I keep having to make a choice to click the pause button;) [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[giselle2323](#) RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[cedmonds](#) Subtle direction happening there! RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[My_WebEvent](#) Yes, learned the hard way> RT [@PatRobeck1ofHis](#): If you don't lead from within, you will not be happy with your decisions. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[lollydaskal](#) RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[growinggold](#) RT [@John_Paul](#) RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[helenantholis](#) Good point! RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[CoachKate](#) RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[TerriKlass](#) Indeed! RT [@giselle2323](#): RT [@MaryEllenGrom](#): A8. Lead by ex. Walk the talk. Know yr stuff. Celebrate othr. Learn by mistakes. [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[EdwardColozzi](#) A8 Encourage others 2 reflect/meditate which leads 2 insight & clarity of heart/mind N wiser choices [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[PatRobeck1ofHis](#) I am always up 4 a laff. RT [@lukasMJ76](#): always...your feedback is welcome...unless you hate it...[#leadfromwithin](#) [#leadfromwithin](#) -8:47 PM Apr 5th, 2011

[womanonajourney](#) RT [@lollydaskal](#): Q8. How do we help others make conscious choices? [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[growinggold](#) challenge them to go beyond *emotion* and ...[#leadfromwithin](#) -8:48 P

[dapancost](#) RT [@EdwardColozzi](#): A8 Encourage others 2 reflect/meditate which leads 2 insight & clarity of heart/mind N wiser choices [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[scedmonds](#) A8: Our living an aligned life can be a terrific influence on others' conscious choices! [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[john_paul](#) RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[waynemceville](#) A8 [#Listening](#) is everything! [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[lollydaskal](#) Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[lukasMJ76](#) [@LollyDaskal](#) [@KateNasser](#) this is the advice I should really take...[#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[womanonajourney](#) Help others make conscious choices by showing them the difference it can make in their lives. [#leadfromwithin](#) -8:48 PM Apr

[MagneticSilvia](#) RT [@LollyDaskal](#): Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[TracyME](#) Also imp to be understanding/accepting of choices of others [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[scedmonds](#) RT [@lollydaskal](#) Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[worksmarta](#) RT [@lollydaskal](#): Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[dapancost](#) RT [@growinggold](#): challenge them to go beyond *emotion* and ...[#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[lollydaskal](#) A9: All your choices that are made consciously – are the roads that lead you home. [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[PatRobeck1ofHis](#) RT [@scedmonds](#): A8: Our living an aligned life can be a terrific influence on others conscious choices! [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[sumnermusolf](#) [@GailZahtz](#) - you absolutely can. I'm trying to navigate both & [#failing](#)... :) cc: [@scedmonds](#) [@OlliesLounge](#) [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:48 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[My_WebEvent](#) Should means NO> RT [@helenantholis](#): Good point! RT [@KateNasser](#): A8: Never use the word "should" it's the opposite of choice. [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[helenantholis](#) By living the life we say we believe in. RT [@lollydaskal](#): Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[john_paul](#) RT [@scedmonds](#) A8: Our living an aligned life can be a terrific influence on others' conscious choices! [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[scedmonds](#) A9: We can model a conscious choice approach by offering context of decisions to those affected. [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[sunshineMaziar](#) [#SM](#) Social Media = [#SM](#) [@SunshineMaziar](#) [#SM](#) [#Genius](#) with [#gratitude](#) [#1UP](#) [#Leadfromwithin](#) -8:49 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): A9: All your choices that are made consciously – are the roads that lead you home. [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[lukasMJ76](#) [@LollyDaskal](#) most models I know are unconscious most of their lives, so this is a toughie... [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[lollydaskal](#) A9: your evolution towards conscious choosing affects not only you. It touches everything around you. [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[KateNasser](#) A9: Share your story in words and deeds. [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[john_paul](#) RT [@StrategicMonk](#) [@lollydaskal](#): Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[womanonajourney](#) Help them define their priorities & values, ask questions about the choices they could make based upon the answers. [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[PatRobeck1ofHis](#) RT [@helenantholis](#): By living the life we say we believe in. RT [@lollydaskal](#): Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[soundsblue](#) RT [@getsweetie](#): Helping others see courageous choices means empowering them when past choices and outcomes haunt their present choice [#leadfromwithin](#) -8:49 PM Apr 5th, 2011

[MagneticSilvia](#) Love it! RT [@KateNasser](#): A9: Share your story in words and deeds. [#leadfromwithin](#) -8:49 PM Apr 5th, 2

