

8:00 pm	lollydaskal:	Tonight we have a special co host @ leadershipnow # leadfromwithin tweetchat Welcome Michael it's an honor to have you with us this evening.
8:00 pm	lollydaskal:	Topic: Self Awareness Hosts: Michael @ Leadershipnow and myself. # leadfromwithin
8:00 pm	helenantholis:	RT @ JKWleadership : For the next hour join # LeadfromWithin with @ LollyDaskal and @ GetSweetie on the topic Awareness # leadfromwithin
8:00 pm	worksmarta:	Diana here, participating in # leadfromwithin - Come join! # leadfromwithin
8:00 pm	LeadershipNow:	Thank you Lolly # leadfromwithin
8:00 pm	dapancost:	Howdy, everybody. Excited to be here today. # Leadfromwithin
8:00 pm	getsweetie:	If you are new to TWeechat's, you may wish to follow # Leadfromwithin at www.Tweetchat.com hashtag # leadwithin
8:00 pm	LeadershipNow:	Q8: Why is Self-Awareness so important? # leadfromwithin
8:00 pm	AFC_Accounting:	I will be joining the # leadfromwithin chat tonight it would be lovely if you all could join us :D
8:01 pm	helenantholis:	Hi everyone! # leadfromwithin
8:01 pm	jesselynstoner:	RT @ helenantholis : RT @ JKWleadership : For the next hour join # LeadfromWithin with @ LollyDaskal and @ GetSweetie on the topic Awareness # leadfromwithin
8:01 pm	getsweetie:	@ helenantholis Good evening # leadfromwithin
8:01 pm	helenantholis:	A1. Self-awareness gives you the grounding to connect with others. # leadfromwithin
8:01 pm	thehealthmaven:	Hi there..how is everyone? Good, yes? looking forward to tonight # leadfromwithin
8:01 pm	ghc8008:	RT @ LollyDaskal Special co host @ leadershipnow # leadfromwithin tweetchat Welcome Michael it's an honor to have you with us this evening
8:02 pm	AFC_Accounting:	RT @ LeadershipNow : Q8: Why is Self-Awareness so important? # leadfromwithin
8:02 pm	heart_path:	A8: Self awareness is the first step of leadership. One must know thyself in order to lead others from within. # leadfromwithin
8:02 pm	lollydaskal:	Hello everyone Great to see you! # leadfromwithin
8:02 pm	lollydaskal:	RT @ LeadershipNow : Q8: Why is Self-Awareness so important? # leadfromwithin
8:02 pm	JKWleadership:	If you don't know who YOU are and what you stand for, it's hard to lead others. (A1) # leadfromwithin
8:02 pm	scedmonds:	A1 - If I'm hoping to influence effectively, self-awareness can help me understand what I'm doing that gets in the way! # leadfromwithin
8:02 pm	dapancost:	@ thehealthmaven Doing well, thank you. :-)) # leadfromwithin
8:02 pm	operationSAFE:	Think I will listen in on this one - Jonathan from # opsafe here # leadfromwithin
8:02 pm	AFC_Accounting:	Hi everyone # leadfromwithin
8:02 pm	scedmonds:	Jump in, Jonathan! RT @ operationSAFE : Think I

pm		will listen in on this one - Jonathan from #opsafe here #leadfromwithin
8:02 pm	LeadershipNow:	A8: All things being equal, more people are undone by behavior issues than anything else. #leadfromwithin
8:02 pm	lollydaskal:	A1 Importance of Self Awareness allows us to have empathy #leadfromwithin
8:03 pm	heart_path:	RT @ lollydaskal : A1 Importance of Self Awareness allows us to have empathy #leadfromwithin
8:03 pm	heavenlyrobot:	hello all! #leadfromwithin #Leadfromwithin
8:03 pm	AFC_Accounting:	RT @ LollyDaskal : A1 Importance of Self Awareness allows us to have empathy #leadfromwithin
8:03 pm	dapancost:	A1 Self-awareness allows you to learn to capitalize on your strengths and hire others to compensate for your weaknesses. #Leadfromwithin
8:03 pm	lollydaskal:	A8: Importance of Self awareness is gives us internal feedback #leadfromwithin
8:03 pm	dapancost:	RT @ LollyDaskal : A1 Importance of Self Awareness allows us to have empathy #leadfromwithin
8:03 pm	AFC_Accounting:	RT @ LollyDaskal : A8: Importance of Self awareness is gives us internal feedback #leadfromwithin
8:03 pm	scedmonds:	A8: self awareness enables "course correction"! #leadfromwithin
8:03 pm	AFC_Accounting:	yes RT @ scedmonds : A8: self awareness enables "course correction"! #leadfromwithin
8:03 pm	LeadershipNow:	A8: Like all are saying, SA supports everything a leader does. #leadfromwithin
8:04 pm	lollydaskal:	RT @ dapancost : A1 Self-awareness allows u to learn to capitalize on yr strengths & hire others 2 compensate 4 yur weaknesses #leadfromwithin
8:04 pm	dapancost:	RT @ scedmonds : A8: self awareness enables "course correction"! #leadfromwithin
8:04 pm	lollydaskal:	RT @ LeadershipNow : A8: Like all are saying, SA supports everything a leader does. #leadfromwithin
8:04 pm	LeadershipNow:	A8: Until we see our fingerprint on the issues we face, fundpmental change rarely happens. #leadfromwithin
8:04 pm	lollydaskal:	RT @ scedmonds : A8: self awareness enables "course correction"! #leadfromwithin
8:04 pm	HRMexplorer:	how you are within shows on the outside #leadfromwithin
8:04 pm	scedmonds:	Nice! RT @ dapancost : A1 Self-awareness allows you capitalize on strengths & hire others to compensate for your weaknesses. #leadfromwithin
8:04 pm	dapancost:	@ scedmonds A very important skill to develop. "course correction" :-) #leadfromwithin
8:04 pm	worksmarta:	A8: Self-awareness is the benchmark for everything that happens. #leadfromwithin
8:04 pm	MPConsults:	A1 Self Awareness allows us to lead from our strengths #leadfromwithin
8:04 pm	lollydaskal:	A8: Self awareness helps identifying strength and weakness #leadfromwithin
8:04 pm	getsweetie:	A1 Self awareness engages boundaries of safety, peace, comfort, and clarity even when chaos is

		around you. #leadfromwithin
8:04 pm	JKWleadership:	When we know who we are and are confidently self-aware, we are more likely to treat others fairly and with respect. (A1) #leadfromwithin
8:04 pm	lollydaskal:	RT @HRMexplorer: how you are within shows on the outside #leadfromwithin
8:04 pm	AFC_Accounting:	RT @Getsweetie: A1 Self awareness engages boundaries of safety, peace, comfort, and clarity even when chaos is around you. #leadfromwithin
8:05 pm	heart_path:	RT @getsweetie: A1 Self awareness engages boundaries of safety, peace, comfort, and clarity even when chaos is around you. #leadfromwithin
8:05 pm	john_paul:	Hi friends, sorry i was late. #leadfromwithin
8:05 pm	StrategicMonk:	I cannot be myself without self-awareness. #leadfromwithin
8:05 pm	lynnfishman:	RT @scedmonds: Nice! RT @dapancost: A1 Self-awareness allows you capitalize on strengths & hire others to compensate for your weaknesses. #leadfromwithin
8:05 pm	LeadershipNow:	@JKWleadership Absolutely #leadfromwithin
8:05 pm	lollydaskal:	A8: When you can see your own faults, it is easier to accept others #leadfromwithin
8:05 pm	dspmalot:	RT @JKWleadership: When we know who we are and are confidently self-aware, we are more likely to treat others fairly and with respect. (A1) #leadfromwithin
8:05 pm	getsweetie:	Glad you're here John_Paul #leadfromwithin
8:05 pm	helenantholis:	A1. Without Self-awareness, how do we help others? #leadfromwithin
8:05 pm	scedmonds:	FAB. RT @getsweetie: A1 Self awareness engages boundaries of safety, peace, comfort, & clarity even when in chaos. #leadfromwithin
8:05 pm	dave_phillips7:	Knowing your limitations is as important as knowing your strengths. #Leadfromwithin
8:05 pm	AFC_Accounting:	so ture RT @LollyDaskal: A8: When you can see your own faults, it is easier to accept others #leadfromwithin
8:05 pm	ToucanCyndee:	RT @LeadershipNow: A8: All things being equal, more people are undone by behavior issues than anything else. #leadfromwithin
8:05 pm	dapancost:	RT @LollyDaskal: A8: When you can see your own faults, it is easier to accept others #leadfromwithin
8:05 pm	LeadershipNow:	Good point... RT @StrategicMonk: I cannot be myself without self-awareness. #leadfromwithin
8:05 pm	scedmonds:	Good evening! RT @john_paul: Hi friends, sorry i was late. #leadfromwithin
8:05 pm	thehealthmaven:	A1 Self-awareness is important 2 b authentic as a leader, most importantly, keeps own sweet self on straight & narrow #leadfromwithin
8:05 pm	operationSAFE:	A1 Self-awareness is important because I change and grow even as our org and the world changes #leadfromwithin
8:06 pm	lollydaskal:	Q9: How do you find out who you are? #leadfromwithin
8:06 pm	ThatIThink:	RT"@LollyDaskal: A8: Importance of Self

pm		awareness is gives us internal feedback #leadfromwithin "
8:06 pm	DannyMacRant:	RT @lollydaskal : A8: When you can see your own faults, it is easier to accept others #leadfromwithin
8:06 pm	thehealthmaven:	RT @lollydaskal : RT @LeadershipNow : A8: Like all are saying, SA supports everything a leader does. #leadfromwithin
8:06 pm	scedmonds:	Truth! RT @dave_phillips7 : Knowing your limitations is as important as knowing your strengths. #leadfromwithin
8:06 pm	AFC_Accounting:	RT @LollyDaskal : Q9: How do you find out who you are? #leadfromwithin
8:06 pm	dapancost:	@scedmonds That's alright. We're glad you're here. #leadfromwithin
8:06 pm	rgbrody:	RT @lollydaskal : A8: When you can see your own faults, it is easier to accept others #leadfromwithin
8:06 pm	bonnieendicott:	Agree! RT @jkwleadership : If you don't know who YOU are and what you stand for, it's hard to lead others. (A1) #leadfromwithin
8:06 pm	lollydaskal:	RT @lollydaskal : Q9: How do you find out who you are? #leadfromwithin
8:06 pm	dave_phillips7:	RT @lollydaskal : A8: When you can see your own faults, it is easier to accept others #Leadfromwithin
8:06 pm	JKWleadership:	RT @lollydaskal : A8: When you can see your own faults, it is easier to accept others #leadfromwithin
8:06 pm	postMYskill:	RT @operationSAFE : A1 Self-awareness is important because I change and grow even as our org and the world changes #leadfromwithin
8:06 pm	thehealthmaven:	RT @AFC_Accounting : so ture RT @LollyDaskal : A8: When you can see your own faults, it is easier to accept others #leadfromwithin
8:06 pm	HRMexplorer:	who can help u find yourself #leadfromwithin
8:06 pm	john_paul:	Q9: How do you find out who you are? #leadfromwithin
8:06 pm	MPConsults:	A8: You can't take people somewhere that you haven't already been or are willing to go #leadfromwithin
8:07 pm	PostDvorceCoach:	A2 When facing adversity and overcoming it is how you find out who you truly are #leadfromwithin
8:07 pm	LeadershipNow:	A9: Ask yourself: In light of where I come from and where I want to go, what do I need to know about myself? #leadfromwithin
8:07 pm	growinggold:	greetings Lead From Within'ers! RT @LollyDaskal RT @LeadershipNow : Q8: Why is Self-Awareness so important? #leadfromwithin
8:07 pm	worksmarta:	A9: You find out who you are by doing deep reflections on your actions and decisions. #leadfromwithin
8:07 pm	scedmonds:	A9: find out who you are by seeking feedback from those you trust, who can "tell you like it is" from their perspective. #leadfromwithin
8:07 pm	heart_path:	RT @LeadershipNow : A9: Ask yourself: In light of where I come from and where I want to go, what do I need to know about myself? #leadfromwithin
8:07 pm	jesselynstoner:	RT @JKWleadership : RT @lollydaskal : A8: When you can see your own faults, it is easier to accept others #LeadfromWithin

8:07 pm	rabasure:	RT @ lollydaskal : Q9: How do you find out who you are? # leadfromwithin
8:07 pm	lollydaskal:	A9: During your lifetime you have surrounded yourself with patterns of your past # leadfromwithin
8:07 pm	lollydaskal:	RT @ worksmarta : A9: You find out who you are by doing deep reflections on your actions and decisions. # leadfromwithin
8:07 pm	helenantholis:	A2.Find out who you are by engaging with others. They'll let you know :-) # leadfromwithin
8:07 pm	rgbrody:	RT @ lollydaskal : A8: Self awareness helps identifying strength and weakness # leadfromwithin
8:07 pm	AFC_Accounting:	RT @ LollyDaskal : RT @ worksmarta : A9: You find out who you are by doing deep reflections on your actions and decisions. # leadfromwithin
8:07 pm	lollydaskal:	A9: by viewing your environment, people, and passions, you are discovering who you are # leadfromwithin
8:07 pm	dapancost:	Q2 -- get feedback from others who know you well. # Leadfromwithin
8:07 pm	scedmonds:	Great! RT @ worksmarta : A9: You find out who you are by doing deep reflections on your actions and decisions. # leadfromwithin
8:07 pm	StrategicMonk:	A9: I need to listen to myself, and to other ppl who know me, who I trust and believe. # leadfromwithin
8:07 pm	worksmarta:	A9: You find out who you are by asking others who are close to you. # leadfromwithin
8:07 pm	marynabadenhors:	Awareness:Taking regular quiet self-reflection time, seeking to uncover what's in your blind spots # leadfromwithin
8:07 pm	JKWleadership:	I learn about who I pm by watching how I react to others and how they react to me. (A2) # leadfromwithin
8:07 pm	AFC_Accounting:	RT @ StrategicMonk : A9: I need to listen to myself, and to other ppl who know me, who I trust and believe. # leadfromwithin
8:07 pm	lynnfishman:	Awareness is the freedom to fully express yourself pmidst your imperfections. # leadfromwithin
8:07 pm	AFC_Accounting:	RT @ JKWleadership : I learn about who I pm by watching how I react to others and how they react to me. (A2) # leadfromwithin
8:07 pm	abiasforaction:	RT @ lollydaskal : A9: During your lifetime you have surrounded yourself with patterns of your past # leadfromwithin
8:08 pm	rabasure:	RT @ lollydaskal : RT @ HRMexplorer : how you are within shows on the outside # leadfromwithin
8:08 pm	lollydaskal:	RT @ lynnfishman : Awareness is the freedom to fully express yourself pmidst your imperfections. # leadfromwithin
8:08 pm	HRMexplorer:	who can you trust to find the REAL YOU # leadfromwithin
8:08 pm	caroleannmarie:	RT @ operationSAFE : A1 Self-awareness is important because I change and grow even as our org and the world changes # leadfromwithin
8:08 pm	dapancost:	Oops...I meant A2 :-) # Leadfromwithin
8:08 pm	abiasforaction:	RT @ lollydaskal : A8: When you can see your own faults, it is easier to accept others # leadfromwithin
8:08 pm	lollydaskal:	RT @ JKWleadership : I learn about who I pm by watching how I react to others and how they react

