8:00	lollydaskal:	Tonight we have a special co host @leadershipnow
pm		#leadfromwithin tweetchat Welcome Michael it's an
		honor to have you with us this evening.
<u>8:00</u>	<u>lollydaskal</u> :	Topic: Self Awareness Hosts: Michael
<u>pm</u>		@Leadershipnow and myself. #leadfromwithin
<u>8:00</u>	<u>helenantholis</u> :	RT @JKWleadership: For the next hour join
<u>pm</u>		# <u>LeadfromWithin</u> with @ <u>LollyDaskal</u> and
		@ <u>GetSweetie</u> on the topic Awareness #leadfromwithin
8:00	worksmarta:	Diana here, participating in #leadfromwithin -
pm	worksmarta.	Come join! #leadfromwithin
8:00	LeadershipNow:	Thank you Lolly #leadfromwithin
pm	_	
8:00	dapancost:	Howdy, everybody. Excited to be here today.
<u>pm</u>		# <u>Leadfromwithin</u>
<u>8:00</u>	<u>getsweetie</u> :	If you are new to TWeetchat's, you may wish to
<u>pm</u>		follow #Leadfromwithin at www.Tweetchat.com
		hashtag # <u>leadwithin</u>
<u>8:00</u>	<u>LeadershipNow</u> :	Q8: Why is Self-Awareness so important?
<u>pm</u>		#leadfromwithin
8:00 pm	<u>AFC_Accounting</u> :	I will be joining the #leadfromwithin chat tonight it would be lovely if you all could join us :D
8:01	helenantholis:	Hi everyone! #leadfromwithin
pm	<u>incrementations</u> .	
8:01	jesselynstoner:	RT @helenantholis: RT @JKWleadership: For the
pm	.	next hour join #LeadfromWithin with
-		@LollyDaskal and @GetSweetie on the topic
		Awareness # <u>leadfromwithin</u>
<u>8:01</u>	getsweetie:	@ <u>helenantholis</u> Good evening # <u>leadfromwithin</u>
pm		
<u>8:01</u>	<u>helenantholis</u> :	A1. Self-awareness gives you the grounding to
<u>pm</u>	4h - h 14h	connect with others. # <u>leadfromwithin</u>
<u>8:01</u>	<u>thehealthmaven</u> :	Hi therehow is everyone? Good, yes? looking forward to tonight #leadfromwithin
<u>pm</u> 8:01	<u>ghc8008</u> :	RT @LollyDaskal Special co host @leadershipnow
<u>pm</u>	gilcovoo.	#leadfromwithin tweetchat Welcome Michael it's an
		honor to have you with us this evening
8:02	AFC_Accounting:	RT @LeadershipNow: Q8: Why is Self-Awareness
<u>pm</u>		so important? #leadfromwithin
<u>8:02</u>	<u>heart_path</u> :	A8: Self awareness is the first step of leadership.
<u>pm</u>		One must know thyself in order to lead others from
		within. #leadfromwithin
<u>8:02</u>	<u>lollydaskal</u> :	Hello everyone Great to see you! #leadfromwithin
<u>pm</u>		
<u>8:02</u>	<u>lollydaskal</u> :	RT @LeadershipNow: Q8: Why is Self-Awareness so important? #leadfromwithin
<u>pm</u> 8:02	JKWleadership:	If you don't know who YOU are and what you
<u>pm</u>	<u>JIX Wiedder sinp</u> .	stand for, it's hard to lead others. (A1)
PIII		#leadfromwithin
8:02	scedmonds:	A1 - If I'm hoping to influence effectively, self-
pm		awareness can help me understand what I'm doing
		that gets in the way! #leadfromwithin
<u>8:02</u>	dapancost:	@thehealthmaven Doing well, thank you. :-)
<u>pm</u>		#leadfromwithin
<u>8:02</u>	operationSAFE:	Think I will listen in on this one - Jonathan from
<u>pm</u>		# <u>opsafe</u> here # <u>leadfromwithin</u>
<u>8:02</u>	<u>AFC_Accounting</u> :	Hi everyone # <u>leadfromwithin</u>
<u>pm</u>		Jump in Janothan DT @tine CAEE, This 1. I
<u>8:02</u>	scedmonds:	Jump in, Jonathan! RT @ <u>operationSAFE</u> : Think I

nm		will listen in on this one - Jonathan from #opsafe
<u>pm</u>		here #leadfromwithin
<u>8:02</u>	LeadershipNow:	A8: All things being equal, more people are undone
<u>pm</u>		by behavior issues than anything else.
		# <u>leadfromwithin</u>
<u>8:02</u>	<u>lollydaskal</u> :	A1 Importance of Self Awareness allows us to have
<u>pm</u>		empathy #leadfromwithin
8:03	<u>heart_path</u> :	RT @lollydaskal: A1 Importance of Self
pm		Awareness allows us to have empathy
		#leadfromwithin
8:03	heavenlyrobot:	hello all! #leadfromwithin #Leadfromwithin
<u>pm</u>		
8:03	AFC Accounting:	RT @LollyDaskal: A1 Importance of Self
pm		Awareness allows us to have empathy
		#leadfromwithin
8:03	dapancost:	A1 Self-awareness allows you to learn to capitalize
pm		on your strengths and hire others to compensate for
		your weaknesses. #Leadfromwithin
8:03	lollydaskal:	A8: Importance of Self awareness is gives us
pm		internal feedback # <u>leadfromwithin</u>
8:03	dapancost:	RT @LollyDaskal: A1 Importance of Self
pm	-	Awareness allows us to have empathy
		#leadfromwithin
8:03	AFC Accounting:	RT @LollyDaskal: A8: Importance of Self
pm		awareness is gives us internal feedback
-		#leadfromwithin
8:03	scedmonds:	A8: self awareness enables "course correction"!
pm		#leadfromwithin
8:03	AFC Accounting:	yes RT @scedmonds: A8: self awareness enables
<u>pm</u>		"course correction"! #leadfromwithin
<u>8:03</u>	LeadershipNow:	A8: Like all are saying, SA supports everything a
<u>pm</u>		leader does. #leadfromwithin
<u>8:04</u>	<u>lollydaskal</u> :	RT @dapancost: A1 Self-awareness allows u to
<u>pm</u>		learn to capitalize on yr strengths & hire others 2
		compensate 4 yur weaknesses # <u>leadfromwithin</u>
<u>8:04</u>	dapancost:	RT @scedmonds: A8: self awareness enables
<u>pm</u>		"course correction"! #leadfromwithin
<u>8:04</u>	<u>lollydaskal</u> :	RT @LeadershipNow: A8: Like all are saying, SA
pm		supports everything a leader does. #leadfromwithin
<u>8:04</u>	LeadershipNow:	A8: Until we see our fingerprint on the issues we
<u>pm</u>		face, fundpmental change rarely happens.
		#leadfromwithin
<u>8:04</u>	<u>lollydaskal</u> :	RT @scedmonds: A8: self awareness enables
<u>pm</u>		"course correction"! #leadfromwithin
<u>8:04</u>	HRMexplorer:	how you are within shows on the outside
<u>pm</u>		#leadfromwithin
<u>8:04</u>	scedmonds:	Nice! RT @dapancost: A1 Self-awareness allows
<u>pm</u>		you capitalize on strengths & hire others to
		compensate for your weaknesses. #leadfromwithin
<u>8:04</u>	dapancost:	@ <u>scedmonds</u> A very important skill to develop.
<u>pm</u>		"course correction" :-) # <u>leadfromwithin</u>
<u>8:04</u>	worksmarta:	A8: Self-awareness is the benchmark for everything
pm		that happens. #leadfromwithin
-	MPConsults:	A1 Self Awareness allows us to lead from our
<u>8:04</u>	MI Consults.	
-		strengths #leadfromwithin
<u>8:04</u>	lollydaskal:	A8: Self awareness helps identifying strength and
8:04 pm		
8:04 pm 8:04		A8: Self awareness helps identifying strength and

		around you #loadfromy; thin
8.04		around you. # <u>leadfromwithin</u>
<u>8:04</u>	<u>JKWleadership</u> :	When we know who we are and are confidently self-aware, we are more likely to treat others fairly
<u>pm</u>		and with respect. (A1) #leadfromwithin
8:04	lollydaskal:	RT @ <u>HRMexplorer</u> : how you are within shows on
	<u>ionyuaskai</u> :	the outside #leadfromwithin
<u>pm</u> 8:04	AFC Accounting:	RT @GetSweetie: A1 Self awareness engages
	<u>AFC_Accounting</u> :	boundaries of safety, peace, comfort, and clarity
<u>pm</u>		even when chaos is around you. #leadfromwithin
8:05	heart_path:	RT @getsweetie: A1 Self awareness engages
<u>pm</u>	<u>neur (_pum</u> .	boundaries of safety, peace, comfort, and clarity
Pm		even when chaos is around you. #leadfromwithin
8:05	john paul:	Hi friends, sorry i was late. #leadfromwithin
pm	<u>1</u>	
8:05	StrategicMonk:	I cannot be myself without self-awareness.
pm	<u></u>	#leadfromwithin
8:05	lynnfishman:	RT @scedmonds: Nice! RT @dapancost: A1 Self-
pm		awareness allows you capitalize on strengths & hire
-		others to compensate for your weaknesses.
		#leadfromwithin
8:05	LeadershipNow:	@JKWleadership Absolutely #leadfromwithin
<u>pm</u>		
<u>8:05</u>	<u>lollydaskal</u> :	A8: When you can see your own faults, it is easier
<u>pm</u>		to accept others # <u>leadfromwithin</u>
8:05	<u>dspmalot</u> :	RT @JKWleadership: When we know who we are
<u>pm</u>		and are confidently self-aware, we are more likely
		to treat others fairly and with respect. (A1)
		#leadfromwithin
<u>8:05</u>	<u>getsweetie</u> :	Glad you're here John_Paul #leadfromwithin
<u>pm</u>		
<u>8:05</u>	<u>helenantholis</u> :	A1. Without Self-awareness, how do we help
pm		others? #leadfromwithin
<u>8:05</u>	scedmonds:	FAB. RT @getsweetie: A1 Self awareness engages
<u>pm</u>		boundaries of safety, peace, comfort, & clarity even
0.05	1 1.111. 77	when in chaos. # <u>leadfromwithin</u>
<u>8:05</u>	<u>dave_phillips7</u> :	Knowing your limitations is as important as
<u>pm</u>	AEC Assounting	knowing your strengths. #Leadfromwithin so ture RT @LollyDaskal: A8: When you can see
<u>8:05</u>	AFC_Accounting:	your own faults, it is easier to accept others
<u>pm</u>		#leadfromwithin
8:05	ToucanCyndee:	RT @LeadershipNow: A8: All things being equal,
pm	<u>roucune judee</u> .	more people are undone by behavior issues than
P		anything else. #leadfromwithin
8:05	dapancost:	RT @LollyDaskal: A8: When you can see your
pm		own faults, it is easier to accept others
-		#leadfromwithin
8:05	LeadershipNow:	Good point RT @ <u>StrategicMonk</u> : I cannot be
pm	*	myself without self-awareness. #leadfromwithin
8:05	scedmonds:	Good evening! RT @john_paul: Hi friends, sorry i
pm		was late. # <u>leadfromwithin</u>
8:05	thehealthmaven:	A1 Self-awareness is important 2 b authentic as a
<u>pm</u>		leader, most importantly, keeps own sweet self on
		straight & narrow #leadfromwithin
<u>8:05</u>	operationSAFE:	A1 Self-awareness is important because I change
		and grow even as our org and the world changes
<u>pm</u>		
<u>pm</u>		#leadfromwithin
<u>pm</u> <u>8:06</u>	lollydaskal:	#leadfromwithin Q9: How do you find out who you are?
· .	<u>lollydaskal</u> :	#leadfromwithin

pm		awareness is gives us internal feedback #leadfromwithin"
8:06 pm	DannyMacRant:	RT @ <u>lollydaskal</u> : A8: When you can see your own faults, it is easier to accept others # <u>leadfromwithin</u>
8:06	thehealthmaven:	RT @lollydaskal: RT @LeadershipNow: A8: Like
	theneatthinaven.	all are saying, SA supports everything a leader
<u>pm</u>		does. #leadfromwithin
<u>8:06</u>	scedmonds:	Truth! RT @dave_phillips7: Knowing your
<u>pm</u>		limitations is as important as knowing your
		strengths. #leadfromwithin
<u>8:06</u>	AFC_Accounting:	RT @LollyDaskal: Q9: How do you find out who
<u>pm</u>		you are? #leadfromwithin
<u>8:06</u>	dapancost:	@scedmonds That's alright. We're glad you're here.
<u>pm</u>		#leadfromwithin
8:06	<u>rgbrody</u> :	RT @ <u>lollydaskal</u> : A8: When you can see your own
<u>pm</u>		faults, it is easier to accept others #leadfromwithin
8:06	bonnieendicott:	Agree! RT @jkwleadership: If you don't know who
<u>pm</u>		YOU are and what you stand for, it's hard to lead
		others. (A1) #leadfromwithin
8:06	lollydaskal:	RT @lollydaskal: Q9: How do you find out who
pm	-	you are? #leadfromwithin
8:06	dave phillips7:	RT @lollydaskal: A8: When you can see your own
pm		faults, it is easier to accept others #Leadfromwithin
8:06	JKWleadership:	RT @lollydaskal: A8: When you can see your own
pm	- -	faults, it is easier to accept others #leadfromwithin
8:06	postMY skill:	RT @operationSAFE: A1 Self-awareness is
pm	•	important because I change and grow even as our
-		org and the world changes #leadfromwithin
8:06	thehealthmaven:	RT @AFC_Accounting: so ture RT @LollyDaskal:
pm		A8: When you can see your own faults, it is easier
-		to accept others # <u>leadfromwithin</u>
8:06	HRMexplorer:	who can help u find yourself #leadfromwithin
pm	-	
8:06	john_paul:	Q9: How do you find out who you are?
pm		#leadfromwithin
8:06	MPConsults:	A8: You can't take people somewhere that you
<u>pm</u>		haven't already been or are willing to go
		#leadfromwithin
<u>8:07</u>	PostDvorceCoach:	A2 When facing adversity and overcoming it is
<u>pm</u>		how you find out who you truly are
		#leadfromwithin
<u>8:07</u>	LeadershipNow:	A9: Ask yourself: In light of where I come from
<u>pm</u>		and where I want to go, what do I need to know
		about myself? # <u>leadfromwithin</u>
<u>8:07</u>	growinggold:	greetings Lead From Within'ers! RT @LollyDaskal
<u>pm</u>		RT @LeadershipNow: Q8: Why is Self-Awareness
		so important? #leadfromwithin
<u>8:07</u>	worksmarta:	A9: You find out who you are by doing deep
<u>pm</u>		reflections on your actions and decisions.
		#leadfromwithin
<u>8:07</u>	scedmonds:	A9: find out who you are by seeking feedback from
<u>pm</u>		those you trust, who can "tell you like it is" from
		their perspective. # <u>leadfromwithin</u>
<u>8:07</u>	<u>heart_path</u> :	RT @LeadershipNow: A9: Ask yourself: In light of
<u>pm</u>		where I come from and where I want to go, what do
		I need to know about myself? #leadfromwithin
8:07	jesselynstoner:	RT @JKWleadership: RT @lollydaskal: A8: When
pm		you can see your own faults, it is easier to accept others #LeadfromWithin

8:07 pm	rabasure:	RT @ <u>lollydaskal</u> : Q9: How do you find out who you are? # <u>leadfromwithin</u>
8:07	lollydaskal:	A9: During your lifetime you have surrounded yourself with patterns of your past #leadfromwithin
<u>pm</u> 8:07	1	RT @worksmarta: A9: You find out who you are
	<u>lollydaskal</u> :	
pm		by doing deep reflections on your actions and decisions. #leadfromwithin
9.07	helenantholis:	A2.Find out who you are by engaging with others.
<u>8:07</u>	neienanthons:	They'll let you know :-) #leadfromwithin
<u>pm</u> 8:07	rgbrody:	RT @lollydaskal: A8: Self awareness helps
	<u>rgbrody</u> :	identifying strength and weakness #leadfromwithin
<u>pm</u> 8:07	AFC Accounting:	RT @LollyDaskal: RT @worksmarta: A9: You
	Arc_Accounting.	find out who you are by doing deep reflections on
pm		your actions and decisions. #leadfromwithin
8:07	lollydaskal:	A9: by viewing your environment, people, and
<u>pm</u>	<u>ionyuaskai</u> .	passions, you are discovering who you are
pm		#leadfromwithin
8:07	dapancost:	Q2 get feedback from others who know you well.
pm	uapancost.	#Leadfromwithin
8:07	scedmonds:	Great! RT @worksmarta: A9: You find out who
pm		you are by doing deep reflections on your actions
		and decisions. #leadfromwithin
8:07	StrategicMonk:	A9: I need to listen to myself, and to other ppl who
pm		know me, who I trust and believe. #leadfromwithin
8:07	worksmarta:	A9: You find out who you are by asking others who
pm		are close to you. #leadfromwithin
8:07	marynabadenhors:	Awareness: Taking regular quiet self-reflection
pm		time, seeking to uncover what's in your blind spots
		#leadfromwithin
<u>8:07</u>	JKWleadership:	I learn about who I pm by watching how I react to
<u>pm</u>		others and how they react to me. (A2)
		#leadfromwithin
<u>8:07</u>	AFC_Accounting:	RT @ <u>StrategicMonk</u> : A9: I need to listen to myself,
<u>pm</u>		and to other ppl who know me, who I trust and
		believe. # <u>leadfromwithin</u>
<u>8:07</u>	<u>lynnfishman</u> :	Awareness is the freedom to fully express yourself
pm		pmidst your imperfections. # <u>leadfromwithin</u>
<u>8:07</u>	AFC_Accounting:	RT @JKWleadership: I learn about who I pm by
<u>pm</u>		watching how I react to others and how they react
0.07		to me. (A2) # <u>leadfromwithin</u>
<u>8:07</u>	abiasforaction:	RT @ <u>lollydaskal</u> : A9: During your lifetime you
<u>pm</u>		have surrounded yourself with patterns of your past #leadfromwithin
8:08	rabasure:	RT @lollydaskal: RT @HRMexplorer: how you are
<u>8:08</u> pm	<u>rabasure</u> :	within shows on the outside #leadfrom within
8:08	lollydaskal:	RT @lynnfishman: Awareness is the freedom to
	<u>ionyuaskai</u> :	fully express yourself pmidst your imperfections.
<u>pm</u>		#leadfromwithin
8:08	HRMexplorer:	who can you trust to find the REAL YOU
<u>pm</u>		#leadfromwithin
8:08	caroleannmarie:	RT @operationSAFE: A1 Self-awareness is
pm		important because I change and grow even as our
		org and the world changes # <u>leadfromwithin</u>
8:08	dapancost:	OopsI meant A2 :-) #Leadfromwithin
pm	·	
8:08	abiasforaction:	RT @lollydaskal: A8: When you can see your own
pm		faults, it is easier to accept others #leadfromwithin
<u>8:08</u>	<u>lollydaskal</u> :	RT @JKWleadership: I learn about who I pm by
pm		watching how I react to others and how they react