[TerriKlass](#) A9. A conscious choice approach sometimes involves just taking action. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[dapancost](#) A9: By doing it ourselves first. Making conscious choices and living with the consequences. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[lukasMJ76](#) [@PatRobeck1ofHis](#) then you sir...are a good person..[#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[My_WebEvent](#) RT [@john_paul](#): RT [@scedmonds](#) A8: Our living an aligned life can be a terrific influence on others' conscious choices! [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[sumnermusolf](#) A9 - I think we have a conscious-choice approach right now. IMHO, it's become more the problem than the solution. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[getsweetie](#) Conscious choice is modeled when awareness of alignment of core values, beliefs, and actions begins to be sought. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[worksmarta](#) RT [@PatRobeck1ofHis](#): RT [@helenantholis](#): By living the life we say we believe in. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[john_paul](#) A9: I use the iChing . . . :P [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[TimDannemiller](#) RT [@lollydaskal](#): A9: your evolution towards conscious choosing affects not only you. It touches everything around you. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[Steveriege](#) I need to "run away, run away". On my way out the door. You are all so great at this. Love learning from you. Thanks! [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[MagneticSilvia](#) Yes! RT [@LollyDaskal](#): A9: your evolution towards conscious choosing affects not only you. It touches everything around you. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[helenantholis](#) Modeling the truth. RT [@KateNasser](#): A9: Share your story in words and deeds. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[womanonajourney](#) RT [@scedmonds](#) I need 2 get out of my own habits & patterns 2 make heart-aligned choices. Ongoing discipline work [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[scedmonds](#) A9: We can model a conscious choice approach by demonstrating consideration and flexibility. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[heart_path](#) Ty all. Child needs a hug and my lids won't stay open much longer. Look fwd to reading the rest of this wonderful chat! [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[lollydaskal](#) A9: the choices you make – your attentions -your intentions . realize there you go. [#leadfromwithin](#) -8:50 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@dapancost](#): A9: By doing it ourselves first. Making conscious choices and living with the consequences. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[growinggold](#) I help others make conscious choices by challenging them to really *see* what is motivating the choice -> is it clean? [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[john_paul](#) A9: but seriously, folks . . . i try to listen to my heart and stay true to it. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[dapancost](#) RT [@scedmonds](#): A9: We can model a conscious choice approach by demonstrating consideration and flexibility. [#leadfromwithin](#) (Agreed!) -8:51 PM Apr 5th, 2011

[MagneticSilvia](#) Yes! RT [@TerriKlass](#): A9. A conscious choice approach sometimes involves just taking action. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[StrategicMonk](#) A9: It helps to recognize and accept responsibility for the choices we have made in the past. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[beckyrbnsn](#) RT [@scedmonds](#): What he said! RT [@Steveriege](#): a8: listen, then listen more, then listen again [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[womanonajourney](#) RT [@StrategicMonk](#): A8: Shared values & principles, shared skills, and getting out of their way as well as our own. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[KayFSolomon](#) Encouraging! RT [@LollyDaskal](#) Your evolution towards conscious choosing...touches everything around you. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[KateNasser](#) RT [@lollydaskal](#): A9: the choices you make – your attentions -your intentions . realize there you go. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[getsweetie](#) We model conscious choice when we stand firm despite adversity towards the choice made. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[dapancost](#) RT [@John_Paul](#): A9: but seriously, folks . . . i try to listen to my heart and stay true to it. [#leadfromwithin](#) (A good reminder) -8:51 PM Apr 5th, 2011

[waynemcevilly](#) A tribute to the power of [#Listening](#) a memory of [#AldousHuxley](#) - > <http://is.gd/mdFS7C> // [#leadfromwithin](#) (re: A8) -8:51 PM Apr 5th, 2011

[helenantholis](#) Open to new ways.RT [@scedmonds](#): A9: We can model a conscious choice approach by demonstrating consideration and flexibility. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[taboutmf](#) RT [@LollyDaskal](#): A4: choice matters because it's our purest internal guiding system. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[TracyME](#) [@jochenkleef](#) [@steveriege](#) yes the ability to recognize & overcome bad habits can be huge opp for growth [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[john_paul](#) RT [@TerriKlass](#): A9. A conscious choice approach sometimes involves just taking action. < very true. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[growinggold](#) RT [@LollyDaskal](#) Q9. How do we model a conscious-choice approach? [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[giselle2323](#) A9 create and embrace an environment which believes in the power of choice from every person [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[scedmonds](#) That's the path, folks. RT [@john_paul](#): A9: but seriously, folks . . . i try to listen to my heart and stay true to it. [#leadfromwithin](#) -8:51 PM Apr 5th, 2011

[rgbrody](#) [@TerriKlass](#): Leading from within empowers you2follow your [#vision](#) [#leadfromwithin](#) [#leadership](#) [#attitude](#) [#action](#) [#goals](#) [#self](#) [#confidence](#) -8:51 PM Apr 5th, 2011

[StrategicMonk](#) RT [@getsweetie](#): We model conscious choice when we stand firm despite adversity towards the choice made. [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[worksmarta](#) I make choices that make me happy. [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[dapancost](#) RT [@giselle2323](#): A9 create and embrace an environment which believes in the power of choice from every person [#leadfromwithin](#) (Absolutely) - 8:52 PM Apr 5th, 2011