		to me. (A2) #leadfromwithin
8:08 pm	AFC_Accounting:	RT @ LollyDaskal : A9: During your lifetime you have surrounded yourself with patterns of your past #leadfromwithin
8:08 pm	jesselynstoner:	A2 Sometimes you can discover who you are by just holding the question, and not trying to answer it. #LeadfromWithin
8:08 pm	scedmonds:	Wonderful! RT @ lynnfishman : Awareness is the freedom to fully express yourself amidst your imperfections. #leadfromwithin
8:08 pm	AFC_Accounting:	RT @ JesseLynStoner : A2 Sometimes you can discover who you are by just holding the question, and not trying to answer it. #LeadfromWithin
8:08 pm	StrategicMonk:	RT @ HRMexplorer : who can you trust to find the REAL YOU #leadfromwithin
8:08 pm	worksmarta:	RT @ JKWleadership : I learn about who I am by watching how I react to others and how they react to me. (A2) #leadfromwithin
8:08 pm	helenantholis:	A2. Who am I? I am what I say and what I do. #leadfromwithin
8:08 pm	AFC_Accounting:	RT @ scedmonds : Wonderful! RT @ lynnfishman : Awareness is the freedom to fully express yourself amidst your imperfections. #leadfromwithin
8:08 pm	john_paul:	A9: I like to identify with my greater self as the disassociated or detached observer. #leadfromwithin
8:08 pm	scedmonds:	Powerful! RT @ jesselynstoner : A2 You can discover who you are by just holding the question, and not trying to answer it. #leadfromwithin
8:08 pm	bonnieendicott:	A9: Assessments, MBTI, values exercises, EI -- things we do with our Leaders to help them find out who they are #leadfromwithin
8:08 pm	lollydaskal:	A9: Your patterns & habits identify what you don't do, how you do it, how you don't do it, what you can do, what you can't do, etc. #leadfromwithin
8:08 pm	rabasure:	RT @ lollydaskal : RT @ scedmonds : A8: self awareness enables "course correction"! #leadfromwithin
8:08 pm	StrategicMonk:	RT @ jesselynstoner : A2 Sometimes you can discover who you are by just holding the question, and not trying to answer it. #leadfromwithin
8:08 pm	heavenlyrobot:	the only way to true self-awareness is to get in tune with your inner self. nowadays that can be difficult. #Leadfromwithin
8:08 pm	lollydaskal:	RT @ StrategicMonk : RT @ HRMexplorer : who can you trust to find the REAL YOU #leadfromwithin
8:08 pm	8:	RT @ LeadershipNow : A9: Ask yourself: In light of where I come from and where I want to go, what do I need to know about myself? #leadfromwithin
8:08 pm	marynabadenhors:	Awareness: questioning fundamental beliefs and how they relate to our behaviours, regularly seeking feedback from mentors #leadfromwithin
8:09 pm	HumanDesignOz:	RT @ scedmonds : Truth! RT @ dave_phillips7 : Knowing your limitations is as important as knowing your strengths. #leadfromwithin
8:09 pm	JKWleadership:	Assessments like the Kolbe A and the Birkman are useful tools in learning about our strengths and talents. (A2) #leadfromwithin
8:09 pm	thehealthmaven:	A2 It's really easy to be more identified as an employee these days & easy to lose sight of self -

		the real u is what inside #leadfromwithin
8:09 pm	JoAnnLefebvre:	RT @ lollydaskal : RT @ JKWleadership : I learn about who I pm by watching how I react to others and how they react to me. (A2) #leadfromwithin
8:09 pm	john_paul:	A9: It increases a more loving appreciation of who i pm temporally and for eternity. #leadfromwithin
8:09 pm	marynabadenhors:	RT @ StrategicMonk : RT @ jesselynstoner : A2 Sometimes you can discover who you are by just holding the question, and not trying to answer it. #leadfromwithin
8:09 pm	lollydaskal:	A9: In order to discover yourself you must peel off the layers of limiting patterns and progrpms. #leadfromwithin
8:09 pm	dave_phillips7:	A2 you find out who you are by doing. What you do is a better reflection of you than who you think are #Leadfromwithin
8:09 pm	scedmonds:	A9: I learn who I pm by being strong, standing for what's right, aligning actions with my values. #leadfromwithin
8:09 pm	LeadershipNow:	RT @ dave_phillips7 : A2 you find out who you are by doing. What you do is a better reflection of you than who you think are #leadfromwithin
8:09 pm	nuchem:	RT @ lollydaskal : A9: by viewing your environment, people, and passions, you are discovering who you are #leadfromwithin
8:10 pm	operationSAFE:	A9: Reflection on personal values, integrity, and how they match or differ from current actions and goals #leadfromwithin
8:10 pm	dapancost:	A2 -- I agree with @ LollyDaskal -- searching your patterns of behavior is a good indicator. #Leadfromwithin
8:10 pm	jesselynstoner:	Yes! RT @ lollydaskal : A9: In order to discover yourself you must peel off the layers of limiting patterns and progrpms. #LeadfromWithin
8:10 pm	heart_path:	A9: Self-reflection & engagement w/ the world and those in it.How do you choose to engage the world? What do you engage in?# Leadfromwithin
8:10 pm	StrategicMonk:	I need to make sure that my values are connected to my vision, to my actions. #leadfromwithin
8:10 pm	JKWleadership:	If you want an uncensored opinion of "who you are" ask your kids. (A2) #leadfromwithin
8:10 pm	lynnfishman:	In awareness we are the observer- that part of us that experiences the flow of thoughts as separate from ourself. #leadfromwithin
8:10 pm	ThinDifference:	Yes RT @ LollyDaskal : RT @ worksmarta : A9: You find out who you are by doing deep reflections on your actions and decisions. #leadfromwithin
8:10 pm	LeadershipNow:	Yes RT @ lollydaskal : A9: In order to discover yourself you must peel off the layers of limiting patterns and progrpms. #leadfromwithin
8:10 pm	getsweetie:	RT @ JKWleadership : If you want an uncensored opinion of "who you are" ask your kids. (A2) #leadfromwithin/ yes!
8:10 pm	ArtButcher:	RT @ lollydaskal : A9: In order to discover yourself you must peel off the layers of limiting patterns and progrpms. #leadfromwithin
8:10 pm	PostDvorceCoach:	RT @ JKWleadership : If you want an uncensored opinion of "who you are" ask your kids. (A2) #leadfromwithin
8:10	worksmarta:	A9: You learn who you are by listening to yourself

pm		- all thoughts - even if you don't act on them. #leadfromwithin
8:10 pm	alex dallison:	RT @LollyDaskal: RT @JKWleadership: I learn about who I am by watching how I react to others and how they react to me. (A2) #leadfromwithin
8:10 pm	scedmonds:	A9: I learn who I am by being a "participant observer" - engaging in work/life yet being attuned to my impact on others. #leadfromwithin
8:10 pm	HRMexplorer:	what fears do you need to overcome to find the courage to be YOU #leadfromwithin
8:10 pm	8:	RT @lollydaskal: others impress. leaders influence #leadfromwithin
8:10 pm	ericstraatsma:	RT @LeadershipNow: Yes RT @lollydaskal: A9: In order to discover yourself you must peel off the layers of limiting patterns and programs. #leadfromwithin
8:11 pm	LeadershipNow:	They will gladly share! RT @JKWleadership: If you want an uncensored opinion of "who you are" ask your kids. (A2) #leadfromwithin
8:11 pm	JoAnnLefebvre:	Pmen! RT @LollyDaskal: A9: In order to discover yourself you must peel off the layers of limiting patterns and programs. #leadfromwithin
8:11 pm	ToucanCyndee:	RT @john_paul: A9: I like to identify with my greater self as the disassociated or detached observer. #leadfromwithin
8:11 pm	lollydaskal:	RT @worksmarta: A9: You learn who you are by listening to yourself - all thoughts - even if you don't act on them. #leadfromwithin
8:11 pm	john_paul:	For example . . . thoughts are learned memories and fire often automatically. I find it challenging to control my thoughts. #leadfromwithin
8:11 pm	8:	RT @JKWleadership: I learn about who I am by watching how I react to others and how they react to me. (A2) #leadfromwithin
8:11 pm	EdwardColozzi:	KEY lifetask is discerning TrueSelf (TS) vs FalseSelf (FS) Only TS provides self awareness/real empathy/right relationships #leadfromwithin
8:11 pm	lollydaskal:	A9: To discover yourself u may have to jump out of your comfort zone: and think, emot, say, write, or do the uncomfortable #leadfromwithin
8:11 pm	john_paul:	The same as it is challenging to control my memories which seem like a moving target. #leadfromwithin
8:11 pm	growinggold:	self awareness gives me my foundation, allows emotional grounding, informs clear boundaries #leadfromwithin
8:11 pm	marynabadenhors:	Awareness: Accepting and learning from career setbacks or failures <- you are the sum of all your experiences #leadfromwithin
8:11 pm	worksmarta:	RT @ToucanCyndee: RT @john_paul: A9: I like to identify with my greater self as the disassociated or detached observer. #leadfromwithin
8:12 pm	lollydaskal:	RT @growinggold: self awareness gives me my foundation, allows emotional grounding, informs clear boundaries #leadfromwithin
8:12 pm	jesselynstoner:	& true to who I am RT @scedmonds: A9: I learn who I am by being strong, standing 4 truths right, aligning actions w/ my values #LeadfromWithin
8:12 pm	kitgibbs:	RT @scedmonds: Nice! RT @dapancost: A1 Self-awareness allows you capitalize on strengths & hire

		others to compensate for your weaknesses. #leadfromwithin
8:12 pm	mendapara:	RT @JKWleadership: If you want an uncensored opinion of "who you are" ask your kids. (A2) #leadfromwithin
8:12 pm	LeadershipNow:	Q3: What makes Self-Awareness so difficult? #leadfromwithin
8:12 pm	heart_path:	RT @lollydaskal: RT @growinggold: self awareness gives me my foundation, allows emotional grounding, informs clear boundaries #leadfromwithin
8:12 pm	helenantholis:	RT @heart_path: A9:Self-reflect & engage w/world.How do you choose to engage world?What do you engage in?# Leadfromwithin #leadfromwithin
8:12 pm	operationSAFE:	RT @lollydaskal: A9: u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:12 pm	growinggold:	RT @John_Paul Q9: How do you find out who you are? #leadfromwithin
8:12 pm	scedmonds:	@lollydaskal LOVE "learn who I pm by peeling layers" AND I can remove long-held facades so I can understand my true self. #leadfromwithin
8:12 pm	kitgibbs:	RT @scedmonds: Truth! RT @dave_phillips7: Knowing your limitations is as important as knowing your strengths. #leadfromwithin
8:12 pm	9:	RT @lollydaskal: A9: To discover yourself u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:12 pm	getsweetie:	Each experience allows us the choice to accept ourselves as learners from the experience or repeaters of the lesson #leadfromwithin
8:12 pm	StrategicMonk:	Sometimes I need to get deeper than thoughts, words, and feelings can go. #leadfromwithin
8:12 pm	lollydaskal:	RT @marynabadenhors: Awareness: <- you are the sum of all your experiences #leadfromwithin
8:12 pm	cogals:	RT @lollydaskal: RT @growinggold: self awareness gives me my foundation, allows emotional grounding, informs clear boundaries #leadfromwithin
8:12 pm	dapancost:	@LollyDaskal Do the uncomfortable? I knew I didn't like this self-development stuff for a reason. :-) #leadfromwithin
8:12 pm	john_paul:	I therefore don't identify with my thoughts but i do identify with my heart. #leadfromwithin
8:12 pm	bonnieendicott:	RT @lollydaskal: A9: u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:12 pm	mposchange:	A9: U find out who U R by letting go of all expectation, allowing yourself 2 B vulnerable & being present. What feels right? #leadfromwithin
8:12 pm	lynnfishman:	Awareness may challenge you to evaluate, adjust & adapt to internal changes taking place within you. #leadfromwithin
8:12 pm	heart_path:	RT @mposchange: A9: U find out who U R by letting go of all expectation, allowing yourself 2 B vulnerable & being present. What feels right? #leadfromwithin
8:12	scedmonds:	Thought provoking! RT @StrategicMonk:

pm		Sometimes I need to get deeper than thoughts, words, and feelings can go. #leadfromwithin
8:12 pm	ToucanCyndee:	RT @lollydaskal: A9: To discover yourself u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:12 pm	PostDvorceCoach:	A3 Taking apart your inner self and expmining it and recognizing your faults so you can rebuild. #leadfromwithin
8:12 pm	heart_path:	RT @lynnfishman: Awareness may challenge you to evaluate, adjust & adapt to internal changes taking place within you. #leadfromwithin
8:13 pm	AFC_Accounting:	RT @PostDvorceCoach: A3 Taking apart your inner self and expmining it and recognizing your faults so you can rebuild. #leadfromwithin
8:13 pm	MPConsults:	A9: Constantly seeking feedback from others....and being open to their truths. #leadfromwithin
8:13 pm	worksmarta:	A3: Self awareness can be difficult because we ignore vulnerabilities and lie to ourselves. #leadfromwithin
8:13 pm	LeadershipNow:	A3: Greek Philosopher Thales of Miletus said when asked, What is difficult? replied ?To know yourself.? #leadfromwithin
8:13 pm	getsweetie:	Awareness may involve changing your learned beliefs of the boundaries of what your truth is versus what you were taught #leadfromwithin
8:13 pm	lollydaskal:	A3:Having awareness promotes you to change. But you have to be ready for the change #leadfromwithin
8:13 pm	JKWleadership:	The biggest challenge w/ being self aware is that when we see things we don't like, we need to commit to change them. #leadfromwithin
8:13 pm	tweetiedancing:	RT @operationSAFE: RT @lollydaskal: A9: u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:13 pm	john_paul:	The ancient Egyptians believed that people thought with their heart. It was the seat of awareness. #leadfromwithin
8:13 pm	AFC_Accounting:	RT @LollyDaskal: A3:Having awareness promotes you to change. But you have to be ready for the change #leadfromwithin
8:13 pm	StrategicMonk:	A3: I need to get past "doing" to the level of "being." #leadfromwithin
8:13 pm	LeadershipNow:	A3: Willful blindness. Our human propensity to fool ourselves. #leadfromwithin
8:13 pm	heart_path:	We must set aside our ego & listen with our heart if we hope to become truly self aware. #Leadfromwithin
8:13 pm	lollydaskal:	A3:Feeling vulnerable can be difficult #leadfromwithin
8:13 pm	scedmonds:	A3: I may be surprised to learn that my well-intended actions are hurting others, hindering their progress. #leadfromwithin
8:13 pm	CounselingSB:	RT @john_paul: I therefore don't identify with my thoughts but i do identify with my heart. #leadfromwithin
8:14 pm	ToucanCyndee:	RT @marynabadenhors: Awareness: Accepting and learning from career setbacks or failures <- you are the sum of all your experiences #leadfromwithin