		to me. (A2) #leadfromwithin
8:08	AFC Accounting:	RT @LollyDaskal: A9: During your lifetime you
pm		have surrounded yourself with patterns of your past #leadfromwithin
8:08	jesselynstoner:	A2 Sometimes you can discover who you are by
<u>pm</u>	<u>Jesserynstoner</u> .	just holding the question, and not trying to answer
-		it. #LeadfromWithin
<u>8:08</u>	scedmonds:	Wonderful! RT @lynnfishman: Awareness is the
<u>pm</u>		freedom to fully express yourself pmidst your imperfections. #leadfromwithin
8:08	AFC Accounting:	RT @JesseLynStoner: A2 Sometimes you can
pm	<u> </u>	discover who you are by just holding the question,
		and not trying to answer it. #LeadfromWithin
<u>8:08</u>	StrategicMonk:	RT @ <u>HRMexplorer</u> : who can you trust to find the
<u>pm</u>	worksmarta:	REAL YOU #leadfromwithin RT @JKWleadership: I learn about who I pm by
8:08 pm	worksmarta:	watching how I react to others and how they react
<u>P</u>		to me. (A2) #leadfromwithin
<u>8:08</u>	<u>helenantholis</u> :	A2. Who pm I? I pm what I say and what I do.
<u>pm</u>		#leadfromwithin
<u>8:08</u>	<u>AFC_Accounting</u> :	RT @ <u>scedmonds</u> : Wonderful! RT @ <u>lynnfishman</u> : Awareness is the freedom to fully express yourself
<u>pm</u>		pmidst your imperfections. #leadfromwithin
8:08	john paul:	A9: I like to identify with my greater self as the
pm	•	disassociated or detached observer.
		#leadfromwithin
<u>8:08</u>	scedmonds:	Powerful! RT @jesselynstoner: A2 You can discover who you are by just holding the question,
<u>pm</u>		and not trying to answer it. #leadfromwithin
8:08	bonnieendicott:	A9: Assessments, MBTI, values exercises, EI
pm		things we do with our Leaders to help them find out
		who they are # <u>leadfromwithin</u>
<u>8:08</u>	<u>lollydaskal</u> :	A9: Your patterns & habits identify what u don't do, how u do it, how u don't do it, what u can do, what
pm		u can't do, etc. #leadfromwithin
8:08	rabasure:	RT @lollydaskal: RT @scedmonds: A8: self
<u>pm</u>		awareness enables "course correction"!
9.09	Charles and Maria	#leadfromwithin
8:08 pm	StrategicMonk:	RT @jesselynstoner: A2 Sometimes you can discover who you are by just holding the question,
<u>P</u>		and not trying to answer it. #leadfromwithin
<u>8:08</u>	<u>heavenlyrobot</u> :	the only way to true self-awareness is to get in tune
<u>pm</u>		with your inner self. nowadays that can be difficult.
8:08	lollydaskal:	#Leadfromwithin RT @ <u>StrategicMonk</u> : RT @ <u>HRMexplorer</u> : who can
<u>8:08</u> pm	<u>ionyuaskai</u> :	you trust to find the REAL YOU <u>#leadfromwithin</u>
<u>8:08</u>	8:	RT @LeadershipNow: A9: Ask yourself: In light of
<u>pm</u>		where I come from and where I want to go, what do
9.09		I need to know about myself? # <u>leadfromwithin</u>
8:08 pm	<u>marynabadenhors</u> :	Awareness: questioning fundpmental beliefs and how they relate to our behaviours, regularly seeking
- Print		feedback from mentors #leadfromwithin
<u>8:09</u>	HumanDesignOz:	RT @scedmonds: Truth! RT @dave_phillips7:
<u>pm</u>	-	Knowing your limitations is as important as
8.00		knowing your strengths. #leadfromwithin
<u>8:09</u>	JKWleadership:	Assessments like the Kolbe A and the Birkman are useful tools in learning about our stengths and
pm		talents. (A2) #leadfromwithin
<u>8:09</u>	thehealthmaven:	A2 It's really easy 2 b more indentified as an
<u>pm</u>		employee these days & easy to loose site of self -

	the real u is what inside #leadfromwithin
8:09 JoAnnLefebvre	
pm	about who I pm by watching how I react to others
	and how they react to me. (A2) #leadfromwithin
<u>8:09</u> john_pau	
<u>pm</u>	pm temporally and for eternity. <u>#leadfromwithin</u>
8:09 marynabadenhors	RT @ <u>StrategicMonk</u> : RT @jesselynstoner: A2 Sometimes you can discover who you are by just
<u>pm</u>	holding the question, and not trying to answer it.
	#leadfromwithin
8:09 lollydaska	
pm	the layers of limiting patterns and progrpms.
	# <u>leadfromwithin</u>
8:09 dave_phillips7	A2 you find out who you are by doing. What you do is a better reflection of you than who you think
<u>pm</u>	are #Leadfromwithin
8:09 scedmonds	
<u>pm</u>	what's right, aligning actions with my values.
	#leadfromwithin
8:09 LeadershipNow	
<u>pm</u>	by doing. What you do is a better reflection of you than who you think are #leadfromwithin
8:09 nuchem	
pm	environment, people, and passions, you are
—	discovering who you are #leadfromwithin
8:10 operationSAFE	1 2 1
pm	how they match or differ from current actions and
8:10 dapancost	goals #leadfromwithin : A2 I agree with @LollyDaskal searching your
pm	patterns of behavior is a good indicator.
	#Leadfromwithin
8:10 jesselynstoner	
<u>pm</u>	yourself you must peel off the layers of limiting
	patterns and progrpms. #LeadfromWithin
8:10 heart_path	A9: Self-reflection & engagement w/ the world and those in it. How do you choose to engage the world?
	What do you engage in?#Leadfromwithin
8:10 StrategicMonk	I need to make sure that my values are connected to
<u>pm</u>	my vision, to my actions. #leadfromwithin
8:10 JKWleadership	
pm 8:10 lynnfishman	are" ask your kids. (A2) # <u>leadfromwithin</u> In awareness we are the observer- that part of us
pm	that experiences the flow of thoughts as separate
►	from ourself. # <u>leadfromwithin</u>
8:10 ThinDifference	
<u>pm</u>	find out who you are by doing deep reflections on
8:10 LeadershipNow	your actions and decisions. #leadfromwithin Yes RT @lollydaskal: A9: In order to discover
<u>b:10</u> <u>LeadersnipiNow</u>	yourself you must peel off the layers of limiting
	patterns and progrpms. #leadfromwithin
8:10 getsweetie	RT @JKWleadership: If you want an uncensored
<u>pm</u>	opinion of "who you are" ask your kids. (A2)
0.10	#leadfromwithin/ yes!
8:10 ArtButcher	RT @ <u>lollydaskal</u> : A9: In order to discover yourself you must peel off the layers of limiting patterns and
<u>pm</u>	progrpms. # <u>leadfromwithin</u>
8:10 PostDvorceCoach	
<u>pm</u>	opinion of "who you are" ask your kids. (A2)
	#leadfromwithin
8:10 worksmarta	A9: You learn who you are by listening to yourself

		-11 de 10 1
pm		- all thoughts - even if you don't act on them. # <u>leadfromwithin</u>
<u>8:10</u>	alexdallison:	RT @LollyDaskal: RT @JKWleadership: I learn
<u>pm</u>		about who I pm by watching how I react to others and how they react to me. (A2) #leadfromwithin
<u>8:10</u>	scedmonds:	A9: I learn who I pm by being a "participant
<u>pm</u>		observer" - engaging in work/life yet being attuned to my impact on others. #leadfromwithin
8:10	HRMexplorer:	what fears do you need to overcome to find the
<u>pm</u>		courage to be YOU # <u>leadfromwithin</u>
<u>8:10</u> pm	8:	RT @ <u>lollydaskal</u> : others impress. leaders influence #leadfromwithin
8:10	ericstraatsma:	RT @LeadershipNow: Yes RT @lollydaskal: A9:
pm		In order to discover yourself you must peel off the
pm		layers of limiting patterns and progrpms.
		# <u>leadfromwithin</u>
<u>8:11</u>	LeadershipNow:	They will gladly share! RT @JKWleadership: If
<u>pm</u>		you want an uncensored opinion of "who you are"
		ask your kids. (A2) #leadfromwithin
<u>8:11</u>	JoAnnLefebvre:	Pmen! RT @LollyDaskal: A9: In order to discover
<u>pm</u>		yourself you must peel off the layers of limiting
		patterns and progrpms. #leadfromwithin
<u>8:11</u>	<u>ToucanCyndee</u> :	RT @john_paul: A9: I like to identify with my
<u>pm</u>		greater self as the disassociated or detached
		observer. #leadfromwithin
8:11	lollydaskal:	RT @worksmarta: A9: You learn who you are by
pm		listening to yourself - all thoughts - even if you dont
		act on them. #leadfromwithin
8:11	john_paul:	For expmple thoughts are learned memories and
pm		fire often automatically. I find it challenging to
_		control my thoughts. #leadfromwithin
8:11	8:	RT @JKWleadership: I learn about who I pm by
<u>pm</u>		watching how I react to others and how they react
		to me. (A2) #leadfromwithin
<u>8:11</u>	EdwardColozzi:	KEY lifetask is discerning TrueSelf (TS) vs
<u>pm</u>		FalseSelf (FS) Only TS provides self
		awareness/real empathy/right relationships
		# <u>leadfromwithin</u>
<u>8:11</u>	<u>lollydaskal</u> :	A9: To discover yourself u may have to jump out of
<u>pm</u>		your comfort zone: and think, emote, say, write, or
		do the uncomfortable #leadfromwithin
<u>8:11</u>	john_paul:	The spme as it is challenging to control my meories
<u>pm</u>		which seem like a moving target. #leadfromwithin
<u>8:11</u>	growinggold:	self awareness gives me my foundation, allows
<u>pm</u>		emotional grounding, informs clear boundaries
Q.11		#leadfromwithin
<u>8:11</u>	<u>marynabadenhors</u> :	Awareness: Accepting and learning from career
<u>pm</u>		setbacks or failures <- you are the sum of all your experiences #leadfromwithin
8:11	worksmarta:	RT @ToucanCyndee: RT @john_paul: A9: I like to
	worksmarta:	identify with my greater self as the disassociated or
<u>pm</u>		detached observer, #leadfromwithin
8:12	lollydaskal:	RT @growinggold: self awareness gives me my
	<u>ionyuaskai</u> :	foundation, allows emotional grounding, informs
<u>pm</u>		clear boundaries #leadfromwithin
<u>8:12</u>	insolunctonon	& true to who U R RT @scedmonds: A9: I learn
	<u>jesselynstoner</u> :	who I pm by being strong, standing 4 whats right,
<u>pm</u>		aligning actions w/ my values #LeadfromWithin
8.12	hitaibha.	RT @scedmonds: Nice! RT @dapancost: A1 Self-
<u>8:12</u>	<u>kitgibbs</u> :	awareness allows you capitalize on strengths & hire
<u>pm</u>		awareness anows you capitalize on suchguis & lille

		others to compensate for your weaknesses.
		#leadfromwithin
<u>8:12</u>	<u>mendapara</u> :	RT @JKWleadership: If you want an uncensored
<u>pm</u>		opinion of "who you are" ask your kids. (A2) # <u>leadfromwithin</u>
8:12 pm	LeadershipNow:	Q3: What makes Self-Awareness so difficult? #leadfromwithin
<u>8:12</u>	<u>heart_path</u> :	RT @ <u>lollydaskal</u> : RT @growinggold: self
pm		awareness gives me my foundation, allows
		emotional grounding, informs clear boundaries #leadfromwithin
8:12	helenantholis:	RT @heart_path: A9:Self-reflect & engage
pm		w/world.How do you choose to engage world?What
		do you engage in?#Leadfromwithin
8:12	energian CAPE.	#leadfromwithin
<u>6:12</u> pm	operationSAFE:	RT @ <u>lollydaskal</u> : A9: u may have to jump out of your comfort zone: and think, emote, say, write, or
		do the uncomfortable # <u>leadfromwithin</u>
8:12	growinggold:	RT @John_Paul Q9: How do you find out who you
<u>pm</u>		are? #leadfromwithin
<u>8:12</u>	scedmonds:	@ <u>lollydaskal</u> LOVE "learn who I pm by peeling layers" AND I can remove long-held facades so I
pm		can understand my true self. #leadfromwithin
8:12	kitgibbs:	RT @scedmonds: Truth! RT @dave_phillips7:
pm	Ŭ	Knowing your limitations is as important as
		knowing your strengths. # <u>leadfromwithin</u>
<u>8:12</u> pm	9:	RT @ <u>lollydaskal</u> : A9: To discover yourself u may have to jump out of your comfort zone: and think,
- pm		emote, say, write, or do the uncomfortable
		#leadfromwithin
8:12	<u>getsweetie</u> :	Each experience allows us the choice to accept
pm		ourselves as learners from the experience or repeaters of the lesson #leadfromwithin
8:12	StrategicMonk:	Sometimes I need to get deeper than thoughts,
pm	-	words, and feelings can go. #leadfromwithin
8:12	<u>lollydaskal</u> :	RT @ <u>marynabadenhors</u> : Awareness: <- you are the
<u>pm</u>		sum of all your experiences # <u>leadfromwithin</u>
8:12 pm	<u>cogals</u> :	RT @ <u>lollydaskal</u> : RT @ <u>growinggold</u> : self awareness gives me my foundation, allows
		emotional grounding, informs clear boundaries
		#leadfromwithin
<u>8:12</u>	dapancost:	@LollyDaskal Do the uncomfortable? I knew I
pm		didn't like this self-development stuff for a reason. ;-) <u>#leadfromwithin</u>
8:12	john_paul:	I therefore don't identify with my thoughts but i do
pm		identify with my heart. #leadfromwithin
<u>8:12</u>	bonnieendicott:	RT @ <u>lollydaskal</u> : A9: u may have to jump out of
pm		your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
8:12	mposchange:	A9: U find out who U R by letting go of all
pm	<u>8</u> _	expectation, allowing yourself 2 B vulnerable &
		being present. What feels right? #leadfromwithin
<u>8:12</u>	<u>lynnfishman</u> :	Awareness may challenge you to evaluate, adjust & adapt to internal changes taking place within you.
pm		#leadfromwithin
<u>8:12</u>	heart_path:	RT @mposchange: A9: U find out who U R by
<u>pm</u>		letting go of all expectation, allowing yourself 2 B
		vulnerable & being present. What feels right?
8:12	scedmonds:	#leadfromwithin Thought provoking! RT @StrategicMonk:
0.12	sceamonds:	Thought provoking: KT @ <u>Strategiciviolik</u> :

<u>pm</u>		Sometimes I need to get deeper than thoughts,
8:12	ToucanCyndee:	words, and feelings can go. # <u>leadfromwithin</u> RT @ <u>lollydaskal</u> : A9: To discover yourself u may
<u>0.12</u> pm	<u>roucancynuce</u> .	have to jump out of your comfort zone: and think,
		emote, say, write, or do the uncomfortable
		#leadfromwithin
<u>8:12</u>	PostDvorceCoach:	A3 Taking apart your inner self and expmining it
<u>pm</u>		and recognizing your faults so you can rebuild.
0.12		#leadfromwithin
<u>8:12</u>	<u>heart_path</u> :	RT @ <u>lynnfishman</u> : Awareness may challenge you to evaluate, adjust & adapt to internal changes
<u>pm</u>		taking place within you. $\#$ <u>leadfromwithin</u>
8:13	AFC Accounting:	RT @PostDvorceCoach: A3 Taking apart your
pm		inner self and expmining it and recognizing your
		faults so you can rebuild. #leadfromwithin
<u>8:13</u>	MPConsults:	A9: Constantly seeking feedback from othersand
pm		being open to their truths. #leadfromwithin
<u>8:13</u>	worksmarta:	A3: Self awareness can be difficult because we
pm		ignore vulnerabilities and lie to ourselves. #leadfromwithin
8:13	LeadershipNow:	A3: Greek Philosopher Thales of Miletus said when
pm	<u>incude simplifier</u> .	asked, What is difficult? replied ?To know
		yourself.? #leadfromwithin
<u>8:13</u>	getsweetie:	Awareness may involve changing your learned
<u>pm</u>		beliefs of the boundaries of what your truth is
0.12		versus what you were taught # <u>leadfromwithin</u>
<u>8:13</u>	<u>lollydaskal</u> :	A3:Having awareness promotes you to change. But you have to be ready for the change
<u>pm</u>		#leadfromwithin
8:13	JKWleadership:	The biggest challenge w/ being self aware is that
pm	*	when we see things we don't like, we need to
		commit to change them. # <u>leadfromwithin</u>
<u>8:13</u>	tweetiedancing:	RT @operationSAFE: RT @lollydaskal: A9: u may
<u>pm</u>		have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable
		#leadfromwithin
8:13	john_paul:	The ancient Egyptians believed that people thought
pm	9 <u></u>	with their heart. It was the seat of awareness.
		#leadfromwithin
<u>8:13</u>	AFC_Accounting:	RT @LollyDaskal: A3:Having awareness promotes
<u>pm</u>		you to change. But you have to be ready for the
8:13	StrategicMonk:	change # <u>leadfromwithin</u> A3: I need to get past "doing" to the level of
<u>pm</u>	Su acegeviouk.	"being." # <u>leadfromwithin</u>
8:13	LeadershipNow:	A3: Willful blindness. Our human propensity to
pm	_	fool ourselves. #leadfromwithin
8:13	<u>heart_path</u> :	We must set aside our ego & listen with our heart if
<u>pm</u>		we hope to become truly self aware.
0.12		#Leadfromwithin
<u>8:13</u>	<u>lollydaskal</u> :	A3:Feeling vulnerable can be difficult #leadfromwithin
<u>pm</u> 8:13	scedmonds:	A3: I may be surprised to learn that my well-
<u>o.15</u> pm	<u>sceunollus</u> :	intended actions are hurting others, hindering their
<u> </u>		progress. #leadfromwithin
<u>8:13</u>	CounselingSB:	RT @john_paul: I therefore don't identify with my
<u>pm</u>		thoughts but i do identify with my heart.
		#leadfromwithin
	ToucanCyndee:	RT @marynabadenhors: Awareness: Accepting and
<u>8:14</u> pm		learning from career setbacks or failures <- you are

pm I 8:14 Iollydaskal: pm t	Exactly RT @ <u>lollydaskal</u> : A3:Having awareness promotes you to change. But you have to be ready for the change # <u>leadfromwithin</u>
8:14 Iollydaskal: I pm t t	for the change # <u>leadfromwithin</u>
8:14 pm t	
pm t	D'I' (a) Strate aig Montry A'2. I mand to got most "doing"
	RT @ <u>StrategicMonk</u> : A3: I need to get past "doing" to the level of "being." # <u>leadfromwithin</u>
	A3.Difficulty of self-awareness stems from
	willingness to see the truth. # <u>leadfromwithin</u>
	RT @lynnfishman: Awareness may challenge you
	to evaluate, adjust & adapt to internal changes
	taking place within you. #leadfromwithin
	RT @LeadershipNow: A3: Willful blindness. Our
	human propensity to fool ourselves.
	#leadfromwithin
	A2 the most important thing is to learn to listen to
	others, to circumstances, to life, etc.
· · · · · · · · · · · · · · · · · · ·	#Leadfromwithin @lalludaskal.yog_taka_riska_Ta_disagyar_yoyraalf.y
	@lollydaskal yes, take risks To discover yourself u may have to jump out of your comfort zone: and
	#leadfromwithin
	RT @ <u>lollydaskal</u> : A9: To discover yourself u may
	have to jump out of your comfort zone: and think,
	emote, say, write, or do the uncomfortable
	#leadfromwithin
	RT @helenantholis: A3.Difficulty of self-
	awareness stems from willingness to see the truth.
	#leadfromwithin
	RT @ <u>lollydaskal</u> : A3:Having awareness promotes
	you to change. But you have to be ready for the
	change # <u>leadfromwithin</u> it is not the desire but the emotions that step us
	it is not the desire but the emotions that stop us being authentic # <u>leadfromwithin</u>
	Our culture and society has for so long focused on
	expectation /position, that few relate to their daily
	existence #leadfromwithin
8:14 rabasure: 1	RT @lollydaskal: RT @marynabadenhors:
	Awareness: <- you are the sum of all your
	experiences # <u>leadfromwithin</u>
	moving away from the ego and to towards the 'inner
	self' seems to be the only way to get in touch with
	'the observer' # <u>Leadfromwithin</u>
	RT @dapancost: A2 the most important thing is to learn to listen to others, to circumstances, to life,
	etc. #leadfromwithin
	A3: My intentions can be loud in my head & heart!
	I have to be willing to invite insights from others to
	learn my impact. #leadfromwithin
	@mposchange Then you follow that with- are my
pm a	actions & decisions based on what I think & feel?
· · · · · · · · · · · · · · · · · · ·	#leadfromwithin
	And so we ignore it. RT @lollydaskal: A3:Feeling
	vulnerable can be difficult # <u>leadfromwithin</u>
	RT @ <u>lollydaskal</u> : A9: To discover yourself u may
	have to jump out of your comfort zone: and think,
	emote, say, write, or do the uncomfortable #leadfromwithin
	A3: Freud said that the trouble with most people?s
	self-analysis is it stops too soon! # <u>leadfromwithin</u>
	RT @worksmarta: A3: Self awareness can be
	difficult because we ignore vulnerabilities and lie to
	ourselves. #Leadfromwithin