[MagneticSilvia](#) A9: Choose freely without being pulled by my habits, fears or desires. [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[RedBaronUSA](#) Just in from a late client engagement (SC, EST). Sorry to miss [#leadershipchat](#) [#tchat](#) and [#leadfromwithin](#) Best to all, Baron[@RedBaronUSA](#).com -8:52 PM Apr 5th, 2011

[KateNasser](#) RT [@giselle2323](#): A9 create and embrace an environment which believes in the power of choice from every person [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[lukasMJ76](#) i like to lead by example..this explains why most of my followers are fat, lazy drunks...[#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[PatRobeck1ofHis](#) admit when wrong! RT [@StrategicMonk](#): A9: It helps to * accept responsibility for the choices we have made in the past. [#leadfromwithin](#) - 8:52 PM Apr 5th, 2011

[KateNasser](#) RT [@StrategicMonk](#): RT [@getsweetie](#): We model conscious choice when we stand firm despite adversity towards the choice made. [#leadfromwithin](#) - 8:52 PM Apr 5th, 2011

[Simon_GB](#) A9:a conscious-choice approach is easier said than done, much of what we do has to be subconscious to live. [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[MyCoachingBooks](#) RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[KateNasser](#) RT [@MagneticSilvia](#): A9: Choose freely without being pulled by my habits, fears or desires. [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[dapancost](#) RT [@MagneticSilvia](#): A9: Choose freely without being pulled by my habits, fears or desires. [#leadfromwithin](#) (Yes! And sometimes hard to do) -8:52 PM Apr 5th, 2011

[womanonajourney](#) RT [@helenantholis](#): A8 We help other make core choices by learning how to do it ourselves first. [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[TerriKlass](#) Let that drive your decisions! RT [@worksmarta](#): I make choices that make me happy. [#leadfromwithin](#) -8:52 PM Apr 5th, 2011

[growinggold](#) absolutely!! RT [@StrategicMonk](#) A9: It helps to recognize and accept responsibility for the choices we have made in the past. [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[EdwardColozzi](#) Being present with ourselves N others, especially during conflict, can evolve Right Attitudes & Choices [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[giselle2323](#) [@heart_path](#) Night, night! Thank you for sharing. You rock! [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[My_WebEvent](#) A8: Conscious choice means understanding when you say YES to something you say NO to something & living w/ consequences. [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[thehealthmaven](#) A9-I think that it's important to always keep a vision of your best fairly close 2 ur heart & pull from it & let others pull [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[lollydaskal](#) RT [@KateNasser](#): RT [@giselle2323](#): A9 create & embrace an environment which believes in the power of choice from every person [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[OlliesLounge](#) RT [@KateNasser](#) [@MagneticSilvia](#): A9: Choose freely without being pulled by my habits, fears or desires. [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[womanonajourney](#) RT [@giselle2323](#): RT [@MaryEllenGrom](#): A8 Lead by example. Walk the talk. Know your stuff. Celebrate others. Learn by mistakes. [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[pamfr](#) A9. The very willingness 2b transparent, if asked, abt my choices & drives reduces defensiveness & models consciousness [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[helenantholis](#) [@giselle2323](#) [@heart_path](#) Good night! [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[PatRobeck1ofHis](#) We can't just choose what is best for us, if it is not best for others. [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[john_paul](#) A9: I remind myself that there is the option of changing my mind. Nothing is set in stone - flexibility and progress. [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[TracyME](#) RT [@StrategicMonk](#) A9 It helps to accept responsibility for the choices we have made in the past.<yes so imp [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[KateNasser](#) Is this chat always this great? Whoa .. what I have been missing. I'll be back! Thx 4 welcoming me & RTs. [#leadfromwithin](#) -8:53 PM Apr 5th, 2011

[PerformAnalysis](#) RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[scedmonds](#) Fabulous! RT [@MagneticSilvia](#): A9: Choose freely without being pulled by my habits, fears or desires. [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[womanonajourney](#) Very good! RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[TerriKlass](#) Amen! RT [@EdwardColozzi](#): Being present w/ ourselves N others, esp during conflict, cn evolve rt Attitudes & Choices [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[alishaisgo](#) RT [@KateNasser](#): A8: Never use the word "should" -- it is the opposite of choice. [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[MaryEllenGrom](#) Right on! RT [@scedmonds](#): A9: We can model a conscious choice approach by demonstrating consideration and flexibility. [#leadfromwithin](#) - 8:54 PM Apr 5th, 2011

[Koomba303](#) A9-By acknowledging that I've never put any thought into it, and being okay about reading your words about it.... Learning [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[StrategicMonk](#) RT [@pamfr](#): A9. The very willingness 2b transparent abt my choices & drives reduces defensiveness & models consciousness [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[CoachKate](#) RT [@pamfr](#) The very willingness 2b transparent, if asked, abt my choices & drives reduces defensiveness models consciousness [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[womanonajourney](#) RT [@growinggold](#): challenge them to go beyond *emotion* and ...[#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[lollydaskal](#) Q10: How do we sustain competent conscious choices? [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[PatRobeck1ofHis](#) [@giselle2323](#) Good night! [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[womanonajourney](#) RT [@scedmonds](#): A8: Our living an aligned life can be a terrific influence on others' conscious choices! [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[OlliesLounge](#) [@GailZahz](#) RT [@MagneticSilvia](#): A9: Choose freely without being pulled by my habits, fears or desires. [#leadfromwithin](#) -8:54 PM Apr