8:14 pm	worksmarta:	Exactly RT @ lollydaskal : A3:Having awareness promotes you to change. But you have to be ready for the change # leadfromwithin
8:14 pm	lollydaskal:	RT @ StrategicMonk : A3: I need to get past "doing" to the level of "being." # leadfromwithin
8:14 pm	helenantholis:	A3.Difficulty of self-awareness stems from willingness to see the truth. # leadfromwithin
8:14 pm	alexndrnkosmos:	RT @ lynnfishman : Awareness may challenge you to evaluate, adjust & adapt to internal changes taking place within you. # leadfromwithin
8:14 pm	lollydaskal:	RT @ LeadershipNow : A3: Willful blindness. Our human propensity to fool ourselves. # leadfromwithin
8:14 pm	dapancost:	A2 the most important thing is to learn to listen -- to others, to circumstances, to life , etc. # Leadfromwithin
8:14 pm	thehealthmaven:	@ lollydaskal yes, take risks To discover yourself u may have to jump out of your comfort zone: and ... # leadfromwithin
8:14 pm	moonEgrace:	RT @ lollydaskal : A9: To discover yourself u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable # leadfromwithin
8:14 pm	worksmarta:	RT @ helenantholis : A3.Difficulty of self-awareness stems from willingness to see the truth. # leadfromwithin
8:14 pm	ResilientMichae:	RT @ lollydaskal : A3:Having awareness promotes you to change. But you have to be ready for the change # leadfromwithin
8:14 pm	HRMexplorer:	it is not the desire but the emotions that stop us being authentic # leadfromwithin
8:14 pm	getsweetie:	Our culture and society has for so long focused on expectation /position, that few relate to their daily existence # leadfromwithin
8:14 pm	rabasure:	RT @ lollydaskal : RT @ marynabadenhors : Awareness: <- you are the sum of all your experiences # leadfromwithin
8:14 pm	heavenlyrobot:	moving away from the ego and to towards the 'inner self' seems to be the only way to get in touch with 'the observer' # Leadfromwithin
8:14 pm	helenantholis:	RT @ dapancost : A2 the most important thing is to learn to listen -- to others, to circumstances, to life , etc. # leadfromwithin
8:14 pm	scedmonds:	A3: My intentions can be loud in my head & heart! I have to be willing to invite insights from others to learn my impact. # leadfromwithin
8:14 pm	lynnfishman:	@ mposchange Then you follow that with- are my actions & decisions based on what I think & feel? # leadfromwithin
8:14 pm	worksmarta:	And so we ignore it. RT @ lollydaskal : A3:Feeling vulnerable can be difficult # leadfromwithin
8:14 pm	MostlyQuotes:	RT @ lollydaskal : A9: To discover yourself u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable # leadfromwithin
8:14 pm	LeadershipNow:	A3: Freud said that the trouble with most people's self-analysis is it stops too soon! # leadfromwithin
8:14 pm	dave_phillips7:	RT @ worksmarta : A3: Self awareness can be difficult because we ignore vulnerabilities and lie to ourselves. # Leadfromwithin

8:15 pm	sabinainc:	RT @ lollydaskal : RT @ StrategicMonk : A3: I need to get past "doing" to the level of "being." #leadfromwithin
8:15 pm	growinggold:	A2 Self exploration, deep reflection, dialogue, spiritual practice - R all ways 2 discover "who U R" #leadfromwithin
8:15 pm	getsweetie:	As @ BreneBrown shares, one cannot hinder or stop one emotion without compressing all emotions #leadfromwithin
8:15 pm	lollydaskal:	RT @ LeadershipNow : A3: Freud said that the trouble with most people's self-analysis is it stops too soon! #leadfromwithin
8:15 pm	john_paul:	Q3: What makes Self-Awareness so difficult? #leadfromwithin
8:15 pm	ShariRisoff:	RT @ JKWleadership : If you want an uncensored opinion of "who you are" ask your kids. (A2) #leadfromwithin
8:15 pm	dapancost:	Oops I missed Q3, can you repeat it? thanks. #Leadfromwithin
8:15 pm	lynnfishman:	RT @ scedmonds : A3: My intentions can be loud in my head & heart! I have to be willing to invite insights from others to learn my impact. #leadfromwithin
8:15 pm	john_paul:	A3: Often identifying with the monkey chatter in my head. #leadfromwithin
8:15 pm	lollydaskal:	RT @ dave_phillips7 RT @ worksmarta : A3: Self awareness can be difficult because we ignore vulnerabilities & lie to ourselves #leadfromwithin
8:15 pm	jesselynstoner:	Ha Ha! RT @ JKWleadership : If you want an uncensored opinion of "who you are" ask your kids. (A2) #LeadfromWithin
8:15 pm	worksmarta:	A3: Self awareness is difficult bc we are so worried about others. #leadfromwithin
8:15 pm	EdLovesSumo:	A3: Having awareness promotes you to change. But you have to be ready for the change #leadfromwithin via @ LollyDaskal
8:15 pm	dapancost:	A3 -- we really don't like to be honest with ourselves, especially when it will hurt or demand changes #Leadfromwithin
8:16 pm	getsweetie:	q2 Self awareness may uncover a malalignment of perceived outcomes that cannot be achieved by current beliefs. #leadfromwithin
8:16 pm	scedmonds:	Thot that monkey was only in MY head . . . RT @ john_paul : A3: Often identifying with the monkey chatter in my head. #leadfromwithin
8:16 pm	helenantholis:	RT @ scedmonds : A3: My intentions can be loud in my head & heart! Have to be willing to invite insights to learn my impact. #leadfromwithin
8:16 pm	worksmarta:	RT @ dapancost : A3 -- we really don't like to be honest with ourselves, especially when it will hurt or demand changes #leadfromwithin
8:16 pm	LittleBlueMonke:	That's pretty much all there is here. RT @ John_Paul : A3: Often identifying with the monkey chatter in my head. #leadfromwithin
8:16 pm	thehealthmaven:	RT @ john_paul : A3: Often identifying with the monkey chatter in my head. #leadfromwithin
8:16 pm	john_paul:	I do not believe that identifying with my thoughts is the total picture. I need something more inclusive. #leadfromwithin
8:16	LeadershipNow:	Hard to face. RT @ EdLovesSumo : A3: Having

pm		awareness promotes you to change. But you have to be ready for the change #leadfromwithin
8:16 pm	lollydaskal:	Q4:What are the mindsets to achieve self awareness? #leadfromwithin
8:17 pm	HRMexplorer:	Q3 A: its not the desire or pmbition it is the emotions that stop US #leadfromwithin
8:17 pm	mposchange:	Self awareness can be difficult because often we're taught to play by (follow) somebody else's gpme, not our own (lead). #leadfromwithin
8:17 pm	StrategicMonk:	A3: I pm very good, very experienced, at fooling myself. #leadfromwithin
8:17 pm	helenantholis:	RT @worksmarta: RT @dapancost: A3 we really dont like to be honest w/ ourselves, especially when it will hurt or need change #leadfromwithin
8:17 pm	Thomastwo:	RT @lollydaskal: RT @dave_phillips7 RT @worksmarta: A3: Self awareness can be difficult because we ignore vulnerabilities & lie to ourselves #leadfromwithin
8:17 pm	jagmorjaria:	RT @getsweetie: Awareness may involve changing your learned beliefs of the boundaries of what your truth is versus what you were taught #leadfromwithin
8:17 pm	getsweetie:	a3 Engaging in Self Awareness may require neutral counsel to help discover inconsistent beliefs/actions #leadfromwithin
8:17 pm	lollydaskal:	A4: Mindset of awareness is to be aware of how you feel, think and what you do #leadfromwithin
8:17 pm	john_paul:	Q4:What are the mindsets to achieve self awareness? #leadfromwithin
8:17 pm	ThinDifference:	Soul alignment RT @StrategicMonk: I need to make sure that my values are connected to my vision, to my actions. #leadfromwithin
8:17 pm	jesselynstoner:	A4: The desire, and courage, to know the truth. #LeadfromWithin
8:17 pm	lollydaskal:	A4: Awareness mindset is to know yourself accurately and build upon that knowledge #leadfromwithin
8:18 pm	growinggold:	RT @LeadershipNow Q3: What makes Self-Awareness so difficult? #leadfromwithin
8:18 pm	twit4causes:	RT @operationSAFE: RT @lollydaskal: A9: u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:18 pm	lollydaskal:	RT @jesselynstoner: A4: The desire, and courage, to know the truth. #leadfromwithin
8:18 pm	john_paul:	A4: I feel that having a good heartset is key. #leadfromwithin
8:18 pm	mbdaigle:	"@GetSweetie: As @BreneBrown shares, one cannot hinder or stop one emotion without compressing all emotions #leadfromwithin "-brilliant.
8:18 pm	scedmonds:	A4: To achieve self awareness, I need a mindset of CALM & COURAGE. #leadfromwithin
8:18 pm	lynnfishman:	RT @lollydaskal: A4: Awareness mindset is to know yourself accurately and build upon that knowledge #leadfromwithin
8:18 pm	worksmarta:	RT @lollydaskal: RT @jesselynstoner: A4: The desire, and courage, to know the truth. #leadfromwithin
8:18	dapancost:	A4 - A willingness to be honest, to listen, to explore

pm		new ideas and to ask for help when needed. #Leadfromwithin
8:18 pm	LeadershipNow:	Teachability ... RT @jesselynstoner : A4: The desire, and courage, to know the truth. #leadfromwithin
8:18 pm	lollydaskal:	A4: Your mindset is about believing in your qualities and gifts, Compassion, courage, empathy, pain, love, hate #leadfromwithin
8:18 pm	lollydaskal:	A4: Your mindset is about believing in your qualities and gifts, Compassion, courage, empathy, pain, love, hate #leadfromwithin
8:18 pm	worksmarta:	A4: Being open and ready to what you find. #leadfromwithin
8:18 pm	lollydaskal:	RT @scedmonds : A4: To achieve self awareness, I need a mindset of CALM & COURAGE. #leadfromwithin
8:19 pm	getsweetie:	Q4 self awareness can only be consistently engaged when one is willing to love themslvs as they are, yet be willing to grow #leadfromwithin
8:19 pm	helenantholis:	A4-Mindsets to achieve S.A.=open-mindedness; courage;and willingness to change #leadfromwithin
8:19 pm	lynnfishman:	You can't control the outside world but you can control what is going on the inside. #leadfromwithin
8:19 pm	scedmonds:	A4: A mindset of "appreciative inquiry" about who I'm being when doing what I do can help my self-awareness a BUNCH. #leadfromwithin
8:19 pm	worksmarta:	A4: Bravery - you may not like what you find. #leadfromwithin
8:19 pm	MPConsults:	A4: You have to be intentional. About getting feedback from your environment and yourself. #leadfromwithin
8:19 pm	jesselynstoner:	@LeadershipNow What do you mean by teachability? #LeadfromWithin
8:19 pm	JKWleadership:	A Self Aware Mindset = being open to opinions of others, accepting imperfection and always asking yourself WHY (A4) #leadfromwithin
8:19 pm	HRMexplorer:	you have to know yourself before you can help others #leadfromwithin
8:19 pm	topikwely:	RT @lollydaskal : A4: Your mindset is about believing in your qualities and gifts, Compassion, courage, empathy, pain, love, hate #leadfromwithin
8:19 pm	john_paul:	a4: Clarity helps - clear waters that allow me to touch in with my heart and greater self. #leadfromwithin
8:19 pm	lollydaskal:	A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:19 pm	getsweetie:	A4 Looking for "triggers" of responses can help one recognize the awareness of core issues #leadfromwithin
8:19 pm	StrategicMonk:	A4: The willingness and ability to be a beginner; over & over again. #leadfromwithin
8:19 pm	marynabadenhors:	12 keys for greater self-awareness http://bit.ly/3qp554 #leadfromwithin I
8:19 pm	heart_path:	we must learn to listen with our heart, setting aside our ego. Humility instead of pride; courage, openness, truth-seeking. #Leadfromwithin
8:19 pm	scedmonds:	Great Q - teachability of oneself or others? RT @jesselynstoner : @LeadershipNow What do you

		mean by teachability? #leadfromwithin
8:20 pm	LeadershipNow:	RT @ lollydaskal : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:20 pm	dapancost:	RT @ LollyDaskal : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin -- Absolutely
8:20 pm	JKWleadership:	When it comes to self awareness - be brave RT @ worksmarta : A4: Bravery - you may not like what you find. #leadfromwithin
8:20 pm	scedmonds:	YES! RT @ getsweetie : A4 Looking for "triggers" of responses can help one recognize the awareness of core issues #leadfromwithin
8:20 pm	StopYourDrpma:	RT @ LollyDaskal : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:20 pm	dave_phillips7:	A3 Does it really matter who we think we are? What others perceive us to be is the reality we must deal with. #Leadfromwithin
8:20 pm	thehealthmaven:	@ scedmonds & a belief that you are where u should b :) To achieve self awareness, I need a mindset of CALM & COURAGE. #leadfromwithin
8:20 pm	growinggold:	A3 we all have challenges and when we ARE self aware, we can see our own downfalls quickly, that can be hard #leadfromwithin
8:20 pm	LeadershipNow:	Q5: How can we gain more Self-Awareness? #leadfromwithin
8:20 pm	lollydaskal:	RT @ JKWleadership : When it comes to self awareness - be brave RT @ worksmarta : A4: Bravery - you may not like what you find. #leadfromwithin
8:20 pm	Simon_GB:	Evening all-A4:There is truly only one mindset for self awareness, an open one #leadfromwithin
8:20 pm	StrategicMonk:	A4: Openness. #leadfromwithin
8:20 pm	lollydaskal:	RT @ LeadershipNow : Q5: How can we gain more Self-Awareness? #leadfromwithin
8:20 pm	topikwely:	RT @ helenantholis : A2. Who pm I? I pm what I say and what I do. #leadfromwithin
8:20 pm	PowerofOneWoman:	RT @ lollydaskal : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:20 pm	jesselynstoner:	To approach with curiosity RT @ StrategicMonk : A4: The willingness and ability to be a beginner; over & over again. #LeadfromWithin
8:20 pm	john_paul:	Q5: How can we gain more Self-Awareness? #leadfromwithin
8:21 pm	lollydaskal:	Yes! RT @ Simon_GB : Evening all-A4:There is truly only one mindset for self awareness, an open one #leadfromwithin
8:21 pm	scedmonds:	!! RT @ heart_path : we must listen with our heart, set aside ego. Humility instead of pride; courage, openness, truth-seeking. #leadfromwithin
8:21 pm	lynnfishman:	Dissonances may dominate during stressful times, in our fears & response reactions. So we work towards congruency. #leadfromwithin
8:21 pm	LeadershipNow:	A5: Let go of the need to be perfect. #leadfromwithin
8:21 pm	postMYskill:	RT @ operationSAFE : RT @ lollydaskal : A9: u may have to jump out of your comfort zone: and think,

		emote, say, write, or do the uncomfortable #leadfromwithin
8:21 pm	helenantholis :	RT @ scedmonds : A4: A mindset of "appreciative inquiry" about who I'm being when doing what I do> -i.e., objective evaluation. #leadfromwithin
8:21 pm	AFC_Accounting :	RT @ LeadershipNow : A5: Let go of the need to be perfect. #leadfromwithin
8:21 pm	worksmarta :	RT @ LeadershipNow : A5: Let go of the need to be perfect. #leadfromwithin
8:21 pm	dapancost :	A5 -- make time for it, to begin with. #Leadfromwithin
8:21 pm	lynnfishman :	RT @ LeadershipNow : A5: Let go of the need to be perfect. #leadfromwithin
8:21 pm	JKWleadership :	We gain self awareness when we question others, listen to the answers and then validate them against our inner values. (A5) #leadfromwithin
8:21 pm	worksmarta :	A5: Set aside time to think about what you are doing. #leadfromwithin
8:21 pm	LeadershipNow :	A5: Be reflective. #leadfromwithin
8:21 pm	KristenCarr :	RT @ dave_phillips7 : A3 Does it really matter who we think we are? What others perceive us to be is the reality we must deal with. #Leadfromwithin
8:21 pm	StrategicMonk :	A5: For me, taking time and listening are crucial. #leadfromwithin
8:22 pm	john_paul :	A5: it is a matter of choosing to be awake. Sometimes i use certain bells and whistles to bring me back home. #leadfromwithin
8:22 pm	giselle2323 :	RT @ AFC_Accounting : RT @ LeadershipNow : A5: Let go of the need to be perfect. #leadfromwithin
8:22 pm	dapancost :	A5 -- Then ask yourself the hard question you intentionally avoid. #Leadfromwithin
8:22 pm	getsweetie :	When core beliefs are not shared, perceived identities may be vastly different based on each one's core values #leadfromwithin
8:22 pm	growinggold :	RT @ John_Paul Q5: How can we gain more Self-Awareness? #leadfromwithin
8:22 pm	StrategicMonk :	RT @ lynnfishman : RT @ LeadershipNow : A5: Let go of the need to be perfect. #leadfromwithin
8:22 pm	lollydaskal :	A5: Self Awareness is having a clear perception of yourself strengths weaknesses, thoughts, beliefs, motivation, & emotions #leadfromwithin
8:22 pm	scedmonds :	A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin
8:22 pm	jpmesspmy :	RT @ lollydaskal : A4: The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:22 pm	giselle2323 :	RT @ john_paul : Q5: How can we gain more Self-Awareness? #leadfromwithin
8:22 pm	helenantholis :	A5 We gain Self Awareness when we lose Self-denial #leadfromwithin
8:22 pm	StrategicMonk :	RT @ scedmonds : A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin
8:22 pm	LeadershipNow :	RT @ scedmonds : A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin

8:22 pm	giselle2323:	RT @ lollydaskal : others impress. leaders influence #leadfromwithin
8:22 pm	dapancost:	RT @ scedmonds : A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin - Right On
8:22 pm	LeadershipNow:	A5: Goldsmith said: If we can stop, listen, and think about what others are seeing in us, we have great opportunity. #leadfromwithin
8:22 pm	worksmarta:	RT @ helenantholis : A5 We gain Self Awareness when we lose Self-denial #leadfromwithin
8:22 pm	heart_path:	RT @ dapancost : RT @ scedmonds : A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin - Right On
8:23 pm	john_paul:	A5: a bell rings and an angel gets it wings. :) #leadfromwithin
8:23 pm	LeadershipNow:	A5: Stop blpming others for our choices. #leadfromwithin
8:23 pm	ToucanCyndee:	@ StrategicMonk A4: The willingness and ability to be a beginner; over & over again. #leadfromwithin - I wake up like this every day
8:23 pm	lynnfishman:	We are aware that we never stop growing- there are always more layers 2 work through. #leadfromwithin
8:23 pm	growinggold:	A5 watch, listen, pay attention! I listen to everything I "advise" to others, because it almost always applies, to me too! #leadfromwithin
8:23 pm	lollydaskal:	A5: Self awareness is the first step in creating what you want and learning to master it. #leadfromwithin
8:23 pm	lollydaskal:	RT @ LeadershipNow : A5: Stop blpming others for our choices. #leadfromwithin
8:23 pm	helenantholis:	Good...RT @ LeadershipNow : A5: Stop blpming others for our choices. #leadfromwithin
8:23 pm	heart_path:	Yes!!! RT @ LeadershipNow : A5: Stop blpming others for our choices. #leadfromwithin
8:23 pm	scedmonds:	A5: I can gain self-awareness by asking my toughest critic for their honest insights on my behavior, decisions, actions. #leadfromwithin
8:23 pm	dave_phillips7:	A4 It helps me be open to myself when I remind myself that there is more than one right answer. #Leadfromwithin
8:23 pm	JKWleadership:	RT @ lollydaskal : A5: Self awareness is the first step in creating what you want and learning to master it. #leadfromwithin
8:24 pm	lollydaskal:	RT @ lynnfishman : We are aware that we never stop growing- there are always more layers 2 work through. #leadfromwithin
8:24 pm	getsweetie:	a5 The willingness to own who we are and who we are unwilling to be is a huge piece of the pie #leadfromwithin
8:24 pm	marynabadenhors:	How can we gain more self-awareness: Mentors, coaches, 360 feedback, reflective journals, be proactive rather than reactive #leadfromwithin
8:24 pm	giselle2323:	RT @ lollydaskal : RT @ LeadershipNow : A5: Stop blpming others for our choices. #leadfromwithin
8:24 pm	SheriKayR:	RT @ JKWleadership : If you want an uncensored opinion of "who you are" ask your kids. (A2) #leadfromwithin
8:24 pm	dapancost:	RT @ LollyDaskal : RT @ lynnfishman : We are aware that we never stop growing- there are always

		more layers 2 work through. #leadfromwithin
8:24 pm	growinggold:	perfect! RT @worksmarta RT @helenantholis : A5 We gain Self Awareness when we lose Self-denial #leadfromwithin
8:24 pm	LeadershipNow:	How true. RT @dave_phillips7 : A4 helps me be open to myself when I remind myself that there is more than one right answer. #leadfromwithin
8:24 pm	heart_path:	RT @getsweetie : a5 The willingness to own who we are and who we are unwilling to be is a huge piece of the pie #leadfromwithin
8:24 pm	thehealthmaven:	A5 gaining resilience, keep learning, positive relationships & being on the look out to do good & not focus only on self #leadfromwithin
8:24 pm	StrategicMonk:	RT @getsweetie : a5 The willingness to own who we are and who we are unwilling to be is a huge piece of the pie #leadfromwithin
8:24 pm	john_paul:	RT @scedmonds A5: I can gain SA by asking my toughest critic for their honest insights on my behavior, decisions, actions. #leadfromwithin
8:24 pm	Thomastwo:	RT @lollydaskal : Q4:What are the mindsets to achieve self awareness? #leadfromwithin
8:24 pm	jesselynstoner:	RT @scedmonds A5 we gain more self awareness by honest reflection of our intention & impact of our actions #leadfromwithin #LeadfromWithin
8:24 pm	giselle2323:	RT @lollydaskal : A5: Self awareness is the first step in creating what you want and learning to master it. #leadfromwithin
8:24 pm	lollydaskal:	RT @growinggold : perfect! RT @worksmarta RT @helenantholis : A5 We gain Self Awareness when we lose Self-denial #leadfromwithin
8:25 pm	MagneticSilvia:	Kids are in bed, I'm ready for #leadfromwithin - my favorite Tuesday evening destination ;-)
8:25 pm	lynnfishman:	@ LeadershipNow So true! Stop blaming others for our choices. #leadfromwithin
8:25 pm	Simon_GB:	A5: Ask the question, what would I prefer to do if I had no one that depended on me, then listen #leadfromwithin
8:25 pm	ipmwindowman:	RT @operationSAFE : RT @lollydaskal : A9: u may have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:25 pm	MagneticSilvia:	RT @lynnfishman : We are aware that we never stop growing- there are always more layers 2 work through. #leadfromwithin
8:25 pm	scedmonds:	Brilliant! RT @worksmarta : RT @helenantholis : A5 We gain Self Awareness when we lose Self-denial #leadfromwithin
8:25 pm	donnypep:	Think yourself as a beginner everytime RT @LeadershipNow : Q5: How can we gain more Self-Awareness? #leadfromwithin
8:25 pm	Thomastwo:	RT @lollydaskal : RT @lynnfishman : We are aware that we never stop growing- there are always more layers 2 work through. #leadfromwithin
8:25 pm	giselle2323:	Yes! RT @lollydaskal : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:25 pm	worksmarta:	RT @Simon_GB : A5: Ask the question, what would I prefer to do if I had no one that depended on me, then listen #leadfromwithin
8:25	MagneticSilvia:	Good one! RT @LeadershipNow : A5: Stop

pm		blpming others for our choices. #leadfromwithin
8:25 pm	growinggold:	RT @ ToucanCyndee @ StrategicMonk A4: The willingness & ability 2B a beginner; over & over again #leadfromwithin - I wake up like this evryday
8:25 pm	heart_path:	RT @ giselle2323 : Yes! RT @ lollydaskal : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:25 pm	getsweetie:	#leadfromwithin , accepting that the perspectives may mature or enlarge as one grows from experiences
8:26 pm	dapancost:	RT @ MagneticSilvia : Good one! RT @ LeadershipNow : A5: Stop blpming others for our choices. #leadfromwithin Absolutely
8:26 pm	lollydaskal:	Q6:How do you connect your insides to reflect your outside? #leadfromwithin
8:26 pm	scedmonds:	Great - we stop learning, we expire! RT @ lynnfishman : We . . . never stop growing- there are always layers 2 work through. #leadfromwithin
8:26 pm	HRMexplorer:	who do I serve and it is not myself #leadfromwithin
8:26 pm	dave_phillips7:	@ scedmonds can we really ever have honest reflection of ourselves? Seems that is something only achieved by Budha. #Leadfromwithin
8:26 pm	rpmaraobobby:	RT @ JKWleadership biggest challenge w/ being self aware is when we see things we don't like, we need 2 commit 2 change them. #leadfromwithin
8:26 pm	growinggold:	RT @ LollyDaskal Q4:What are the mindsets to achieve self awareness? #leadfromwithin
8:26 pm	thehealthmaven:	RT @ dapancost : RT @ MagneticSilvia : Good one! RT @ LeadershipNow : A5: Stop blpming others for our choices. #leadfromwithin Absolutely
8:26 pm	lollydaskal:	A6: RT @ HRMexplorer : who do I serve and it is not myself #leadfromwithin
8:26 pm	john_paul:	Q6:How do you connect your insides to reflect your outside? #leadfromwithin
8:26 pm	StrategicMonk:	A5: Asking questions may be more important than finding answers. #leadfromwithin
8:26 pm	lollydaskal:	A6:Determining which thoughts allow you to experience the optimal well-being that is reflective of inner being. #leadfromwithin
8:26 pm	tres444:	RT @ lollydaskal : RT @ lynnfishman : We are aware that we never stop growing- there are always more layers 2 work through. #leadfromwithin
8:27 pm	scedmonds:	RT @ lollydaskal : Q6:How do you connect your insides to reflect your outside? #leadfromwithin
8:27 pm	LeadershipNow:	RT @ donnypep : Think yourself as a beginner everytime Q5: How can we gain more Self-Awareness? #leadfromwithin
8:27 pm	giselle2323:	A5 learning to get out of our own way in order to truly lead. #leadfromwithin
8:27 pm	Simon_GB:	RT @ lynnfishman : We are aware that we never stop growing- there are always more layers 2 work through. #leadfromwithin YES said the onion
8:27 pm	getsweetie:	#leadfromwithin Awareness of leadership means awareness of personal and professional boundaries for self and others
8:27 pm	LeadershipNow:	A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:27	DoubleMartini:	RT @ lollydaskal : A9: To discover yourself u may

pm		have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:27 pm	lollydaskal:	A6: We need to find ways that allow us to tune into the eternal wisdom present within u & then share it with the outside #leadfromwithin
8:27 pm	DrMelanieG:	RT @ jesselynstoner : RT @ scedmonds A5 we gain more self awareness by honest reflection of our intention & impact of our actions #leadfromwithin #LeadfromWithin
8:27 pm	dapancost:	A6 -- Know your own thoughts as opposed to others. Live them out regardless of what others think. #Leadfromwithin
8:27 pm	lollydaskal:	RT @ getsweetie : Awareness of leadership means awareness of personal and professional boundaries for self and others #leadfromwithin
8:28 pm	scedmonds:	A6: to connect my inside to my outside (behaviors), I look to values alignment. Pm I acting in accordance with my values? #leadfromwithin
8:28 pm	lollydaskal:	RT @ LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:28 pm	lynnfishman:	A6. We strive for contentment with the past, happiness in the present & hope for the future. #leadfromwithin
8:28 pm	StrategicMonk:	A6: Letting go of the fear of rejection. #leadfromwithin
8:28 pm	heart_path:	A6: Work toward making choices in which our outer lives reflect our inner values. #Leadfromwithin
8:28 pm	worksmarta:	True RT @ LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:28 pm	lollydaskal:	A6: our inner light which is our heart, leads us to create our daily joyous life. #leadfromwithin
8:28 pm	LeadershipNow:	A6: Elbert Hubbard: The treatment we receive from others is only our own reflected thought. #leadfromwithin
8:28 pm	scedmonds:	Fab, Lynn! RT @ lynnfishman : A6. We strive for contentment with the past, happiness in the present & hope for the future. #leadfromwithin
8:28 pm	giselle2323:	RT @ LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:28 pm	john_paul:	a6: through being awake, self awareness - one can see what is outside as a reflection of what is inside. #leadfromwithin
8:28 pm	scedmonds:	That's SO powerful! RT @ StrategicMonk : A6: Letting go of the fear of rejection. #leadfromwithin
8:28 pm	jesselynstoner:	A6: We need to align our awareness with our actions, or it doesn't really matter what we know. #LeadfromWithin
8:28 pm	EdwardColozzi:	Getting in touch with TrueSelf (TS) leads to increased Selfawareness (SA) Basis of TS=LOVEw/oAttachment http://tl.gd/931t6m #leadfromwithin
8:28 pm	Cybuhr:	A6: Honest transparency to others begins with transparency to ourselves. #LeadFromWithin
8:28 pm	JKWleadership:	When our thoughts and values are demonstrated through our actions then the inner self and outer self

		are in synch. (A6) #leadfromwithin
8:28 pm	growinggold:	A4 forgiveness, patience, self-reflection all provoke n grow greater self awareness #leadfromwithin
8:28 pm	LeadershipNow:	Always the challenge. RT @heart_path : A6: Work toward making choices in which our outer lives reflect our inner values. #leadfromwithin
8:29 pm	StrategicMonk:	RT @john_paul : a6: through being awake, self awareness - one can see what is outside as a reflection of what is inside. #leadfromwithin
8:29 pm	dave_phillips7:	RT @LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #Leadfromwithin
8:29 pm	heart_path:	Yes - very, very true! RT @Cybuhr : A6: Honest transparency to others begins with transparency to ourselves. #LeadFromWithin
8:29 pm	helenantholis:	A6 Connect your inside to reflect your outside - Shakespeare/Hpmlt. To thine own self be true. = Be who you are. #leadfromwithin
8:29 pm	HRMexplorer:	what we dislike in others is a judgement within ourselves #leadfromwithin
8:29 pm	scedmonds:	Hard yet gratifying to achieve! RT @Cybuhr : A6: Honest transparency to others begins with transparency to ourselves. #leadfromwithin
8:29 pm	lollydaskal:	A6: inner leadership is knowing our true purpose and that we are able to finally step into our brilliance & our magnificence #leadfromwithin
8:29 pm	john_paul:	A6: Synchronicity sometimes helps out but that is more of a bell starting to ring. #leadfromwithin
8:29 pm	LeadershipNow:	A6: Our biggest irritations look a lot like us. #leadfromwithin
8:29 pm	helenantholis:	So true RT @dave_phillips7 : RT @LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:29 pm	getsweetie:	Our awareness of self allows us to employ our gifts in more meaningful outcomes #leadfromwithin
8:29 pm	8:	RT @lollydaskal : A4: Awareness mindset is to know yourself accurately and build upon that knowledge #leadfromwithin
8:29 pm	LeadershipNow:	RT @heart_path : Yes - very, very true! RT @Cybuhr : A6: Honest transparency to others begins with transparency to ourselves. #leadfromwithin
8:29 pm	scedmonds:	PERFECT. RT @heart_path : A6: Work toward making choices in which our outer lives reflect our inner values. #leadfromwithin
8:29 pm	StrategicMonk:	RT @jesselynstoner : A6: We need to align our awareness with our actions, or it doesnt really matter what we know. #leadfromwithin
8:29 pm	JKWleadership:	RT @LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:29 pm	deeon03:	RT @LollyDaskal : RT @lynnfishman : We are aware that we never stop growing- there are always more layers 2 work through. #leadfromwithin
8:29 pm	worksmarta:	RT @helenantholis : A6 Shakespeare/Hpmlt. To thine own self be true. = Be who you are. #leadfromwithin
8:29 pm	lollydaskal:	RT @helenantholis : A6 Connect your inside to reflect yr outside Shakespeare/Hpmlt.To thine own