8:15	sabrinainc:	RT @lollydaskal: RT @StrategicMonk: A3: I need
pm		to get past "doing" to the level of "being."
·		#leadfromwithin
8:15	growinggold:	A2 Self exploration, deep reflection, dialogue,
pm		spiritual practice - R all ways 2 discover "who U R"
		# <u>leadfromwithin</u>
<u>8:15</u>	getsweetie:	As @BreneBrown shares, one cannot hinder or stop
<u>pm</u>		one emotion without compressing all emotions
		#leadfromwithin
<u>8:15</u>	<u>lollydaskal</u> :	RT @LeadershipNow: A3: Freud said that the
<u>pm</u>		trouble with most people?s self-analysis is it stops
0.15	talaa aanala	too soon! # <u>leadfromwithin</u>
<u>8:15</u>	<u>john_paul</u> :	Q3: What makes Self-Awareness so difficult? #leadfromwithin
<u>pm</u> 8:15	ShariRisoff:	RT @JKWleadership: If you want an uncensored
	<u>Sharikison</u> :	opinion of "who you are" ask your kids. (A2)
<u>pm</u>		#leadfromwithin
8:15	dapancost:	Oops I missed Q3, can you repeat it? thanks.
pm	<u>aupancost</u> .	#Leadfromwithin
<u>8:15</u>	lynnfishman:	RT @scedmonds: A3: My intentions can be loud in
pm		my head & heart! I have to be willing to invite
		insights from others to learn my impact.
		# <u>leadfromwithin</u>
<u>8:15</u>	<u>john_paul</u> :	A3: Often identifying with the monkey chatter in
<u>pm</u>		my head. #leadfromwithin
<u>8:15</u>	<u>lollydaskal</u> :	RT @dave_phillips7 RT @worksmarta: A3: Self
<u>pm</u>		awareness can be difficult because we ignore
		vulnerabilities & lie to ourselves # <u>leadfromwithin</u>
<u>8:15</u>	jesselynstoner:	Ha Ha! RT @ <u>JKWleadership</u> : If you want an
<u>pm</u>		uncensored opinion of "who you are" ask your kids. $(A 2)$ #L as discussion:
8:15	worksmarta:	(A2) #LeadfromWithin A3: Self awareness is difficult bc we are so worried
pm	worksmarta.	about others. #leadfromwithin
8:15	EdLovesSumo:	A3:Having awareness promotes you to change. But
pm		you have to be ready for the change
·		#leadfromwithin via @LollyDaskal
<u>8:15</u>	dapancost:	A3 we really don't like to be honest with
<u>pm</u>		ourselves, especially when it will hurt or demand
		changes # <u>Leadfromwithin</u>
<u>8:16</u>	getsweetie:	q2 Self awareness may uncover a malalignment of
<u>pm</u>		perceived outcomes that cannot be achieved by
0.16		current beliefs. # <u>leadfromwithin</u>
<u>8:16</u>	scedmonds:	Thot that monkey was only in MY head RT @john_paul: A3: Often identifying with the
pm		monkey chatter in my head. # <u>leadfromwithin</u>
8:16	helenantholis:	RT @scedmonds: A3: My intentions can be loud in
<u>8.10</u> pm	netenantholis:	my head & heart!Have to be willing to invite
<u>F</u>		insights to learn my impact. #leadfromwithin
8:16	worksmarta:	RT @dapancost: A3 we really dont like to be
pm		honest with ourselves, especially when it will hurt
		or demand changes # <u>leadfromwithin</u>
<u>8:16</u>	LittleBlueMonke:	That's pretty much all there is here. RT
<u>pm</u>		@John_Paul: A3: Often identifying with the
		monkey chatter in my head. #leadfromwithin
<u>8:16</u>	thehealthmaven:	RT @john_paul: A3: Often identifying with the
<u>pm</u>	· · · · · · · · · · · · · · · · · · ·	monkey chatter in my head. #leadfromwithin
<u>8:16</u>	john_paul:	I do not believe that identifying with my thoughts is
<u>pm</u>		the total picture. I need something more inclusive.
0.16	т т т т т т	#leadfromwithin
<u>8:16</u>	LeadershipNow:	Hard to face. RT @ <u>EdLovesSumo</u> : A3:Having

		awaranass promotos you to abanga. Put you have to
<u>pm</u>		awareness promotes you to change. But you have to be ready for the change #leadfromwithin
8:16 pm	<u>lollydaskal</u> :	Q4:What are the mindsets to achieve self awareness? #leadfromwithin
8:17	HRMexplorer:	Q3 A: its not the desire or pmbition it is the
<u>pm</u>		emotions that stop US # <u>leadfromwithin</u> Self awareness can be difficult because often we're
8:17 pm	mposchange:	taught to play by (follow) somebody else's gpme,
		not our own (lead). $#$ <u>leadfromwithin</u>
<u>8:17</u>	StrategicMonk:	A3: I pm very good, very experienced, at fooling
<u>pm</u> 8:17	helenantholis:	myself. #leadfromwithin RT @worksmarta: RT @dapancost: A3 we really
<u>pm</u>	nerenantnons.	dont like to be honest w/ ourselves, especially when
		it will hurt or need change #leadfromwithin
<u>8:17</u>	Thomastwo:	RT @lollydaskal: RT @dave_phillips7 RT
pm		@worksmarta: A3: Self awareness can be difficult because we ignore vulnerabilities & lie to ourselves
		#leadfromwithin
<u>8:17</u>	jagmorjaria:	RT @getsweetie: Awareness may involve changing
<u>pm</u>		your learned beliefs of the boundaries of what your
		truth is versus what you were taught #leadfromwithin
8:17	getsweetie:	a3 Engaging in Self Awareness may require neutral
<u>pm</u>	_	counsel to help discover inconsistent beliefs/actions
0.17		#leadfromwithin
8:17 pm	<u>lollydaskal</u> :	A4: Mindset of awareness is to be aware of how you feel, think and what you do #leadfromwithin
8:17	john_paul:	Q4:What are the mindsets to achieve self
pm		awareness? # <u>leadfromwithin</u>
<u>8:17</u>	ThinDifference:	Soul alignment RT @ <u>StrategicMonk</u> : I need to
<u>pm</u>		make sure that my values are connected to my vision, to my actions. #leadfromwithin
<u>8:17</u>	jesselynstoner:	A4: The desire, and courage, to know the truth.
<u>pm</u>		#LeadfromWithin
<u>8:17</u>	<u>lollydaskal</u> :	A4: Awareness mindset is to know yourself accurately and build upon that knowledge
pm		#leadfromwithin
8:18	growinggold:	RT @LeadershipNow Q3: What makes Self-
<u>pm</u>		Awareness so difficult? #leadfromwithin
8:18 pm	<u>twit4causes</u> :	RT @ <u>operationSAFE</u> : RT @ <u>lollydaskal</u> : A9: u may have to jump out of your comfort zone: and think,
		emote, say, write, or do the uncomfortable
		#leadfromwithin
<u>8:18</u>	<u>lollydaskal</u> :	RT @jesselynstoner: A4: The desire, and courage, to know the truth. #leadfromwithin
<u>pm</u> 8:18	john_paul:	A4: I feel that having a good heartset is key.
pm	<u></u>	#leadfromwithin
<u>8:18</u>	<u>mbdaigle</u> :	"@GetSweetie: As @BreneBrown shares, one
<u>pm</u>		cannot hinder or stop one emotion without compressing all emotions <u>#leadfromwithin</u> "-
		brilliant.
<u>8:18</u>	scedmonds:	A4: To achieve self awareness, I need a mindset of
<u>pm</u> 9.19	1	CALM & COURAGE. #leadfromwithin
8:18 pm	<u>lynnfishman</u> :	RT @ <u>lollydaskal</u> : A4: Awareness mindset is to know yourself accurately and build upon that
		knowledge # <u>leadfromwithin</u>
<u>8:18</u>	worksmarta:	RT @lollydaskal: RT @jesselynstoner: A4: The
pm		desire, and courage, to know the truth.
8:18	dapancost:	#leadfromwithin A4 - A willingness to be honest, to listen, to explore
0.10	<u>uapancost</u> .	1 1 1 1 winningness to be nonest, to insten, to explore

pm new ideas and to ask for help when needed. 8:18 LeadershipNow: pm Teachability RT @jesselynstoner: A4: The desire, and courage, to know the truth. 8:18 lollydaskal: pm A4: Your mindset is about believing in your qualities and gifts, Compassion, courage, emp pain, love, hate #leadfromwithin 8:18 lollydaskal: Pm A4: Your mindset is about believing in your qualities and gifts, Compassion, courage, emp pain, love, hate #leadfromwithin	;
8:18 pm LeadershipNow: Teachability RT @jesselynstoner: A4: The desire, and courage, to know the truth. #leadfromwithin 8:18 pm lollydaskal: A4: Your mindset is about believing in your qualities and gifts, Compassion, courage, emp pain, love, hate #leadfromwithin 8:18 lollydaskal: A4: Your mindset is about believing in your qualities and gifts, Compassion, courage, emp pain, love, hate #leadfromwithin 8:18 lollydaskal: A4: Your mindset is about believing in your	;
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8:18 Intersection Intersection Intersection Intersection A Constant of Constant	painy,
pm qualities and gifts. Compassion, courage, emi	
	pathy,
pain, love, hate # <u>leadfromwithin</u>	
8:18 worksmarta: A4: Being open and ready to what you find.	
pm #leadfromwithin	
8:18 lollydaskal: RT @scedmonds: A4: To achieve self awaren	ness, I
pm need a mindset of CALM & COURAGE.	
#leadfromwithin	
8:19 getsweetie: Q4 self awareness can only be consistently er	noaoed
pm getsweete. Q4 sen awareness can only be considently if when one is willing to love themslvs as they a	
be willing to grow #leadfromwithin	ue, yei
8:19 helenantholis: A4-Mindsets to achieve S.A.=open-mindedno	
pm courage;and willingness to change #leadfrom	
8:19 lynnfishman: You can?t control the outside world but you d	can
pm control what is going on the inside.	
#leadfromwithin	
8:19 scedmonds: A4: A mindset of "appreciative inquiry" about	ıt who
pm I'm being when doing what I do can help my	self-
awareness a BUNCH. #leadfromwithin	
8:19 worksmarta: A4: Bravery - you may not like what you find	d.
pm #leadfromwithin	
8:19 MPConsults: A4: You have to be intentional. About getting	σ
pm feedback from your environment and yoursel #leadfromwithin	1.
8:19 jesselynstoner: @LeadershipNow What do you mean by	
pm teachability? #LeadfromWithin	
8:19 JKWleadership: A Self Aware Mindset = being open to opinio	
pm others, accepting imperfection and always as	king
yourself WHY (A4) #leadfromwithin	
8:19 HRMexplorer: you have to know yourself before you can he	lp
pm others #leadfromwithin	
8:19 topikwely: RT @lollydaskal: A4: Your mindset is about	
believing in your qualities and gifts, Compass	
courage, empathy, pain, love, hate #leadfrom	
8:19 john paul: a4: Clarity helps - clear waters that allow me	
pm join paul. at. charty helps - clear waters that allow me touch in with my heart and greater self.	
#leadfromwithin	
	than
8:19 Iollydaskal: A4:The mindset you have can determine whe	uner
pm you become the person you want to be	
#leadfromwithin	
8:19 getsweetie: A4 Looking for "triggers" of responses can be	elp one
pm recognize the awareness of core issues	
#leadfromwithin	
8:19 StrategicMonk: A4: The willingness and ability to be a begin	ner;
pm over & over again. #leadfromwithin	
8:19 marynabadenhors: 12 keys for greater self-awareness	
pm http://bit.ly/3qp554 #leadfromwithin I	
8:19 heart path: we must learn to listen with our heart, setting	aside
pm interview in the interview of the int	
openess, truth-seeking. #Leadfromwithin	
	т
8:19 scedmonds: Great Q - teachability of oneself or others? R	
<u>pm</u> @jesselynstoner: @LeadershipNow What do	you

		mean by teachability? #leadfromwithin
8:20	LeadershipNow:	RT @lollydaskal: A4:The mindset you have can
pm		determine whether you become the person you want
		to be # <u>leadfromwithin</u>
<u>8:20</u>	dapancost:	RT @LollyDaskal: A4:The mindset you have can
<u>pm</u>		determine whether you become the person you want
0.00		to be # <u>leadfromwithin</u> Absolutely
<u>8:20</u>	JKWleadership:	When it comes to self awareness - be brave RT
pm		@worksmarta: A4: Bravery - you may not like what you find. #leadfromwithin
8:20	scedmonds:	YES! RT @getsweetie: A4 Looking for "triggers"
<u>pm</u>	<u>securional</u>	of responses can help one recognize the awareness
		of core issues #leadfromwithin
<u>8:20</u>	<u>StopYourDrpma</u> :	RT @LollyDaskal: A4:The mindset you have can
<u>pm</u>		determine whether you become the person you want
		to be # <u>leadfromwithin</u>
<u>8:20</u>	<u>dave_phillips7</u> :	A3 Does it really matter who we think we are?
pm		What others perceive us to be is the reality we must deal with. #Leadfromwithin
8:20	thehealthmaven:	© scedmonds & a belief that you are where u
<u>pm</u>		should b :) To achieve self awareness, I need a
		mindset of CALM & COURAGE. #leadfromwithin
<u>8:20</u>	growinggold:	A3 we all have challenges and when we ARE self
<u>pm</u>		aware, we can see our own downfalls quickly, that
0.00	T 1 1 1 1	can be hard # <u>leadfromwithin</u>
<u>8:20</u>	LeadershipNow:	Q5: How can we gain more Self-Awareness? #leadfromwithin
<u>pm</u> 8:20	lollydaskal:	RT @JKWleadership: When it comes to self
<u>pm</u>	<u>ionyuaska</u> i.	awareness - be brave RT @worksmarta: A4:
		Bravery - you may not like what you find.
		#leadfromwithin
<u>8:20</u>	<u>Simon_GB</u> :	Evening all-A4: There is truly only one mindset for
<u>pm</u> <u>8:20</u>	StrategicMonk:	self awareness, an open one #leadfromwithin A4: Openness. #leadfromwithin
<u>8.20</u> pm	Strategicwonk:	A4. Openness. # <u>leadnontwittinn</u>
8:20	lollydaskal:	RT @LeadershipNow: Q5: How can we gain more
pm		Self-Awareness? #leadfromwithin
<u>8:20</u>	<u>topikwely</u> :	RT @helenantholis: A2. Who pm I? I pm what I
<u>pm</u>		say and what I do. #leadfromwithin
<u>8:20</u>	PowerofOneWoman:	RT @ <u>lollydaskal</u> : A4:The mindset you have can
<u>pm</u>		determine whether you become the person you want to be #leadfromwithin
8:20	jesselynstoner:	To approach with curiosity RT @StrategicMonk:
<u>pm</u>	Jesser Jusceller.	A4: The willingness and ability to be a beginner;
		over & over again. #LeadfromWithin
<u>8:20</u>	john_paul:	Q5: How can we gain more Self-Awareness?
<u>pm</u>		#leadfromwithin
<u>8:21</u>	<u>lollydaskal</u> :	Yes! RT @ <u>Simon_GB</u> : Evening all-A4:There is
pm		truly only one mindset for self awareness, an open one #leadfromwithin
8:21	scedmonds:	!! RT @heart_path: we must listen with our heart,
<u>pm</u>	secunonus.	set aside ego. Humility instead of pride; courage,
		openess, truth-seeking. #leadfromwithin
<u>8:21</u>	<u>lynnfishman</u> :	Dissonances may dominate during stressful times,
<u>pm</u>		in our fears & response reactions. So we work
0.01	· · · · · · ·	towards congruency. # <u>leadfromwithin</u>
<u>8:21</u>	LeadershipNow:	A5: Let go of the need to be perfect. #leadfromwithin
<u>pm</u> <u>8:21</u>	postMYskill:	RT @operationSAFE: RT @lollydaskal: A9: u may
pm		have to jump out of your comfort zone: and think,
		Jarre - ar Jarre bonnote Bonot and unink,

		emote, say, write, or do the uncomfortable
		#leadfromwithin
8:21 pm	helenantholis:	RT @ <u>scedmonds</u> : A4: A mindset of "appreciative inquiry" about who Im being when doing what I do> -i.e., objective evaluation. # <u>leadfromwithin</u>
8:21 pm	AFC_Accounting:	RT @LeadershipNow: A5: Let go of the need to be perfect. #leadfromwithin
8:21 pm	worksmarta:	RT @LeadershipNow: A5: Let go of the need to be perfect. #leadfromwithin
8:21 pm	dapancost:	A5 make time for it, to begin with. #Leadfromwithin
8:21	<u>lynnfishman</u> :	RT @LeadershipNow: A5: Let go of the need to be perfect. #leadfromwithin
<u>pm</u> <u>8:21</u> pm	JKWleadership:	We gain self awareness when we question others, listen to the answers and then validate them against
8:21	worksmarta:	our inner values. (A5) # <u>leadfromwithin</u> A5: Set aside time to think about what you are
pm		doing. # <u>leadfromwithin</u> A5: Be reflective. #leadfromwithin
8:21 pm	LeadershipNow:	
8:21 pm	<u>KristenCarr</u> :	RT @dave_phillips7: A3 Does it really matter who we think we are? What others perceive us to be is the reality we must deal with. #Leadfromwithin
8:21 pm	StrategicMonk:	A5: For me, taking time and listening are crucial. #leadfromwithin
8:22 pm	john_paul:	A5: it is a matter of choosing to be awake. Sometimes i use certain bells and whistles to bring me back home. #leadfromwithin
8:22 pm	giselle2323:	RT @ <u>AFC_Accounting</u> : RT @ <u>LeadershipNow</u> : A5: Let go of the need to be perfect. #leadfromwithin
8:22 pm	dapancost:	A5 Then ask yourself the hard question you intentionally avoid. #Leadfromwithin
8:22 pm	getsweetie:	When core beliefs are not shared, perceived identities may be vastly different based on each one's core values #leadfromwithin
8:22 pm	growinggold:	RT @John_Paul Q5: How can we gain more Self- Awareness? #leadfromwithin
8:22 pm	StrategicMonk:	RT @lynnfishman: RT @LeadershipNow: A5: Let go of the need to be perfect. #leadfromwithin
8:22 pm	<u>lollydaskal</u> :	A5: Self Awareness is having a clear perception of yourself strengths weaknesses, thoughts, beliefs, motivation, & emotions #leadfromwithin
8:22 pm	scedmonds:	A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin
8:22 pm	jpmesspmy:	RT @ <u>lollydaskal</u> : A4:The mindset you have can determine whether you become the person you want to be #leadfromwithin
8:22 pm	giselle2323:	RT @john_paul: Q5: How can we gain more Self- Awareness? #leadfromwithin
8:22 pm	<u>helenantholis</u> :	A5 We gain Self Awareness when we lose Self- denial #leadfromwithin
8:22 pm	<u>StrategicMonk</u> :	RT @scedmonds: A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin
8:22 pm	LeadershipNow:	RT @scedmonds: A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin

0.00	1 II 4040	
<u>8:22</u> <u>pm</u>	giselle2323:	RT @ <u>lollydaskal</u> : others impress. leaders influence # <u>leadfromwithin</u>
8:22	dapancost:	RT @scedmonds: A5: we gain more self awareness
<u>pm</u>	-	by honest reflection of our intention & the impact of our actions. #leadfromwithin - Right On
<u>8:22</u>	LeadershipNow:	A5: Goldsmith said: If we can stop, listen, and think
<u>pm</u>		about what others are seeing in us, we have great opportunity. #leadfromwithin
8:22	worksmarta:	RT @helenantholis: A5 We gain Self Awareness
<u>0.22</u> pm	worksmarta:	when we lose Self-denial # <u>leadfromwithin</u>
8:22	<u>heart_path</u> :	RT @dapancost: RT @scedmonds: A5: we gain
<u>pm</u>		more self awareness by honest reflection of our
		intention & the impact of our actions.
		# <u>leadfromwithin</u> - Right On
<u>8:23</u>	john_paul:	A5: a bell rings and an angel gets it wings. :)
<u>pm</u>		#leadfromwithin
<u>8:23</u>	LeadershipNow:	A5: Stop blpming others for our choices.
<u>pm</u>		#leadfromwithin
<u>8:23</u>	<u>ToucanCyndee</u> :	@ StrategicMonk A4: The willingness and ability
<u>pm</u>		to be a beginner; over & over again.
0.02		#leadfromwithin - I wake up like this every day
<u>8:23</u>	<u>lynnfishman</u> :	We are aware that we never stop growing- there are
<u>pm</u>		always more layers 2 work through.
0.00		#leadfromwithin
<u>8:23</u>	growinggold:	A5 watch, listen, pay attention! I listen to
<u>pm</u>		everything I "advise" to others, because it almost
0.00		always applies, to me too! #leadfromwithin
<u>8:23</u>	<u>lollydaskal</u> :	A5: Self awareness is the first step in creating what
<u>pm</u>	1.0.1.1.1.	you want and learning to master it. #leadfromwithin
<u>8:23</u>	<u>lollydaskal</u> :	RT @LeadershipNow: A5: Stop blpming others for our choices. #leadfromwithin
<u>pm</u> 8:23	helenantholis:	GoodRT @LeadershipNow: A5: Stop blpming
pm	netenantitions.	others for our choices. #leadfromwithin
8:23	heart_path:	Yes!!! RT @LeadershipNow: A5: Stop blpming
pm	neart path.	others for our choices. #leadfrom within
8:23	scedmonds:	A5: I can gain self-awareness by asking my
pm		toughest critic for their honest insights on my
-		behavior, decisions, actions. #leadfromwithin
8:23	dave_phillips7:	A4 It helps me be open to myself when I remind
<u>pm</u>		myself that there is more than one right answer.
		#Leadfromwithin
<u>8:23</u>	JKWleadership:	RT @lollydaskal: A5: Self awareness is the first
<u>pm</u>		step in creating what you want and learning to
0.01		master it. # <u>leadfromwithin</u>
<u>8:24</u>	<u>lollydaskal</u> :	RT @lynnfishman: We are aware that we never
<u>pm</u>		stop growing- there are always more layers 2 work
0.04		through. # <u>leadfromwithin</u>
<u>8:24</u>	getsweetie:	a5 The willingness to own who we are and who we
<u>pm</u>		are unwilling to be is a huge piece of the pie #leadfromwithin
8:24	marynabadenhors:	How can we gain more self-awareness: Mentors,
pm		coaches, 360 feedback, reflective journals, be
_		proactive rather than reactive #leadfromwithin
<u>8:24</u>	giselle2323:	RT @lollydaskal: RT @LeadershipNow: A5: Stop
<u>pm</u>		blpming others for our choices. #leadfromwithin
8:24	<u>SheriKayR</u> :	RT @JKWleadership: If you want an uncensored
<u>pm</u>		opinion of "who you are" ask your kids. (A2)
		#leadfromwithin
<u>8:24</u>	dapancost:	RT @LollyDaskal: RT @lynnfishman: We are
<u>pm</u>		aware that we never stop growing- there are always

8:24 provingede provingede provingede 8:24 provingede provingede Section 100,000,000,000,000,000,000,000,000,000	8.24		more layers 2 work through. #leadfromwithin
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8:25 worksmarta: RT @ Simon_GB: A5: Ask the question, what would I prefer to do if I had no one that depended on me, then listen #leadfromwithin	8:25 pm 8:25 pm 8:25 pm 8:25 pm 8:25 pm 8:25 pm	MagneticSilvia: scedmonds: donnypep: <u>Thomastwo</u> :	have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable <u>#leadfromwithin</u> RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Brilliant! RT @worksmarta: RT @helenantholis: A5 We gain Self Awareness when we lose Self- denial <u>#leadfromwithin</u> Think yourself as a beginner everytime RT @LeadershipNow: Q5: How can we gain more Self-Awareness? <u>#leadfromwithin</u> RT @lollydaskal: RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u>
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pm would I prefer to do if I had no one that depended on me, then listen #leadfromwithin	8:25 pm 8:25	MagneticSilvia: scedmonds: donnypep: <u>Thomastwo</u> :	have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable <u>#leadfromwithin</u> RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Brilliant! RT @worksmarta: RT @helenantholis: A5 We gain Self Awareness when we lose Self- denial <u>#leadfromwithin</u> Think yourself as a beginner everytime RT @LeadershipNow: Q5: How can we gain more Self-Awareness? <u>#leadfromwithin</u> RT @lollydaskal: RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Yes! RT @lollydaskal: A4:The mindset you have can determine whether you become the person you
	8:25 pm	MagneticSilvia: scedmonds: donnypep: Thomastwo: giselle2323:	have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable <u>#leadfromwithin</u> RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Brilliant! RT @worksmarta: RT @helenantholis: A5 We gain Self Awareness when we lose Self- denial <u>#leadfromwithin</u> Think yourself as a beginner everytime RT @LeadershipNow: Q5: How can we gain more Self-Awareness? <u>#leadfromwithin</u> RT @lollydaskal: RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Yes! RT @lollydaskal: A4:The mindset you have can determine whether you become the person you want to be <u>#leadfromwithin</u>
8:25 MagneticSilvia: Good one! RT @LeadershipNow: A5: Stop	8:25 pm 8:25	MagneticSilvia: scedmonds: donnypep: Thomastwo: giselle2323:	have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable <u>#leadfromwithin</u> RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Brilliant! RT @worksmarta: RT @helenantholis: A5 We gain Self Awareness when we lose Self- denial <u>#leadfromwithin</u> Think yourself as a beginner everytime RT @LeadershipNow: Q5: How can we gain more Self-Awareness? <u>#leadfromwithin</u> RT @lollydaskal: RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Yes! RT @lollydaskal: A4:The mindset you have can determine whether you become the person you want to be <u>#leadfromwithin</u> RT @ <u>Simon_GB</u> : A5: Ask the question, what would I prefer to do if I had no one that depended
Transference in the second one. It's Leadership tow, A3, 500	8:25 pm 8:25 pm	MagneticSilvia: scedmonds: donnypep: Thomastwo: giselle2323: worksmarta:	have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable <u>#leadfromwithin</u> RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Brilliant! RT @worksmarta: RT @helenantholis: A5 We gain Self Awareness when we lose Self- denial <u>#leadfromwithin</u> Think yourself as a beginner everytime RT @LeadershipNow: Q5: How can we gain more Self-Awareness? <u>#leadfromwithin</u> RT @lollydaskal: RT @lynnfishman: We are aware that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u> Yes! RT @lollydaskal: A4:The mindset you have can determine whether you become the person you want to be <u>#leadfromwithin</u> RT @ <u>Simon_GB</u> : A5: Ask the question, what would I prefer to do if I had no one that depended on me, then listen <u>#leadfromwithin</u>

pm		blpming others for our choices. #leadfromwithin
8:25	growinggold:	RT @ <u>ToucanCyndee</u> @ <u>StrategicMonk</u> A4: The
pm	8 88	willingness & ability 2B a beginner; over & over
		again # <u>leadfromwithin</u> - I wake up like this evryday
<u>8:25</u>	<u>heart_path</u> :	RT @giselle2323: Yes! RT @lollydaskal: A4:The
<u>pm</u>		mindset you have can determine whether you
0.05		become the person you want to be #leadfromwithin
<u>8:25</u>	getsweetie:	# <u>leadfromwithin</u> , accepting that the perspectives
<u>pm</u>		may mature or enlarge as one grows from experiences
8:26	dapancost:	RT @ <u>MagneticSilvia</u> : Good one! RT
pm		@LeadershipNow: A5: Stop blpming others for our
		choices. #leadfromwithin Absolutely
<u>8:26</u>	<u>lollydaskal</u> :	Q6:How do you connect your insides to reflect your
<u>pm</u>		outside? #leadfromwithin
<u>8:26</u>	scedmonds:	Great - we stop learning, we expire! RT
<u>pm</u>		@lynnfishman: We never stop growing- there
9.26	HDM	are always layers 2 work through. # <u>leadfromwithin</u>
<u>8:26</u> pm	HRMexplorer:	who do I serve and it is not myself #leadfromwithin
8:26	dave_phillips7:	@scedmonds can we really ever have honest
pm	<u></u>	reflection of ourselves? Seems that is something
		only achieved by Budha. #Leadfromwithin
<u>8:26</u>	<u>rpmaraobobby</u> :	RT @JKWleadership biggest challenge w/ being
<u>pm</u>		self aware is when we see things we don't like, we
		need 2 commit 2 change them. # <u>leadfromwithin</u>
<u>8:26</u>	growinggold:	RT @LollyDaskal Q4:What are the mindsets to
<u>pm</u>	a 1 1a	achieve self awareness? # <u>leadfromwithin</u>
<u>8:26</u> pm	thehealthmaven:	RT @dapancost: RT @MagneticSilvia: Good one! RT @LeadershipNow: A5: Stop blpming others for
pm		our choices. #leadfromwithin Absolutely
8:26	lollydaskal:	A6: RT @HRMexplorer: who do I serve and it is
pm		not myself #leadfromwithin
<u>8:26</u>	j <u>ohn_paul</u> :	Q6:How do you connect your insides to reflect your
<u>pm</u>		outside? # <u>leadfromwithin</u>
<u>8:26</u>	StrategicMonk:	A5: Asking questions may be more important than
<u>pm</u>	L. H. J. etc.	finding answers. # <u>leadfromwithin</u>
<u>8:26</u> pm	<u>lollydaskal</u> :	A6:Determining which thoughts allow you to experience the optimal well-being that is reflective
pm		of inner being. #leadfromwithin
8:26	tres444:	RT @lollydaskal: RT @lynnfishman: We are aware
pm		that we never stop growing- there are always more
		layers 2 work through. #leadfromwithin
<u>8:27</u>	scedmonds:	RT @ <u>lollydaskal</u> : Q6:How do you connect your
<u>pm</u>		insides to reflect your outside? #leadfromwithin
<u>8:27</u>	LeadershipNow:	RT @ <u>donnypep</u> : Think yourself as a beginner
<u>pm</u>		everytime Q5: How can we gain more Self- Awareness? #leadfromwithin
8:27	giselle2323:	A5 learning to get out of our own way in order to
<u>pm</u>	<u>Sisticada</u> .	truly lead. # <u>leadfromwithin</u>
8:27	Simon_GB:	RT @lynnfishman: We are aware that we never
pm	<u>_</u>	stop growing- there are always more layers 2 work
		through. #leadfromwithin YES said the onion
<u>8:27</u>	getsweetie:	#leadfromwithin Awareness of leadership means
<u>pm</u>		awareness of personal and professional boundaries
0.07	T 1 11 XY	for self and others
<u>8:27</u>	<u>LeadershipNow</u> :	A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
<u>pm</u> 8:27	DoubleMartini:	RT @lollydaskal: A9: To discover yourself u may
0.21	Doublewiartinii:	KI <u>Conyuaskai</u> . A3. 10 uiscovei youiseii u illay

<u>pm</u>		have to jump out of your comfort zone: and think, emote, say, write, or do the uncomfortable #leadfromwithin
9.	1.11	
<u>8:27</u> pm	<u>lollydaskal</u> :	A6: We need to find ways that allow us to tune into the eternal wisdom present within u & then share it with the outside #leadfromwithin
<u>8:27</u> pm	<u>DrMelanieG</u> :	RT @jesselynstoner: RT @scedmonds A5 we gain more self awareness by honest reflection of our intention & impact of our actions #leadfromwithin #LeadfromWithin
8:27 pm	<u>dapancost</u> :	A6 Know your own thoughts as opposed to others. Live them out regardless of what others think. #Leadfromwithin
8:27 pm	<u>lollydaskal</u> :	RT @getsweetie: Awareness of leadership means awareness of personal and professional boundaries for self and others #leadfromwithin
8:28 pm	scedmonds:	A6: to connect my inside to my outside (behaviors), I look to values alignment. Pm I acting in accordance with my values? #leadfromwithin
8:28 pm	<u>lollydaskal</u> :	RT @ <u>LeadershipNow</u> : A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:28 pm	<u>lynnfishman</u> :	A6. We strive for contentment with the past, happiness in the present & hope for the future. #leadfromwithin
8:28 pm	StrategicMonk:	A6: Letting go of the fear of rejection. #leadfromwithin
8:28 pm	<u>heart_path</u> :	A6: Work toward making choices in which our outer lives reflect our inner values.
<u>8:28</u>	worksmarta:	#Leadfromwithin True RT @LeadershipNow: A6: What we dislike in
<u>pm</u>		others creates a window into our own behavior. #leadfromwithin
8:28 pm	<u>lollydaskal</u> :	A6: our inner light which is our our heart, leads us to create our daily joyous life. #leadfromwithin
8:28 pm	LeadershipNow:	A6: Elbert Hubbard: The treatment we receive form others is only our own reflected thought. #leadfromwithin
8:28 pm	<u>scedmonds</u> :	Fab, Lynn! RT @ <u>lynnfishman</u> : A6. We strive for contentment with the past, happiness in the present & hope for the future. #leadfromwithin
8:28 pm	giselle2323:	RT @LeadershipNow: A6: What we dislike in others creates a window into our own behavior. #leadfromwithin
8:28 pm	john_paul:	a6: through being awake, self awareness - one can see what is outside as a reflection of what is inside. #leadfromwithin
8:28 pm	scedmonds:	That's SO powerful! RT @ <u>StrategicMonk</u> : A6: Letting go of the fear of rejection. #leadfromwithin
8:28 pm	jesselynstoner:	A6: We need to align our awareness with our actions, or it doesn't really matter what we know. #LeadfromWithin
8:28 pm	<u>EdwardColozzi</u> :	Geting in touch with TrueSelf (TS) leads2incresed Selfawareness (SA) Basis of TS=LOVEw/oAttachment <u>http://tl.gd/931t6m</u> #leadfromwithin
8:28 pm	<u>Cybuhr</u> :	A6: Honest transparency to others begins with transparency to ourselves. #LeadFromWithin
8:28 pm	<u>JKWleadership</u> :	When our thoughts and values are demonstrated through our actions then the inner self and outer self

		are in synch. (A6) #leadfromwithin
8:28	growinggold:	A4 forgiveness, patience, self-reflection all provoke
pm	<u> 8. o</u>	n grow greater self awareness #leadfromwithin
8:28	LeadershipNow:	Always the challenge. RT @heart_path: A6: Work
pm		toward making choices in which our outer lives
		reflect our inner values. #leadfromwithin
<u>8:29</u>	StrategicMonk:	RT @john_paul: a6: through being awake, self
<u>pm</u>		awareness - one can see what is outside as a
		reflection of what is inside. <u>#leadfromwithin</u>
<u>8:29</u>	dave_phillips7:	RT @ <u>LeadershipNow</u> : A6: What we dislike in
<u>pm</u>		others creates a window into our own behavior. #Leadfromwithin
8:29	heart_path:	Yes - very, very true! RT @Cybuhr: A6: Honest
<u>b.25</u> pm	<u>iteart_pati</u> .	transparency to others begins with transparency to
pm		ourselves. #LeadFromWithin
8:29	helenantholis:	A6 Connect your inside to reflect your outside -
pm		Shakespeare/Hpmlet. To thine own self be true. =
		Be who you are. #leadfromwithin
8:29	HRMexplorer:	what we dislike in others is a judgement within
<u>pm</u>		ourselves # <u>leadfromwithin</u>
<u>8:29</u>	scedmonds:	Hard yet gratifying to achive! RT @ <u>Cybuhr</u> : A6:
<u>pm</u>		Honest transparency to others begins with
0.00		transparency to ourselves. # <u>leadfromwithin</u>
<u>8:29</u>	<u>lollydaskal</u> :	A6: inner leadership is knowing our true purpose and that we are able to finally step into our
<u>pm</u>		brilliance & our magnificence #leadfromwithin
8:29	john_paul:	A6: Synchronicity sometimes helps out but that is
pm	Join Paul	more of a bell starting to ring. $#$ <u>leadfromwithin</u>
8:29	LeadershipNow:	A6: Our biggest irritations look a lot like us.
pm	k	#leadfromwithin
8:29	helenantholis:	So true RT @dave_phillips7: RT
<u>pm</u>		@LeadershipNow: A6: What we dislike in others
		creates a window into our own behavior.
		#leadfromwithin
<u>8:29</u>	<u>getsweetie</u> :	Our awareness of self allows us to employ our gifts
<u>pm</u> 8:29	8:	in more meaningful outcomes # <u>leadfromwithin</u> RT @lollydaskal: A4: Awareness mindset is to
<u>8:29</u> pm	8:	know yourself accurately and build upon that
pm		knowledge #leadfromwithin
8:29	LeadershipNow:	RT @heart_path: Yes - very, very true! RT
pm	t	@Cybuhr: A6: Honest transparency to others
		begins with transparency to ourselves.
		#leadfromwithin
<u>8:29</u>	scedmonds:	PERFECT. RT @heart_path: A6: Work toward
<u>pm</u>		making choices in which our outer lives reflect our
0.00	04 4 1 1 1	inner values. # <u>leadfromwithin</u>
<u>8:29</u>	StrategicMonk:	RT @jesselynstoner: A6: We need to align our awareness with our actions, or it doesnt really
<u>pm</u>		awareness with our actions, or it doesn't really matter what we know. #leadfromwithin
8:29	JKWleadership:	RT @LeadershipNow: A6: What we dislike in
<u>8.29</u> pm	JIS Wieauer Ship.	others creates a window into our own behavior.
		#leadfromwithin
8:29	deeon03:	RT @LollyDaskal: RT @lynnfishman: We are
pm		aware that we never stop growing- there are always
		more layers 2 work through. #leadfromwithin
<u>8:29</u>	worksmarta:	RT @helenantholis: A6 Shakespeare/Hpmlet. To
<u>pm</u>		thine own self be true. = Be who you are.
		#leadfromwithin
<u>8:29</u>	<u>lollydaskal</u> :	RT @ <u>helenantholis</u> : A6 Connect your inside to
<u>pm</u>		reflect yr outside Shakespeare/Hpmlet.To thine own