[scedmonds](#) RT [@lollydaskal](#) Q10. How do we sustain competent conscious choices? [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[worksmarta](#) A10: Discipline. [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): Q10: How do we sustain competent conscious choices? [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[dapancost](#) [@KateNasser](#) Yes, Kate. This chat is always this good. And its full of really great people too. Please come back. :-)
[#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[waynemcevilly](#) RT [@John_Paul](#) A8: We encourage them, cherish and nourish them, showing them how to lead from within. [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[TerriKlass](#) RT [@John_Paul](#): A9: I remind myself that thr is the option changing my mind. Nothing set in stone - flexibility & progress. [#leadfromwithin](#) -8:54 PM Apr 5th, 2011

[lollydaskal](#) A10: in the moments of fear recognize what your own power of conscious choice [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[PatRobeck1ofHis](#) Make it a habit. RT [@lollydaskal](#): Q10: How do we sustain competent conscious choices? [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[giselle2323](#) RT [@lollydaskal](#): Q10: How do we sustain competent conscious choices? [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[john_paul](#) RT [@lollydaskal](#) Q10: How do we sustain competent conscious choices? [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[My_WebEvent](#) RT [@john_paul](#): A9: I remind myself there is option of changing my mind. Nothing is set in stone, flexibility and progress. [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[scedmonds](#) GREAT. RT [@Koomba303](#): A9-By acknowledging that Ive never put thought into it, & being okay abt reading your words abt it. [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[KateNasser](#) RT Thx [@My_WebEvent](#) I LOVE THIS> RT [@KateNasser](#): Leading from within gives you balance during a storm. [#leadfromwithin](#) [#quote](#) [#leadership](#) -8:55 PM Apr 5th, 2011

[Koomba303](#) I just had an awesome self awareness moment! Thank you Q9 and LFW Fam! [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[CoachKate](#) RT [@lollydaskal](#): A10: in the moments of fear recognize what your own power of conscious choice [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[Simon_GB](#) RT [@StrategicMonk](#): RT [@lollydaskal](#): Q10: How do we sustain competent conscious choices? [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[helenantholis](#) A man has free choice to the extent that he is rational-T. Aquinas. RT [@lollydaskal](#): Q10:How do we sustain competent choices? [#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[lollydaskal](#) A10: the responsibility to choose consciously lies within you
[#leadfromwithin](#) -8:55 PM Apr 5th, 2011

[growinggold](#) I model conscious-choice-making by revealing the *back story* to my action/choices, to let others see what drives me [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[Encouraging](#) RT [@john_paul](#): A9: I remind myself there is option of changing my mind. Nothing is set in stone, flexibility and progress. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[MagneticSilvia](#) Good for U! [@Koomba303](#) By acknowledging that I never put any thought in2 it & being OK abt reading yr words abt it. Learning [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[scedmonds](#) A10: We sustain conscious choice by listening to our hearts - before & after making choices. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[scedmonds](#) A10: We sustain conscious choice by listening to our hearts - before & after making choices. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[sumnermusolf](#) A10 - Allow yourself to be wrong & others to be right. Allow yourself to be humble & respectful in the face of adversity. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[CoachKate](#) RT Thx [@My_WebEvent](#) I LOVE THIS> Leading from within gives you balance during a storm. [#leadfromwithin](#) [#quote](#) [#leadership](#) [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[getsweetie](#) Competent choices are more easily maintained when one gets into the habit of realizing peace in their choice making. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[lollydaskal](#) A10: you are capable of acts of wholeness and choosing consciously at all times [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[dapancost](#) A9: Modeling effectively begins with accessibility and transparency. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[poimane](#) [@LollyDaskal](#) it depends on the habit; habitual stupidity hogties finances, relationships, thus decisions. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[TracyME](#) Q10 vigilance and great/honest friendships. Good friends will help keep you on the right track [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[Versalytics](#) A8: We help them think and talk it through. Verbalize risks, consequences, successes. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[My_WebEvent](#) LOVE IT> RT [@lollydaskal](#): A10: the responsibility to choose consciously lies within you [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[womanonajourney](#) RT [@lollydaskal](#): A9: the choices you make – your attentions - your intentions . realize there you go. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[scedmonds](#) YES! RT [@growinggold](#): I model conscious-choice-making by revealing the *back story* to my action/choices. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[TerriKlass](#) Without a doubt! RT [@LollyDaskal](#): A10: the responsibility to choose consciously lies within you [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[waynemcevilly](#) [@iamkrissy](#) Thank you for your communications via [#leadfromwithin](#) - Wayne -8:56 PM Apr 5th, 2011