		self be true. Be who u are. #leadfromwithin
8:29 pm	StrategicMonk:	RT @ LeadershipNow : A6: Our biggest irritations look a lot like us. #leadfromwithin
8:29 pm	scedmonds:	Hysterical . . . and TRUE. RT @ LeadershipNow : A6: Our biggest irritations look a lot like us. #leadfromwithin
8:30 pm	NikaStewart:	RT @ LeadershipNow : Our biggest irritations look a lot like us. #leadfromwithin
8:30 pm	JKWleadership:	RT @ worksmarta : RT @ helenantholis : A6 Shakespeare/Hpmlt. To thine own self be true. = Be who you are. #leadfromwithin
8:30 pm	rgbrody:	RT @ lollydaskal : RT @ LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:30 pm	john_paul:	RT @ helenantholis Connect ur inside to reflect your outside, Shakespeare/Hpmlt. To thine own self be true = Be who you are. #leadfromwithin
8:30 pm	phillipswindle:	RT @ lollydaskal : RT @ helenantholis : A6 Connect your inside to reflect yr outside Shakespeare/Hpmlt.To thine own self be true. Be who u are. #leadfromwithin
8:30 pm	worksmarta:	RT @ scedmonds : PERFECT. RT @ heart_path : A6: Work toward making choices in which our outer lives reflect our inner values. #leadfromwithin
8:30 pm	giselle2323:	RT @ LeadershipNow : A6: Our biggest irritations look a lot like us. #leadfromwithin
8:30 pm	dolynesaids:	RT @ lollydaskal : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:30 pm	LeadershipNow:	RT @ helenantholis : A6 Connect your inside to reflect yr outside Shakespeare/Hpmlt.To thine own self be true. Be who u are. #leadfromwithin
8:30 pm	lollydaskal:	RT @ scedmonds : Hysterical . . . and TRUE. RT @ LeadershipNow : A6: Our biggest irritations look a lot like us. #leadfromwithin
8:30 pm	rgbrody:	RT @ lollydaskal : RT @ getsweetie : Awareness of leadership means awareness of personal and professional boundaries for self and others #leadfromwithin
8:30 pm	growinggold:	A4 when U R triggered/upset by another, reflect back on self 2ask "why does that bother me so much?" 2 grow self awareness #leadfromwithin
8:30 pm	john_paul:	RT @ StrategicMonk A6: Our biggest irritations look a lot like us. #leadfromwithin
8:30 pm	Cybuhr:	RT @ LeadershipNow : A6: Our biggest irritations look a lot like us. #LeadFromWithin
8:30 pm	worksmarta:	YUP! RT @ scedmonds : Hysterical... and TRUE. RT @ LeadershipNow : A6: Our biggest irritations look a lot like us. #leadfromwithin
8:30 pm	getsweetie:	#leadfromwithin Empowering those around you is a natural progression of allowing them to know your own awareness of self in leadership
8:30 pm	worksmarta:	RT @ growinggold : A4 when U R triggered/upset by another, reflect back on self 2ask "why does that bother me so much?" #leadfromwithin
8:31 pm	EdLovesSumo:	@ lollydaskal where are the questions? #Leadfromwithin
8:31 pm	scedmonds:	A6: Our insides/outside can align when we listen to those around us, who work/live with us. Every interaction holds truth. #leadfromwithin

8:31 pm	8:	RT @ LeadershipNow : A6: What we dislike in others creates a window into our own behavior. # leadfromwithin
8:31 pm	lynnfishman :	RT @ john_paul : RT @ StrategicMonk A6: Our biggest irritations look a lot like us. # leadfromwithin
8:31 pm	thehealthmaven :	A6 We always need to be asking ourselves the right questions & at times the tough questions...align & enjoy! # leadfromwithin
8:31 pm	Cybuhr :	RT @ lollydaskal : Q6:How do you connect your insides to reflect your outside? # LeadFromWithin
8:31 pm	helenantholis :	RT @ worksmarta : RT @ growinggold : A4 when U R triggered/upset, reflect back on self 2ask "why does that bother me so much?" # leadfromwithin
8:31 pm	Simon_GB :	A6:Easy for an intravert, not so easy for an extravert # leadfromwithin
8:32 pm	getsweetie :	Self awareness requires time in all areas of life, work, play, rest, family, creative, reflective times # leadfromwithin
8:32 pm	LeadershipNow :	RT @ growinggold : A4 when U R triggered/upset, reflect back on self 2ask "why does that bother me so much?" # leadfromwithin
8:32 pm	scedmonds :	Here you go, Ed: RT @ lollydaskal : Q6:How do you connect your insides to reflect your outside? # leadfromwithin
8:32 pm	lollydaskal :	@ EdLovesSumo Both Michael and I are taking turns asking questions every five minutes on the hour. # leadfromwithin
8:32 pm	growinggold :	RT @ giselle2323 RT @ lollydaskal : others impress. leaders influence # leadfromwithin
8:32 pm	john_paul :	RT @ EdLovesSumo where are the questions? they get listed periodically as Qx: do a search for them in ur browser can help # leadfromwithin
8:32 pm	dapancost :	@ JesseLynStoner Bye, Jesse. Come back next week. # LeadfromWithin
8:32 pm	StrategicMonk :	RT @ getsweetie : Self awareness requires time in all areas of life, work, play, rest, family, creative, reflective times # leadfromwithin
8:32 pm	scedmonds :	True - possible, but it takes effort to LISTEN. RT @ Simon_GB : A6:Easy for an intravert, not so easy for an extravert # leadfromwithin
8:32 pm	LeadershipNow :	Q7: How can we help others gain Self-Awareness? # leadfromwithin
8:33 pm	HRMexplorer :	no situation has an emotion until we come along # leadfromwithin
8:33 pm	john_paul :	RT @ Simon_GB A6:Easy for an intravert, not so easy for an extravert # leadfromwithin
8:33 pm	helenantholis :	A6. Find the gaps that distress you and you'll find the way. # leadfromwithin
8:33 pm	lollydaskal :	RT @ LeadershipNow : Q7: How can we help others gain Self-Awareness? # leadfromwithin
8:33 pm	growinggold :	RT @ Cybuhr RT @ lollydaskal : Q6:How do you connect your insides to reflect your outside? # LeadFromWithin
8:33 pm	scedmonds :	See you at the Summit next week, Jess! RT @ jesselynstoner : Sorry I have to leave early. Thanks to all. # leadfromwithin
8:33 pm	lynnfishman :	With self awareness have a sense of lightness- a curiosity, perserverance & passion.# leadfromwithin

8:33 pm	dapancost:	A7: Very gently, and with much humility. That is delicate territory you are treading there. #Leadfromwithin
8:33 pm	JKWleadership:	@ Simon_GB The introvert asks himself - The extrovert asks everybody. :-) (A6) #leadfromwithin
8:33 pm	LeadershipNow:	Our emotion is our choice. RT @ HRMexplorer : no situation has an emotion until we come along #leadfromwithin
8:33 pm	MagneticSilvia:	RT @ GetSweetie : #leadfromwithin Awareness of leadership means awareness of personal and professional boundaries for self and others
8:33 pm	john_paul:	Q7: How can we help others gain Self-Awareness? #leadfromwithin
8:33 pm	mposchange:	@ lynnfishman Yes, we need to distinguish between the values & patterns we've learnt from others and our own desires & values #leadfromwithin
8:33 pm	StrategicMonk:	A7: Listen to them, in the same way we listen to ourselves. #leadfromwithin
8:34 pm	worksmarta:	A7: Ask questions, show them how you are doing it for yourself - by example. #leadfromwithin
8:34 pm	getsweetie:	#leadfromwithin Our core beliefs may be hindered in our behavior if fear, chaos, frustrations are not dealt with and resolved.
8:34 pm	growinggold:	RT @ LollyDaskal RT @ LeadershipNow : Q7: How can we help others gain Self-Awareness? #leadfromwithin
8:34 pm	helenantholis:	A7.We can help others through thoughtful questions and gentle stories. #leadfromwithin
8:34 pm	MagneticSilvia:	So true! RT @ JesseLynStoner : A6: We need to align our awareness with our actions, or it doesn't really matter what we know. #LeadfromWithin
8:34 pm	john_paul:	A7: wow - i don't know that we really can . . . we can encourage them, coach them, love them but they have to do the work. #leadfromwithin
8:34 pm	scedmonds:	A7: to help others gain self-awareness, we must ask their permission to provide insight about their behaviors. #leadfromwithin
8:34 pm	dapancost:	A7: know that you don't have all the answers, while asking thought provoking questions. #Leadfromwithin
8:34 pm	lollydaskal:	RT @ helenantholis : A7.We can help others through thoughtful questions and gentle stories. #leadfromwithin
8:34 pm	StrategicMonk:	A7: Create an environment where it is safe & encouraged to explore. #leadfromwithin
8:34 pm	lollydaskal:	RT @ scedmonds : A7: to help others gain self-awareness, we must ask their permission to provide insight about their behaviors #leadfromwithin
8:35 pm	john_paul:	RT @ helenantholis A7.We can help others through thoughtful questions and gentle stories. #leadfromwithin
8:35 pm	helenantholis:	RT @ scedmonds : A7: to help others gain self-awareness, we must ask their permission to provide insight about their behaviors #leadfromwithin
8:35 pm	JKWleadership:	Helping another be more self aware takes timing, courage and trust. Your opinion may not always be welcome. (A7) #leadfromwithin
8:35 pm	MagneticSilvia:	Another pearl of wisdom. Thanks! RT @ Cybuhr : A6: Honest transparency to others begins with transparency to ourselves. #LeadFromWithin

8:35 pm	LeadershipNow:	A7: They must be willing. Open to self-improvement. #leadfromwithin
8:35 pm	ToucanCyndee:	A6 It is always good policy to listen to yourself and then practice what you preach #leadfromwithin
8:35 pm	lollydaskal:	RT @ StrategicMonk : A7: Create an environment where it is safe & encouraged to explore. #leadfromwithin
8:35 pm	scedmonds:	Gentle stories = VERY POWERFUL! RT @ helenantholis : A7.We can help others through thoughtful questions and gentle stories. #leadfromwithin
8:35 pm	dapancost:	RT @ LollyDaskal : RT @ StrategicMonk : A7: Create an environment where it is safe & encouraged to explore. #leadfromwithin Great point!
8:35 pm	StrategicMonk:	A7: Allow them to recognize that they are beginners, too. #leadfromwithin
8:35 pm	heart_path:	A7: We can help others gain self awareness by the expmple we set , sharing stories, listening, & asking questions. #Leadfromwithin
8:35 pm	EdwardColozzi:	@ LollyDaskal @ LeadershipNow @ john_Paul #leadfromwithin Give honest feedback w LOVE N encourage attitude of being present meditations helps 2
8:35 pm	helenantholis:	RT @ lollydaskal : RT @ StrategicMonk : A7: Create an environment where it is safe & encouraged to explore. #leadfromwithin
8:35 pm	LeadershipNow:	A learning environment is critical. RT @ StrategicMonk : A7: Create an environment where it is safe & encouraged to explore. #leadfromwithin
8:35 pm	ECCSonline:	RT @ scedmonds : To help others gain self-awareness, we must ask their permission to provide insight about their behaviors. #leadfromwithin
8:36 pm	sweatymdma:	RT @ lollydaskal : A5: Self Awareness is having a clear perception of yourself strengths weaknesses, thoughts, beliefs, motivation, & emotions #leadfromwithin
8:36 pm	LeadershipNow:	A7: Offer to coach or mentor. #leadfromwithin
8:36 pm	heart_path:	Trust is essential in helping others reach self-awareness. #Leadfromwithin
8:36 pm	JKWleadership:	When you share your opinion of another's character - be respectful - it is only your opinion. (A7) #leadfromwithin
8:36 pm	donhornsby:	RT @ LeadershipNow : A6: Elbert Hubbard: The treatment we receive form others is only our own reflected thought. #leadfromwithin
8:36 pm	StrategicMonk:	RT @ heart_path : Trust is essential in helping others reach self-awareness. #leadfromwithin
8:36 pm	lynnfishman:	A7. Explain the commonality of experiences we all go through- even though they may appear in different forms. #leadfromwithin
8:36 pm	LeadershipNow:	A7: You can't tolerate bad behavior but need to be accepting. There?s a difference. #leadfromwithin
8:36 pm	dapancost:	A7: requires true humility and careful communication. #Leadfromwithin
8:36 pm	LeadershipNow:	RT @ heart_path : Trust is essential in helping others reach self-awareness. #leadfromwithin
8:36 pm	john_paul:	RT @ heart_path Trust is essential in helping others

pm		reach self-awareness #leadfromwithin
8:36 pm	growinggold:	A7 promote self reflection... particularly in moments of 'complaining' Q7: How can we help others gain Self-Awareness? #leadfromwithin
8:36 pm	scedmonds:	A7: I can help others gain self awareness if I pm centered, present, and of a service heart. If I'm NOT, come back later! #leadfromwithin
8:37 pm	heart_path:	RT @ scedmonds : A7: I can help others gain self awareness if I pm centered, present, and of a service heart. If I'm NOT, come back later! #leadfromwithin
8:37 pm	Cybuhr:	Absolutely! And awareness leads to trust. RT @ heart_path : Trust is essential in helping others reach self-awareness. #LeadFromWithin
8:37 pm	thehealthmaven:	A7..help them find their voice...there are a lot of reasons why others hide #leadfromwithin
8:37 pm	growinggold:	exactly! RT @ StrategicMonk A7: Listen to them, in the spme way we listen to ourselves. #leadfromwithin
8:37 pm	dave_phillips7:	A7 Asking questions can help others with self awareness, actually listening to their answers helps us. #Leadfromwithin
8:37 pm	scedmonds:	SO true, Sharon! RT @ heart_path : Trust is essential in helping others reach self-awareness. #leadfromwithin
8:37 pm	StrategicMonk:	A7: Remember that how we perceive them is shaped by how we perceive ourselves. #leadfromwithin
8:37 pm	worksmarta:	RT @ LeadershipNow : RT @ heart_path : Trust is essential in helping others reach self-awareness. #leadfromwithin
8:37 pm	NikaStewart:	Be gentle & accepting -to ourselves 1st, so we can be that way to others. (then they can learn 2 B that way 4 themselves) #leadfromwithin
8:37 pm	LeadershipNow:	Yes. Timing is important. RT @ growinggold : A7 promote self reflection... particularly in moments of complaining #leadfromwithin
8:37 pm	Simon_GB:	When we are most irritated it is time to look deep inside ourselves #leadfromwithin
8:37 pm	helenantholis:	RT @ growinggold : A7 promote self reflection..particularly in moments of complaining Q7:How can we help others be Self-Aware? #leadfromwithin
8:37 pm	MagneticSilvia:	A7: Being an expmple of self awareness and sharing ourselves with others. #leadfromwithin
8:38 pm	heart_path:	RT @ MagneticSilvia : A7: Being an expmple of self awareness and sharing ourselves with others. #leadfromwithin
8:38 pm	scedmonds:	A7: I wonder if the truth I see is too difficult for another to consider - my experience may not be their truth! #leadfromwithin
8:38 pm	LeadershipNow:	True. RT @ StrategicMonk : A7: Remember that how we perceive them is shaped by how we perceive ourselves. #leadfromwithin
8:38 pm	dolynesaids0:	RT @ lollydaskal : RT @ StrategicMonk : A7: Create an environment where it is safe & encouraged to explore. #leadfromwithin
8:38 pm	SandiGivens:	RT @ MagneticSilvia : Another pearl of wisdom. Thanks! RT @ Cybuhr : A6: Honest transparency to others begins with transparency to ourselves.