		self be true. Be who u are. #leadfromwithin
8:29	StrategicMonk:	RT @LeadershipNow: A6: Our biggest irritations
pm	off acgremonik.	look a lot like us. #leadfromwithin
8:29	scedmonds:	Hysterical and TRUE. RT @LeadershipNow:
<u>pm</u>	<u>securiorius</u> .	A6: Our biggest irritations look a lot like us.
P		#leadfromwithin
8:30	NikaStewart:	RT @LeadershipNow: Our biggest irritations look a
pm		lot like us. #leadfromwithin
8:30	JKWleadership:	RT @worksmarta: RT @helenantholis: A6
pm		Shakespeare/Hpmlet. To thine own self be true. =
		Be who you are. #leadfromwithin
8:30	rgbrody:	RT @lollydaskal: RT @LeadershipNow: A6: What
pm		we dislike in others creates a window into our own
		behavior. #leadfromwithin
<u>8:30</u>	<u>john_paul</u> :	RT @helenantholis Connect ur inside to reflect
pm		your outside, Shakespeare/Hpmlet. To thine own
		self be true = Be who you are. # <u>leadfromwithin</u>
<u>8:30</u>	phillipswindle:	RT @lollydaskal: RT @helenantholis: A6 Connect
<u>pm</u>		your inside to reflect yr outside
		Shakespeare/Hpmlet.To thine own self be true. Be
		who u are. # <u>leadfromwithin</u>
<u>8:30</u>	worksmarta:	RT @ <u>scedmonds</u> : PERFECT. RT @ <u>heart_path</u> : A6:
<u>pm</u>		Work toward making choices in which our outer
		lives reflect our inner values. #leadfromwithin
<u>8:30</u>	giselle2323:	RT @LeadershipNow: A6: Our biggest irritations
<u>pm</u>		look a lot like us. # <u>leadfromwithin</u>
<u>8:30</u>	<u>dolynesaidso</u> :	RT @ <u>lollydaskal</u> : A4:The mindset you have can
pm		determine whether you become the person you want
0.20	T 1 1' M	to be <u>#leadfromwithin</u>
<u>8:30</u>	<u>LeadershipNow</u> :	RT @ <u>helenantholis</u> : A6 Connect your inside to
<u>pm</u>		reflect yr outside Shakespeare/Hpmlet.To thine own self be true. Be who u are. #leadfromwithin
8:30	lollydaskal:	RT @scedmonds: Hysterical and TRUE. RT
<u>pm</u>	<u>ionyuaskai</u> .	@LeadershipNow: A6: Our biggest irritations look
pm		a lot like us. #leadfromwithin
8:30	rgbrody:	RT @lollydaskal: RT @getsweetie: Awareness of
pm	<u></u>	leadership means awareness of personal and
		professional boundaries for self and others
		#leadfromwithin
8:30	growinggold:	A4 when U R triggered/upset by another, reflect
pm		back on self 2ask "why does that bother me so
		much?" 2 grow self awareness # <u>leadfromwithin</u>
<u>8:30</u>	<u>john_paul</u> :	RT @ <u>StrategicMonk</u> A6: Our biggest irritations
<u>pm</u>		look a lot like us. # <u>leadfromwithin</u>
<u>8:30</u>	<u>Cybuhr</u> :	RT @LeadershipNow: A6: Our biggest irritations
<u>pm</u>		look a lot like us. #LeadFromWithin
<u>8:30</u>	worksmarta:	YUP! RT @scedmonds: Hysterical and TRUE.
<u>pm</u>		RT @LeadershipNow: A6: Our biggest irritations
		look a lot like us. # <u>leadfromwithin</u>
<u>8:30</u>	<u>getsweetie</u> :	#leadfromwithin Empowering those around you is a
<u>pm</u>		natural progression of allowing them to know your
	•	own awareness of self in leadership
<u>8:30</u>	worksmarta:	RT @growinggold: A4 when U R triggered/upset
<u>pm</u>		by another, reflect back on self 2ask "why does that
0.21		bother me so much?" # <u>leadfromwithin</u>
<u>8:31</u>	EdLovesSumo:	@ <u>lollydaskal</u> where are the questions?
<u>pm</u>		#Leadfromwithin
<u>8:31</u>	scedmonds:	A6: Our insides/outsides can align when we listen
<u>pm</u>		to those around us, who work/live with us. Every
		interaction holds truth. #leadfromwithin

<u>8:31</u>	8:	RT @LeadershipNow: A6: What we dislike in
pm		others creates a window into our own behavior.
		#leadfromwithin
8:31	<u>lynnfishman</u> :	RT @john_paul: RT @StrategicMonk A6: Our
pm	-	biggest irritations look a lot like us.
-		#leadfromwithin
8:31	thehealthmaven:	A6 We always need to be asking ourselves the right
pm		questions & at times the tough questionsalign &
		enjoy! # <u>leadfromwithin</u>
8:31	Cybuhr:	RT @lollydaskal: Q6:How do you connect your
pm	<u>cybum</u> .	insides to reflect your outside? #LeadFromWithin
8:31	helenantholis:	RT @worksmarta: RT @growinggold: A4 when U
	neienantiions.	R triggered/upset, reflect back on self 2ask "why
pm		does that bother me so much?" #leadfromwithin
9.21	Starran CD.	
<u>8:31</u>	<u>Simon_GB</u> :	A6:Easy for an intravert, not so easy for an exravert
<u>pm</u>		#leadfromwithin
<u>8:32</u>	<u>getsweetie</u> :	Self awareness requires time in all areas of life,
pm		work, play, rest, fpmily, creative, reflective times
		# <u>leadfromwithin</u>
<u>8:32</u>	<u>LeadershipNow</u> :	RT @growinggold: A4 when U R triggered/upset,
pm		reflect back on self 2ask "why does that bother me
		so much?" # <u>leadfromwithin</u>
<u>8:32</u>	scedmonds:	Here you go, Ed: RT @ <u>lollydaskal</u> : Q6:How do you
<u>pm</u>		connect your insides to reflect your outside?
		# <u>leadfromwithin</u>
<u>8:32</u>	lollydaskal:	@EdLovesSumo Both Michael and I are taking
pm	-	turns asking questions every five minutes on the
		hour. #leadfromwithin
8:32	growinggold:	RT @giselle2323 RT @lollydaskal: others impress.
pm		leaders influence #leadfromwithin
8:32	john paul:	RT @EdLovesSumo where are the questions? they
pm		get listed periodically as Qx: do a search for them
·		in ur browser can help #leadfromwithin
8:32	dapancost:	@JesseLynStoner Bye, Jesse. Come back next
pm		week. #LeadfromWithin
8:32	StrategicMonk:	RT @getsweetie: Self awareness requires time in
<u>pm</u>	ou ategic wonk.	all areas of life, work, play, rest, fpmily, creative,
pm		reflective times #leadfromwithin
8:32	scedmonds:	True - possible, but it takes effort to LISTEN. RT
	<u>sceumonus</u> .	 <u>@Simon_GB</u>: A6:Easy for an intravert, not so easy
<u>pm</u>		for an exravert #leadfromwithin
8.22	LoodonshinNorre	Q7: How can we help others gain Self-Awareness?
<u>8:32</u>	<u>LeadershipNow</u> :	
<u>pm</u>	TIDM 1	#leadfromwithin
<u>8:33</u>	HRMexplorer:	no situation has an emotion until we come along
<u>pm</u>	•••	#leadfromwithin
<u>8:33</u>	<u>john_paul</u> :	RT @ <u>Simon_GB</u> A6:Easy for an intravert, not so
<u>pm</u>		easy for an exravert # <u>leadfromwithin</u>
<u>8:33</u>	<u>helenantholis</u> :	A6. Find the gaps that distress you and you'll find
<u>pm</u>		the way. # <u>leadfromwithin</u>
<u>8:33</u>	<u>lollydaskal</u> :	RT @ <u>LeadershipNow</u> : Q7: How can we help others
<u>pm</u>		gain Self-Awareness? # <u>leadfromwithin</u>
<u>8:33</u>	growinggold:	RT @Cybuhr RT @lollydaskal: Q6:How do you
pm		connect your insides to reflect your outside?
		#LeadFromWithin
<u>8:33</u>	scedmonds:	See you at the Summit next week, Jess! RT
pm		@jesselynstoner: Sorry I have to leave early.
		Thanks to all. #leadfromwithin
8:33	lynnfishman:	With self awareness have a sense of lightness- a
pm	- <u></u>	curiosity, perserverance & passion.#leadfromwithin
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0.00	1	
8:33 pm	<u>dapancost</u> :	A7: Very gently, and with much humility. That is delicate territory you are treading there.
		#Leadfromwithin
8:33	JKWleadership:	@Simon_GB The intravert asks himself - The
pm		extravert asks everybody. :-) (A6) #leadfromwithin
8:33	LeadershipNow:	Our emotion is our choice. RT @HRMexplorer: no
<u>pm</u>		situation has an emotion until we come along
		#leadfromwithin
<u>8:33</u>	<u>MagneticSilvia</u> :	RT @GetSweetie: #leadfromwithin Awareness of
<u>pm</u>		leadership means awareness of personal and
		professional boundaries for self and others
<u>8:33</u>	john_paul:	Q7: How can we help others gain Self-Awareness?
<u>pm</u>		#leadfromwithin
<u>8:33</u>	mposchange:	@lynnfishman Yes, we need to distinguish between the values & patterns we've learnt from others and
pm		our own desires & values #leadfromwithin
8:33	StrategicMonk:	A7: Listen to them, in the spme way we listen to
pm	<u>offacegettoink</u> .	ourselves. #leadfromwithin
8:34	worksmarta:	A7: Ask questions, show them how you are doing it
pm	worksmarta.	for yourself - by expmple. #leadfromwithin
8:34	getsweetie:	#leadfromwithin Our core beliefs may be hindered
pm	a	in our behavior if fear, chaos, frustrations are not
		dealt with and resolved.
<u>8:34</u>	growinggold:	RT @LollyDaskal RT @LeadershipNow: Q7: How
<u>pm</u>		can we help others gain Self-Awareness?
		#leadfromwithin
<u>8:34</u>	<u>helenantholis</u> :	A7.We can help others through thoughtful
<u>pm</u>		questions and gentle stories. #leadfromwithin
<u>8:34</u>	<u>MagneticSilvia</u> :	So true! RT @JesseLynStoner: A6: We need to
pm		align our awareness with our actions, or it doesn't really matter what we know. #LeadfromWithin
8:34	john_paul:	A7: wow - i don't know that we really can we
<u>pm</u>	John paul.	cna encourage them, coach them, love them but
<u>p</u>		they have to do the work. $#$ <u>leadfromwithin</u>
8:34	scedmonds:	A7: to help others gain self-awareness, we must ask
pm		their permission to provide insight about their
		behaviors. #leadfromwithin
<u>8:34</u>	<u>dapancost</u> :	A7: know that you don't have all the answers, while
<u>pm</u>		asking thought provoking questions.
		#Leadfromwithin
<u>8:34</u>	<u>lollydaskal</u> :	RT @ <u>helenantholis</u> : A7.We can help others through
pm		thoughtful questions and gentle stories. #leadfromwithin
9.24	StratogicMonk	A7: Create an environment where it is safe &
<u>8:34</u> pm	StrategicMonk:	A7: Create an environment where it is safe α encouraged to explore. # <u>leadfromwithin</u>
8:34	lollydaskal:	RT @scedmonds: A7: to help others gain self-
<u>pm</u>	<u>ionyuaskai</u> .	awareness, we must ask their permission to provide
		insight about their behaviors #leadfromwithin
8:35	john_paul:	RT @helenantholis A7.We can help others through
pm	<u> </u>	thoughtful questions and gentle stories.
		#leadfromwithin
<u>8:35</u>	helenantholis:	RT @scedmonds: A7: to help others gain self-
<u>pm</u>		awareness, we must ask their permission to provide
		insight about their behaviors #leadfromwithin
<u>8:35</u>	JKWleadership:	Helping another be more self aware takes timing,
<u>pm</u>		courage and trust. Your opinion may not always be
0.25		welcome. (A7) # <u>leadfromwithin</u>
<u>8:35</u>	<u>MagneticSilvia</u> :	Another pearl of wisdom. Thanks! RT @ <u>Cybuhr</u> : A6: Honest transparency to others begins with
pm		transparency to ourselves. #LeadFromWithin
		anisparency to ourserves. #Leaurronn wrunn

<u>8:35</u>	LeadershipNow:	A7: They must be willing. Open to self-
<u>pm</u>		improvement. #leadfromwithin
8:35 pm	ToucanCyndee:	A6 It is always good policy to listen to yourself and then practice what you preach #leadfromwithin
8:35	lollydaskal:	RT @StrategicMonk: A7: Create an environment
	<u>ionyuaskai</u> .	where it is safe & encouraged to explore.
<u>pm</u>		#leadfromwithin
8:35	scedmonds:	Gentle stories = VERY POWERFUL! RT
pm		@helenantholis: A7.We can help others through
-		thoughtful questions and gentle stories.
		#leadfromwithin
8:35	dapancost:	RT @LollyDaskal: RT @StrategicMonk: A7:
pm		Create an environment where it is safe &
		encouraged to explore. #leadfromwithin Great
		point!
8:35	StrategicMonk:	A7: Allow them to recognize that they are
pm	<u></u>	beginners, too. #leadfromwithin
8:35	heart_path:	A7: We can help others gain self awareness by the
pm	_	expmple we set , sharing stories, listening, & asking
		questions. #Leadfromwithin
8:35	EdwardColozzi:	@LollyDaskal @LeadershipNow @john_Paul
pm		#leadfromwithin Give honest feedback w LOVE N
-		encourage attitude of being present meditations
		helps 2
8:35	helenantholis:	RT @lollydaskal: RT @StrategicMonk: A7: Create
pm		an environment where it is safe & encouraged to
<u>p</u>		explore. #leadfromwithin
8:35	LeadershipNow:	A learning environment is critical. RT
<u>pm</u>	<u>incuderompreov</u> .	@StrategicMonk: A7: Create an environment
Pm		where it is safe & encouraged to explore.
		#leadfromwithin
8:35	ECCSonline:	RT @scedmonds: To help others gain self-
pm		awareness, we must ask their permission to provide
-		insight about their behaviors. #leadfromwithin
8:36	sweatympma:	RT @lollydaskal: A5: Self Awareness is having a
pm	_	clear perception of yourself strengths weaknesses,
-		thoughts, beliefs, motivation, & emotions
		#leadfromwithin
8:36	LeadershipNow:	A7: Offer to coach or mentor. #leadfromwithin
pm		
8:36	heart path:	Trust is essential in helping others reach self-
pm		awareness. #Leadfromwithin
8:36	JKWleadership:	When you share your opinion of another's character
pm		- be respectful - it is only your opinion. (A7)
		#leadfromwithin
8:36	donhornsby:	RT @LeadershipNow: A6: Elbert Hubbard: The
pm		treatment we receive form others is only our own
		reflected thought. #leadfromwithin
8:36	StrategicMonk:	RT @heart_path: Trust is essential in helping others
pm		reach self-awareness. #leadfromwithin
8:36	lynnfishman:	A7. Explain the commonality of experiences we all
pm	· · · · · · · · · · · · · · · · · · ·	go through- even though they may appear in
—		different forms. #leadfromwithin
8:36	LeadershipNow:	A7: You can't tolerate bad behavior but need to be
pm	_	accepting. There?s a difference. #leadfromwithin
8:36	dapancost:	A7: requires true humility and careful
pm	<u></u>	communication. #Leadfromwithin
8:36	LeadershipNow:	RT @heart_path: Trust is essential in helping others
<u>pm</u>	<u>Dented Shipi (0)</u>	reach self-awareness. #leadfromwithin
8:36	john_paul:	RT @ <u>heart_path</u> Trust is essential in helping others
<u></u>	<u>lour bun</u> .	

<u>pm</u>		reach self-awareness # <u>leadfromwithin</u>
<u>8:36</u>	growinggold:	A7 promote self reflection particuarly in moments
pm		of 'complaining' Q7: How can we help others gain
0.26		Self-Awareness? #leadfromwithin
<u>8:36</u>	scedmonds:	A7: I can help others gain self awareness if I pm
<u>pm</u>		centered, present, and of a service heart. If I'm
		NOT, come back later! #leadfromwithin
<u>8:37</u>	<u>heart_path</u> :	RT @scedmonds: A7: I can help others gain self
<u>pm</u>		awareness if I pm centered, present, and of a service
		heart. If I'm NOT, come back later!
	~	#leadfromwithin
<u>8:37</u>	<u>Cybuhr</u> :	Absolutely! And awareness leads to trust. RT
<u>pm</u>		@ <u>heart_path</u> : Trust is essential in helping others
		reach self-awareness. #LeadFromWithin
<u>8:37</u>	<u>thehealthmaven</u> :	A7help them find their voicethere are a lot of
pm		reasons why others hide # <u>leadfromwithin</u>
<u>8:37</u>	growinggold:	exactly! RT @ <u>StrategicMonk</u> A7: Listen to them, in
<u>pm</u>		the spme way we listen to ourselves.
		# <u>leadfromwithin</u>
<u>8:37</u>	<u>dave_phillips7</u> :	A7 Asking questions can help others with self
<u>pm</u>		awareness, actually listening to their answers helps
0.27	• •	us. # <u>Leadfromwithin</u>
<u>8:37</u>	scedmonds:	SO true, Sharon! RT @ <u>heart_path</u> : Trust is essential
<u>pm</u>		in helping others reach self-awareness.
0.07		#leadfromwithin
<u>8:37</u>	<u>StrategicMonk</u> :	A7: Remember that how we perceive them is
<u>pm</u>		shaped by how we perceive ourselves.
		#leadfromwithin
<u>8:37</u>	worksmarta:	RT @ <u>LeadershipNow</u> : RT @ <u>heart_path</u> : Trust is
<u>pm</u>		essential in helping others reach self-awareness.
		# <u>leadfromwithin</u>
<u>8:37</u>	NikaStewart:	Be gentle & accepting -to ourselves 1st, so we can
<u>pm</u>		be that way to others. (then they can learn 2 B that
		way 4 themselves) # <u>leadfromwithin</u>
<u>8:37</u>	LeadershipNow:	Yes. Timing is important. RT @growinggold: A7
<u>pm</u>		promote self reflection particularly in moments of
0.27	C' CD	complaining # <u>leadfromwithin</u>
<u>8:37</u>	<u>Simon_GB</u> :	When we are most irritated it is time to look deep
<u>pm</u>		inside ourselves # <u>leadfromwithin</u>
<u>8:37</u>	<u>helenantholis</u> :	RT @growinggold: A7 promote self
<u>pm</u>		reflectionparticularly in moments of complaining
		Q7:How can we help others be Self-Aware? #leadfromwithin
9.27	Magnett-Ctl-t-	
<u>8:37</u>	MagneticSilvia:	A7: Being an expmple of self awareness and sharing ourselves with others. #leadfromwithin
<u>pm</u>	haant th.	RT @ <u>MagneticSilvia</u> : A7: Being an expmple of self
<u>8:38</u>	<u>heart_path</u> :	awareness and sharing ourselves with others.
<u>pm</u>		#leadfromwithin
8.38	and many set	A7: I wonder if the truth I see is too difficult for
<u>8:38</u>	scedmonds:	another to consider - my experience may not be
<u>pm</u>		their truth! #leadfromwithin
8.38	LoodonshinNorr	True. RT @StrategicMonk: A7: Remember that
<u>8:38</u>	LeadershipNow:	how we perceive them is shaped by how we
<u>pm</u>		perceive ourselves. # <u>leadfromwithin</u>
8.38	dolmoosi Joo	RT @lollydaskal: RT @StrategicMonk: A7: Create
<u>8:38</u>	dolynesaidso:	
<u>pm</u>		an environment where it is safe & encouraged to explore. # <u>leadfromwithin</u>
0.20	See 3:0:	
<u>8:38</u>	SandiGivens:	RT @ <u>MagneticSilvia</u> : Another pearl of wisdom.
<u>pm</u>		Thanks! RT @Cybuhr: A6: Honest transparency to others begins with transparency to ourselves.
		others begins with transparency to ourserves.