[john_paul](#) A10: we sustain competent conscious choices by staying present in the moment. [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[MagneticSilvia](#) Powerful! RT [@LollyDaskal](#): A10: in the moments of fear recognize what your own power of conscious choice [#leadfromwithin](#) -8:56 PM Apr 5th, 2011

[growinggold](#) RT [@helenantholis](#) RT [@lollydaskal](#): Q10: How do we sustain competent choices? [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[lollydaskal](#) A10: **each choice you make is an answer to a question Will you love me? Do you see me? Am I heard?** [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[scedmonds](#) Yes, Redge! RT [@Versalytics](#): A8: We help them think and talk it through. Verbalize risks, consequences, successes. [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[Encouraging](#) RT [@lollydaskal](#) RT [@scedmonds](#): A10: We sustain conscious choice by listening to our hearts - before & after making choices. [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[PatRobeck1ofHis](#) A10 Every moment we can choose to continue on the path we are on, or turn to another. [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[helenantholis](#) **Nurture ourselves by following LFW weekly.** RT [@lollydaskal](#) Q10. How do we sustain competent conscious choices? [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[CoachKate](#) RT [@lollydaskal](#): A10: you are capable of acts of wholeness and choosing consciously at all times [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[MizzTrendi](#) "[@LollyDaskal](#): A10: in the moments of fear recognize what your own power of conscious choice [#leadfromwithin](#)"[#YESS](#) -8:57 PM Apr 5th, 2011

[CoachKate](#) RT [@scedmonds](#): A10: We sustain conscious choice by listening to our hearts - before & after making choices. [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[dapancost](#) A10: Competent choices are maintained by learning from those incompetent ones we've made. [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[womanonajourney](#) RT [@MagneticSilvia](#): A9: Choose freely without being pulled by my habits, fears or desires. [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[KayFSolomon](#) This is where growth comes from RT [@LollyDaskal](#) In the moments of fear recognize what your own power of conscious choice [#leadfromwithin](#) -8:57 PM Apr 5th, 2011

[healthylivingl4](#) RT [@lollydaskal](#): A10: the responsibility to choose consciously lies within you [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[scedmonds](#) A10: [@lollydaskal](#) - YES. People feeling heard is a hugely important outcome of effective decision making. [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[Simon_GB](#) A10: Listen closely to yourself, think about the interactions and reactions each choice you make will have on others [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[StrategicMonk](#) A10: It helps me to work on understanding and applying my values to tangible questions and situations. [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[lollydaskal](#) A10: each choice we make is to choose to love , live and laugh! [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[scedmonds](#) YES! RT [@helenantholis](#): Nurture ourselves by following LFW weekly. [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[Encouraging](#) RT [@lollydaskal](#) A10: each choice you make is an answer to a question Will you love me? Do you see me? Am I heard? < Love it!
[#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[YOUCANPREVAIL](#) RT [@john_paul](#): I remind myself there is option of changing my mind. Nothing is set in stone, flexibility and progress. [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[growinggold](#) constant review and analysis, self-assessment - all help to sustain competent choices - we have to evaluate/assess/adjust [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[StrategicMonk](#) RT [@lollydaskal](#): A10: each choice we make is to choose to love , live and laugh! [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[womanonajourney](#) RT [@StrategicMonk](#) A9: It helps to recognize and accept responsibility for the choices we have made in the past. [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[thehealthmaven](#) RT [@John_Paul](#): A10: yes, moments go by very quickly! we sustain competent conscious choices by staying present n the moment.
[#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@Simon_GB](#): A10:Listen closely to yourself, think about the interactions and reactions each choice you make will have on others
[#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[TracyME](#) RT [@scedmonds](#) A10 [@lollydaskal](#) YES. People feeling heard is hugely important outcome of effective decision making.<agreed! [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[PatRobeck1ofHis](#) Been in that school! RT [@dapancost](#): A10: Competent choices R maintained by learning from those incompetent ones weve made.
[#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[LorenaHeletea](#) A8 : I believe that the deeper you come from inside yourself, the deeper you reach into someone else. [#leadfromwithin](#) -8:58 PM Apr 5th, 2011

[Koomba303](#) A10 - Practice and Challenge. [#leadfromwithin](#) -8:59 PM Apr 5th, 2011

[helenantholis](#) RT [@StrategicMonk](#): A10: It helps me to work on understanding and applying my values to tangible questions and situations. [#leadfromwithin](#) - 8:59 PM Apr 5th, 2011

[StrategicMonk](#) RT [@LorenaHeletea](#): A8 : I believe that the deeper you come from inside yourself, the deeper you reach into someone else. [#leadfromwithin](#) -8:59 PM Apr 5th, 2011

[Simon_GB](#) I choose this choice RT [@lollydaskal](#): A10: each choice we make is to choose to love , live and laugh! [#leadfromwithin](#) -8:59 PM Apr 5th,