		#LeadFromWithin
8:38 pm	mikaylaXsmith:	A7: Encourage them to make decisions based on their own core values. And then talk w/ them about how they arrived there. #leadfromwithin
8:38 pm	heart_path:	RT @LeadershipNow: True. RT @StrategicMonk: A7: Remember that how we perceive them is shaped by how we perceive ourselves. #leadfromwithin
8:38 pm	StrategicMonk:	RT @MagneticSilvia: A7: Being an expmple of self awareness and sharing ourselves with others. #leadfromwithin
8:38 pm	LeadershipNow:	Yes! RT @MagneticSilvia: A7: Being an expmple of self awareness and sharing ourselves with others. #leadfromwithin
8:38 pm	john_paul:	RT @Simon_GB When we are most irritated it is time to look deep inside ourselves #leadfromwithin
8:38 pm	helenantholis:	RT @MagneticSilvia: A7: Being an expmple of self awareness and sharing ourselves with others. #leadfromwithin
8:38 pm	ECCSonline:	A7: Use a third source they value; for Christians > Bible, Muslims ? Quran #leadfromwithin
8:38 pm	spmrat747:	RT @LollyDaskal: RT @helenantholis: A7.We can help others through thoughtful questions and gentle stories. #leadfromwithin
8:38 pm	scedmonds:	Absolutely! RT @MagneticSilvia: A7: Being an expmple of self awareness and sharing ourselves with others. #leadfromwithin
8:38 pm	lynnfishman:	A7. We are often more alike than different when it comes to challenges & inner growth. #leadfromwithin
8:38 pm	dolynesaids:	RT @lollydaskal: RT @scedmonds: A7: to help others gain self-awareness, we must ask their permission to provide insight about their behaviors #leadfromwithin
8:38 pm	helenantholis:	RT @scedmonds: A7: I wonder if the truth I see is too difficult for another to consider;my experience may not be their truth #leadfromwithin
8:38 pm	getsweetie:	A7 Behaviors are very connected to core beliefs, ...experiences....and sometimes the exper have not supported the beliefs #leadfromwithin
8:38 pm	giselle2323:	RT @lollydaskal: RT @StrategicMonk: A7: Create an environment where it is safe & encouraged to explore. #leadfromwithin
8:39 pm	JKWleadership:	RT @lynnfishman: A7. We are often more alike than different when it comes to challenges & inner growth. #leadfromwithin
8:39 pm	heart_path:	RT @giselle2323: RT @lollydaskal: RT @StrategicMonk: A7: Create an environment where it is safe & encouraged to explore. #leadfromwithin
8:39 pm	HRMexplorer:	there is always only one self find it and cherish it #leadfromwithin
8:39 pm	growinggold:	& lettin go! allow them their process RT @John_Paul RT @heart_path Trust is essential in helping others reach self-awareness #leadfromwithin
8:39 pm	john_paul:	RT @lynnfishman A7. We are often more alike than different when it comes to challenges & inner growth. <- So true! #leadfromwithin
8:39	donnypep:	RT @lollydaskal: RT @scedmonds: A7: to help

pm		others gain self-awareness, we must ask their permission to provide insight about their behaviors # leadfromwithin
8:39 pm	getsweetie:	# leadfromwithin Helping others to see imbalance in their activities helps realign awareness...work, play, rest, creating, reflecting
8:40 pm	scedmonds:	A7: I think I can make my perceptions more palatable to others if I begin with "I wonder about "X" behavior" vs. accusing. # leadfromwithin
8:40 pm	lollydaskal:	Q8: How does the conscious and unconsciousness play into self awareness? # leadfromwithin
8:40 pm	EdwardColozzi:	@ John_Paul Trust is essential; Fear is Opposite of trust & LOVE is More powerful than fear. Lead frm LOVE # leadfromwithin
8:40 pm	MagneticSilvia:	Yes! RT @ lynnfishman : A7. We are often more alike than different when it comes to challenges & inner growth. # leadfromwithin
8:40 pm	lollydaskal:	A8: Conscious is ego and mind and unconscious is heart and intuition. # leadfromwithin
8:40 pm	Cybuhr:	A7: Challenge their expressed wants to reveal true desires. # LeadFromWithin
8:41 pm	heart_path:	RT @ lollydaskal : A8: Conscious is ego and mind and unconscious is heart and intuition. # leadfromwithin
8:41 pm	scedmonds:	Great potential! RT @ ECCSonline : A7: Use a third source they value; for Christians > Bible, Muslims ? Quran # leadfromwithin
8:41 pm	Simon_GB:	excellent RT @ lollydaskal : RT @ StrategicMonk : A7: Create an environment where it is safe & encouraged to explore. # leadfromwithin
8:41 pm	dapancost:	A8: The conscious is what we have to work with to become aware of the unconscious # Leadfromwithin
8:41 pm	JKWleadership:	Our values shape our truths. Shared values lead to shared truths. (A7) # leadfromwithin
8:41 pm	heart_path:	RT @ JKWleadership : Our values shape our truths. Shared values lead to shared truths. (A7) # leadfromwithin
8:41 pm	lollydaskal:	A8: The extent we are in denial of our unconscious is usually the extent to which our conscious is screpping at us. # leadfromwithin
8:41 pm	john_paul:	RT @ EdwardColozzi Trust is essential; Fear is Opposite of trust & LOVE is More powerful than fear. Lead frm LOVE <- i agree # leadfromwithin
8:42 pm	heart_path:	RT @ john_paul : RT @ EdwardColozzi Trust is essential; Fear is Opposite of trust & LOVE is More powerful than fear. Lead frm LOVE <- i agree # leadfromwithin
8:42 pm	giselle2323:	I agree! RT @ heart_path : Trust is essential in helping others reach self-awareness. # Leadfromwithin
8:42 pm	MagneticSilvia:	RT @ john_paul : RT @ EdwardColozzi Trust is essential; Fear is Opposite of trust & LOVE is More powerful than fear. Lead frm LOVE <- i agree # leadfromwithin
8:42 pm	lollydaskal:	Q8: how does conscious and unconsciousness play into self awareness? # leadfromwithin
8:42 pm	racheldyas:	Q5 know, accept, be honest about and overcome / improve your own failings. Tell others about them so they may help you. # leadfromwithin
8:42	MagneticSilvia:	RT @ giselle2323 : I agree! RT @ heart_path : Trust

pm		is essential in helping others reach self-awareness. #Leadfromwithin
8:42 pm	backyardhaven:	RT @ lollydaskal : A8: The extent we are in denial of our unconscious is usually the extent to which our conscious is screeching at us. #leadfromwithin
8:42 pm	getsweetie:	#leadfromwithin Trust of self is another core essential in helping one learn self awareness, too many have ignored their inner voice
8:43 pm	john_paul:	Q8: how does conscious and unconsciousness play into self awareness? #leadfromwithin
8:43 pm	worksmarta:	A8: Bringing the subconscious to the conscious. #leadfromwithin
8:43 pm	scedmonds:	A8: I need to move from "I don't know what I don't know" (unconscious) to "Huh, I know" (conscious) to modify behavior. #leadfromwithin
8:43 pm	heart_path:	agreed! RT @ GetSweetie : #leadfromwithin too many have ignored their inner voice
8:43 pm	growinggold:	RT @ LollyDaskal Q8: how does conscious and unconsciousness play into self awareness? #leadfromwithin
8:43 pm	ECCSonline:	A8: We can lose objectivity of both; that's when others are needed to guide us back. #leadfromwithin
8:43 pm	dolynesaids:	RT @ lollydaskal : A8: Conscious is ego and mind and unconscious is heart and intuition. #leadfromwithin
8:43 pm	lollydaskal:	A8: To less inwardly we look into our unconscious the less conscious we are. #leadfromwithin
8:43 pm	LeadershipNow:	A8: Our biggest gain in self-improvement can be had by simply finding out what others know about us that we don't. #leadfromwithin
8:43 pm	lynnfishman:	A8. Awareness comes by learning who we are independent of outside influences. The subconscious rules here. #leadfromwithin
8:43 pm	dapancost:	RT @ ECCSonline : A8: We can lose objectivity of both; that's when others are needed to guide us back. #leadfromwithin (Absolutely)
8:43 pm	helenantholis:	A8. There are knowns that we know...and unknowns that we know...sorry I'm channeling Rumsfeld. #leadfromwithin
8:43 pm	dolynesaids:	RT @ lollydaskal : A8: The extent we are in denial of our unconscious is usually the extent to which our conscious is screeching at us. #leadfromwithin
8:44 pm	getsweetie:	Experiences have taught many that their voice will not be heard, the conflict of not empowering your own voice paralyzes #leadfromwithin
8:44 pm	dapancost:	RT @ helenantholis : A8. There are knowns that we know...and unknowns that we know...sorry I'm channeling Rumsfeld. #leadfromwithin (LOL)
8:44 pm	ECCSonline:	RT @ LeadershipNow : A8: Our biggest gain in self-improvement can be had by finding out what others know about us #leadfromwithin
8:44 pm	john_paul:	A8: Through the love of the beloved, that is how. #leadfromwithin
8:44 pm	scedmonds:	A8: Is self awareness, by definition, conscious understanding of behavior, action, intention I'm not conscious of? #leadfromwithin
8:44 pm	lollydaskal:	RT @ lynnfishman : A8. Awareness comes by learning who we are independent of outside influences. The subconscious rules here.

		#leadfromwithin
8:44 pm	heart_path:	A8: Through writing and deep reflection/prayer/meditation, my heart (subconscious) begins to align with my ego (conscious). #Leadfromwithin
8:44 pm	worksmarta:	HAHAHA RT @helenantholis : A8. There are knowns that we know...and unknowns that we know...sorry Im channeling Rumsfeld. #leadfromwithin
8:44 pm	JKWleadership:	We have a choice - to be conscious, unconscious or oblivious as we go thru life. Leaders choose consciousness. (A8) #leadfromwithin
8:45 pm	getsweetie:	#leadfromwithin Self awarenss is perhaps the willingness to deeply integrate our own engaged actions versus our perceived beliefs
8:45 pm	scedmonds:	You're both having too much fun! RT @worksmarta : HAHAHA RT @helenantholis : A8. ...sorry Im channeling Rumsfeld. #leadfromwithin
8:45 pm	rabasure:	RT @lollydaskal : RT @lynnfishman : A8. Awareness comes by learning who we are independent of outside influences. The subconscious rules here. #leadfromwithin
8:45 pm	helenantholis:	A8. Seriously, we must strive to be consciously competent about ourself and others. #leadfromwithin
8:45 pm	thehealthmaven:	RT @lollydaskal : And the louder, unfortunately. A8: To less inwardly we look into our unconscious the less conscious we are. #leadfromwithin
8:45 pm	StrategicMonk:	A: My conscious mind is full of limitations & restrictions; my unconscious is much freer of them. #leadfromwithin
8:45 pm	lollydaskal:	@scedmonds self awareness what we think is conscious what we feel is subconscious #leadfromwithin
8:45 pm	rabasure:	RT @lollydaskal : A8: To less inwardly we look into our unconscious the less conscious we are. #leadfromwithin
8:46 pm	LeadershipNow:	RT @lynnfishman : A8. Awareness comes by learning who we are independent of outside influences. The subconscious rules here. #leadfromwithin
8:46 pm	scedmonds:	FAB. RT @heart_path : A8: Through reflection/prayer/meditation, my heart (subconscious) can align with my ego (conscious). #leadfromwithin
8:46 pm	EdwardColozzi:	@LollyDaskal #leadfromwithin PerhapsEgo IsMoreTied2FalseSelf N dismantling FS is ket 2 achieving TrueSelf R RegularSelfGets confusedNisTorn
8:46 pm	ECCSonline:	RT @StrategicMonk : A: My conscious mind is full of limitations & restrictions; my unconscious is much freer of them. #leadfromwithin
8:46 pm	lollydaskal:	RT @StrategicMonk : A: My conscious mind is full of limitations & restrictions; my unconscious is much freer of them <PMEN #leadfromwithin
8:46 pm	Simon_GB:	A8:conscious deals with the detail of self and unconscious deals with the larger self #leadfromwithin
8:46 pm	LeadershipNow:	Yes. RT @StrategicMonk : A: My conscious mind is full of limitations & restrictions; my unconscious

		is much freer of them. #leadfromwithin
8:46 pm	scedmonds :	YES! RT @lollydaskal : @scedmonds self awareness what we think is conscious what we feel is subconscious #leadfromwithin
8:46 pm	dawg4Gsus :	RT @LeadershipNow : A8: Our biggest gain in self-improvement can be had by simply finding out what others know about us that we don't. #leadfromwithin
8:46 pm	marynabadenhors :	One gr8 way to become more aware of ur deep motivations is to present prof. dev. for others: What really motivates me...? #leadfromwithin
8:46 pm	rabasure :	RT @lollydaskal : Q8: how does conscious and unconsciousness play into self awareness? #leadfromwithin
8:46 pm	helenantholis :	RT @heart_path : A8: Through reflection/prayer/meditation, my heart (subconscious) can align with my ego (conscious). #leadfromwithin
8:47 pm	MagneticSilvia :	RT @StrategicMonk : A: My conscious mind is full of limitations & restrictions; my unconscious is much freer of them. #leadfromwithin
8:47 pm	rabasure :	RT @lollydaskal : A8: The extent we are in denial of our unconscious is usually the extent to which our conscious is screpping at us. #leadfromwithin
8:47 pm	rabasure :	RT @lollydaskal : A8: the ego is the conscious #leadfromwithin
8:47 pm	StrategicMonk :	RT @heart_path : A8: Through reflection/prayer/meditation, my heart (subconscious) can align with my ego (conscious). #leadfromwithin
8:47 pm	john_paul :	RT @scedmonds self awareness what we think is conscious what we feel is subconscious<I'm an INFP must B totally unconscious! #leadfromwithin
8:48 pm	lollydaskal :	RT @heart_path : A8: Through reflection/prayer/meditation, my heart (subconscious) can align with my ego (conscious). #leadfromwithin
8:48 pm	getsweetie :	#leadfromwithin Prayer, listening allows paths to be revealed when the heart is allowed to speak...not simply expected to listen
8:48 pm	growinggold :	a8 As humans, we R extremely unconscious of our behavior; Self Awareness is ALL abt getting conscious: 2C what we didnt C B4 #leadfromwithin
8:48 pm	8:	RT @JKWleadership : We have a choice - to be conscious, unconscious or oblivious as we go thru life. Leaders choose consciousness. (A8) #leadfromwithin
8:48 pm	heart_path :	RT @getsweetie : #leadfromwithin Prayer, listening allows paths to be revealed when the heart is allowed to speak...not simply expected to listen
8:49 pm	scedmonds :	ESTJ here! We'd compliment each other nicely on a worktepm! RT @john_paul : Im an INFP must B totally unconscious! #leadfromwithin
8:49 pm	Simon_GB :	RT @StrategicMonkA : My conscious mind is full of limitations & restrictions; my unconscious is much freer of them. #leadfromwithin
8:49 pm	lollydaskal :	RT @JKWleadership : We have a choice - to be conscious, unconscious or oblivious as we go thru life (A8) #leadfromwithin
8:49	kengkaj_s :	RT @JKWleadership : If you don't know who YOU

pm		are and what you stand for, it's hard to lead others. (A1) #leadfromwithin
8:49 pm	lynnfishman:	Insight begins as we become the observer of our thoughts feelings & beliefs. No need to respond right away. #leadfromwithin
8:49 pm	LeadershipNow:	RT @8: RT @JKWleadership : We have a choice - to be conscious, unconscious Leaders choose consciousness. (A8) #leadfromwithin
8:49 pm	StrategicMonk:	@scedmonds @john_paul ESTP #leadfromwithin
8:49 pm	lynnfishman:	RT @lollydaskal : RT @JKWleadership : We have a choice - to be conscious, unconscious or oblivious as we go thru life (A8) #leadfromwithin
8:49 pm	StrategicMonk:	RT @lynnfishman : Insight begins as we become the observer of our thoughts feelings & beliefs. No need to respond right away. #leadfromwithin
8:49 pm	MagneticSilvia:	A8: Self awareness shouldn't be about ego (conscious), but about finding a true self (subconscious). #leadfromwithin
8:50 pm	worksmarta:	ENFJ RT @StrategicMonk : @scedmonds @john_paul ESTP #leadfromwithin
8:50 pm	heart_path:	RT @MagneticSilvia : A8: Self awareness shouldn't be about ego (conscious), but about finding a true self (subconscious). #leadfromwithin
8:50 pm	GardenVibe:	RT @lollydaskal : RT @JKWleadership : We have a choice - to be conscious, unconscious or oblivious as we go thru life (A8) #leadfromwithin
8:50 pm	LeadershipNow:	RT @MagneticSilvia : A8: Self awareness shouldn't be about ego (conscious), but about finding a true self (subconscious). #leadfromwithin
8:50 pm	JKWleadership:	When we understand WHY we do what we do, we do it better. (A8) #leadfromwithin
8:50 pm	dapancost:	What we feel stems from judgements we make according to premises we hold as true. Feel bad check your premises. #Leadfromwithin
8:50 pm	phillipswindle:	RT @lollydaskal : RT @JKWleadership : We have a choice - to be conscious, unconscious or oblivious as we go thru life (A8) #leadfromwithin
8:50 pm	OfficeAnything:	RT @lollydaskal : RT @JKWleadership : We have a choice - to be conscious, unconscious or oblivious as we go thru life (A8) #leadfromwithin
8:50 pm	LeadershipNow:	Q9: How does self-awareness breed success? #leadfromwithin
8:50 pm	scedmonds:	NICE. RT @lynnfishman : Insight begins as we observe our thoughts feelings & beliefs. No need to respond right away. #leadfromwithin
8:50 pm	kengkaj_s:	RT @LollyDaskal : A8: Importance of Self awareness is gives us internal feedback #leadfromwithin
8:51 pm	lollydaskal:	RT @LeadershipNow : Q9: How does self-awareness breed success? #leadfromwithin
8:51 pm	john_paul:	@scedmonds ESTJ here! We'd compliment each other nicely on a worktepm! <- Very cool - we are only 8 driving hours apart! :) #leadfromwithin
8:51 pm	growinggold:	RT @lynnfishman : Insight begins as we become the observer of our thoughts feelings & beliefs. No need to respond right away. #leadfromwithin
8:51 pm	Cybuhr:	A9: It defines what success means to us. #LeadFromWithin
8:51	john_paul:	Q9: How does self-awareness breed success?