		#LeadFromWithin
8:38	mikaylaXsmith:	A7: Encourage them to make decisions based on
pm	<u>imkaylaxsiniti</u> .	their own core values. And then talk w/ them about
pm		how they arrived there. #leadfromwithin
8:38	heart_path:	RT @LeadershipNow: True. RT @StrategicMonk:
pm		A7: Remember that how we perceive them is
		shaped by how we perceive ourselves.
		#leadfromwithin
8:38	StrategicMonk:	RT @MagneticSilvia: A7: Being an expmple of self
pm		awareness and sharing ourselves with others.
-		#leadfromwithin
8:38	LeadershipNow:	Yes! RT @MagneticSilvia: A7: Being an expmple
pm		of self awareness and sharing ourselves with others.
-		#leadfromwithin
8:38	john_paul:	RT @ <u>Simon_GB</u> When we are most irritated it is
pm		time to look deep inside ourselves #leadfromwithin
8:38	helenantholis:	RT @MagneticSilvia: A7: Being an expmple of self
pm		awareness and sharing ourselves with others.
-		#leadfromwithin
8:38	ECCSonline:	A7: Use a third source they value; for Christians >
<u>pm</u>		Bible, Muslims ? Quran #leadfromwithin
8:38	spmrat747:	RT @LollyDaskal: RT @helenantholis: A7.We can
<u>pm</u>		help others through thoughtful questions and gentle
		stories. #leadfromwithin
8:38	scedmonds:	Absolutely! RT @MagneticSilvia: A7: Being an
pm		expmple of self awareness and sharing ourselves
-		with others. #leadfromwithin
8:38	lynnfishman:	A7. We are often more alike than different when it
pm		comes to challenges & inner growth.
		#leadfromwithin
<u>8:38</u>	dolynesaidso:	RT @lollydaskal: RT @scedmonds: A7: to help
<u>pm</u>		others gain self-awareness, we must ask their
		permission to provide insight about their behaviors
		# <u>leadfromwithin</u>
<u>8:38</u>	<u>helenantholis</u> :	RT @scedmonds: A7: I wonder if the truth I see is
pm		too difficult for another to consider;my experience
		may not be their truth # <u>leadfromwithin</u>
<u>8:38</u>	getsweetie:	A7 Behaviors are very connected to core beliefs,
pm		experiencesand sometimes the exper have not
		supported the beliefs # <u>leadfromwithin</u>
<u>8:38</u>	giselle2323:	RT @ <u>lollydaskal</u> : RT @ <u>StrategicMonk</u> : A7: Create
<u>pm</u>		an environment where it is safe & encouraged to
		explore. #leadfromwithin
<u>8:39</u>	JKWleadership:	RT @ <u>lynnfishman</u> : A7. We are often more alike
<u>pm</u>		than different when it comes to challenges & inner
		growth. #leadfromwithin
<u>8:39</u>	<u>heart_path</u> :	RT @giselle2323: RT @lollydaskal: RT
<u>pm</u>		@ <u>StrategicMonk</u> : A7: Create an environment
		where it is safe & encouraged to explore.
8.20	TIDM	#leadfromwithin there is always only one self find it and sharish it
<u>8:39</u>	HRMexplorer:	there is always only one self find it and cherish it
<u>pm</u>		#leadfromwithin % lattin gol allow them their process PT
<u>8:39</u>	growinggold:	& lettin go! allow them their process RT
<u>pm</u>		@John_Paul RT @heart_path Trust is essential in
		helping others reach self-awareness #leadfromwithin
8.20	ishe word.	RT @lynnfishman A7. We are often more alike
<u>8:39</u>	john_paul:	than different when it comes to challenges & inner
<u>pm</u>		growth. <- So true! #leadfromwithin
0.20	donnypep:	RT @ <u>lollydaskal</u> : RT @ <u>scedmonds</u> : A7: to help
8:39		\square IXI \square IVII VUOSKAI, IXI \square SUCULIUUIUS, IXI, IV IICIU

<u>pm</u>		others gain self-awareness, we must ask their permission to provide insight about their behaviors #leadfromwithin
9.20		
<u>8:39</u> <u>pm</u>	getsweetie:	#leadfromwithin Helping others to see imbalance in their activities helps realign awarenesswork, play, rest, creating, reflecting
8:40	scedmonds:	A7: I think I can make my perceptions more
<u>pm</u>	Securitarias.	palatable to others if I begin with "I wonder about "X" behavior" vs. accusing. #leadfromwithin
8:40 pm	<u>lollydaskal</u> :	Q8: How does the conscious and unconsciousness play into self awareness? #leadfromwithin
8:40	EdwardColozzi:	@John_Paul Trust is essential; Fear is Opposite of
pm		trust & LOVE is More powerful than fear. Lead frm LOVE #leadfromwithin
8:40	MagneticSilvia:	Yes! RT @lynnfishman: A7. We are often more
<u>pm</u>		alike than different when it comes to challenges & inner growth. #leadfromwithin
8:40	lollydaskal:	A8: Conscious is ego and mind and unconscious is
<u>pm</u> 8:40	<u>Cybuhr:</u>	heart and intuition. <u>#leadfromwithin</u> A7: Challenge their expressed wants to reveal true
<u>pm</u>	<u>Cybum</u> .	desires. #LeadFromWithin
8:41	heart_path:	RT @lollydaskal: A8: Conscious is ego and mind
<u>pm</u>	<u>near pan</u> .	and unconscious is heart and intuition. #leadfromwithin
<u>8:41</u>	scedmonds:	Great potential! RT @ECCSonline: A7: Use a third
<u>pm</u>		source they value; for Christians > Bible, Muslims ? Quran # <u>leadfromwithin</u>
8:41	Simon GB:	excellent RT @lollydaskal: RT @StrategicMonk:
pm		A7: Create an environment where it is safe &
		encouraged to explore. #leadfromwithin
<u>8:41</u> <u>pm</u>	<u>dapancost</u> :	A8: The conscious is what we have to work with to become aware of the unconscious # <u>Leadfromwithin</u>
<u>8:41</u> pm	JKWleadership:	Our values shape our truths. Shared values lead to shared truths. (A7) # <u>leadfromwithin</u>
<u>8:41</u>	<u>heart_path</u> :	RT @JKWleadership: Our values shape our truths.
pm		Shared values lead to shared truths. (A7) #leadfromwithin
<u>8:41</u>	<u>lollydaskal</u> :	A8: The extent we are in denial of our unconscious
<u>pm</u>		is usually the extent to which our conscious is screpming at us. #leadfromwithin
8:41	john paul:	RT @EdwardColozzi Trust is essential; Fear is
<u>pm</u>		Opposite of trust & LOVE is More powerful than fear. Lead frm LOVE <- i agree #leadfromwithin
<u>8:42</u>	<u>heart_path</u> :	RT @john_paul: RT @EdwardColozzi Trust is
<u>pm</u>		essential; Fear is Opposite of trust & LOVE is More powerful than fear. Lead frm LOVE <- i agree #leadfromwithin
8:42	giselle2323:	I agree! RT @heart_path: Trust is essential in
<u>pm</u>		helping others reach self-awareness. #Leadfromwithin
<u>8:42</u>	MagneticSilvia:	RT @john_paul: RT @EdwardColozzi Trust is
<u>pm</u>		essential; Fear is Opposite of trust & LOVE is More powerful than fear. Lead frm LOVE <- i agree #leadfromwithin
8:42	lollydaskal:	Q8: how does conscious and unconsciousness play
pm	<u></u>	into self awareness? #leadfromwithin
<u>8:42</u>	<u>racheldyas</u> :	Q5 know, accept, be honest about and overcome /
<u>pm</u>		improve your own failings. Tell others about them so they may help you. # <u>leadfromwithin</u>
8:42	MagneticSilvia:	RT @giselle2323: I agree! RT @heart_path: Trust

pm		is essential in helping others reach self-awareness.
		#Leadfromwithin
<u>8:42</u>	<u>backyardhaven</u> :	RT @ <u>lollydaskal</u> : A8: The extent we are in denial
<u>pm</u>		of our unconscious is usually the extent to which
9.42	estemastia	our conscious is screpming at us. # <u>leadfromwithin</u> #leadfromwithin Trust of self is another core
8:42 pm	<u>getsweetie</u> :	essential in helping one learn self awareness, too
pm		many have ignored their inner voice
8:43	john paul:	Q8: how does conscious and unconsciousness play
pm	6 - 1	into self awareness? #leadfromwithin
<u>8:43</u>	<u>worksmarta</u> :	A8: Bringing the subconscious to the conscious.
<u>pm</u>		#leadfromwithin
<u>8:43</u>	scedmonds:	A8: I need to move from "I don't know what I don't
<u>pm</u>		know" (unconscious) to "Huh, I know" (conscious) to modify behavior. #leadfromwithin
8:43	heart_path:	agreed! RT @GetSweetie: #leadfromwithin too
pm	_	many have ignored their inner voice
<u>8:43</u>	growinggold:	RT @LollyDaskal Q8: how does conscious and
<u>pm</u>		unconsciousness play into self awareness?
		#leadfromwithin
<u>8:43</u>	ECCSonline:	A8: We can lose objectivity of both; that's when others are needed to guide us back.
<u>pm</u>		#leadfromwithin
8:43	dolynesaidso:	RT @lollydaskal: A8: Conscious is ego and mind
pm	<u>uorrecuraco</u> .	and unconscious is heart and intuition.
-		#leadfromwithin
<u>8:43</u>	<u>lollydaskal</u> :	A8: To less inwardly we look into our unconscious
<u>pm</u>		the less conscious we are. #leadfromwithin
<u>8:43</u>	<u>LeadershipNow</u> :	A8: Our biggest gain in self-improvement can be
<u>pm</u>		had by simply finding out what others know about us that we don?t. #leadfromwithin
8:43	lynnfishman:	A8. Awareness comes by learning who we are
pm		independent of outside influences. The
		subconscious rules here. #leadfromwithin
<u>8:43</u>	dapancost:	RT @ <u>ECCSonline</u> : A8: We can lose objectivity of
<u>pm</u>		both; that's when others are needed to guide us back. #leadfromwithin (Absolutely)
8:43	helenantholis:	A8. There are knowns that we knowand
<u>pm</u>	<u>incrementations</u> .	unknowns that we knowsorry I'm channeling
-		Rumsfeld. #leadfromwithin
<u>8:43</u>	dolynesaidso:	RT @lollydaskal: A8: The extent we are in denial
<u>pm</u>		of our unconscious is usually the extent to which
0.44		our conscious is screpming at us. # <u>leadfromwithin</u>
<u>8:44</u>	getsweetie:	Experiences have taught many that their voice will not be heard, the conflict of not empowering your
<u>pm</u>		own voice paralyzes #leadfromwithin
8:44	dapancost:	RT @helenantholis: A8. There are knowns that we
pm		knowand unknowns that we knowsorry I'm
		channeling Rumsfeld. #leadfromwithin (LOL)
<u>8:44</u>	ECCSonline:	RT @LeadershipNow: A8: Our biggest gain in self-
<u>pm</u>		improvement can be had by finding out what others know about us #leadfromwithin
8:44	john paul:	A8: Through the love of the beloved, that is how.
<u>b.44</u> pm	<u>jom pau</u> .	#leadfromwithin
8:44	scedmonds:	A8: Is self awareness, by definition, conscious
pm		understanding of behavior, action, intention I'm not
		conscious of? # <u>leadfromwithin</u>
<u>8:44</u>	<u>lollydaskal</u> :	RT @lynnfishman: A8. Awareness comes by
<u>pm</u>		learning who we are independent of outside
		influences. The subconscious rules here.

8:44 pm	#leadfromwithin heart path: A8: Through writing and deep
	reflection/prayer/meditation, my heart
	(subconscious) begins to align with my ego
	(conscious). #Leadfromwithin
8:44	worksmarta: HAHAHA RT @helenantholis: A8. There are
pm	knowns that we knowand unknowns that we
	knowsorry Im channeling Rumsfeld.
	#leadfromwithin
8:44 JK	Vleadership: We have a choice - to be conscious, unconscious or
pm	oblivious as we go thru life. Leaders choose
	consciousness. (A8) #leadfromwithin
8:45	getsweetie: #leadfromwithin Self awarenss is perhaps the
pm	willingness to deeply integrate our own engaged
	actions versus our perceived beliefs
8:45	scedmonds: You're both having too much fun! RT
pm	@worksmarta: HAHAHA RT @helenantholis: A8.
	sorry Im channeling Rumsfeld. #leadfromwithin
8:45	rabasure: RT @lollydaskal: RT @lynnfishman: A8.
pm	Awareness comes by learning who we are
·	independent of outside influences. The
	subconscious rules here. #leadfromwithin
8:45 h	elenantholis: A8. Seriously, we must strive to be consciously
<u></u>	competent about ourself and others.
	#leadfromwithin
8:45 the	ealthmaven: RT @lollydaskal: And the louder, unfortunately.
pm	A8: To less inwardly we look into our unconscious
	the less conscious we are. #leadfromwithin
8:45 <u>St</u>	ategicMonk: A: My conscious mind is full of limitations &
pm	restrictions; my unconscious is much freer of them.
	#leadfromwithin
8:45	lollydaskal: @scedmonds self awareness what we think is
pm	conscious what we feel is subconscious
	#leadfromwithin
8:45	rabasure: RT @lollydaskal: A8: To less inwardly we look
pm	into our unconscious the less conscious we are.
	#leadfromwithin
8:46 Lea	dershipNow: RT @lynnfishman: A8. Awareness comes by
pm	learning who we are independent of outside
	influences. The subconscious rules here.
	#leadfromwithin
8:46	scedmonds: FAB. RT @heart_path: A8: Through
pm	reflection/prayer/meditation, my heart
	(subconscious) can align with my ego (conscious).
	#leadfromwithin
<u>8:46</u> <u>Ed</u>	vardColozzi: @LollyDaskal #leadfromwithin PerhapsEgo
<u></u>	IsMoreTied2FalseSelf N dismantling FS is ket 2
	achieving TrueSelf R RegularSelfGets
	confusedNisTorn
8:46	ECCSonline: RT @ <u>StrategicMonk</u> : A: My conscious mind is full
<u>pm</u>	of limitations & restrictions; my unconscious is
	much freer of them. #leadfromwithin
8:46	lollydaskal: RT @StrategicMonk: A: My conscious mind is full
pm	of limitations & restrictions; my unconscious is
	much freer of them <pmen #leadfromwithin<="" td=""></pmen>
8:46	Simon GB: A8:conscious deals with the detail of self and
pm	unconscious deals with the larger self
	#leadfromwithin
<u>8:46</u> Lea	dershipNow: Yes. RT @ <u>StrategicMonk</u> : A: My conscious mind
pm	is full of limitations & restrictions; my unconscious

		is much freer of them. #leadfromwithin
8:46	scedmonds:	YES! RT @lollydaskal: @scedmonds self
pm		awareness what we think is conscious what we feel
		is subconscious #leadfromwithin
<u>8:46</u>	dawg4Gsus:	RT @LeadershipNow: A8: Our biggest gain in self-
<u>pm</u>		improvement can be had by simply finding out
		what others know about us that we don?t.
0.46		# <u>leadfromwithin</u>
<u>8:46</u>	<u>marynabadenhors</u> :	One gr8 way to become more aware of ur deep motivations is to present prof. dev. for others: What
<u>pm</u>		really motivates me? #leadfromwithin
8:46	rabasure:	RT @lollydaskal: Q8: how does conscious and
pm		unconsciousness play into self awareness?
		#leadfromwithin
<u>8:46</u>	<u>helenantholis</u> :	RT @ <u>heart_path</u> : A8: Through
<u>pm</u>		reflection/prayer/meditation, my heart
		(subconscious) can align with my ego (conscious).
0.47	Manual Clubs	#leadfromwithin
<u>8:47</u>	MagneticSilvia:	RT @ <u>StrategicMonk</u> : A: My conscious mind is full of limitations & restrictions; my unconscious is
<u>pm</u>		much freer of them. #leadfromwithin
8:47	rabasure:	RT @lollydaskal: A8: The extent we are in denial
pm		of our unconscious is usually the extent to which
		our conscious is screpming at us. # <u>leadfromwithin</u>
<u>8:47</u>	<u>rabasure</u> :	RT @ <u>lollydaskal</u> : A8: the ego is the conscious
<u>pm</u>		#leadfromwithin
<u>8:47</u>	<u>StrategicMonk</u> :	RT @ <u>heart_path</u> : A8: Through
<u>pm</u>		reflection/prayer/meditation, my heart
		(subconscious) can align with my ego (conscious). #leadfromwithin
8:47	john_paul:	RT @scedmonds self awareness what we think is
pm	<u>1</u>	conscious what we feel is subconscious <i'm an<="" td=""></i'm>
		INFP must B totally unconscious! #leadfromwithin
<u>8:48</u>	<u>lollydaskal</u> :	RT @ <u>heart_path</u> : A8: Through
<u>pm</u>		reflection/prayer/meditation, my heart
		(subconscious) can align with my ego (conscious).
8:48	getsweetie:	#leadfromwithin #leadfromwithin Prayer, listening allows paths to be
pm	getsweene.	revealed when the heart is allowed to speaknot
pm		simply expected to listen
8:48	growinggold:	a8 As humans, we R extremely unconscious of our
pm		behavior; Self Awareness is ALL abt getting
		conscious: 2C what we didnt C B4 # <u>leadfromwithin</u>
<u>8:48</u>	8:	RT @JKWleadership: We have a choice - to be
<u>pm</u>		conscious, unconscious or oblivious as we go thru $\lim_{n \to \infty} \int dn x dn x dn x$
		life. Leaders choose consciousness. (A8) #leadfromwithin
8:48	heart path:	RT @getsweetie: #leadfromwithin Prayer, listening
<u>0.40</u> pm		allows paths to be revealed when the heart is
-		allowed to speaknot simply expected to listen
<u>8:49</u>	scedmonds:	ESTJ here! We'd compliment each other nicely on a
<u>pm</u>		worktepm! RT @john_paul: Im an INFP must B
		totally unconscious! # <u>leadfromwithin</u>
<u>8:49</u>	<u>Simon_GB</u> :	RT @ <u>StrategicMonkA</u> : My conscious mind is full
<u>pm</u>		of limitations & restrictions; my unconscious is
8.40	1, 11, 1-1, -1, -1, -1, -1, -1, -1, -1,	much freer of them. # <u>leadfromwithin</u>
<u>8:49</u>	<u>lollydaskal</u> :	RT @JKWleadership: We have a choice - to be conscious, unconscious or oblivious as we go thru
<u>pm</u>		life (A8) #leadfromwithin
8:49	kengkaj s:	RT @JKWleadership: If you don't know who YOU
<u>8:49</u>	<u>kengkaj s</u> :	KI @JKWleadership: If you don't know who YOU

nm		are and what you stand for, it's hard to lead others.
<u>pm</u>		(A1) # <u>leadfromwithin</u>
8:49	<u>lynnfishman</u> :	Insight begins as we become the observer of our
<u>pm</u>		thoughts feelings & beliefs. No need to respond
		right away. #leadfromwithin
<u>8:49</u>	LeadershipNow:	RT @8: RT @JKWleadership: We have a choice -
<u>pm</u>		to be conscious, unconscious Leaders choose
		consciousness. (A8) #leadfromwithin
8:49	StrategicMonk:	@scedmonds @john_paul ESTP #leadfromwithin
pm		
8:49	lynnfishman:	RT @ <u>lollydaskal</u> : RT @ <u>JKWleadership</u> : We have a
<u>pm</u>		choice - to be conscious, unconscious or oblivious
		as we go thru life (A8) # <u>leadfromwithin</u>
8:49	StrategicMonk:	RT @lynnfishman: Insight begins as we become
<u>pm</u>		the observer of our thoughts feelings & beliefs. No
		need to respond right away. #leadfromwithin
8:49	MagneticSilvia:	A8: Self awareness shouldn't be about ego
<u>pm</u>		(conscious), but about finding a true self
		(subconscious). #leadfromwithin
<u>8:50</u>	worksmarta:	ENFJ RT @StrategicMonk: @scedmonds
<u>pm</u>		@john_paul ESTP #leadfromwithin
<u>8:50</u>	<u>heart_path</u> :	RT @ <u>MagneticSilvia</u> : A8: Self awareness shouldn't
<u>pm</u>	-	be about ego (conscious), but about finding a true
		self (subconscious). # <u>leadfromwithin</u>
<u>8:50</u>	GardenVibe:	RT @ <u>lollydaskal</u> : RT @ <u>JKWleadership</u> : We have a
pm		choice - to be conscious, unconscious or oblivious
		as we go thru life (A8) #leadfromwithin
<u>8:50</u>	LeadershipNow:	RT @MagneticSilvia: A8: Self awareness shouldnt
<u>pm</u>		be about ego (conscious), but about finding a true
		self (subconscious). # <u>leadfromwithin</u>
<u>8:50</u>	JKWleadership:	When we understand WHY we do what we do, we
pm		do it better. (A8) # <u>leadfromwithin</u>
<u>8:50</u>	<u>dapancost</u> :	What we feel stems from judgements we make
<u>pm</u>		according to premises we hold as true. Feel bad
		check your premises. #Leadfromwithin
<u>8:50</u>	phillipswindle:	RT @ <u>lollydaskal</u> : RT @ <u>JKWleadership</u> : We have a
<u>pm</u>		choice - to be conscious, unconscious or oblivious
		as we go thru life (A8) # <u>leadfromwithin</u>
<u>8:50</u>	OfficeAnything:	RT @ <u>lollydaskal</u> : RT @ <u>JKWleadership</u> : We have a
<u>pm</u>		choice - to be conscious, unconscious or oblivious
		as we go thru life (A8) # <u>leadfromwithin</u>
<u>8:50</u>	LeadershipNow:	Q9: How does self-awareness breed success?
<u>pm</u>		#leadfromwithin
<u>8:50</u>	scedmonds:	NICE. RT @lynnfishman: Insight begins as we
<u>pm</u>		observe our thoughts feelings & beliefs. No need to
		respond right away. #leadfromwithin
<u>8:50</u>	<u>kengkaj_s</u> :	RT @LollyDaskal: A8: Importance of Self
<u>pm</u>		awareness is gives us internal feedback
		#leadfromwithin
<u>8:51</u>	<u>lollydaskal</u> :	RT @LeadershipNow: Q9: How does self-
pm		awareness breed success? #leadfromwithin
<u>8:51</u>	john_paul:	@scedmonds ESTJ here! We'd compliment each
<u>pm</u>		other nicely on a worktepm! <- Very cool - we are
		only 8 driving hours apart! :) #leadfromwithin
<u>8:51</u>	growinggold:	RT @lynnfishman Insight begins as we become the
<u>pm</u>		observer of our thoughts feelings & beliefs. No
		need to respond right away. #leadfromwithin
	<u>Cybuhr</u> :	A9: It defines what success means to us.
<u>8:51</u>		
8:51 pm 8:51	john_paul:	#LeadFromWithin Q9: How does self-awareness breed success?