[scedmonds](#) A10: We can improve conscious choice by giving ourselves a break! We are not perfect beings - choose, learn, move on. [#leadfromwithin](#) -8:59 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@LollyDaskal](#): A10: each choice we make is to choose to love, live and laugh! [#leadfromwithin](#) -8:59 PM Apr 5th, 2011

[Versalytics](#) A9: Model a conscious-choice approach through stories, shared experience, and analogies. [#leadfromwithin](#). -8:59 PM Apr 5th, 2011

[Encouraging](#) RT [@LorenaHeletea](#) A8 : I believe that the deeper you come from inside yourself, the deeper you reach into someone else. <Yes [#leadfromwithin](#) - 8:59 PM Apr 5th, 2011

[NancyTWS](#) [@helenantholis](#) [@LollyDaskal](#) my computer was overwhelmed by [#leadfromwithin](#) chat so I made choice 2 check convo later! Wonderful chat. Thx! -8:59 PM Apr 5th, 2011

[john_paul](#) RT [@lollydaskal](#) A10: each choice you make is an answer to a question Will you love me? Do you see me? Am I heard? [#leadfromwithin](#) -8:59 PM Apr 5th, 2011

[OlliesLounge](#) RT [@scedmonds](#) We can improve conscious choice by giving ourselves a break! We are not perfect beings -choose, learn, move on. [#leadfromwithin](#) -8:59 PM Apr 5th, 2011

[growinggold](#) vry tru RT [@LorenaHeletea](#) A8 : I believe that the deeper u come from inside yourself, the deeper you reach into someone else [#leadfromwithin](#) - 9:00 PM Apr 5th, 2011

[My_WebEvent @dapancost](#): Learning from the competent choices we've made as well as those that weren't so competent:) [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[womanonajourney](#) RT [@lollydaskal](#): Q10: How do we sustain competent conscious choices? [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[MagneticSilvia](#) A10: Connect with like-minded people like here at [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[nadineCgoodine](#) RT [@Simon_GB](#): A10:Listen closely to yourself, think about the interactions and reactions each choice you make will have on others [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[john_paul](#) RT [@MagneticSilvia](#) A10: Connect with like-minded people like here at [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@scedmonds](#): A10: We can improve conscious choice by giving ourselves a break! We are not perfect beings - choose, learn, move on. [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[waynemcevilly @NancyTWS](#) Thanks for your communication during [#leadfromwithin](#) // see you alter. Wayne -9:00 PM Apr 5th, 2011

[PatRobeck1ofHis](#) RT [@scedmonds](#): A10:We can improve conscious choice by giving ourselves a break!We arent perfect beings-choose,learn,move on. [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[lollydaskal](#) WOW [@Helenanthois](#) YOU are amazing. Wonderful. Smart, sassy and soooo brilliant. thanks for courageous conversation. [#leadfromwithin](#) -8:59 PM Apr 5th, 2011

[lollydaskal](#) Thank you to the LFW community. You are family to me. I truly cherish each and everyone of you. [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[lollydaskal](#) LFW community tonight you were brilliant. Insightful and inspiring each one of you made a difference. Thank you [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[worksmarta](#) Amazing group and incredible answers! [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[helenantholis @lollydaskal](#) You are my inspiration! What a great experience! [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[worksmarta](#) RT [@lollydaskal](#): WOW [@Helenanthois](#) U are amazing. Wonderful. Smart, sassy and soooo brilliant. thanks for courageous convo [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[scedmonds](#) AMAZING contributions from all. Great questions, [@helenantholis](#) & [@lollydaskal](#) - thank you! [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[giselle2323](#) Thank you! RT [@lollydaskal](#): Thank you to the LFW community. You are family to me. I truly cherish each and everyone of you. [#leadfromwithin](#) -9:00 PM Apr 5th, 2011

[Koomba303](#) RT [@LollyDaskal](#) Thank you to the LFW community. You are family to me. I truly cherish each and everyone of you. [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[womanonajourney](#) It takes continuous work! Building healthy habits will help, and consistently reassessing out choices. [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[Encouraging](#) Thank you all! Even a few minutes is invigorating! [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[CoachKate](#) Great chat, glad I chose to join in! [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[scedmonds](#) HIGHLY COOL! RT [@lollydaskal](#): Next week we have a very special guest [@worksmarta](#) Topic: Fit in Flexibility. [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[EdwardColozzi](#) A10 Knowing & Living R True Values,BeingUnafraid 2makeDifficult choices and mostly being Humble2 always learn from R choices [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[JFeskorn](#) RT [@Encouraging](#): Thank you all! Even a few minutes is invigorating! [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@MagneticSilvia](#): A10: Connect with like-minded people like here at [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[dapancost](#) [@helenantholis](#) Thank you so much, Helen, for a really inspirational chat tonight. I truly appreciate you. :-) [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[MagneticSilvia](#) RT [@LollyDaskal](#): LFW community 2night U were brilliant. Insightful & inspiring each one of you made a difference. Thank you [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[KayFSolomon](#) Important 4 self-acceptance! RT [@scedmonds](#) We can improve conscious choice by giving ourselves a break! [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[Simon_GB](#) From me as well RT [@worksmarta](#): Amazing group and incredible answers! [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[lollydaskal](#) RT [@worksmarta](#): **Amazing group and incredible answers!** [#leadfromwithin](#) -9:01 PM Apr 5th, 2011