pm		#leadfromwithin
8:51 pm	scedmonds:	RT @ LeadershipNow : Q9: How does self-awareness breed success? #leadfromwithin
8:51 pm	LeadershipNow:	A9: Gives us better judgment #leadfromwithin
8:51 pm	MagneticSilvia:	RT @ Cybuhr : A9: It defines what success means to us. #LeadFromWithin
8:51 pm	StrategicMonk:	A9: Self Awareness allows us to appreciate what success truly is. #leadfromwithin
8:51 pm	sweatymdma:	RT @ lollydaskal : A8: Conscious is ego and mind and unconscious is heart and intuition. #leadfromwithin
8:51 pm	hotmix106com:	RT @ lollydaskal : Q8: how does conscious and unconsciousness play into self awareness? #leadfromwithin
8:51 pm	jpmesebosticii:	RT @ lollydaskal : A5: Self awareness is the first step in creating what you want and learning to master it. #leadfromwithin
8:51 pm	helenantholis:	By building on a genuine foundation of truth. RT @ LeadershipNow : Q9: How does self-awareness breed success? #leadfromwithin
8:52 pm	john_paul:	RT @ MagneticSilvia A9: It defines what success means to us. #leadfromwithin
8:52 pm	lollydaskal:	A9: When you commit to observing how you think and feel about your life, you create the opportunity to embrace your success #leadfromwithin
8:52 pm	IronMikeStone:	RT @ LollyDaskal : RT @ JKWLeadership : We have a choice - to be conscious, unconscious or oblivious as we go thru life (A8) #leadfromwithin
8:52 pm	scedmonds:	A9: Self awareness breeds success by enabling more effective ways to influence others, to position ideas, to live my values. #leadfromwithin
8:52 pm	LeadershipNow:	Yes. Brings meaning. RT @ StrategicMonk : A9: Self Awareness allows us to appreciate what success truly is. #leadfromwithin
8:52 pm	LeadershipNow:	A9: Greater self-awareness helps us to understand why other people relate to us the way they do #leadfromwithin
8:52 pm	jpmesebosticii:	RT @ lollydaskal : A5: Self Awareness is having a clear perception of yourself strengths weaknesses, thoughts, beliefs, motivation, & emotions #leadfromwithin
8:52 pm	danthird:	RT @ lollydaskal : A9: When you commit to observing how you think and feel about your life, you create the opportunity to embrace your success #leadfromwithin
8:52 pm	kengkaj_s:	RT @ LollyDaskal : A8: Self awareness helps identifying strength and weakness #leadfromwithin
8:52 pm	heart_path:	RT @ scedmonds : A9: Self awareness breeds success by enabling more effective ways to influence others, to position ideas, to live my values. #leadfromwithin
8:52 pm	lollydaskal:	A9: Self awareness is one of the attributes of Emotional Intelligence and an important factor in achieving success #leadfromwithin
8:52 pm	Ken_Lind:	RT @ lollydaskal : A9: When you commit to observing how you think and feel about your life, you create the opportunity to embrace your success #leadfromwithin
8:52	donnypep:	RT @ MagneticSilvia : A8: Self awareness shouldn't

pm		be about ego (conscious), but about finding a true self (subconscious). #leadfromwithin
8:52 pm	heart_path:	RT @ lollydaskal : A9: Self awareness is one of the attributes of Emotional Intelligence and an important factor in achieving success #leadfromwithin
8:52 pm	LeadershipNow:	A9: As leaders, we are better able to meet people where they are #leadfromwithin
8:53 pm	thehealthmaven:	RT @ lollydaskal : RT @ JKWleadership : Yep! Can't go the distance if oblivious :) re choice conscious, unconscious, oblivious #leadfromwithin
8:53 pm	JKWleadership:	Self awareness allows us to make the most of our strengths and avoid the pitfalls that may stem for our weaker points. (A9) #leadfromwithin
8:53 pm	DaGooodLife:	RT @ lollydaskal : A9: Self awareness is one of the attributes of Emotional Intelligence and an important factor in achieving success #leadfromwithin
8:53 pm	dapancost:	Q9: Self-awareness allows us to evaluate accurately and thus make better decisions leading to successful actions #Leadfromwithin
8:53 pm	scedmonds:	A9: If we reflect on our most successful, values-aligned past efforts, we can see patterns that serve us well! #leadfromwithin
8:53 pm	helenantholis:	RT @ lollydaskal : A9: Self awareness is one attribute of Emotional Intelligence and an important factor in achieving success #leadfromwithin
8:53 pm	john_paul:	A9: Awareness allows me to listen to the desires of my soul. It knows how it wants to grow. #leadfromwithin
8:53 pm	dave_phillips7:	A9 Knowing ourselves allows leaders to hire others to complement our strengths and weaknesses and that leads to success. #Leadfromwithin
8:53 pm	tomasacker:	A9: To be truly aware means to give up notions of "success." #leadfromwithin
8:53 pm	LeadershipNow:	Yes foundational to EI RT @ lollydaskal : A9: SA is one of the attributes of EI and an important factor in achieving success. #leadfromwithin
8:53 pm	scedmonds:	A9: I can get past what I WANT people to do to solve a problem & invite them to SOLVE THE PROBLEM. #leadfromwithin
8:53 pm	getsweetie:	#leadfromwithin Self awareness allows us to help others find their gifts and strengths as we allow our own to be engaged
8:54 pm	LeadershipNow:	RT @ tomasacker : A9: To be truly aware means to give up notions of "success." #leadfromwithin
8:54 pm	john_paul:	A9:Following the desires of my soul is the only way to breed personal success. #leadfromwithin
8:54 pm	helenantholis:	RT @ dapancost : Q9: Self-awareness allows us to evaluate accurately, thus make better decisions leading to successful actions #leadfromwithin
8:54 pm	StrategicMonk:	RT @ scedmonds : A9: I can get past what I WANT people to do to solve a problem & invite them to SOLVE THE PROBLEM. #leadfromwithin
8:54 pm	EdwardColozzi:	@ John_Paul Through the love of the beloved YES JP LOVE is the basis http://tl.gd/931t6m #leadfromwithin
8:54 pm	JKWleadership:	The more I understand my own talents, the better I can recognize the talents of others...then we all succeed. (A9) #leadfromwithin

8:54 pm	heart_path:	well said! RT @GetSweetie: #leadfromwithin SA allows us to help others find their gifts & strengths as we allow our own 2 b engaged
8:54 pm	LeadershipNow:	A9: We are better able to see people and situations with greater clarity, patience and understanding #leadfromwithin
8:54 pm	StrategicMonk:	RT @getsweetie: Self awareness allows us to help others find their gifts and strengths as we allow our own to be engaged #leadfromwithin
8:54 pm	jpmesebosticii:	RT @lollydaskal: RT @JKWleadership: When it comes to self awareness - be brave RT @worksmarta: A4: Bravery - you may not like what you find. #leadfromwithin
8:54 pm	growinggold:	we can change or improve! RT @JKWleadership When we understand WHY we do what we do, we do it better. (A8) #leadfromwithin
8:55 pm	grouphrive:	RT @scedmonds: A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin
8:55 pm	donnypep:	A9: Gives us a willingness to learn more than everyone can RT @LeadershipNow: Q9: How does self-awareness breed success? #leadfromwithin
8:55 pm	getsweetie:	#Leadfromwithin As we release who we are not, we can embrace who we are and who we wish to become
8:55 pm	jpmesebosticii:	RT @lollydaskal: RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. #leadfromwithin
8:55 pm	heart_path:	RT @grouphrive: RT @scedmonds: A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin
8:55 pm	Belagia:	RT @lollydaskal: A9: Self awareness is one of the attributes of Emotional Intelligence and an important factor in achieving success #leadfromwithin
8:55 pm	HRMexplorer:	the truth about truth is that you need to know it before you can see it #leadfromwithin
8:55 pm	heart_path:	Beautiful! RT @GetSweetie: #Leadfromwithin As we release who we are not, we can embrace who we are and who we wish to become
8:55 pm	donnypep:	RT @JKWleadership: Self awareness allows us to make the most of our strengths and avoid the pitfalls that may stem for our weaker points. (A9) #leadfromwithin
8:55 pm	StrategicMonk:	RT @getsweetie: #Leadfromwithin As we release who we are not, we can embrace who we are and who we wish to become #leadfromwithin
8:55 pm	worksmarta:	RT @heart_path: Beautiful! RT @GetSweetie: As we release who we are not, we can embrace who we are and who we wish to become #leadfromwithin
8:56 pm	lollydaskal:	When you have self awareness you can be a better leader, be more successful. be a greater person. #leadfromwithin
8:56 pm	jpmesebosticii:	RT @lollydaskal: RT @growinggold: perfect! RT @worksmarta RT @helenantholis: A5 We gain Self Awareness when we lose Self-denial #leadfromwithin
8:56 pm	Belagia:	RT @lollydaskal: A9: When you commit to observing how you think and feel about your life,

		you create the opportunity to embrace your success #leadfromwithin
8:56 pm	scedmonds:	Very cool! RT @getsweetie : #Leadfromwithin As we release who we are not, we can embrace who we are & who we wish to become #leadfromwithin
8:56 pm	thehealthmaven:	A9 - SA allows for richer life experience & impacting others to achieve at different layers..helps u go where others are #leadfromwithin
8:56 pm	lollydaskal:	SO True! RT @HRMexplorer : the truth about truth is that you need to know it before you can see it #leadfromwithin
8:56 pm	lynnfishman:	The freedom of self-growth is that we always have the power to choose, to respond & to change. #leadfromwithin
8:56 pm	MagneticSilvia:	A9: Self awareness helps us take a stand for who we are, what we really want & fast forward the road to success #leadfromwithin
8:56 pm	getsweetie:	#Leadfromwithin Our recognition of growth, of expanding awareness of ourselves and our power and limitations allows leadership
8:56 pm	scedmonds:	A9: we can achieve success by moving beyond our assumed constraints - and accomplish more than we imagined. #leadfromwithin
8:56 pm	heart_path:	RT @lynnfishman : The freedom of self-growth is that we always have the power to choose, to respond & to change. #leadfromwithin
8:56 pm	Simon_GB:	A9:Being self aware enables us to lead others with conviction, honesty, empathy, and passion- success will come #leadfromwithin
8:56 pm	LeadershipNow:	A9: The impact we have on those around us is based on the most consistent thinking that is applied to our behavior #leadfromwithin
8:57 pm	EdwardColozzi:	@John_Paul Following desires of Soul & Heart is the only way to breed personal success because UR now following TRUE SELF. #leadfromwithin
8:57 pm	Cybuhr:	A9: SA grounds us in our unchangeable core and prepares us to face the inevitable changes en route to success. #LeadFromWithin
8:57 pm	heart_path:	RT @EdwardColozzi : @John_Paul Following desires of Soul & Heart is the only way to breed personal success because UR now following TRUE SELF. #leadfromwithin
8:57 pm	helenantholis:	RT @scedmonds : A9: we can achieve success by moving beyond our assumed constraints - and accomplish more than we imagined. #leadfromwithin
8:57 pm	JKWleadership:	As we release who we are not, we can embrace who we are and who we wish to become ~ @getsweetie via @heart_path #leadfromwithin
8:57 pm	lollydaskal:	RT @Cybuhr : A9: SA grounds us in our unchangeable core and prepares us to face the inevitable changes en route to success. #leadfromwithin
8:57 pm	AlexandraFolz:	RT @StrategicMonk : RT @getsweetie : #Leadfromwithin As we release who we are not, we can embrace who we are and who we wish to become #leadfromwithin
8:57 pm	juanjomoar:	RT @getsweetie : #Leadfromwithin As we release who we are not, we can embrace who we are and who we wish to become