<u>pm</u>		#leadfromwithin
<u>8:51</u>	scedmonds:	RT @LeadershipNow: Q9: How does self-
<u>pm</u>		awareness breed success? #leadfromwithin
<u>8:51</u>	LeadershipNow:	A9: Gives us better judgment # <u>leadfromwithin</u>
<u>pm</u>		
<u>8:51</u>	MagneticSilvia:	RT @ <u>Cybuhr</u> : A9: It defines what success means to us. #LeadFromWithin
<u>pm</u>	Church at Marsha	
8:51 pm	StrategicMonk:	A9: Self Awareness allows us to appreciate what success truly is. #leadfromwithin
8:51	sweatympma:	RT @lollydaskal: A8: Conscious is ego and mind
pm	<u>sweatympnia</u> .	and unconscious is heart and intuition.
pm		#leadfromwithin
8:51	hotmix106com:	RT @lollydaskal: Q8: how does conscious and
pm		unconsciousness play into self awareness?
		#leadfromwithin
8:51	jpmesebosticii:	RT @lollydaskal: A5: Self awareness is the first
pm		step in creating what you want and learning to
		master it. #leadfromwithin
<u>8:51</u>	<u>helenantholis</u> :	By building on a genuine foundation of truth. RT
pm		@LeadershipNow: Q9: How does self-awareness
		breed success? #leadfromwithin
<u>8:52</u>	john_paul:	RT @ <u>MagneticSilvia</u> A9: It defines what success
pm		means to us. # <u>leadfromwithin</u>
<u>8:52</u>	<u>lollydaskal</u> :	A9: When you commit to observing how you think
pm		and feel about your life, you create the opportunity
0.50		to embrace your success # <u>leadfromwithin</u>
<u>8:52</u>	IronMikeStone:	RT @LollyDaskal: RT @JKWleadership: We have
pm		a choice - to be conscious, unconscious or oblivious as we go thru life (A8) <u>#leadfromwithin</u>
8:52	scedmonds:	A9: Self awareness breeds success by enabling
<u>8.52</u> pm	<u>sceutionus</u> .	more effective ways to influence others, to position
Pm		ideas, to live my values. # <u>leadfromwithin</u>
8:52	LeadershipNow:	Yes. Brings meaning. RT @ <u>StrategicMonk</u> : A9:
pm	_	Self Awareness allows us to appreciate what
		success truly is. #leadfromwithin
8:52	LeadershipNow:	A9: Greater self-awareness helps us to understand
pm		why other people relate to us the way they do
		#leadfromwithin
<u>8:52</u>	jpmesebosticii:	RT @ <u>lollydaskal</u> : A5: Self Awareness is having a
<u>pm</u>		clear perception of yourself strengths weaknesses,
		thoughts, beliefs, motivation, & emotions
9.50	a	#leadfromwithin
<u>8:52</u>	<u>danthird</u> :	RT @ <u>lollydaskal</u> : A9: When you commit to observing how you think and feel about your life,
<u>pm</u>		you create the opportunity to embrace your success
		#leadfromwithin
8:52	kengkaj_s:	RT @LollyDaskal: A8: Self awareness helps
pm	<u>9</u>	identifying strength and weakness #leadfromwithin
8:52	heart_path:	RT @scedmonds: A9: Self awareness breeds
pm		success by enabling more effective ways to
		influence others, to position ideas, to live my
		values. # <u>leadfromwithin</u>
<u>8:52</u>	<u>lollydaskal</u> :	A9: Self awareness is one of the attributes of
<u>pm</u>		Emotional Intelligence and an important factor in
		achieving success # <u>leadfromwithin</u>
<u>8:52</u>	Ken_Lind:	RT @lollydaskal: A9: When you commit to
pm		observing how you think and feel about your life,
		you create the opportunity to embrace your success
8.52	J	#leadfromwithin RT @ <u>MagneticSilvia</u> : A8: Self awareness shouldn't
<u>8:52</u>	<u>donnypep</u> :	Ki winagiicuconvia: Ao: Sen awareness snouldn't

pm		be about ego (conscious), but about finding a true
-		self (subconscious). #leadfromwithin
<u>8:52</u>	<u>heart_path</u> :	RT @ <u>lollydaskal</u> : A9: Self awareness is one of the
<u>pm</u>		attributes of Emotional Intelligence and an
		important factor in achieving success #leadfromwithin
8:52	LeadershipNow:	A9: As leaders, we are better able to meet people
pm	Leaversinprow.	where they are $\frac{1}{2}$ where the are $\frac{1}{2}$ where they are $\frac{1}{2}$ where they are $\frac{1}{2}$ where they are $\frac{1}{2}$ where the are $\frac{1}{2}$ where 1
8:53	thehealthmaven:	RT @lollydaskal: RT @JKWleadership: Yep! Can't
pm		go the distance if oblivious :) re choice conscious,
		unconscious, oblivious #leadfromwithin
<u>8:53</u>	JKWleadership:	Self awareness allows us to make the most of our
<u>pm</u>		strengths and avoid the pitfalls that may stem for
0.50		our weaker points. (A9) # <u>leadfromwithin</u>
<u>8:53</u>	DaGooodLife:	RT @ <u>lollydaskal</u> : A9: Self awareness is one of the
<u>pm</u>		attributes of Emotional Intelligence and an important factor in achieving success
		#leadfromwithin
8:53	dapancost:	Q9: Self-awareness allows us to evaluate accurately
pm		and thus make better decisions leading to successful
		actions # <u>Leadfromwithin</u>
<u>8:53</u>	scedmonds:	A9: If we reflect on our most successful, values-
<u>pm</u>		aligned past efforts, we can see patterns that serve
8:53	helenantholis:	us well! # <u>leadfromwithin</u> RT @lollydaskal: A9: Self awareness is one
<u>8:35</u> pm	netenanthons:	attribute of Emotional Intelligence and an important
pm		factor in achieving success #leadfromwithin
8:53	john_paul:	A9: Awareness allows me to listen to the desires of
pm		my soul. It knows how it wants to grow.
		#leadfromwithin
<u>8:53</u>	<u>dave_phillips7</u> :	A9 Knowing ourselves allows leaders to hire others
<u>pm</u>		to complement our strengths and weaknesses and
8:53	tomasacker:	that leads to success. #Leadfromwithin A9: To be truly aware means to give up notions of
pm	tomasacker.	"success." #leadfromwithin
8:53	LeadershipNow:	Yes foundational to EI RT @lollydaskal: A9: SA is
pm		one of the attributes of EI and an important factor in
		achieving success. #leadfromwithin
<u>8:53</u>	scedmonds:	A9: I can get past what I WANT people to do to
<u>pm</u>		solve a problem & invite them to SOLVE THE
8:53	getsweetie:	PROBLEM. #leadfromwithin #leadfromwithin Self awareness allows us to help
<u>b.55</u> pm	<u>getsweette</u> .	others find their gifts and strengths as we allow our
		own to be engaged
<u>8:54</u>	LeadershipNow:	RT @tomasacker: A9: To be truly aware means to
<u>pm</u>		give up notions of "success." #leadfromwithin
<u>8:54</u>	john_paul:	A9:Following the desires of my soul is the only
<u>pm</u>		way to breed personal success. # <u>leadfromwithin</u>
<u>8:54</u>	<u>helenantholis</u> :	RT @ <u>dapancost</u> : Q9: Self-awareness allows us to
<u>pm</u>		evaluate accurately, thus make better decisions leading to successful actions #leadfromwithin
8:54	StrategicMonk:	RT @scedmonds: A9: I can get past what I WANT
<u>pm</u>	<u>owww.contolik</u>	people to do to solve a problem & invite them to
		SOLVE THE PROBLEM. #leadfromwithin
<u>8:54</u>	EdwardColozzi:	@John_Paul Through the love of the beloved YES
<u>pm</u>		JP LOVE is the basis <u>http://tl.gd/931t6m</u>
0.54		#leadfromwithin
<u>8:54</u>	JKWleadership:	The more I understand my own talents, the better I
<u>pm</u>		can recognize the talents of othersthen we all succeed. (A9) #leadfromwithin

8:54	heart noth	well said! RT @GetSweetie: #leadfromwithin SA
pm	<u>heart_path</u> :	allows us to help othrs find their gifts & strengths
pin		as we allow our own 2 b engaged
8:54	LeadershipNow:	A9: We are better able to see people and situations
pm	*	with greater clarity, patience and understanding
		# <u>leadfromwithin</u>
<u>8:54</u>	StrategicMonk:	RT @getsweetie: Self awareness allows us to help
<u>pm</u>		others find their gifts and strengths as we allow our
9.54	to a state	own to be engaged # <u>leadfromwithin</u>
<u>8:54</u>	jpmesebosticii:	RT @ <u>lollydaskal</u> : RT @ <u>JKWleadership</u> : When it comes to self awareness - be brave RT
<u>pm</u>		@ <u>worksmarta</u> : A4: Bravery - you may not like what
		you find. #leadfromwithin
8:54	growinggold:	we can change or improve! RT @ <u>JKWleadership</u>
pm		When we understand WHY we do what we do, we
		do it better. (A8) # <u>leadfromwithin</u>
<u>8:55</u>	<u>groupthrive</u> :	RT @ <u>scedmonds</u> : A5: we gain more self awareness
<u>pm</u>		by honest reflection of our intention & the impact of our actions, #leadfromwithin
8:55	donnypep:	A9: Gives us a willingness to learn more than
pm	domiyhch.	everyone can RT @LeadershipNow: Q9: How does
-		self-awareness breed success? #leadfromwithin
<u>8:55</u>	getsweetie:	#Leadfromwithin As we release who we are not, we
<u>pm</u>		can embrace who we are and who we wish to
0.55		become
<u>8:55</u>	jpmesebosticii:	RT @ <u>lollydaskal</u> : RT @ <u>lynnfishman</u> : We are aware
<u>pm</u>		that we never stop growing- there are always more layers 2 work through. <u>#leadfromwithin</u>
8:55	heart_path:	RT @groupthrive: RT @scedmonds: A5: we gain
<u>pm</u>	nour puth.	more self awareness by honest reflection of our
		intention & the impact of our actions.
		#leadfromwithin
<u>8:55</u>	Belagia:	RT @ <u>lollydaskal</u> : A9: Self awareness is one of the
<u>pm</u>		attributes of Emotional Intelligence and an important factor in achieving success
		#leadfromwithin
8:55	HRMexplorer:	the truth about truth is that you need to know it
pm	· · · · ·	before you can see it # <u>leadfromwithin</u>
<u>8:55</u>	<u>heart_path</u> :	Beautiful! RT @GetSweetie: #Leadfromwithin As
<u>pm</u>		we release who we are not, we can embrace who we
0.55		are and who we wish to become
<u>8:55</u>	donnypep:	RT @JKWleadership: Self awareness allows us to make the most of our strengths and avoid the
<u>pm</u>		pitfalls that may stem for our weaker points. (A9)
		#leadfromwithin
<u>8:55</u>	StrategicMonk:	RT @getsweetie: #Leadfromwithin As we release
<u>pm</u>		who we are not, we can embrace who we are and
0.55		who we wish to become # <u>leadfromwithin</u>
<u>8:55</u>	worksmarta:	RT @ <u>heart_path</u> : Beautiful! RT @ <u>GetSweetie</u> : As
<u>pm</u>		we release who we are not, we can embrace who we are and who we wish to become #leadfromwithin
8:56	lollydaskal:	When you have self awareness you can be a better
<u>pm</u>	<u>iony dusku</u> .	leader, be more successful. be a greater person.
		#leadfromwithin
<u>8:56</u>	jpmesebosticii:	RT @lollydaskal: RT @growinggold: perfect! RT
<u>pm</u>		@ <u>worksmarta</u> RT @ <u>helenantholis</u> : A5 We gain Self
		Awareness when we lose Self-denial
8.56	Dal	#leadfromwithin PT @lollydoskal: A9: When you commit to
8:56 pm	<u>Belagia</u> :	RT @ <u>lollydaskal</u> : A9: When you commit to observing how you think and feel about your life,
Pun		1 observing now you unit and reel about your life,

		you create the opportunity to embrace your success #leadfromwithin
8:56 pm	scedmonds:	Very cool! RT @getsweetie: #Leadfromwithin As we release who we are not, we can embrace who we are & who we wish to become #leadfromwithin
8:56 pm	<u>thehealthmaven</u> :	A9 - SA allows for richer life experience & impacting others to achieve at different layershelps u go where others are # <u>leadfromwithin</u>
8:56 pm	<u>lollydaskal</u> :	SO True! RT @ <u>HRMexplorer</u> : the truth about truth is that you need to know it before you can see it #leadfromwithin
8:56 pm	<u>lynnfishman</u> :	The freedom of self-growth is that we always have the power to choose, to respond & to change # <u>leadfromwithin</u>
8:56 pm	<u>MagneticSilvia</u> :	A9: Self awareness helps us take a stand for who we are, what we really want & fast forward the road to success # <u>leadfromwithin</u>
8:56 pm	<u>getsweetie</u> :	#Leadfromwithin Our recognition of growth, of expanding awareness of ourselves and our power and limitations allows leadership
8:56 pm	<u>scedmonds</u> :	A9: we can achieve success by moving beyond our assumed constraints - and accomplish more than we imagined. #leadfromwithin
8:56 pm	<u>heart_path</u> :	RT @ <u>lynnfishman</u> : The freedom of self-growth is that we always have the power to choose, to respond & to change.# <u>leadfromwithin</u>
8:56 pm	<u>Simon_GB</u> :	A9:Being self aware enables us to lead others with conviction, honesty, empathy, and passion- success will come # <u>leadfromwithin</u>
8:56 pm	<u>LeadershipNow</u> :	A9: The impact we have on those around us is based on the most consistent thinking that is applied to our behavior # <u>leadfromwithin</u>
<u>8:57</u> pm	<u>EdwardColozzi</u> :	@John_Paul Following desires of Soul & Heart is the only way to breed personal success because UR now following TRUE SELF. #leadfromwithin
8:57 pm	<u>Cybuhr</u> :	A9: SA grounds us in our unchangeable core and prepares us to face the inevitable changes en route to success. #LeadFromWithin
<u>8:57</u> pm	<u>heart_path</u> :	RT @ <u>EdwardColozzi</u> : @John_Paul Following desires of Soul & Heart is the only way to breed personal success because UR now following TRUE SELF. #leadfromwithin
<u>8:57</u> pm	<u>helenantholis</u> :	RT @ <u>scedmonds</u> : A9: we can achieve success by moving beyond our assumed constraints - and accomplish more than we imagined. # <u>leadfromwithin</u>
8:57 pm	JKWleadership:	As we release who we are not, we can embrace who we are and who we wish to become ~ @getsweetie via @heart_path #leadfromwithin
<u>8:57</u> pm	<u>lollydaskal</u> :	RT @ <u>Cybuhr</u> : A9: SA grounds us in our unchangeable core and prepares us to face the inevitable changes en route to success. # <u>leadfromwithin</u>
<u>8:57</u> <u>pm</u>	<u>AlexandraFolz</u> :	RT @ <u>StrategicMonk</u> : RT @ <u>getsweetie</u> : # <u>Leadfromwithin</u> As we release who we are not, we can embrace who we are and who we wish to become # <u>leadfromwithin</u>
8:57 pm	<u>juanjomoar</u> :	RT @getsweetie: #Leadfromwithin As we release who we are not, we can embrace who we are and who we wish to become