[growinggold](#) twitter not letting me follow (ratio?) -> MANY new peeps here in [#leadfromwithin](#) I want to keep up with -> So grateful to you ALL! -9:02 PM Apr 5th, 2011

[womanonajourney](#) RT [@scedmonds](#): A10: We sustain conscious choice by listening to our hearts - before & after making choices. [#leadfromwithin](#) -9:02 PM Apr 5th, 2011

[NancyTWS](#) Last thought [#leadfromwithin](#) (from my bberry!): Leading from within model will have maximum impact as we share our choice to do so w/others! -9:02 PM Apr 5th, 2011

[john_paul](#) Thank you everyone for your loving spirit in action. It is always inspiring t be here. Have a great week! [#leadfromwithin](#) -9:02 PM Apr 5th, 2011

[worksmarta](#) :) RT [@scedmonds](#): HIGHLY COOL! RT [@lollydaskal](#): Next week we have a very special guest [@worksmarta](#) Topic: Fit in Flexibility [#leadfromwithin](#) -9:02 PM Apr 5th, 2011

[poimane](#) [@LollyDaskal](#) habitual is human, without it the decisions that should be made are torpedoed by chaos & crisis. [#leadfromwithin](#) -9:02 PM Apr 5th, 2011

[MagneticSilvia](#) Thank you [@LollyDaskal](#) for yet another powerful chat! You truly [#leadfromwithin](#) ! -9:02 PM Apr 5th, 2011

[KayFSolomon](#) Enjoyed the [#leadfromwithin](#) chat. Look forward to the transcript (came in late). -9:02 PM Apr 5th, 2011

[TracyME](#) Thanks for a great chat all! I'm choosing to be a good Mom so going to sign off & put my little one to sleep. Goodnight! [#leadfromwithin](#) -9:02 PM Apr 5th, 2011

[helenantholis](#) [@dapancost](#) Thank you so much. Such wisdom and clarity of thought tonight. I appreciate you too! [#leadfromwithin](#) -9:02 PM Apr 5th, 2011

[thehealthmaven](#) [@John_Paul](#) back at ya! [#leadfromwithin](#) -9:03 PM Apr 5th, 2011

[EdwardColozzi](#) Thank U [@LollyDaskal](#) [@helenantholis](#) [@John_Paul](#) and ALL for another excellent [#leadfromwithin](#) Tweetchat -9:03 PM Apr 5th, 2011

[My_WebEvent](#) [@helenantholis](#) Thanks for a great chat tonight! Great questions to look inside, reflect/learn about our choices! [#leadfromwithin](#) -9:03 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@StrategicMonk](#): A10: It helps me to work on understanding and applying my values to tangible questions and situations. [#leadfromwithin](#) -9:03 PM Apr 5th, 2011

[Koomba303](#) I learned a lot. Thanks to you all! Looking forward to more interactions with you all. [#leadfromwithin](#) -9:03 PM Apr 5th, 2011

[Versalytics](#) A10: Sustain conscious choices by internalizing our choices and habitualizing them. [#leadfromwithin](#) -9:03 PM Apr 5th, 2011

[KayFSolomon](#) Looking forward to it! I'm glad I got here b/4 it ended! RT [@LollyDaskal](#) Transcript will be up shortly. [#leadfromwithin](#) -9:03 PM Apr 5th,

[Simon_GB](#) Thanks everyone always inspiring and enlightening, good night sweet dreams and good choices till next week [#leadfromwithin](#) -9:04 PM Apr 5th, 2011

[scedmonds](#) AMEN! & to [@helenantholis](#) RT [@MagneticSilvia](#): Thank you [@LollyDaskal](#) for yet another powerful chat! [#leadfromwithin](#) -9:04 PM Apr 5th, 2011

[helenantholis](#) Thank you to [@lollydaskal](#) and the entire LFW community for a fabulous chat tonight. So much energy and learning. Best ideas! [#leadfromwithin](#) -9:04 PM Apr 5th, 2011

[growinggold](#) Agree!! Happy to be back! Thanking ALL! RT [@LollyDaskal](#) RT [@worksmarta](#): Amazing group and incredible answers! [#leadfromwithin](#) -9:04 PM Apr 5th, 2011

[PatRobeck1ofHis](#) [@LollyDaskal](#) Thanks for bringing us the great questions!
[#leadfromwithin](#) -9:04 PM Apr 5th, 2011

[dapancost](#) [@TracyME](#) Glad you made it to [#leadfromwithin](#). Hope it was
beneficial to you. :-)) -9:04 PM Apr 5th, 2011