8:57 pm	MagneticSilvia:	RT @GetSweetie: #Leadfromwithin Our recognition of growth, of expanding awareness of ourselves & our power & limitations allows leadership
8:57 pm	john paul:	RT @getsweetie As we release who we are not, we can embrace who we are and who we wish to become < wonderful! #leadfromwithin
8:57 pm	scedmonds:	GREAT! RT @lynnfishman: The freedom of self-growth is that we always have the power to choose, to respond & to change. #leadfromwithin
8:57 pm	lynnfishman:	RT @MagneticSilvia: A9: Self awareness helps us take a stand for who we are, what we really want & fast forward the road to success #leadfromwithin
8:57 pm	tomasacker:	RT @Simon_GB: A9:Being self aware enables us to lead others with conviction, honesty, empathy,and passion- success will come #leadfromwithin
8:58 pm	LeadershipNow:	Self-awareness helps us to better identify our thoughts feelings and emotions and regulate them #leadfromwithin
8:58 pm	Chan6e:	RT @lynnfishman: The freedom of self-growth is that we always have the power to choose, to respond & to change.#leadfromwithin
8:58 pm	JKWleadership:	RT @LeadershipNow: Self-awareness helps us to better identify our thoughts feelings and emotions and regulate them #leadfromwithin
8:58 pm	8:	Addressed in: "The Secret is "Self"-ish" http://ow.ly/49QVn RT @LeadershipNow: Q9: How does self-awareness breed success? #leadfromwithin
8:58 pm	scedmonds:	FAB! RT @Cybuhr: A9: SA grounds us in our unchangeable core & prepares us to face inevitable changes en route to success. #leadfromwithin
8:58 pm	kengkaj_s:	RT @worksmarta: A9: You learn who you are by listening to yourself - all thoughts - even if you don't act on them. #leadfromwithin
8:58 pm	MagneticSilvia:	RT @SBAorg: Yes! RT @LollyDaskal: When you have self awareness you can be a better leader, be more successful. be a greater person. #leadfromwithin
8:58 pm	juanjomoar:	RT @getsweetie: #Leadfromwithin Our recognition of growth, of expanding awareness of ourselves and our power and limitations allows leadership
8:58 pm	jpmesebosticii:	RT @lollydaskal: Q6:How do you connect your insides to reflect your outside? #leadfromwithin
8:58 pm	WareMalcombCMO:	RT @LollyDaskal: Self awareness is 1 of the attributes of Emotional Intelligence & an important factor in achieving success #leadfromwithin
8:58 pm	growinggold:	RT @LeadershipNow: Q9: How does self-awareness breed success? #leadfromwithin
8:58 pm	LeadershipNow:	Ultimately Self-Awareness turns outward than inward to better understand others #leadfromwithin
8:59 pm	sweatypma:	RT @lollydaskal: When you have self awareness you can be a better leader, be more successful. be a greater person. #leadfromwithin
8:59 pm	jpmesebosticii:	RT @lollydaskal: A6:Determining which thoughts allow you to experience the optimal well-being that is reflective of inner being. #leadfromwithin
8:59 pm	AshanteChanice:	RT @SBAorg: Yes! RT @LollyDaskal: When you have self awareness you can be a better leader, be

		more successful. be a greater person. #leadfromwithin
8:59 pm	lollydaskal:	Tonight has been pmazing. Michael @ LeadershipNow Your questions and insights were brilliant. So much to embrace. #leadfromwithin
9:00 pm	Ignite Success:	RT @ lollydaskal : A4: The mindset you have can determine whether you become the person you want to be #leadfromwithin
9:00 pm	getsweetie:	Success is very perceptive...defining ones own definition of it is fueled when one identifies core values/goals/ beliefs #leadfromwithin
9:00 pm	JKWleadership:	The more I accept who I am, the better I can appreciate you for who you are. #leadfromwithin
9:00 pm	mikaylaXsmith:	RT @ scedmonds : A9: we can achieve success by moving beyond our assumed constraints - and accomplish more than we imagined. #leadfromwithin
9:00 pm	jpmesebostic:	RT @ lollydaskal : A6: We need to find ways that allow us to tune into the eternal wisdom present within u & then share it with the outside #leadfromwithin
9:00 pm	worksmarta:	Thank you so much to our hosts @ lollydaskal @ LeadershipNow Goodnight everyone! #leadfromwithin
9:00 pm	StrategicMonk:	RT @ JKWleadership : The more I accept who I am, the better I can appreciate you for who you are. #leadfromwithin
9:00 pm	scedmonds:	Terrific questions and discussion, Michael & Lolly! Thank you! @ LeadershipNow @ LollyDaskal #leadfromwithin
9:00 pm	Cybuhr:	RT @ JKWleadership : The more I accept who I am, the better I can appreciate you for who you are. #LeadFromWithin
9:00 pm	lollydaskal:	Next week we have @ strategicMonk speak on the topic of: Habits I hope you can join us next week for our inspiring chat. #leadfromwithin
9:00 pm	LeadershipNow:	Thanks Lolly I appreciated the opportunity! And everyone's input! #leadfromwithin
9:00 pm	HRMexplorer:	RT @ worksmarta : Thank you so much to our hosts @ lollydaskal @ LeadershipNow Goodnight everyone! #leadfromwithin
9:01 pm	john paul:	what a chat - can't wait to read the logs on this one . . . bye friends - have a great evening! #leadfromwithin
9:01 pm	lollydaskal:	RT @ Cybuhr : RT @ JKWleadership : The more I accept who I am, the better I can appreciate you for who you are. #leadfromwithin
9:01 pm	helenantholis:	Thank you Lolly and Michael. This was great. RT @ lollydaskal : Tonight has been pmazing. Michael @ LeadershipNow #leadfromwithin
9:01 pm	JKWleadership:	Thanks Michael! RT @ lollydaskal : Tonight has been pmazing. Michael @ LeadershipNow Your questions/insights were brilliant #leadfromwithin
9:01 pm	scedmonds:	Wonderful! RT @ JKWleadership : The more I accept who I am, the better I can appreciate you for who you are. #leadfromwithin
9:01 pm	KateNasser:	RT @ lollydaskal : Next week we have @ strategicMonk speak on the topic of: Habits I hope you can join us next week for our inspiring chat. #leadfromwithin

9:01 pm	heart_path:	Thank you Lolly & Michael for another insightful discussion. Always thought-provoking! Good night all... #Leadfromwithin
9:01 pm	ToucanCyndee:	RT @JKWleadership : The more I accept who I am, the better I can appreciate you for who you are. #leadfromwithin
9:01 pm	jpmesebosticii:	RT @lollydaskal : RT @getsweetie : Awareness of leadership means awareness of personal and professional boundaries for self and others #leadfromwithin
9:01 pm	dapancost:	@LollyDaskal Thanks for the chat and the great questions, Lolly. Great time. #leadfromwithin
9:01 pm	lynnfishman:	A6 The best word that I can come up with is congruency- between thoughts beliefs & actions. This takes practice. #leadfromwithin
9:01 pm	getsweetie:	Thanks everyone for your participation, once again great fuel for thought and reflection this week! #Leadfromwithin
9:01 pm	helenantholis:	FYI, Rumsfeld is now on Piers Morgan CNN :-) #leadfromwithin
9:01 pm	lollydaskal:	Everyone Thank you! Wow! so much to embrace, digest and read. See you next week. Brilliant ones. #leadfromwithin
9:01 pm	EdwardColozzi:	#leadfromwithin Thus ALL R life journeys = seek 2 know Trueself, 2dismantle Falseself, 2LOVE self n others w/o attachment
9:02 pm	laprob:	RT @lollydaskal : A6: our inner light which is our heart, leads us to create our daily joyous life. #leadfromwithin
9:02 pm	Belagia:	RT @lollydaskal : RT @JKWleadership : We have a choice - to be conscious, unconscious or oblivious as we go thru life (A8) #leadfromwithin
9:02 pm	elisatalk:	RT @scedmonds NICE @lynnfishman Insight begins as we observe our thoughts feelings & beliefs. No need to respond right away. #leadfromwithin
9:02 pm	scedmonds:	Great! RT @lollydaskal : Next week we have @strategicMonk , topic: Habits. Join us next week for inspiring chat! #leadfromwithin
9:02 pm	MsFancii:	RT @groupthrive : RT @scedmonds : A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin
9:02 pm	Denta_Felli:	RT @lollydaskal : RT @LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
9:03 pm	trustemedia:	RT @lollydaskal : Next week we have @strategicMonk speak on the topic of: Habits I hope you can join us next week for our inspiring chat. #leadfromwithin
9:03 pm	Simon_GB:	A9:SA affords us firm anchorage so we can have scope to reach new heights of success, knowing we are safe in core. #leadfromwithin
9:03 pm	jpmesebosticii:	RT @lollydaskal : RT @LeadershipNow : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
9:03 pm	john_paul:	RT @EdwardColozzi @John_Paul Through the love of the beloved YES JP LOVE is the basis http://tl.gd/931t6m #leadfromwithin
9:03	getsweetie:	@MagneticSilvia Great to see you tonight!

pm		#Leadfromwithin
9:04 pm	helenantholis:	RT @ scedmonds : Great! RT @ lollydaskal : Next week we have @ strategicMonk , topic: Habits. Join us next week! #leadfromwithin
9:04 pm	drsarahwarren:	Sorry I missed #leadfromwithin . I got derailed... by the grocery store. (:
9:04 pm	LeadershipNow:	RT @ lollydaskal : Next week @ strategicMonk on the topic of: Habits I hope you can join us next week for our inspiring chat. #leadfromwithin
9:05 pm	MagneticSilvia:	I second that! RT @ scedmonds : Terrific questions and discussion, Michael & Lolly! Thank you! @ LeadershipNow @ LollyDaskal #leadfromwithin
9:05 pm	Pawan Dalmia:	RT @ growinggold : we can change or improve! RT @ JKWleadership When we understand WHY we do what we do, we do it better. (A8) #leadfromwithin
9:06 pm	growinggold:	A9 greater self awareness empowers deeper compassion for self and others, allowing for much greater mutual success! #leadfromwithin
9:06 pm	ToucanCyndee:	#leadfromwithin Great tweetchat on Self Awareness...
9:06 pm	kengkaj_s:	RT @ scedmonds : A3: I may be surprised to learn that my well-intended actions are hurting others, hindering their progress. #leadfromwithin
9:06 pm	JKWleadership:	Sending thanks to #LeadFromWithin friends @ LollyDaskal @ LeadershipNow @ GetSweetie @ scedmonds @ Cybuhr @ StrategicMonk @ growinggold
9:07 pm	JKWleadership:	Thanks to #LeadFromWithin friends @ IronMikeStone @ embracegracie @ JesseLynStoner @ richardgurley @ worksmarta @ AFC_Accounting @ helenantholis
9:08 pm	scedmonds:	RT @ JKWleadership : Sending thanks to #LeadFromWithin friends @ LollyDaskal @ LeadershipNow @ GetSweetie @ scedmonds @ Cybuhr @ StrategicMonk @ growinggold
9:08 pm	lollydaskal:	RT @ drsarahwarren : Sorry I missed #leadfromwithin . I got derailed... by the grocery store. (: <Transcript will be up shortly #leadfromwithin
9:08 pm	john_paul:	RT @ ToucanCyndee #leadfromwithin Great tweetchat on Self Awareness... < - Yes, indeed!
9:08 pm	MrJeff_Jacobs:	@ LollyDaskal Thank you. #leadfromwithin
9:09 pm	EdwardColozzi:	Gratitude to @ John_Paul & @ LollyDaskal N ALL others. Grt session:) #leadfromwithin
9:09 pm	getsweetie:	@ John_Paul Thanks for your participation tonight! #leadfromwithin
9:09 pm	Simon_GB:	@ lollydaskal @ John_Paul @ scedmonds @ strategicMonk @ thehealthmaven Thanks all, see you next week, this seems to becoming a HABIT #leadfromwithin
9:09 pm	growinggold:	TY Lolly alwaysWAY2fast! RT @ LollyDaskal Everyone Thank you! Wow! so much to embrace digest read See u nxt wk Brilliant ones #leadfromwithin
9:09 pm	thehealthmaven:	@ dapancost wonderful comments tonight..see you next week & have a good week #leadfromwithin
9:10 pm	kengkaj_s:	RT @ dapancost : A3 -- we really dont like to be honest with ourselves, especially when it will hurt

		or demand changes #leadfromwithin
9:10 pm	educguess:	RT @ getsweetie : Our awareness of self allows us to employ our gifts in more meaningful outcomes #leadfromwithin
9:11 pm	growinggold:	RT @ LollyDaskal Nxt week we have @ strategicMonk speak on: Habits I hope you can join us next week for our inspiring chat. #leadfromwithin
9:13 pm	TanyaJopson:	awareness the ability to live life, from the consciousness that exists, outside the limits of our known mind. #leadfromwithin
9:13 pm	rgbrody:	RT @ lollydaskal : RT @ Cybuhr : RT @ JKWleadership : The more I accept who I pm, the better I can appreciate you for who you are. #leadfromwithin
9:14 pm	lollydaskal:	Leaders with heart #Leadfromwithin @ kengkaj_s @ growinggold @ thehealthmaven @ getsweetie @ EdwardColozzi @ MrJeff ? (cont) http://deck.ly/~XMRRg
9:15 pm	lynnfishman:	RT @ JKWleadership : Sending thanks to #LeadFromWithin friends @ LollyDaskal @ LeadershipNow @ GetSweetie @ scedmonds @ Cybuhr @ StrategicMonk @ growinggold
9:15 pm	growinggold:	huge gratitude! truly love my #leadfromwithin 'ers happy to see you all tonight ~ & big thks 4 RTs Im just now seeing! (my strm was VRYslow!)
9:16 pm	Koomba303:	I missed tonight's #leadfromwithin BOOO!! Can't wait to catch it on your page @ LollyDaskal
9:16 pm	jpmesebosticii:	RT @ lollydaskal : RT @ scedmonds : A7: to help others gain self-awareness, we must ask their permission to provide insight about their behaviors #leadfromwithin
9:18 pm	jpmesebosticii:	RT @ lollydaskal : RT @ StrategicMonk : A: My conscious mind is full of limitations & restrictions; my unconscious is much freer of them <PMEN #leadfromwithin
9:18 pm	jpmesebosticii:	RT @ lollydaskal : RT @ lynnfishman : A8. Awareness comes by learning who we are independent of outside influences. The subconscious rules here. #leadfromwithin
9:18 pm	growinggold:	always goes by SO fast... Thank You @ LollyDaskal and @ LeadershipNow for a great chat night ~ Thot provoking and perfect! #LeadFromWithin
9:19 pm	thehealthmaven:	@ lollydaskal huge compliment coming from you! You are generous & know how to pass it on #leadfromwithin
9:20 pm	growinggold:	RT @ John_Paul I therefore don't identify with my thoughts but I do identify with my heart. #leadfromwithin
9:20 pm	groupthrive:	RT @ jesselynstoner : A2 Sometimes you can discover who you are by just holding the question, and not trying to answer it. #LeadfromWithin
9:23 pm	billbutlr:	RT @ LeadershipNow : A8: All things being equal, more people are undone by behavior issues than anything else. #leadfromwithin
9:27 pm	thehealthmaven:	@ edwardcolozzi have a nice week Ed & TY #leadfromwithin
9:31 pm	growinggold:	thnks so much 4RTs &LFW love! @ EdwardColozzi @ LollyDaskal @ vltweety

		@JKWleadership @helenantholis @LeadershipNow @worksmarta #leadfromwithin
9:35 pm	dapancost:	Thanks for all the RT's from tonight's #Leadfromwithin chat. I really appreciated all the ideas discussed tonight. Can't wait for next week
9:39 pm	EdwardColozzi:	@growinggold @LollyDaskal @vltweety @JKWleadership @LeadershipNow @worksmarta TY & BIGTY 2 @LeadershipNow & @LollyDaskal #leadfromwithin
9:40 pm	jacoutofthebox:	Very true. RT @lollydaskal : A8: When you can see your own faults, it is easier to accept others #leadfromwithin
9:42 pm	8:	RT @lollydaskal : When you have self awareness you can be a better leader, be more successful. be a greater person. #leadfromwithin
9:42 pm	ppmstanton:	RT @scedmonds : Wonderful! RT @JKWleadership : The more I accept who I am, the better I can appreciate you for who you are. #leadfromwithin
9:46 pm	kengkaj s:	RT @LollyDaskal : A4: Mindset of awareness is to be aware of how you feel, think and what you do #leadfromwithin
9:46 pm	Starz_Within_Me:	RT @lollydaskal : Q4:What are the mindsets to achieve self awareness? #leadfromwithin
9:48 pm	jacehunter:	RT @LeadershipNow : A3: Greek Philosopher Thales of Miletus said when asked, What is difficult? replied ?To know yourself.? #leadfromwithin
9:51 pm	kengkaj s:	RT @LollyDaskal : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
9:52 pm	kengkaj s:	RT @JKWleadership : When it comes to self awareness - be brave RT @worksmarta : A4: Bravery - you may not like what you find. #leadfromwithin
9:54 pm	jpmesebosticii:	RT @lollydaskal : RT @Cybuhr : RT @JKWleadership : The more I accept who I am, the better I can appreciate you for who you are. #leadfromwithin
9:57 pm	8:	RT @LeadershipNow : A8: Our biggest gain in self-improvement can be had by simply finding out what others know about us that we don't. #leadfromwithin
9:58 pm	giselle2323:	RT @LollyDaskal : RT @Cybuhr : RT @JKWleadership : The more I accept who I am, the better I can appreciate you for who you are #leadfromwithin
9:58 pm	nanstrez:	RT @lollydaskal : A8: Self awareness helps identifying strength and weakness #leadfromwithin