<u>8:57</u>	<u>MagneticSilvia</u> :	RT @ <u>GetSweetie</u> : # <u>Leadfromwithin</u> Our
<u>pm</u>		recognition of growth, of expanding awareness of
		ourselves & our power & limitations allows
0.55		leadership
<u>8:57</u>	john_paul:	RT @getsweetie As we release who we are not, we
<u>pm</u>		can embrace who we are and who we wish to
		become < wonderful! # <u>leadfromwithin</u>
<u>8:57</u>	scedmonds:	GREAT! RT @ <u>lynnfishman</u> : The freedom of self-
<u>pm</u>		growth is that we always have the power to choose,
0.55		to respond & to change. <u>#leadfromwithin</u>
<u>8:57</u>	<u>lynnfishman</u> :	RT @ <u>MagneticSilvia</u> : A9: Self awareness helps us
<u>pm</u>		take a stand for who we are, what we really want & fast forward the road to success #leadfromwithin
0.57		
<u>8:57</u>	tomasacker:	RT @ <u>Simon_GB</u> : A9:Being self aware enables us
<u>pm</u>		to lead others with conviction, honesty,
		empathy,and passion- success will come #leadfromwithin
0.50	LaadanshinNam	
<u>8:58</u>	LeadershipNow:	Self-awareness helps us to better identify our thoughts feelings and emotions and regulate them
<u>pm</u>		#leadfromwithin
0.50	Chan6e:	
<u>8:58</u>	<u>Unanbe</u> :	RT @ <u>lynnfishman</u> : The freedom of self-growth is that we always have the power to choose, to
<u>pm</u>		respond & to change #leadfrom within
8:58	JKWleadership:	RT @LeadershipNow: Self-awareness helps us to
	<u>JK wiedder Snip</u> .	better identify our thoughts feelings and emotions
pm		and regulate them #leadfromwithin
8:58	8:	Addressed in: "The Secret is "Self"-ish"
	ð.	http://ow.ly/49QVn RT @LeadershipNow: Q9:
<u>pm</u>		How does self-awareness breed success?
		#leadfromwithin
8:58	scedmonds:	FAB! RT @Cybuhr: A9: SA grounds us in our
<u>pm</u>	<u>securionus</u> .	unchangeable core & prepares us to face inevitable
pm		changes en route to success. # <u>leadfromwithin</u>
8:58	kengkaj_s:	RT @worksmarta: A9: You learn who you are by
pm	<u></u>	listening to yourself - all thoughts - even if you
-		don't act on them. #leadfromwithin
8:58	MagneticSilvia:	RT @SBAorg: Yes! RT @LollyDaskal: When you
pm	<u>_</u>	have self awareness you can be a better leader, be
-		more successful. be a greater person.
		#leadfromwithin
8:58	juanjomoar:	RT @getsweetie: #Leadfromwithin Our recognition
<u>pm</u>		of growth, of expanding awareness of ourselves and
		our power and limitations allows leadership
<u>8:58</u>	jpmesebosticii:	RT @lollydaskal: Q6:How do you connect your
<u>pm</u>		insides to reflect your outside? #leadfromwithin
<u>8:58</u>	WareMalcombCMO:	RT @LollyDaskal: Self awareness is 1 of the
<u>pm</u>		attributes of Emotional Intelligence & an important
		factor in achieving success #leadfromwithin
<u>8:58</u>	growinggold:	RT @LeadershipNow: Q9: How does self-
<u>pm</u>		awareness breed success? #leadfromwithin
<u>8:58</u>	LeadershipNow:	Ultimately Self-Awareness turns outward than
<u>pm</u>		inward to better understand others #leadfromwithin
<u>8:59</u>	<u>sweatympma</u> :	RT @ <u>lollydaskal</u> : When you have self awareness
<u>pm</u>		you can be a better leader, be more successful. be a
		greater person. #leadfromwithin
8:59	jpmesebosticii:	RT @lollydaskal: A6:Determining which thoughts
pm		allow you to experience the optimal well-being that
		is reflective of inner being. #leadfromwithin
8:59	AshanteChanice:	RT @SBAorg: Yes! RT @LollyDaskal: When you
pm		have self awareness you can be a better leader, be
-		,,,,,,

		more successful. be a greater person.
		#leadfromwithin
8:59	lollydaskal:	Tonight has been pmazing. Michael
<u>pm</u>		@LeadershipNow Your questions and insights were
		brilliant. So much to embrace. <u>#leadfromwithin</u>
<u>9:00</u>	Ignite_Success:	RT @lollydaskal: A4:The mindset you have can determine whether you become the person you want
pm		to be #leadfromwithin
9:00	getsweetie:	Success is very perceptionaldefining ones own
pm		definition of it is fueled when one identifies core
		values/goals/ beliefs #leadfromwithin
<u>9:00</u>	JKWleadership:	The more I accept who I pm, the better I can appreciate you for who you are. #leadfromwithin
<u>pm</u> 9:00	mikaylaXsmith:	RT @scedmonds: A9: we can achieve success by
<u>pm</u>	<u></u>	moving beyond our assumed constraints - and
		accomplish more than we imagined.
		#leadfromwithin
<u>9:00</u>	jpmesebosticii:	RT @ <u>lollydaskal</u> : A6: We need to find ways that allow us to tune into the eternal wisdom present
pm		within u & then share it with the outside
		#leadfromwithin
<u>9:00</u>	worksmarta:	Thank you so much to our hosts @lollydaskal
<u>pm</u>		@LeadershipNow Goodnight everyone! #leadfromwithin
9:00	StrategicMonk:	RT @JKWleadership: The more I accept who I pm,
<u>pm</u>	ou acegiemonik.	the better I can appreciate you for who you are.
•		#leadfromwithin
<u>9:00</u>	scedmonds:	Terrific questions and discussion, Michael & Lolly!
<u>pm</u>		Thank you! @LeadershipNow @LollyDaskal #leadfromwithin
9:00	Cybuhr:	RT @JKWleadership: The more I accept who I pm,
<u>pm</u>	<u>Cybum</u> .	the better I can appreciate you for who you are.
-		#LeadFromWithin
<u>9:00</u>	<u>lollydaskal</u> :	Next week we have @strategicMonk speak on the
<u>pm</u>		topic of: Habits I hope you can join us next week for our inspiring chat. #leadfromwithin
9:00	LeadershipNow:	Thanks Lolly I appreciated the opportunity! And
pm	<u> </u>	everyone's input! # <u>leadfromwithin</u>
<u>9:00</u>	HRMexplorer:	RT @ <u>worksmarta</u> : Thank you so much to our hosts
<u>pm</u>		@ <u>lollydaskal</u> @ <u>LeadershipNow</u> Goodnight
9:01	john_paul:	everyone! #leadfromwithin what a chat - can't wait to read the logs on this one .
pm	John paul.	bye friends - have a great evening!
		#leadfromwithin
<u>9:01</u>	<u>lollydaskal</u> :	RT @ <u>Cybuhr</u> : RT @ <u>JKWleadership</u> : The more I
<u>pm</u>		accept who I pm, the better I can appreciate you for who you are. #leadfromwithin
<u>9:01</u>	helenantholis:	Thank you Lolly and Michael. This was great. RT
<u>pm</u>	incrementations.	(a) (a) (a) (b) (b) (b) (b) (c) (c) (c) (c) (c) (c) (c) (c) (c) (c
-		@LeadershipNow #leadfromwithin
<u>9:01</u>	JKWleadership:	Thanks Michael! RT @lollydaskal: Tonight has
pm		been pmazing. Michael @ <u>LeadershipNow</u> Your questions/insights were brilliant # <u>leadfromwithin</u>
9:01	scedmonds:	Wonderful! RT @JKWleadership: The more I
<u>pm</u>	<u>secontonus</u> .	accept who I pm, the better I can appreciate you for
		who you are. #leadfromwithin
<u>9:01</u>	KateNasser:	RT @ <u>lollydaskal</u> : Next week we have
<u>pm</u>		@ <u>strategicMonk</u> speak on the topic of: Habits I hope you can join us next week for our inspiring
		chat. #leadfromwithin

9:01	heart path:	Thank you Lolly & Michael for another insightful
<u>pm</u>	<u>intart pati</u> .	discussion. Always thought-provoking! Good night all #Leadfromwithin
<u>9:01</u> pm	<u>ToucanCyndee</u> :	RT @JKWleadership: The more I accept who I pm, the better I can appreciate you for who you are. #leadfromwithin
<u>9:01</u> pm	jpmesebosticii:	RT @ <u>lollydaskal</u> : RT @ <u>getsweetie</u> : Awareness of leadership means awareness of personal and professional boundaries for self and others # <u>leadfromwithin</u>
<u>9:01</u> pm	<u>dapancost</u> :	@LollyDaskal Thanks for the chat and the great questions, Lolly. Great time. #leadfromwithin
<u>9:01</u> pm	<u>lynnfishman</u> :	A6 The best word that I can come up with is congruency- between thoughts beliefs & actions. This takes practice. # <u>leadfromwithin</u>
<u>9:01</u> pm	<u>getsweetie</u> :	Thanks everyone for your participation, once again great fuel for thought and reflection this week! #Leadfromwithin
<u>9:01</u> pm	<u>helenantholis</u> :	FYI, Rumsfeld is now on Piers Morgan CNN :-) #leadfromwithin
<u>9:01</u> pm	<u>lollydaskal</u> :	Everyone Thank you! Wow! so much to embrace, digest and read. See you next week. Brilliant ones. #leadfromwithin
<u>9:01</u> pm	<u>EdwardColozzi</u> :	#leadfromwithin Thus ALL R life journeys = seek 2 know Trueself, 2dismantle Falseself, 2LOVE self n others w/o attachment
<u>9:02</u> pm	<u>laprob</u> :	RT @ <u>lollydaskal</u> : A6: our inner light which is our our heart, leads us to create our daily joyous life. #leadfromwithin
<u>9:02</u> pm	<u>Belagia</u> :	RT @ <u>lollydaskal</u> : RT @ <u>JKWleadership</u> : We have a choice - to be conscious, unconscious or oblivious as we go thru life (A8) # <u>leadfromwithin</u>
<u>9:02</u> <u>pm</u>	<u>elisatalk</u> :	RT @ <u>scedmonds</u> NICE @ <u>lynnfishman</u> Insight begins as we observe our thoughts feelings & beliefs. No need to respond right away. #leadfromwithin
<u>9:02</u> pm	scedmonds:	Great! RT @ <u>lollydaskal</u> : Next week we have @ <u>strategicMonk</u> , topic: Habits. Join us next week for inspiring chat! # <u>leadfromwithin</u>
<u>9:02</u> pm	<u>MsFancii</u> :	RT @groupthrive: RT @scedmonds: A5: we gain more self awareness by honest reflection of our intention & the impact of our actions. #leadfromwithin
<u>9:02</u> pm	Denta_Felli:	RT @ <u>lollydaskal</u> : RT @ <u>LeadershipNow</u> : A6: What we dislike in others creates a window into our own behavior. # <u>leadfromwithin</u>
<u>9:03</u> <u>pm</u>	<u>trustemedia</u> :	RT @ <u>lollydaskal</u> : Next week we have @ <u>strategicMonk</u> speak on the topic of: Habits I hope you can join us next week for our inspiring chat. # <u>leadfromwithin</u>
<u>9:03</u> pm	<u>Simon_GB</u> :	A9:SA affords us firm anchorage so we can have scope to reach new heights of success, knowing we are safe in core.#leadfromwithin
<u>9:03</u> pm	jpmesebosticii:	RT @ <u>lollydaskal</u> : RT @ <u>LeadershipNow</u> : A6: What we dislike in others creates a window into our own behavior. # <u>leadfromwithin</u>
<u>9:03</u> pm	john_paul:	RT @ <u>EdwardColozzi</u> @John_Paul Through the love of the beloved YES JP LOVE is the basis http://tl.gd/931t6m #leadfromwithin
<u>9:03</u>	getsweetie:	@ <u>MagneticSilvia</u> Great to see you tonight!

<u>pm</u>	L. J	#Leadfromwithin
<u>9:04</u> pm	<u>helenantholis</u> :	RT @ <u>scedmonds</u> : Great! RT @ <u>lollydaskal</u> : Next week we have @ <u>strategicMonk</u> , topic: Habits. Join
<u>pm</u>		us next week! #leadfromwithin
9:04	drsarahwarren:	Sorry I missed #leadfromwithin. I got derailed by
pm		the grocery store. (:
<u>9:04</u>	<u>LeadershipNow</u> :	RT @ <u>lollydaskal</u> : Next week @ <u>strategicMonk</u> on
<u>pm</u>		the topic of: Habits I hope you can join us next
		week for our inspiring chat. # <u>leadfromwithin</u>
<u>9:05</u>	MagneticSilvia:	I second that! RT @ <u>scedmonds</u> : Terrific questions
<u>pm</u>		and discussion, Michael & Lolly! Thank you! @LeadershipNow @LollyDaskal #leadfromwithin
<u>9:05</u>	Pawan_Dalmia:	RT @growinggold: we can change or improve! RT
<u>pm</u>		@ <u>JKWleadership</u> When we understand WHY we
		do what we do, we do it better. (A8) #leadfromwithin
9:06	growinggold:	A9 greater self awaresness empowers deeper
<u>pm</u>	growinggoud.	compassion for self and others, allowing for much
•		greater mutual success! #leadfromwithin
9:06	ToucanCyndee:	#leadfromwithin Great tweetchat on Self
<u>pm</u>		Awareness
<u>9:06</u>	<u>kengkaj_s</u> :	RT @scedmonds: A3: I may be surprised to learn
pm		that my well-intended actions are hurting others,
0.0(1773371 1 1	hindering their progress. # <u>leadfromwithin</u>
<u>9:06</u>	<u>JKWleadership</u> :	Sending thanks to #LeadFromWithin friends @LollyDaskal @LeadershipNow @GetSweetie
<u>pm</u>		@scedmonds @Cybuhr @StrategicMonk
		@growinggold
9:07	JKWleadership:	Thanks to #LeadFromWithin friends
pm	-	@IronMikeStone @embracegracie
		@JesseLynStoner @richardgurley @worksmarta
		@AFC_Accounting @helenantholis
<u>9:08</u>	scedmonds:	RT @ <u>JKWleadership</u> : Sending thanks to
<u>pm</u>		#LeadFromWithin friends @LollyDaskal @LeadershipNow @GetSweetie @scedmonds
		Cybuhr @StrategicMonk @growinggold
9:08	lollydaskal:	RT @drsarahwarren: Sorry I missed
pm		#leadfromwithin. I got derailed by the grocery
		store. (: < Transcript will be up shortly
		#leadfromwithin
<u>9:08</u>	<u>john_paul</u> :	RT @ <u>ToucanCyndee</u> # <u>leadfromwithin</u> Great
<u>pm</u> 9:08	MrJeff Jacobs:	tweetchat on Self Awareness < - Yes, indeed! @LollyDaskal Thank you. #leadfromwithin
<u>pm</u>	wirjeii_jacobs:	ElonyDaskar ridiik you. #icauff0fffwftfffff
9:09	EdwardColozzi:	Gratitude to @John_Paul & @LollyDoskal N ALL
pm		others. Grt session:) #leadfromwithin
9:09	getsweetie:	@John_Paul Thanks for your participation tonight!
<u>pm</u>		#leadfromwithin
<u>9:09</u>	Simon_GB:	@lollydaskal@John_Paul@scedmonds@strategic
<u>pm</u>		Monk@thehealthmaven Thanks all, see you next
		week, this seems to becoming a HABIT#leadfromwithin
9:09	growinggold:	TY Lolly alwaysWAY2fast! RT @LollyDaskal
<u>pm</u>	growinggolu.	Everyone Thank you! Wow! so much to embrace
·		digest read See u nxt wk Brilliant ones
		#leadfromwithin
9:09	thehealthmaven:	@dapancost wonderful comments tonightsee you
<u>pm</u>		next week & have a good week # <u>leadfromwithin</u>
<u>9:10</u>	<u>kengkaj s</u> :	RT @dapancost: A3 we really dont like to be
pm		honest with ourselves, especially when it will hurt

	or demand changes #leadfromwithin
9:10 educguess:	RT @getsweetie: Our awareness of self allows us to
pm	employ our gifts in more meaningful outcomes
	#leadfromwithin
9:11 growinggold:	RT @LollyDaskal Nxt week we have
pm	@strategicMonk speak on: Habits I hope you can
	join us next week for our inspiring chat.
	#leadfromwithin
<u>9:13</u> <u>TanyaJopson</u> :	awareness the ability to live life, from the
pm	consciousness that exists, outside the limits of our
	known mind. #leadfromwithin
<u>9:13</u> <u>rgbrody</u> :	RT @lollydaskal: RT @Cybuhr: RT
pm	@JKWleadership: The more I accept who I pm, the
	better I can appreciate you for who you are.
	#leadfromwithin
<u>9:14</u> <u>lollydaskal</u> :	Leaders with heart #Leadfromwithin @kengkaj_s
pm	@growinggold @thehealthmaven @getsweetie @EdwardColozzi @MrJeff? (cont)
	http://deck.ly/~XMRRg
9:15 lynnfishman:	RT @JKWleadership: Sending thanks to
<u>9:15</u> pm	#LeadFromWithin friends @LollyDaskal
	@LeadershipNow @GetSweetie @scedmonds
	@Cybuhr @StrategicMonk @growinggold
9:15 growinggold:	huge gratitude! truly love my #leadfromwithin'ers
pm	happy to see you all tonight $\sim \&$ big thnks 4 RTs Im
	just now seeing! (my strm wasVRYslow!)
9:16 Koomba303:	I missed tonight's #leadfromwithin BOOO!! Can't
pm	wait to catch it on your page @LollyDaskal
9:16 jpmesebosticii:	RT @lollydaskal: RT @scedmonds: A7: to help
$\frac{1}{pm}$	others gain self-awareness, we must ask their
	permission to provide insight about their behaviors
	#leadfromwithin
<u>9:18</u> jpmesebosticii:	RT @lollydaskal: RT @StrategicMonk: A: My
pm	conscious mind is full of limitations & restrictions;
	my unconscious is much freer of them <pmen< td=""></pmen<>
	#leadfromwithin
<u>9:18</u> jpmesebosticii:	RT @ <u>lollydaskal</u> : RT @ <u>lynnfishman</u> : A8.
<u>pm</u>	Awareness comes by learning who we are independent of outside influences. The
	subconscious rules here. #leadfromwithin
9:18 growinggold:	always goes by SO fast Thank You
pm	@LollyDaskal and @LeadershipNow for a great
	chat thight ~ Thot provoking and perfect!
	#LeadFromWithin
9:19 thehealthmaven:	@lollydaskal huge compliment coming from you!
<u></u>	You are generous & know how to pass it on
	#leadfromwithin
9:20 growinggold:	RT @John_Paul I therefore don't identify with my
pm	thoughts but I do identify with my heart.
	#leadfromwithin
<u>9:20</u> groupthrive:	RT @jesselynstoner: A2 Sometimes you can
pm	discover who you are by just holding the question,
	and not trying to answer it. #LeadfromWithin
<u>9:23</u> <u>billbutlr</u> :	RT @ <u>LeadershipNow</u> : A8: All things being equal,
pm	more people are undone by behavior issues than
	anything else. # <u>leadfromwithin</u>
<u>9:27</u> <u>thehealthmaven</u> :	@ <u>edwardcolozzi</u> have a nice week Ed & TY
	#leadfromwithin
<u>9:31</u> growinggold:	thnks so much 4RTs &LFW love!
pm	@EdwardColozzi @LollyDaskal @vltweety

1	1	
		@JKWleadership @helenantholis
		@LeadershipNow @worksmarta #leadfromwithin
<u>9:35</u>	dapancost:	Thanks for all the RT's from tonights
<u>pm</u>		# <u>Leadfromwithin</u> chat. I really appreciated all the
0.20		ideas discussed tonight. Can't wait for next week
<u>9:39</u>	EdwardColozzi:	@growinggold @LollyDaskal @vltweety
<u>pm</u>		@JKWleadership @LeadershipNow @worksmarta
		TY & BIGTY 2 @LeadershipNow &
0.40		@LollyDaskal #leadfromwithin Very true. RT @lollydaskal: A8: When you can see
<u>9:40</u>	j <u>acoutofthebox</u> :	your own faults, it is easier to accept others
<u>pm</u>		#leadfromwithin
0.42	8:	
<u>9:42</u>	0:	RT @ <u>lollydaskal</u> : When you have self awareness you can be a better leader, be more successful. be a
<u>pm</u>		greater person. #leadfromwithin
9:42	nnmetenten	RT @scedmonds: Wonderful! RT
	ppmstanton:	@JKWleadership: The more I accept who I pm, the
<u>pm</u>		better I can appreciate you for who you are.
		#leadfromwithin
9:46	kengkaj s:	RT @LollyDaskal: A4: Mindset of awareness is to
pm	<u>kengkaj s</u> .	be aware of how you feel, think and what you do
Pm -		#leadfromwithin
9:46	Starz_Within_Me:	RT @lollydaskal: Q4:What are the mindsets to
pm		achieve self awareness? #leadfromwithin
9:48	jacechunter:	RT @LeadershipNow: A3: Greek Philosopher
<u>pm</u>	J uccelulier .	Thales of Miletus said when asked, What is
		difficult? replied ?To know yourself.?
		#leadfromwithin
9:51	kengkaj s:	RT @LollyDaskal: A4:The mindset you have can
pm		determine whether you become the person you want
		to be # <u>leadfromwithin</u>
<u>9:52</u>	kengkaj s:	RT @JKWleadership: When it comes to self
<u>pm</u>		awareness - be brave RT @worksmarta: A4:
		Bravery - you may not like what you find.
		#leadfromwithin
<u>9:54</u>	jpmesebosticii:	RT @lollydaskal: RT @Cybuhr: RT
<u>pm</u>		@JKWleadership: The more I accept who I pm, the
		better I can appreciate you for who you are.
		#leadfromwithin
<u>9:57</u>	8:	RT @LeadershipNow: A8: Our biggest gain in self-
<u>pm</u>		improvement can be had by simply finding out
		what others know about us that we don?t.
		# <u>leadfromwithin</u>
9:58	ainelle1212.	DT @LollyDockol: DT @Cybybe: DT
	giselle2323:	RT @ <u>LollyDaskal</u> : RT @ <u>Cybuhr</u> : RT @ <u>JKWleadership</u> : The more I accept who I pm, the
<u>pm</u>		better I can appreciate you for who you are
		#leadfromwithin
9:58	nanstrez:	RT @lollydaskal: A8: Self awareness helps
<u>pm</u>		identifying strength and weakness #leadfromwithin
<u>*</u>		