[My_WebEvent](#) [@lollydaskal](#) Thanks again Lolly! Another great topic and chat
that flew by:) [#leadfromwithin](#) -9:04 PM Apr 5th, 2011

[womanonajourney](#) We can sustain our competent choices by living intentionally!
Think about our choices we make every day and why. [#leadfromwithin](#) -9:04 PM
Apr 5th, 2011

[helenantholis](#) [@My_WebEvent](#) Thank you. This is the goal. Learn and grow.
[#leadfromwithin](#) -9:04 PM Apr 5th, 2011

[PatRobeck1ofHis](#) I need to get back to doing my taxes, see you around the
twitterverse. [#leadfromwithin](#) -9:04 PM Apr 5th, 2011

[scedmonds](#) See you nxt week, Umair! (fellow Denverite!) RT [@Koomba303](#): I
learned a lot. Thanks! Looking forward to more interactions! [#leadfromwithin](#) -
9:05 PM Apr 5th, 2011

[My_WebEvent](#) Thanks to all for another evening of self-reflecting! You're all an
inspiration:) [#leadfromwithin](#) -9:05 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@growinggold](#): constant review and analysis, self-assessment
- all help to sustain competent choices - we have to evaluate/assess/adjust
[#leadfromwithin](#) -9:05 PM Apr 5th, 2011

[Versalytics](#) RT [@womanonajourney](#): We can sustain our competent choices by
living intentionally! Think about our choices we make every day and why.
[#leadfromwithin](#) -9:05 PM Apr 5th, 2011

[MagneticSilvia](#) Oh yes! Thank you [@helenantholis](#) ! How empowering!
[#leadfromwithin](#) -9:05 PM Apr 5th, 2011

[Yuli_Yozhi](#) RT [@John_Paul](#): Thank you everyone for your loving spirit in action. It
is always inspiring t be here. Have a great week! [#leadfromwithin](#) -9:05 PM Apr
5th, 2011

[scedmonds](#) Great contribs as always, Steph! RT [@My_WebEvent](#): [@lollydaskal](#)
Thanks again Lolly! Another great topic & chat that flew by:) [#leadfromwithin](#) -
9:05 PM Apr 5th, 2011

[growinggold](#) RT [@EdwardColozzi](#) ... Being Unafraid 2make Difficult choices and mostly being Humble 2 always learn from R choices [#leadfromwithin](#) -9:06 PM Apr 5th, 2011

[womanonajourney](#) Surround yourself with others who are doing the same, for encouragement & accountability [#leadfromwithin](#) -9:06 PM Apr 5th, 2011

[LorenaHeletea](#) RT [@john_paul](#): Thank you everyone for your loving spirit in action. It is always inspiring t be here. Have a great week! [#leadfromwithin](#) -9:06 PM Apr 5th, 2011

[helenantholis](#) [@MagneticSilvia](#) We need reminders of our journey through the choices we face. This chat brought great minds together! [#leadfromwithin](#) -9:07 PM Apr 5th, 2011

[Versalytics](#) I enjoyed the exchange! What a rush, I appreciate the opportunity to learn from everyone! [#Leadfromwithin](#) -9:07 PM Apr 5th, 2011

[womanonajourney](#) Such as attending this chat every Tuesday! [#leadfromwithin](#) -9:07 PM Apr 5th, 2011

[scedmonds](#) Love this! RT [@womanonajourney](#): Surround yourself with others who are doing the same, for encouragement & accountability [#leadfromwithin](#) -9:06 PM Apr 5th, 2011

[JFeskorn](#) Thank you, kind sir! RT [@scedmonds](#): The heart softens quickly with the choice to do so! [#leadfromwithin](#) -9:06 PM Apr 5th, 2011

[MagneticSilvia](#) [@helenantholis](#) Exactly! Don't we all just love hanging around [@LollyDaskal](#) and [#leadfromwithin](#)? I love this community! -9:08 PM Apr 5th, 2011

[worksmarta](#) Thank you for an incredible chat! [#leadfromwithin](#) To our co-host [@helenantholis](#) and host [@lollydaskal](#) -9:10 PM Apr 5th, 2011

[growinggold](#) RT [@helenantholis](#): [@growinggold](#) [@lollyDaskal](#) [@helenantholis](#) We had a great time tonight! Lolly is amazing to work with. [#leadfromwithin](#) -9:11 PM Apr 5th, 2011

[helenantholis](#) [@growinggold](#) [@lollyDaskal](#) [@helenantholis](#) We had a great time tonight! Lolly is amazing to work with. [#leadfromwithin](#) -9:10 PM Apr 5th, 2011

[Versalytics](#) [@womanonajourney](#) It was truly awesome. Its great to see so many expressions of thought. [#Leadfromwithin](#) -9:11 PM Apr 5th, 2011

[lollydaskal](#) Know that I cherish you all. See you next week. [#leadfromwithin](#)
-9:06 PM Apr 5th, 2011

